



The 3rd International Forum
on Water and Food
Tshwane, South Africa
November 14 – 17, 2011



Co-hosted by:



Quality of Life and Resilience: Ideas of Freedom and Opportunity

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Session: Basin [Limpopo] and Resilience

Key Message

A focus on expanded freedom and opportunities is a good entry point into research on resilience as it shines the light on the human dimension that is all too often blurred or merged into 'greater' ideas of material goods.

Summary

The second phase of the CPWF project introduces new themes of triangulation, co-ordination and capacity building to ensure that the different work packages come together with coherent analytic and thematic discourses. The study focus is on social environments that promote positive attributes and enhance individual, household and community well-being and its focus is across the different WP's bringing in themes of innovation at the local level, and constraints and opportunities at the transboundary level. Its main premise is that restricted spaces create a situation where individuals are susceptible to misinformation and that enabling spaces improve overall resilience within a variety of different contexts. The focus is therefore on the spaces that emerge in WP's 1,2 and 3 of this project and how this research converts into something useful for social groups and individuals who can look forward to greater resilience and expanded freedoms.