Quantitative and qualitative tools: friends or foes?

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Our mixed methods study

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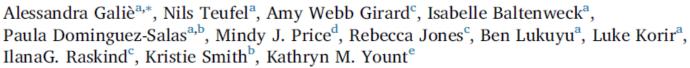
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Women's empowerment, food security and nutrition of pastoral communities in Tanzania



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Study methodology overview

Mixed-methods study on the relationship between women's empowerment-livestock-household food/nutrition security in two regions of Tanzania.

Quantitative: 3 domains of women's empowerment scored and matched to hh food insecurity access scale.

Qualitative: FGDs on gender dynamics affecting the women's empowerment – livestock - hh food/nutrition security nexus.



Role of qualitative analysis in a nutshell

Goals:

- 1. Generate rich info about a complex situation
- 2. Observe and explain within context subtle events
- 3. Gain experience to challenge assumptions
- 4. Provide novel understandings

How do you think...? Depth of investigation...

Why in your opinion...?



Role of quantitative analysis in a nutshell

Goals:

- 1. Test hypothesis "women's empowerment affects positively hh food and nutrition security in the selected sites".
- 2. Measure how relevant the phenomenon is
- Understand which domain of empowerment affect food and nutrition security

In how many cases...

What is the likelihood...

Which domain is more often associated...



Quant and qual: complementary approaches for completeness of data

Iterative steps to combine quant and qual:

- Qualitative, exploratory study: e.g. what are the local perceptions of empowerment?
- 2. Quantitative study: how many women are empowered?
- 3. Qualitative: why do livestock women associate empowerment to ...?
- 4. Quantitative: What is the contribution of empowerment determinants?



When qual and quant are friends...

"Both the quantitative and qualitative analysis showed a significant positive association between women's empowerment domains and household nutrition security."

Quantitative analysis: "36% of women and 25% of children achieved diets of adequate diversity in the 24 h preceding the survey -which is one indicator of nutrition security."

Qualitative analysis: "Deciding when to sell or purchase a cow conferred on women more control over the milk and allowed them to purchase other nutrient-dense foods for children...."

Overview of the findings from each study component

Women's empowerment and nutrition					
Study component	Domain of empowerment	Type of association	Nutrition and food security		
Quantitative study (WELI + FANTA)	Women's access to and control over assets	++			
	Women's control to and use of income	+	Diet diversity of women and children		
	Women's workload and control over time	/			
Nutrition FGDs	Women's access to and control over assets	+			
	Women's control to and use of income (through larger milk quantities produced)	+	Improved household nutrition		
	Women's workload and control over time	/			

⁺⁺ strong positive association

And what if they are foes?

The quantitative analysis showed "No significant associations between women's empowerment domains and hh food security".

This contrasts with the **qualitative findings** according to which "All three empowerment domains were **positively associated** with household food security."



Overview of the findings from each study component - continued

Women's empowerment and food security					
Study component	Domain of	T	ype of	Nutrition and food	
	empowerment	a	ssociation	security	
Quantitative study	Women's access to and		/		
(WELI + FANTA)	control over assets				
	Women's control to and	П	/		
	use of income				
	Women's workload and	П	/		
	control over time				
Food security FGDs	Women's access to and		+		
	control over assets	Н		Household food	
	(i.e. land and livestock)				
	Women's control to and	П	+	security	
	use of income	Ш			
	(from small quantities of	Ш	\		
	milk only)				
	Women's workload and		+		
, S	control over time (time				
	to engage in revenue-				
	generating activities)				

⁺⁺ strong positive association

How to reconcile different quant and qual findings?

"Our findings across methods were, at times, contradictory:

we engaged with the discrepancy

rather then, for example, resolving it by favouring the reliability of one method over the other

We used it to add more depth to the analysis, to improve our tools, and to identify future areas of research"



Using contradictory findings: methodology insights

We explained the discrepancy among findings from a methodology perspective:

- Revisited the methodology to see if it was faulty:
 - found different definitions, domains and indicators adopted by the two studies
 - Extensive vs intensive systems?!
- Discussed boundaries/limitations/contributions of each method



Using contradictory findings: new content insights

We analyzed the findings (content) again:

Looked into different interpretations:





 'aspirational' versus 'actual' gender roles in guaranteeing food and nutrition security

- Dug for missed insights:
 - 'nutrition security' is associated to women and 'food security' to men...a distinction that emerged in the qual study only...



Using contradictory findings: recommendations

- Dug deeper in our findings
- Looked for missing insights
- Re-analyzed data based on different respondent typologies
- Questioned and strengthened our methodology
- Highlighted research gaps

...we engaged in the discrepancy to improve our study ...and built a stronger team in the process



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