



RESEARCH  
PROGRAM ON  
Agriculture for  
Nutrition  
and Health

LED BY IFPRI

# No food security without food safety: Lessons from low- and middle-income countries

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and Silvia Alonso

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- Financial Interests: *None*
- Other Interests: *None*

# ILRI Resources

- Staff: 630+
- \$ 80-90 million annual budget
- 130 scientists from over 30 countries
- One third of ILRI staff are women
- Large campuses in Kenya and Ethiopia
- Regional or country office in 14 countries



# ILRI's livestock research

## Sustainable Livestock Systems



Mitigating climate change, enhancing resilience and increasing livestock productivity

## Impact at Scale



Taking livestock solutions to scale for inclusive development

## Policies, Institutions & Livelihoods



Efficient livestock production driving inclusive growth and employment

## Animal and Human Health



Delivering solutions for livestock, zoonotic and foodborne diseases

## Livestock Genetics



Improving genetics for better productivity and profitability

## BecA-ILRI hub



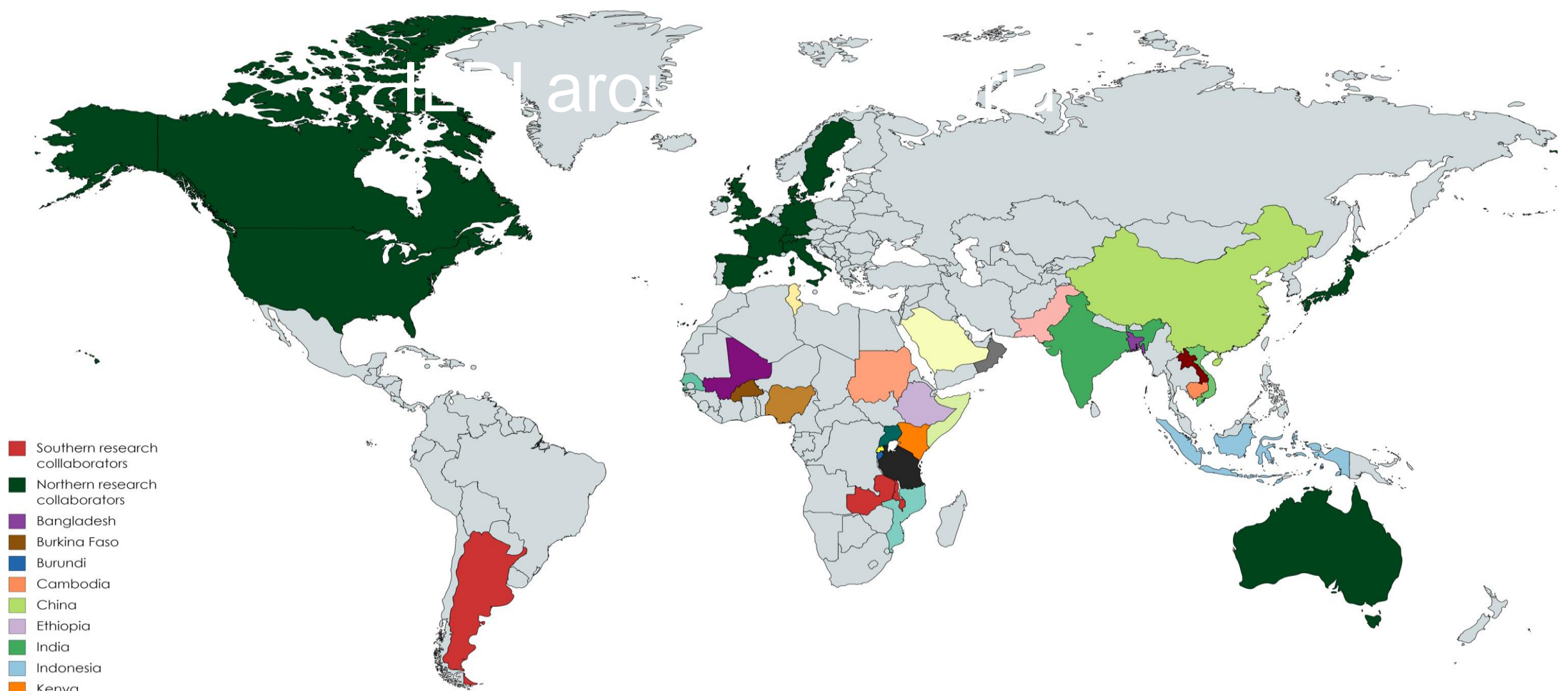
Accelerating Africa's agricultural development through biosciences

## Feed and Forage Development



Better nutrition for improved animal productivity





## Animal and Human Health Program

- AMR – Queensland
- Animal Welfare – Melbourne
- Pork safety – Sydney
- Sustainable livestock – CSIRO
- Village livestock- Kyeema
- GBAD - Murdoch

## FOOD SAFETY IN DEVELOPING COUNTRIES: AN OVERVIEW

A learning resource for DFID Livelihoods Advisers



Delia Grace, October 2015



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**ILRI**  
INTERNATIONAL  
LIVESTOCK RESEARCH  
INSTITUTE



INTERNATIONAL FOOD POLICY  
RESEARCH INSTITUTE  
sustainable solutions for ending hunger and poverty  
A member of the CGIAR Consortium

2020  
**FOCUS 20**

## AFLATOXINS FINDING SOLUTIONS FOR IMPROVED FOOD SAFETY

EDITED BY  
LAURIAN UNNEVEHR AND DELIA GRACE

*Int. J. Environ. Res. Public Health* **2015**, *12*, 10490–10507; doi:10.3390/ijerph120910490

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International Journal of  
**Environmental Research and  
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[www.mdpi.com/journal/ijerph](http://www.mdpi.com/journal/ijerph)

*Review*

### Food Safety in Low and Middle Income Countries

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Academic Editors: Mieke Uyttendaele, Eelco Franz and Oliver Schlüter

## FOOD SAFETY AND INFORMAL MARKETS

Animal Products in Sub-Saharan Africa



Edited by  
**Kristina Roesel and Delia Grace**

**earthscan**  
from Routledge



## White paper

### Food safety in developing research gaps and oppo

For further informati

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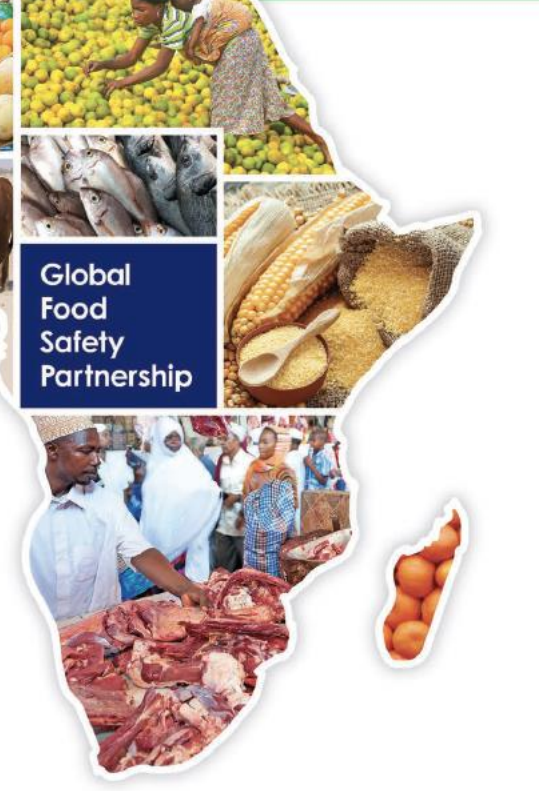
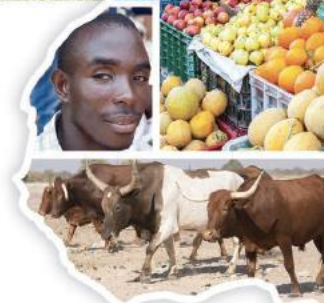
IL

The influence of livestock-  
derived foods on the  
nutrition of mothers and  
infants during the first  
1,000 days of a child's life

## AGRICULTURE AND FOOD SERIES

# The Safe Food Imperative

Accelerating Progress  
and Middle-Income



# Overview

1. Impact of FBD in developing countries
2. Where food comes from in developing countries
3. Where FBD comes from in developing countries
4. Managing FBD

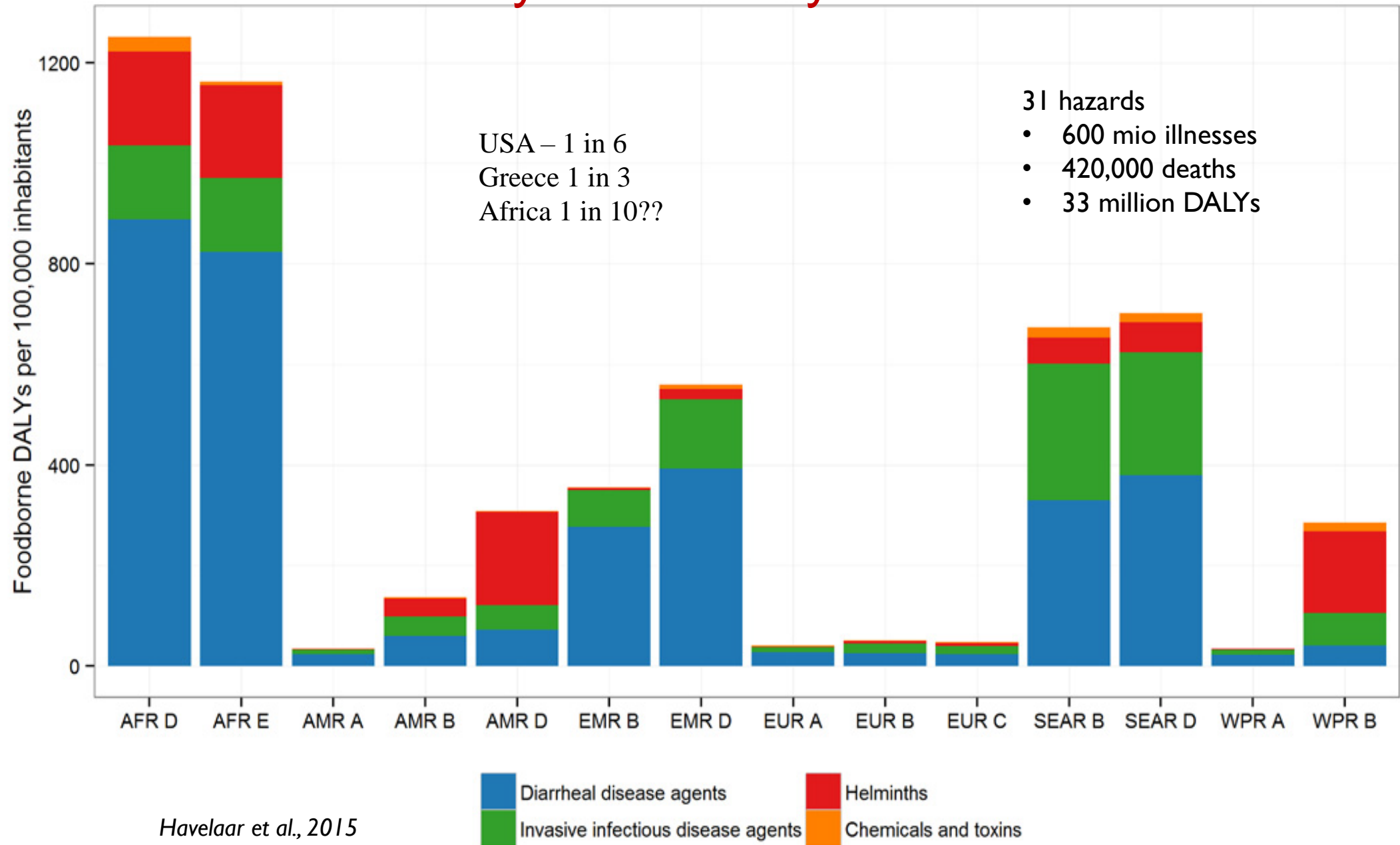




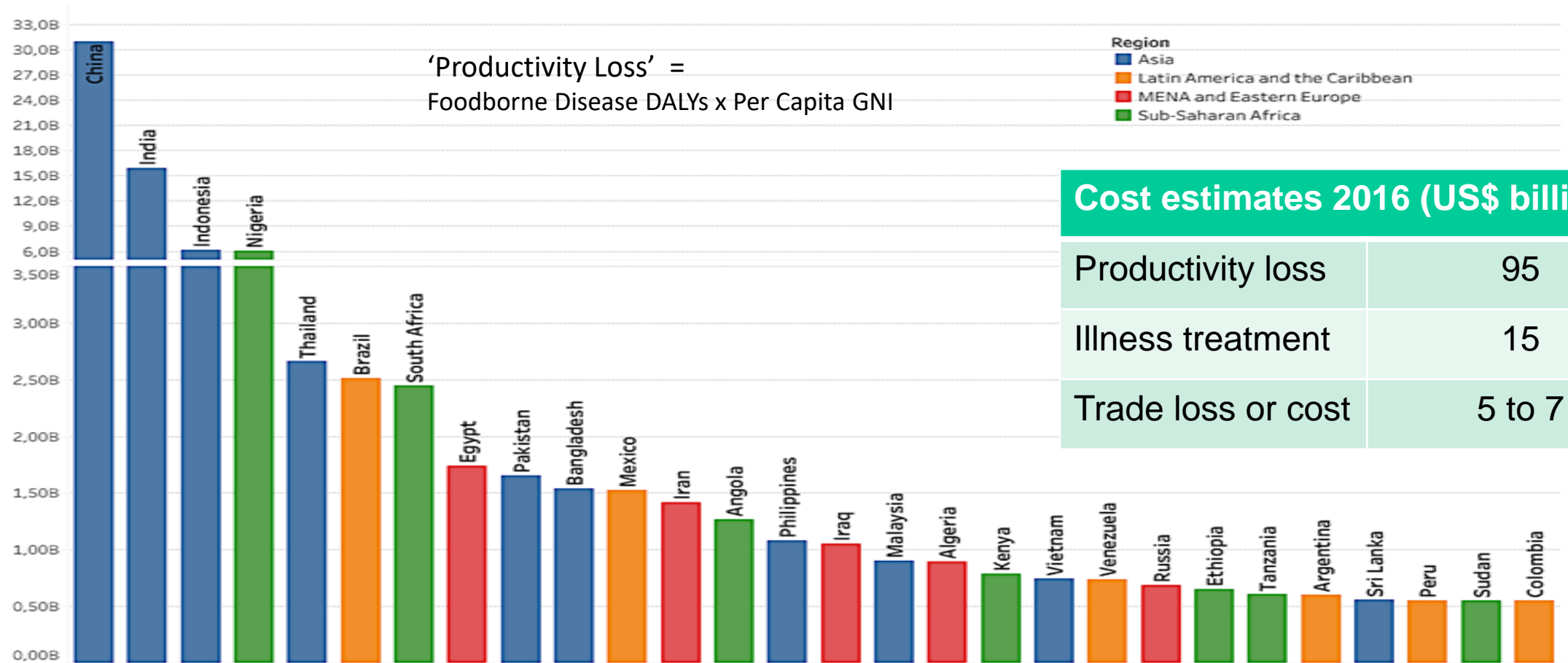
# Foodborne disease matters for development

- Developing country consumers show high concern over FBD
- The huge health burden of FBD is borne mainly by developing countries
- FBD has high economic costs: health, agriculture & economy-wide
- FBD limits access of poor farmers to export markets and threatens access to domestic markets
- FBD discriminates: the YOMPI are most at risk

# Why food safety matters



# The public health and domestic economic costs of unsafe food may be 20 times the trade-related costs for developing countries



Based on WHO/FERG & WDI Indicators Database

Illness treatment =  
US\$27 x # of Estimated foodborne illnesses

Trade loss or costs =  
2% of developing country **high value** food exports

## Cost estimates 2016 (US\$ billion)

Productivity loss	95
Illness treatment	15
Trade loss or cost	5 to 7



# Food safety & livelihoods



## **Milk (cow)**

Production: men (x Nairobi)

Processing: women

Marketing: women (x  
Abidjan)

Consumed: both

## **Milk (goat)**

Production: men (w milk)

Processing: women

Marketing: women

Consumed: both

## **Beef/goat**

Production: men (w assist)

Processing: men

Marketing: men (butcher,  
pub)

Consumed: both

## **Poultry**

Production: women

Processing: women

Marketing: women

Consumed: both

## **Pigs**

Production: women

Processing: men

Marketing: men

Consumed: both

## **Fish, crabs**

Fishing: men

Processing: women

Marketing: women)

Consumed: both

# Food safety & nutrition

- Diarrhoea a risk factor for stunting – perhaps 10-20%?
- Ingestion of faecal material on food or in the environment may contribute to environmental enteropathy
- Associations between aflatoxins and stunting
- Regulations aimed to improve food safety may decrease the availability and accessibility of foods
- Food scares decrease consumption



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# Food safety & market access

- Food safety standards often exclude small firms and farms from export markets
  - Kenya and Uganda saw major declines (60% and 40%) in small farmers participating in export of fruit and vegetables to Europe under Global GAP
- Farmers supplying supermarkets are richer, better educated, more likely to be male and located near cities
- When markets differentiate by quality, substandard food is targeted to the poor

But

- Quality-demanding markets still a small share
- With support smallholders can participate in demanding markets
- Benefits to those who do and (some) evidence of spillover to their own farms



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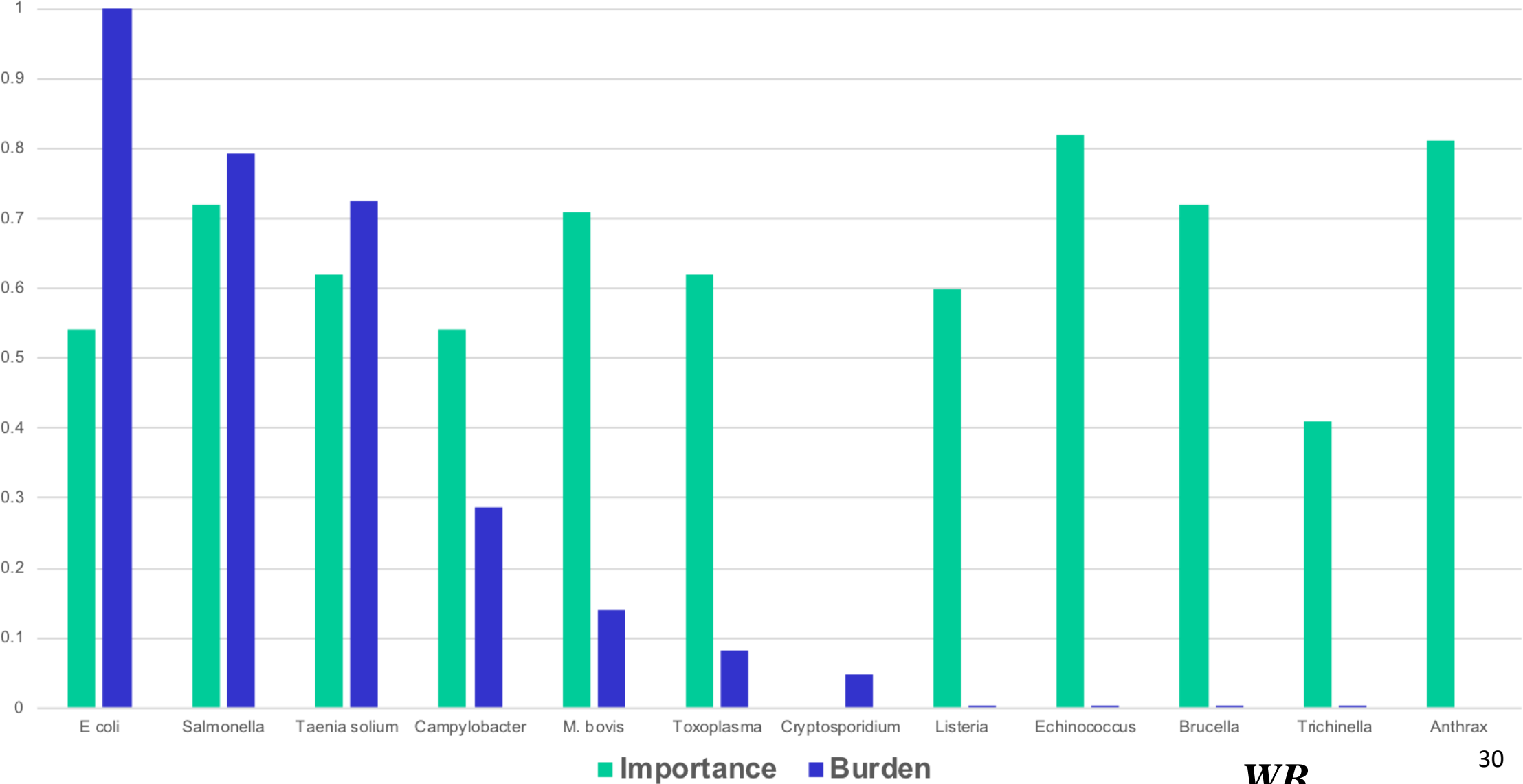


# Risk misperceptions abound: What you worry about and what makes you sick and kills you are not the same

- Pork value chain Vietnam
- 366 kidney, liver and pork samples were pooled into 18 samples analysed for antibiotic residues,  $\beta$ -agonists, and heavy metals
- ~1% over MRL with minor implications for human health
- Quantitative microbial risk assessment for salmonellosis acquired from pork
- Annual incidence rate estimated to be 12.6% (90% CI: 0.5 – 42.6).
- Driven by cross-contamination in households followed by prevalence in pork sold in the central market.



Experts are also wrong

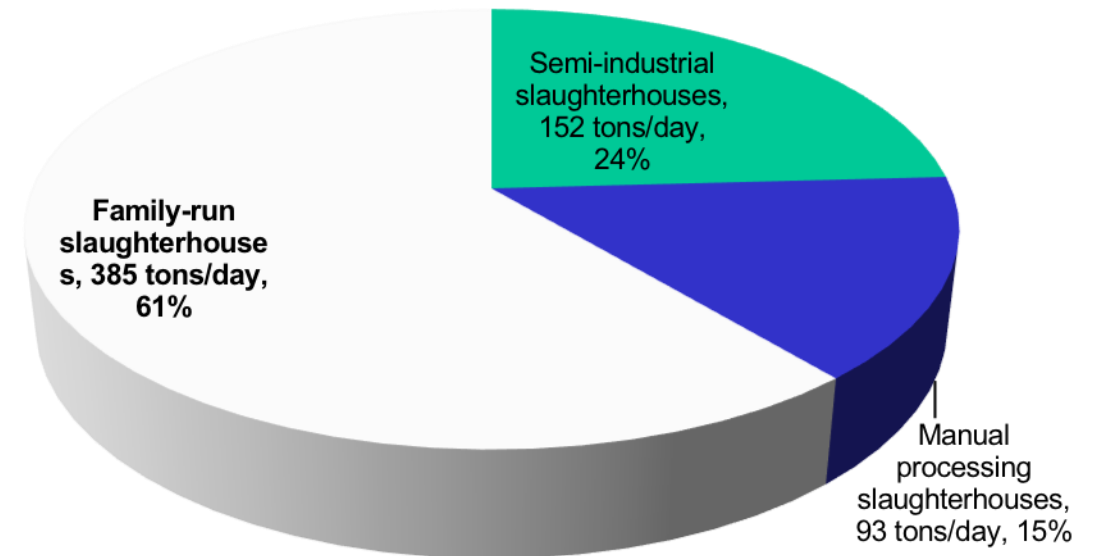




# Informal is not set to fade away

Hanoi		Super- markets	Whole- sale	Retail markets	Total
	Quantity (tons/ day)	94.5	17.5	518	<u>630</u>
	Share of volume	15%	3%	82%	100%
	No of markets/ stores	103	4	426	

Hanoi  
slaughterhouses



# Formal not necessarily safe, nor informal risky





# More rules may mean worse practice

**Average of  
17.25 risk  
mitigation  
strategies  
used**

**Farmers who  
believed UA  
was legal used  
more  
strategies**

Hazard Transmission		Risk mitigation strategies currently practiced (%)			
	Ecosystem to cow	Keep only one species	29%	Treat cattle often	31%
		Zero-graze	38	Don't keep calves	39
		Use own land only for feed	41	Use Artificial insemination	44
		Avoid common grazing	56	Vaccinate against brucellosis	1
		Keep local breeds	27		
	Milk shed to cow	Use feed/water trough	94	Stack manure	11
		Have concrete/stone floor	96	Have a waste disposal strategy	96
		Use bedding	41		
	Milk shed / dairy to milk	Have washable shed wall	100	Use just metal/ glass vessels	19
		Have metal/tin roof	96	Use piped water	75
		Store containers off floor	29	Keep premises clean	51
		Keep milk bar dry	45	Depose waste >5m away	38
	Milk handler to milk	Use hot water to clean	18	Have no discharges/ wounds	97
		Use soap to clean	81	Have clean hands	79
		Wear protective clothing	1	Have clean/short nails	81
		Wash hands with soap before handling milk	59	Access to latrine	98
				Good personal hygiene	49
	Transport to milk	Don't drink unsold milk	10	Don't sell/store unsold milk	90
	Milk to consumer	Treat milk	50	Sell milk quickly (=6 hrs)	82
		Avoid drinking raw milk	93	Don't consume milk until withdrawal period passed	64
		Check milk quality by smell/taste	48		

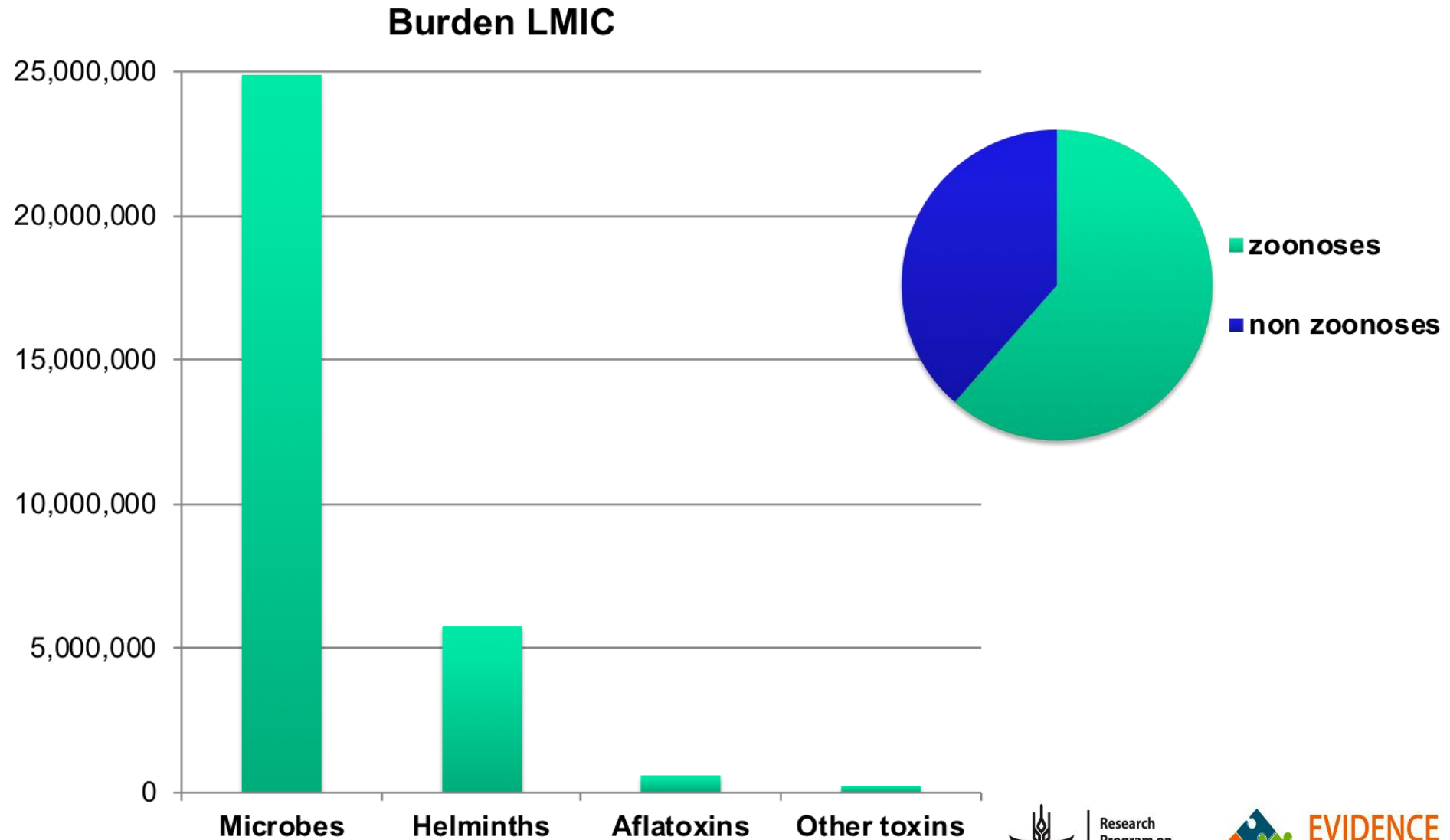
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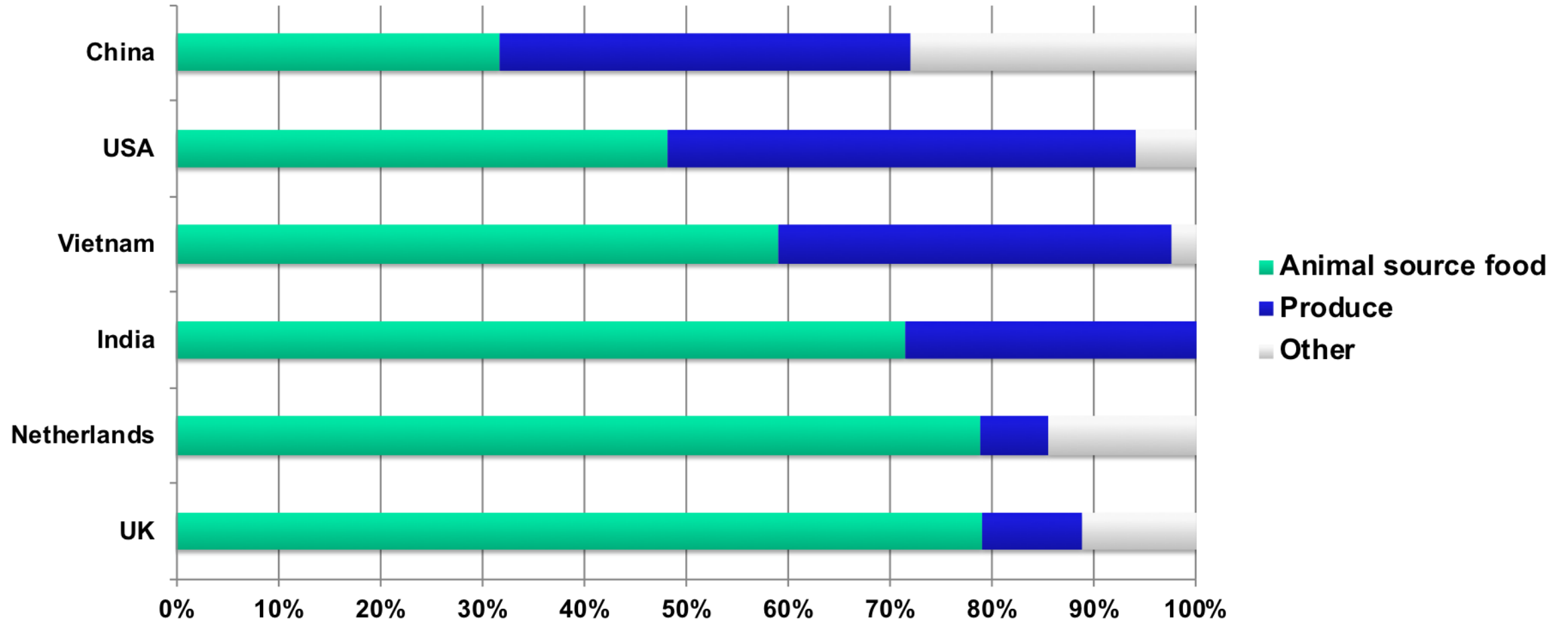




# Causes of FBD



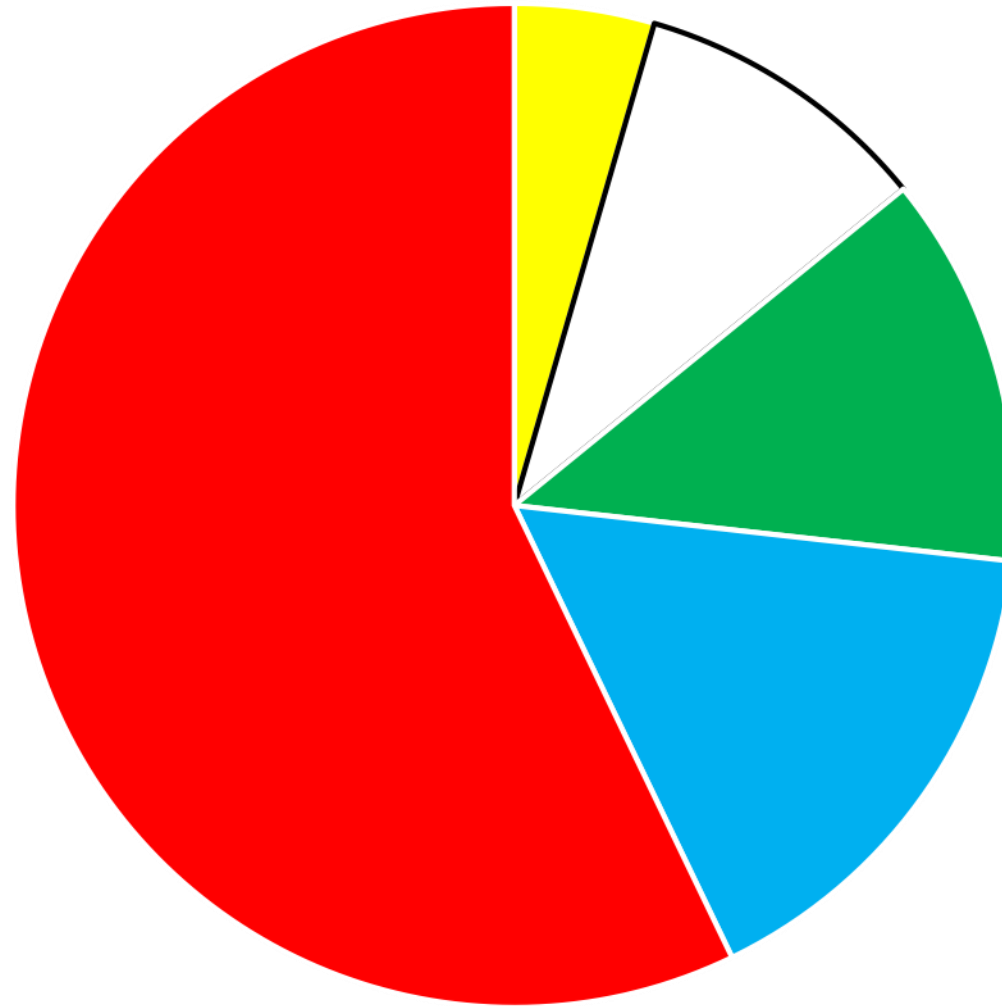
# Foods implicated in FBD



Painter et al., 2013, Sudershan et al., 2014, Mangan et al., 2014; Tam et al., 2014;  
Sang et al., 2014 ; ILRI, 2016



# Foods implicated - FERG



■ Fruit ■ Milk ■ Veggies ■ Fish ■ Meat/eggs

World Health  
Organisation, 2017

# FBD bucking the trend

2006 to 2016

TB -23%

HIV -44%

Malaria -27%

Pathogen	Change Compared with 2006-2008 <sup>§</sup>	
<i>Campylobacter</i>	↑ 9%	☹️
<i>E. coli</i> O157 <sup>¶</sup>	↓ 30%	😊
<i>Listeria</i>	No change	😐
<i>Salmonella</i>	No change	😐
<i>Vibrio</i>	↑ 34%	☹️
<i>Yersinia</i>	No change	😐



CS264717-A

U.S. Dept.  
Health &  
Centers for  
Disease Control &  
Prevention

April 20

\*Per 100,000 population  
<sup>†</sup>Culture-confirmed infections per 100,000 population  
<sup>§</sup>2006-2008 were the baseline years used to establish Healthy People 2020 targets  
<sup>¶</sup>Shiga toxin-producing *Escherichia coli* O157

For more information, visit [www.cdc.gov/foodnet](http://www.cdc.gov/foodnet)



# Models and experience suggest Foodborne will worsen in LMIC

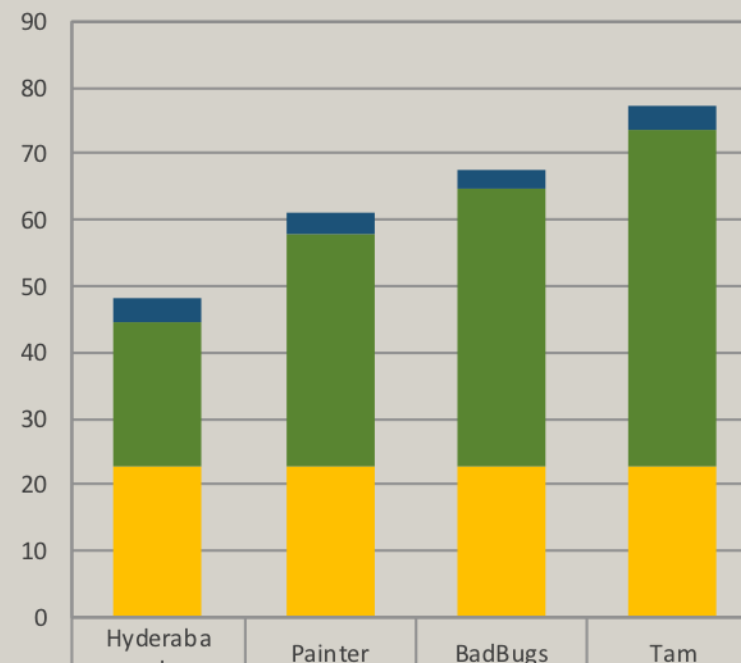
Expected FBD burden in India to rise from **100 up to 170 million in 2030** – increasing from one out of 12 to one out of 9 people falling sick on average

Increased labour supply but mostly reduced health cost of avoiding FBD amounts to 0.5% of GDP - equivalent to an annually recurring benefit of up to 28 billion USD

Kristkova et al., 2018

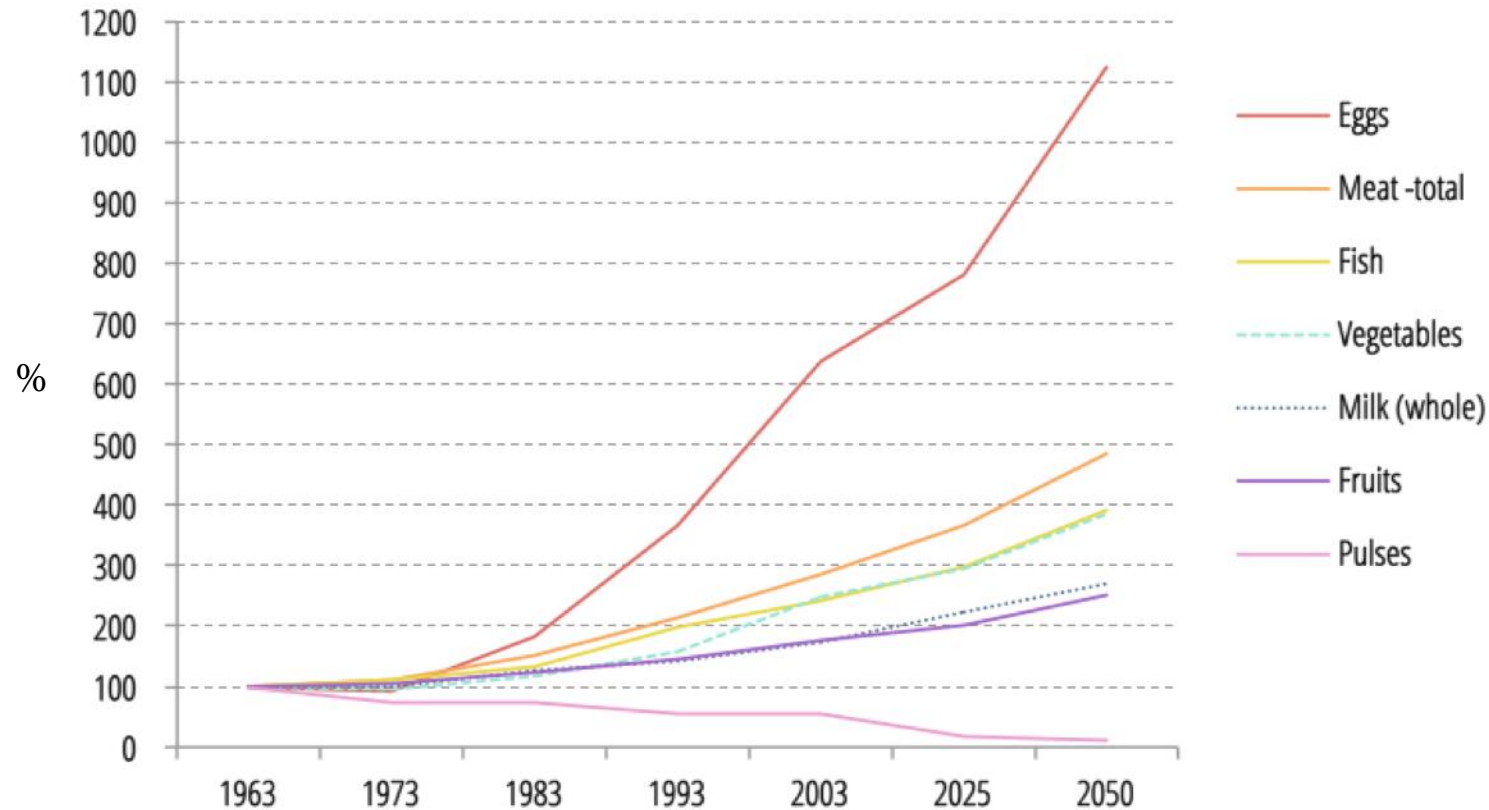
GDP growth has largest impact on increase in FBD cases from 2011 to 2030, followed by population growth

**New FBD cases from 2011 to 2030**  
(millions, by estimation method)



Urbanization	4	3	3	4
GDP Effect	22	35	42	51
Population Effect	23	23	23	23

# Livestock, blue and produce revolution



*Increase in per capita consumption of perishables and pulses in developing countries with 1963 as index year (FAO, 2009)*



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# Can we regulate our way to food safety?

- **100%** of milk in Assam doesn't meet standards
- **98%** of beef in Ibadan, **52%** pork in Ha Noi, unacceptable bacteria counts
- **92%** of Addis milk and **46%** of Nairobi milk had aflatoxins over EU standards
- **36%** of farmed fish from Kafrelsheikh exceed one or more MPL
- **30%** of chicken from commercial broilers in Pretoria unacceptable for *S. aureus*
- **24%** of boiled milk in Abidjan unacceptable *S. aureus*



# Can we modernise our way to food safety?

- Supermarketisation is slower than thought.
- Formal sector food is riskier than thought.
- Modern business models have often run into problems
  - *Co-ops, abattoirs, market upgrades*









# Can good practices get us to food safety?

- Many actors are well intentioned but ill informed
- Small scale pilots show short term improvements
- Smallholders have been successfully integrated into export chains
- But domestic GAP has limited effect
  - In 4 years VietGAP reached 0.06%
  - In Thailand GAP farmers have no better pesticide use than non-GAP

No behaviour change without change in incentives or choice architecture!



# Systematic literature review – Food safety interventions in SS Africa

<u>Along the value chain</u>	Technologies	Training & information	New processes	Organisational arrangements	Regulation	Infrastructure
Farmer	+++	+++	+	+++	+	++++
Processor & transporter	+++	+++	+++	++	++	+++
Retailer	+	++	+	++	++	+++
Consumer	+	+++	+	+	+	+++
Govt		+++	++	++	+++	

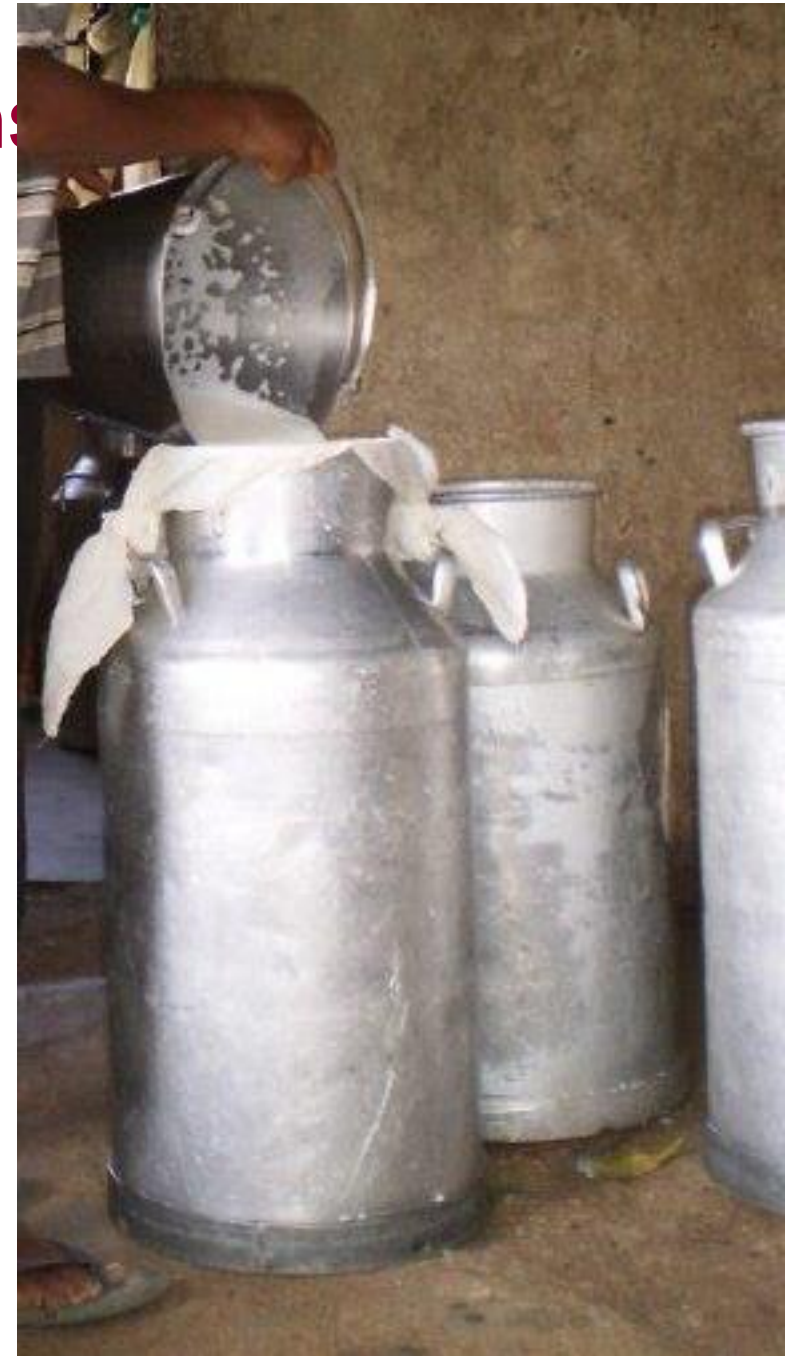
## Population level:

- Incorporating food safety into other health programs such as mother and child care or HIV treatment
- Medical interventions such as vaccination for cholera or norovirus or binders for aflatoxins
- Dietary diversity to reduce exposure and vulnerability to toxins
- Water treatment



# Effective interventions

- Methodological: prioritisation, risk based approaches, HACCP
- Appropriate Technology: milk cans, boilers, disinfectants
- Novel Technology: Aflasafe
- Programmatic: street traders, T&C
- Zoonoses: control in reservoir hosts
- Policies: enabling environment
- Market based solutions - WTP



# Towards impact at scale



- Branding & certification of **milk vendors in Kenya & Guwahti, Assam** led to improved milk safety.
- It benefited the national economy by \$33 million per year in Kenyan and \$6 million in Assam
- 70% of traders in Assam and 24% in Kenya are currently registered
- 6 million consumers in Kenya and 1.5 million in Assam are benefiting from safer milk



# Technological interventions coupled with training of value chain actors



**Reach:**  
**50% of all pork butchers and  
their 300,000 customers in  
Kampala**



savings on firewood / month  
= 900,000 UGX (260 US\$) + >100 trees





# Tukutule Olujegere Lw'enfaana Y'omu Nnyama Y'embizzi n'emitendera gino 6 emyangu

## 6. Ennyama gifumbe eggwe bulungi

Kirungu obutawakako kabi okusinga okwajusa. Ennyama y'embizzi okokwa okufumbiwa n'eggwe dola n'oba nga.



## 5. Ennyama gikebere oba terimu kabi

Ennyama gikebere okizone nga venko buakusiku. Ennyama wiko obutawakako wabika kutibwa waddi okusidhwa.



## 4. Toleka mbizzi kutaayaaya

Embizzi zo zikunene mu kibho oba ng'ozibye ku nkondo zivuna kuya buri lwa bante obulima amagi g'enfaana.



This document is licensed for use under a Creative Commons Attribution-NonCommercial-Share Alike 3.0 Unported License. August 2014

This is a Luganda version of a poster 'Let's break the pork tapeworm cycle' produced by ILRI and Medical Research Council through the International Cephalosco Coordination Center in 2005. Translation from English by Annet Kigwaga.



## 1. Bulijjo kizesanga kaabuyonjo

Genda mu kaabuyonjo okobole okufumbwa amagi g'enfaana okuyingira mu mbizzi n'abantu abakala.



## 2. Naabaanga mu ngalo

Amagi g'enfaana makikira nnyo okugulaba n'amaano aya nga gasasana mu bwangu obujijirwa. Awo mu naabaanga mu ngalo ne sobikamu wamu n'amaano amayonjo buri lwa mu kaabuyonjo aya nga tonakwata ku kyakulya.



Dibale n'ama andirwa byanzigira bitukirira. Amaze ag'okurya gafumbanga.

## 3. Genda awajjanjabirwa

Bw'oba okubera okuba n'enfaana, genda awajjanjabirwa okwera mu ngalo obujijirwa. Idibale aya okubera bw'okubera okuba n'enfaana, genda awajjanjabirwa okwera mu ngalo obujijirwa. Idibale aya okubera bw'okubera okuba n'enfaana, genda awajjanjabirwa okwera mu ngalo obujijirwa.



Kibbi nnyo okubera okuba n'enfaana. Amagi g'enfaana gaku ne gaku okubera okuba n'enfaana, genda awajjanjabirwa okwera mu ngalo obujijirwa. Idibale aya okubera bw'okubera okuba n'enfaana, genda awajjanjabirwa okwera mu ngalo obujijirwa.



- Gumboots (6US\$)
- Tippy tap (1US\$)
- Bar of soap (0.50US\$)
- 250mL bleach (0.70US\$)
- Laminated poster and certificate (6 US\$)
- = ca. 15 US\$ per kit

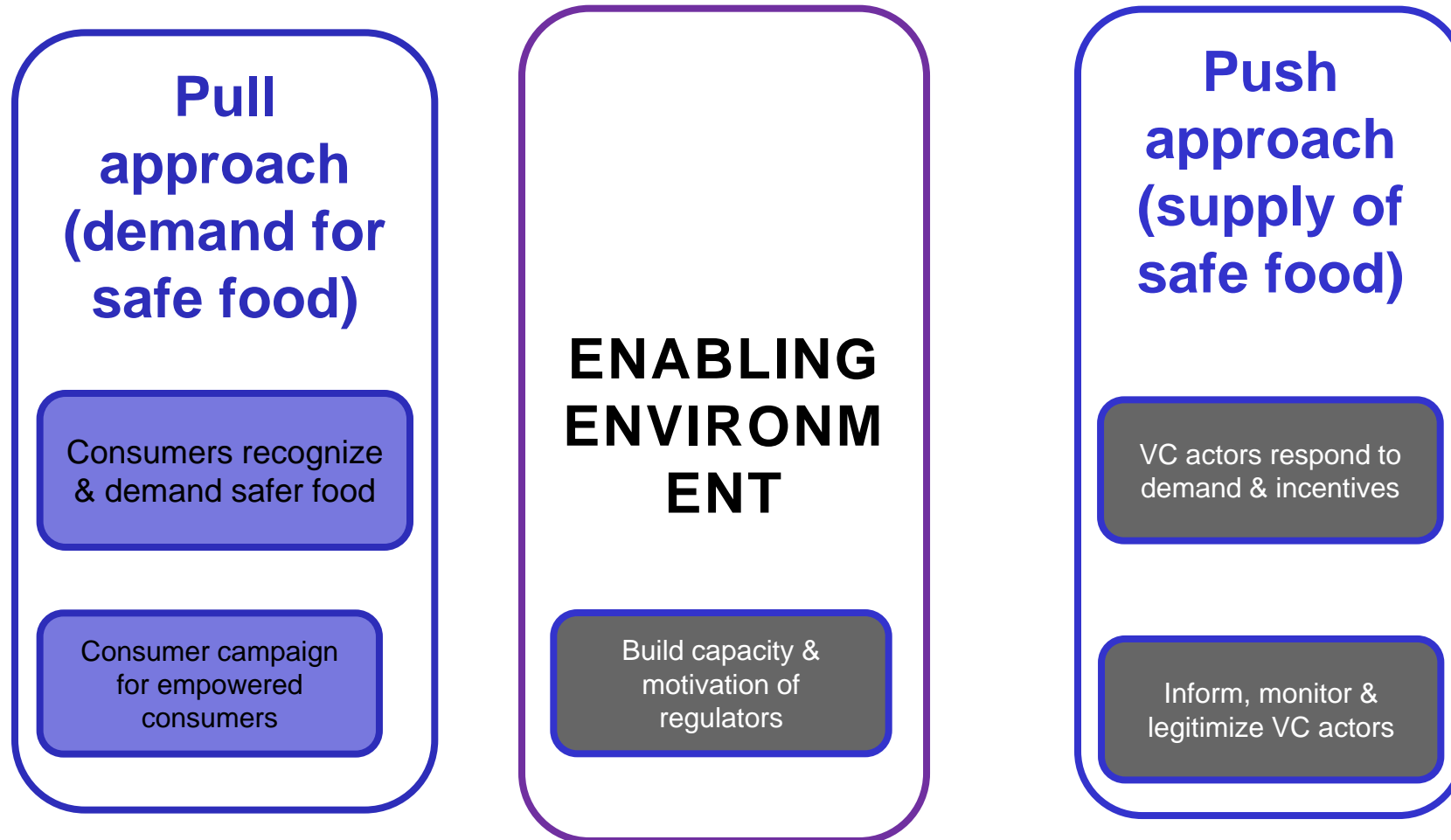
## HOW TO BUILD A TIPPY TAP



tippy tap.org  
save water. save lives.



# Three legged stool



# Take home messages

- FBD is important for health and development
- Huge health burden: most is due to microbes & worms in fresh foods sold in wet markets
- Hazards in informal markets are usually high but risks are sometimes low and perception is a poor guide
- FBD is probably increasing
- Currently no proven approaches for mass markets in LMIC that are scalable and sustainable
- Control & command approaches don't work but solutions based on working with the informal sector more promising



A photograph of four young girls standing in a doorway. The girl on the far left wears a green dress with gold patterns. The girl next to her wears a yellow dress with purple patterns. The girl in the center wears a green headscarf and a green dress with orange patterns. The girl on the far right wears a blue and green patterned dress. They are all looking towards the camera. The background is a brick wall and a doorway.

[a4nh.cgiar.org](http://a4nh.cgiar.org)  
ILRI