

## Tool to monitor fruit and vegetable intake

**Project Title:** P328 - Methods, metrics and tools for assessing and analyzing diet-food system linkages

**Description of the innovation:** The tool is intended for researchers. The tool consists of questions on consumption of sentinel fruits and vegetables in the previous 24 hours (yes/no). It goes along with guidelines how to use the information from the questionnaire to arrive at indicators of fruit and vegetable intake such as percentage of persons consuming fruit, vegetables, fruit/vegetable vis a vis consumption of other food groups.

**New Innovation:** No

**Stage of innovation:** Stage 2: successful piloting (PIL - end of piloting phase)

**Innovation type:** Research and Communication Methodologies and Tools

**Geographic Scope:** Multi-national

**Number of individual improved lines/varieties:** <Not Applicable>

**Country(ies):**

- Nigeria
- The Socialist Republic of Viet Nam

**Description of Stage reached:** The questionnaires were developed in the local language of Nigeria and Vietnam, validated, and used in two data collection rounds. The link provided goes to the results from Nigeria.

**Name of lead organization/entity to take innovation to this stage:** WUR - Wageningen University and Research Centre

**Names of top five contributing organizations/entities to this stage:**

- University of Ibadan
- HMU - Hanoi Medical University

**Milestones:**

- Validated metrics and tools for assessing diet quality and characterizing food systems applied by 10 research organizations (partner and external organizations) across the 4 focus countries

**Sub-IDs:**

- 45 - Increased capacity for innovations in partner research organizations

**Contributing Centers/PPA partners:**

- WUR - Wageningen University and Research Centre

**Evidence link:**

- <https://tinyurl.com/yjzn8eqw>

**Deliverables associated:** <Not Defined>

**Contributing CRPs/Platforms:**

- A4NH - Agriculture for Nutrition and Health