











RI







CGIAR is a global partnership that unites organizations engaged in research for a food-secure future. The CGIAR Research Program on Livestock provides research-based solutions to help smallholder farmers, pastoralists and agro-pastoralists transition to sustainable, resilient livelihoods and to productive enterprises that will help feed future generations. It aims to increase the productivity and profitability of livestock agri-food systems in sustainable ways, making meat, milk and eggs more available and affordable across the developing world. The Program brings together five core partners: the International Livestock Research Institute (ILRI) with a mandate on livestock; the International Center for Tropical Agriculture (CIAT), which works on forages; the University of Agricultural Sciences (SLU) with expertise particularly in animal health and genetics and the Deutsche Gesellschaft für International Zusammenarbeit (GIZ) which connects research into development and innovation and scaling processes.

The Program thanks all donors and organizations who globally supported its work through their contributions to the CGIAR system

© 2021

This publication is licensed for use under the Creative Commons Attribution 4.0 International Licence. To view this licence, visit https://creativecommons.org/licenses/by/4.0.

Unless otherwise noted, you are free to share (copy and redistribute the material in any medium or format), adapt (remix, transform, and build upon the material) for any purpose, even commercially, under the following conditions:

 ${\cal V}$ ATTRIBUTION. The work must be attributed, but not in any way that suggests endorsement by the publisher or the author(s).

CGIAR Research Program on Livestock. 2021. Training manual, LI-CHAN: Livestock-led interventions towards equitable livelihoods and improved environment in the North-West Highlands of Vietnam. Vietnam Priority Country Program. Hanoi, Vietnam: Alliance Bioversity-CIAT and ILRI.

Acknowledgments

The authors warmly thank the Sub-Department of Livestock Development, Animal Health and Aquaculture of Son La province, the Mai Son Agriculture division, the Mai Son Agricultural Services Centre, and the People Committee of the Communes of Chieng Chung and Chieng Luong. The authors also thank the Department of Agriculture and Rural Development, the Department of Foreign Affairs, the Department of Planning and Investment, and the Provincial People Committee of Son La for their support.

Cover illustration and design by Fernanda Rubiano

Illustration by Carolina Rubiano

Li-chăn is a project under the CGIAR Research Program on Livestock which aims at providing research-based solutions to drive smallholder farmers transition to sustainable and resilient livelihoods and to more productive small-scale enterprises that will help feed future generations. Vietnam is selected as one of four priority countries to consolidate research from different disciplines and translate it into a pilot with flexible combinations of integrated interventions from 2019 until end of 2021. Li-chăn has been co-designed by both international and national partners. It is funded by the Livestock CRP and co-implemented by the Alliance of Bioversity International and the International Center for Tropical Agriculture (CIAT), International Livestock Research Institute (ILRI), Swedish University of Agricultural Sciences (SLU), Vietnam National Institute of Animal Science (NIAS), National Institute of Veterinary Research (NIVR), Northern Mountainous Agriculture and Forestry Science Institute (NOMAFSI), Sub-Department of Husbandry, Animal Health and Aquaculture of Son La Province, Mai Son Agriculture Division, Mai Son Agriculture Service Center.

Li-chăn aims at stimulating system transformation through bundled livestock-based interventions in North-West (NW) Vietnam, covering the areas of livelihoods, environment, equity, and market access to benefit highland farming communities.

This booklet gathers the trainings materials provided to farmers during the project, on the topics of animal genetics, animal health, feeds and forages, environment protection and business opportunities.





ANIMAL GENETICS

KEY MESSAGES

Good breed selection and breeding scheme for cattle bring higher productivity and better performance

Professional application of AI on cattle is a convenient way to improve low body weight of Local Yellow cow

Good breed selection, suitable breeding schemes and management for pigs bring higher benefit to farmers

Professional AI application in pig helps to avoid breed degradation of inbreeding

ANIMAL GENETICS



Breeding cattle selection:

Male: 900- 1200kg; Female: 550-800 kg - Well developed, firm and healthy body structure; smooth and silky hairs; briskly walking, firmly standing.

- Strong and straight legs; The front legs are straight and parallel to each other.
- The tail is large, straight, and long (to the hip) and flexible movement.
- Female: The udders and nipples are well-developed, 4 udders are balanced and evenly spaced, no additional tiny udders , the nipples are big and long, the skin is thin and elastic. The vulva has many wrinkles.
- Male: 2 testicles are big, soft and well-proportioned, the penis moves normally in the foreskin

ARTIFICIAL INSEMINATION IN CATTLE



ANIMAL GENETICS

PIG BREEDS AND BREEDING OPERATION





Bản sow Bản boar Adult: 45-50 kg 1st farrowing age: 13 months No. of piglets at birth: 5.6-9.1 piglets/ litter Farrowing interval: 241 – 247 days Lean meat rate: 43%



1st mating age: 7 – 8 months (40 – 50kg) 10 - 14 piglets/ litter; 1.2 - 2 litters/ sow/ year;



LANDRACE (L) Average daily gain (ADG) ≥ 800 g/day Lean meat rate ≥ 59% Alive piglets/ sow/ year: ≥ 27



YORKSHIRE (Y) ADG ≥ 950 g/day ADG \geq 800 g/day Lean meat rate ≥ 61% Lean meat rate: ≥ 59% Alive piglets/ sow/ year ≥ 27 Intramuscular fat: ≥ 3.5%

CROSSING 3- 4 EXOTIC PIG BREEDS

DUROC

393



PIETRAIN ADG ≥ 850 g/day Lean meat rate ≥ 63%



PIDU BOAR ADG≥ 920 g/day Lean meat rate ≥ 62% Intramuscular fat: ≥ 3.0%

COMMERCIAL CROSSBREED OF 4 BREEDS ADG ≥ 900 g/day Lean meat rate ≥ 61% Intramuscular fat rate : ≥ 3.0%



Móng Cái pig

Lean meat rate: 34 – 36%

PARENT SOWS (LY and YL) ADG \geq 850 g/day Lean meat rate ≥ 59% Alive piglets/ sow/ year ≥ 28

COMMERCIAL CROSSBREED OF 3 BREEDS ADG ≥ 900 g/day Lean meat rate $\geq 61\%$ Intramuscular fat rate : ≥ 3.0%

ARTIFICIAL INSEMINATION



ANIMAL HEALTH

KEY MESSAGES

Biosecurity is the cheapest and most effective way to prevent diseases in animals

The use of veterinary drugs is necessary, but needs to be done properly to be effective Farmers need to get advice from animal health professionals or veterinarians

Prevention is better than cure

ANIMAL HEALTH



Antibiotic use in livestock



What is antibiotic

• Antibiotics are medicines that fight infections caused by bacteria as they can kill or inhibit the growth of bacteria

Antibiotic use



Factors reducing effectiveness of antibiotics:

- Selected antibiotic is not suitable for the bacteria that cause disease
- Wrong dose, wrong route, wrong frequency, wrong duration
- Wrong injection technique
- Combine antibiotics incorrectly

ANTIBIOTICS SHOULD BE USED BY PROFESIONALS

Antibiotic resistance

What cause antibiotic resistance:



- * Mix antibiotic into feed for disease prevention purpose
- Misusing or overusing antibiotic (E.g: wrong dose, wrong duration, using one vaccine for all diseases)

Harm of antibiotic resistance:

- * Higher cost, increasing mortality and morbidity
- * It is not only harmful for animal but for human health

Vaccination schedule For farm animal

No	Vaccine	Time	Ruminant
1	Pasteurella	2 times/ year: April & September	
2	Foot-and-mouth disease	2 times/ year: April & September	• •
3	Anthrax	2 times/ year: April & September	



No	Vaccine	Time (days)
1	Mycoplasma (1 st)	7
2	Porcine Circovirus + Mycoplasma (2 nd)	15
3	E.coli + Salmonella	20
4	Porcine reproductive and respiratory syndrome	25
5	Combination vaccine(CSF + Pasteurella + Salmonella)	30
6	Foot-and-mouth disease (1 st)	35
7	Porcine Pleuropneumonia	42
8	CSF (2 nd) + Foot-and-mouth disease (2 nd)	50

No	Vaccine	Time (days)	
1	Lasota + Infectious Bronchitis	3	Chicken
2	Gumboro	10	
3	Lasota + Infectious Bronchitis	15	
4	Gumboro	24	
5	Highly pathogenic avian influenza	30	
6	Newcastle disease	37	
7	Pasteurella	42	

ANIMAL HEALTH

MEASURES SHOULD BE TAKEN REGULARLY TO IMPROVE ANIMAL HEALTH

The use of veterinary drugs is necessary, but very complicated Farmers need to consult and get advice from professional or veterinarian

Ruminant

- Feed: balanced diet containing all the necessary nutrient, mineral, vitamin, free from hazardous
- Water: Provide enough, clean water
- Deworming drug: 2 times/year
- · Ivermectin for parasite treatment



Photo credit: Tu Mai



Photo credit: Tu Mai

Piq

- Feed: balanced diet containing all the necessary nutrient, mineral, vitamin, free from hazardous
- Wasting food need to be cooked
- Water: provide enough, clean water
- · Iron dextran: inject in 3 days age and 7 days age
- · Internal and external parasite: ivermectin
- Vitamin supplement: mix in food and water regularly

Chicken

- Feed: balance diet containing all the necessary nutrient, mineral, vitamin, free from hazardous
- Water: must be clean. Trough needs to be suitable with chicken height, change water frequently
- · Vitamin supplement: mix in food and water regularly
- · Anticoccodials: mix in food and water



LIVESTOCK BIOSECURITY

BIOSECURITY IS THE CHEAPEST AND MOST EFFECTIVE WAY TO PREVENT DISEASE IN ANIMAL

Animal housing	 Separate with living area, have fence Animals should be confined 	People	 Minimize visitors to the farmhouse Clean or disinfect boots before entering farmhouse
Feed and water	 Good quality and free from hazardous Water must be clean, provide enough water 	Quarantine animals	 Quarantine new animal at least 14 days Separate sick animal Do not mingle animal
Image: constraint of the constra	 Use rat trap Use insecticides Control dog, cat to go in the farmhouse 	Changing behaviour	 Changing husbandry habits is extremely difficult that requires perseverance and determination
3 steps of dis 1. Dry c • Rei ma Dai	einfection Eleaning 2. W moval of contaminated terial ily basis	/et cleaning Cleaning by water and detergent Daily basis	 3. Disinfection 3. No disease: 1,2 times/ month • Disease is circulating: 2 times/ week

...

...

...

FEEDS AND FORAGES

KEY MESSAGES

Improved forages can increase feed availability and provide additional benefits to the environment

Better animal nutrition can be achieved by understanding feed classification and applying appropriate feeding regimes

Winter feed shortage can be reduced by preserving forages and crop residues for use in the dry season

Good feeding practices also improve animal health and breeding performance

FEEDS AND FORAGES

Improved Forages

Objective: Promote improved grass and legume varieties and suitable management practices

Benefits of growing improved forages

•Ensures feed availability throughout the year

•Address feed shortage in the dry season

•Environmental co-benefits – improve soil fertility, soil erosion control, weed control

Why do animals need both grasses and legumes?

Grasses produce more biomass than legumes, mainly fed to cattle and buffalos.
Legumes contain higher protein levels than grasses, also provide essential minerals and vitamins. Can also be fed to small ruminants and pigs (in small amounts).





Photo credits: Bùi Văn Tùng & Phan Huy Chương (NOMAFSI)

How often should forages be cut?

Depends on growth stage, yield quality and farmer's need at a given time
Decision based on the best forage for animal nutrition is often a compromise between yield and forage quality.



Source: Stür & Horne, 2001.

Selected varieties and suitable ways of growing forages								
	Variety	Cut-and-ca rry plots	Grazed plots	Contour hedgerows	Improved fallows	Cover crops in annual crops	Cover crops under trees	Ground cover
Grasses	Mulato II	~~	~	~				~
	Mombasa guinea	~~	~	~				>
	Ubon paspalum	~	~~	~~				
	Green Napier	~~		~~				
Legumes	Ubon stylo	~~	~	~	~~	~~	~	~
	Pinto peanut		~~		~		~~	~
	Rice bean	~				~~	~~	
All recommanded: A nessible: no mark not recommanded								

🖌-recommended; 🖌-possible; no mark-not recommended

Suitable ways of growing forages

Cut-and-carry plot (e.g. Mulato II)

•Small plots that provide easy access to cut feed •Allows farmers to easily collect manure



Contour hedgerows (e.g. Mombasa) •Forages grown along the contour in sloping lands, along fence lines or between fields •Also helps to reduce erosion



Cover crop with annual crops (e.g. rice bean with maize)

- Legumes grown with annual crops such as maize or cassava
- Improves soil fertility, reduce erosion, suppress weeds



Photo credits: Bùi V**ă**n Tùng & Phan Huy Chương (NOMAFSI); Source: Stür & Horne, 2001

Grazed plot (e.g. Ubon paspalum)

- Designated grazing areas (often fenced) with grasses or grass-legume mixtures
- •Suitable where grazing land is available



•Forage legumes grown on fallow land

•Restores soil fertility and suppress weeds



Cover crop under trees/Ground cover (e.g. Pinto peanut)

- Legumes grown under trees such as fruit trees, coffee
- Suitable for short, spreading grasses and legumes
- Improves soil fertility, reduce erosion, suppress





Forage grasses



1. Mulato II

- •Vigorous semi-upright grass with high biomass
- •Can produce between 14 17 tons/ha dry matter per year
- •Cut to about 5 cm above ground level every 40-45 days in the wet season and 60-70 days in the dry season
- •Suitable for acid soils, medium and low fertility, drought, high temperatures and high relative humidity

Resistant to diseases and pests (spittlebugs)



2. Mombasa Guinea

•Tall grass, leafier than Napier.

- •Can produce between 20 40 tons/ha dry matter per year.
- •Cut every 40-45 days in the wet season and 60-70 days in the cool season.
- •Moderate tolerance to drought (< 4 or 5 months), cold and acid soils.
- •Suited to agroforestry due to shade tolerance.
- •Acid soils require addition of lime.



3. Ubon Paspalum

- •Short to medium high grass. Average height of 1-1.5m
- •Can produce 10 30 tons/dry matter per hectare per year
- •Cut every 40-45 days in the wet season; 60-70 days in the cool season.
- •Tolerant to waterlogging, flooding, cold temperature, acidic and low fertile soils, moderate shade tolerant
- •Not drought tolerant
- •Tolerant to low grazing and regular cutting.



4. Green elephant

- •Tall grass 2.5 to 4m high.
- •Soft stem as compared to other Napier varieties
- •Fast growing 2-3 months from planting to harvest (first cutting)
- •Can produce between 320-350 tons/1ha
- •Cutting height -> 10 30 cm

Source & Photo credits : Tropical Forages Selection Tool; Bùi Văn Tùng & Phan Huy Chương (NOMAFSI)

Forage legumes



5. Ubon Stylo

- •Perennial legume, grows into a small shrub.
- •Can produce between 13 18 tons/ha dry matter/year.
- •High protein content of between 14 20%
- •No nitrogen fertilizer needed. Phosphorus fertilizer (10–20 kg/ha recommended for infertile soils.
- •Not readily eaten by cattle early in the growing season but becomes relatively more palatable later in the dry/cool season.
- Can also be fed to small ruminants and pigs.
- Adapted to acid infertile soils, drought tolerant
- Capable of fixing nitrogen which improves soil fertility



6. Rice bean

- •Multi-purpose legume grown for food, feed, cover crop, green manure
- •Seeds vary in colour greenish-yellow, black, yellow, brown.
- •Average biomass 5-12 tons/ha dry matter
- •Seed yield of 0.4-0.8 tons/ha in intercropping system
- •Resistant to many pests and diseases, drought tolerant
- •Matures in 120-150 days after sowing but may need more time at higher altitudes
- •Capable of fixing nitrogen which improves soil fertility

7. Pinto Peanut (Arachis pintoi)



- •Stoloniferous perennial creeping legume, best suited for permanent pasture
- •Can produce 8 12 tons/ha dry matter per year
- •High protein content 17% to 20%
- •Besides cattle/buffalo, can also be fed to small ruminants, pigs, poultry
- Grows well in warm rainy season
- Multi-purpose crop livestock feed, soil fertility improvement and conservation, cover crop under trees, ornamental ground cover
- Adapts well to acidic soils, tolerant to shade, moderate waterlogging, drought, heavy grazing and periodic flooding.
- Resistant to the major groundnut diseases, rust and leaf-spot and root-knot nematodes

Photo credits: Bùi V**ă**n Tùng & Phan Huy Chương (NOMAFSI) Source: <u>Tropical Forages Selection Tool</u>

CATTLE FEEDS

FEED CLASIFICATION



Forage

Concentrate

Mineral

SILAGE TECHNIQUE Material **Chopping into Cover the** Preparing Spread 25cm layer Wilting pit/nylon bag by layer, sprinkle pit/tie nylon 3-5cm with salt + bran, bag 100kg forage + <u>3-5 kg rice bran/corn + 0.5 kg salt;</u> Feeding compaction after 14-21 days silage, with 30-50% silage feed of diet **UREA TREATED RICE STRAW (URS)** Feeding after 14-21 days, with 30-50% URS 1m 2mof diet 4 kg Urê 100 kg Rom (2) Nước (4) (1)0-100 lít

(5)

FEEDS AND FORAGES

FEEDING REGIMES FOR BEEF CATTLE

FEEDING REGIMES FOR LACTATION COWS



- ✓ Increase growth performance and meat quality, with higher price.
- ✓ Utilise feed resources and increase income.
 - **I** How to feed fattening cattle?
- ✔ Forage (70%); Concentrate (30%)



FEED AND FEEDING REGIMES FOR BAN PIGS

FEED CLASIFICATION



FEEDING REGIMES FOR BAN PIGS AT DIFFERENT PERIODS

FEEDING REGIMES FOR GILTS

BW (kg)	Concentrate (kg/day)
10-20	0.4-0.8
21-30	0.8-1.0
30-PG	1.0-1.2



✓2-4kg vegetables/day✓2 meals/day

FEEDING REGIMES FOR PREGNANT SOWS

DW (hg)	Concentrate (kg)		
DW (Kg)	Phase 1	Phase 2	
30-40	0.6	0.8	
40-60	0.8	1.0	
60-80	1.0	1.2	

✓2-4kg vegetables/day

✓2 meals/day

Paralysis of the legs



FEED AND FEEDING REGIMES FOR BAN PIGS

FEEDING REGIMES FOR LACTATION SOW

Consumption of con	ncentrate (kg)	-38 	and the second
One day before farrowing	0.3 – 0.5		ATTRA -
Day 1-4 after farrowing	0.5-2.0		A A A A A A A A A A A A A A A A A A A
After 5 days farrow	ing, <i>ad libitum</i>	1 1	
- Early feed from 7-10 da — Early weening — return to estrus	ys of age ► Increase parities/y	ear, earlier	
After weaning fed 4-5% of body weight	FEEDING F	REGIMES FOR F.	ATTENING PIGS
	Incre	ease the percentage of le	ean meat?
✓2-4kg vegetables/day ✓2 meals/day			
From 15kg to slaughter: fed 3-4% of body weight	Balance protein/energy in diet	Enough water	Suitable slaughtering body weight & time
FEE Probiotic: 0.5 kg Mixing Rice bran: 4kg 100kg Rice br + 100	D FERMENTATIO Mix with 96kg rice bran ran+0.5kg Prob. L water	N BY PROBIOTICS	tinto lon g, tie htly Feeding after 2-3 days of fermentation; using within 7-10days



LIVESTOCK AND ENVIRONMENT

KEY MESSAGES

Keeping a permanent soil cover improve soil fertility and protect the soil against erosion

This can be done with cover crops, crop residues, animal manure or compost

Applying compost to plant would be better than fresh manure and chemical fertilizer

Legumes are special: they can act as natural fertilizers because they bring new nitrogen from the air

Forages can be planted in contour lines or intercropped to protect the soil

When the biomass is recycled within the farm, there are less wastes and better crop and animal production

EROSION CONTROL

Drivers of erosion



Advantages of a cover crop



Options to control erosion

CONTOUR HEDGEROWS

Contour lines help maintain the soil on slopes. It can be done using forage grasses or tree legumes for example.



INTERCROPPING AND ROTATIONS

To ensure a permanent soil cover, cover crops can be planted in rotation or between crop lines. Shade-tolerant forages can be planted in fruit tree plantations.

Roadsides can also be planted with forages.



MULCHING AND MANURING

Crop residues can be distributed on the fields to protect the soil. When crop residues are fed to livestock, the animal manure can be used instead, if possible after composting. This will increase soil organic matter content, and improve soil structure.





SOIL FERTILITY

Legumes

Organic manure and compost

Plants grow with nitrogen, a key nutrient that they find in the soil. When there is no more nitrogen in the soil, plants do not grow well and die. Legumes can also take nitrogen from the air, thanks to their nodules.



Soil organic matter

Soil organic matter is like a storage for nutrients in the soil.

Mineral fertilizers can also be applied to have more soil nitrogen, but they are lost easily with rain, and should be applied at the right moment.



ORGANIC MATTER

- To increase the quantity of soil organic matter in the soil, there should be
 more inputs: use legumes, mulch, collect manure (animals in pens for longer periods)
- less losses: control erosion by maintaining a soil cover (trees, cover crops, forages,...)



When crop residues,

compost are applied

on the soil surface,

slowly and form the

soil organic matter.

nitrogen is released

and available for

plants. The soil is more fertile.

they decompose

From there,

animal manure or



Photo credits: Mai Thanh (ILRI/CIAT)

Recycling



LIVESTOCK AND ENVIRONMENT

COMPOSTING TECHNIQUES

MATERIALS FOR MANURE COMPOSTING			
	Cattle composting	Pig composting	
Cattle manure	1000		
Pig manure		1000	
Rice husk	50	80	
Rice straw	250	200	
Rice bran	5	5	
Total (kg)	1305	1285	

COMPOSTING OF PIG MANURE (1)



Mix all materials and put into sucks.
Place all sucks next to each other, then cover nylon



COMPOSTING OF PIG MANURE (2)





PAGE 30

COMPOSTING TECHNIQUES

COMPOSTING OF CATTLE MANURE





COMPOSTING OF AGRICULTURAL BY-PRODUCTS

MATERIALS

- **Coffee pods: 1000kg**
- **Manure (pigs or cattle): 200kg**
- **D** Phosphate fertilizer: 50kg
- Urea: 10kg
- □ Sugar: 2kg
- **I** Trichoderma: 2 kg
- □ Activation of probiotics: conduct 2 to 3 hours before incubation; dissolve 2 kg of probiotics, 2 kg of sugar and 0.2 kg of urea in a 50L water tank; stir until dissolved, and then stir every 1 hour.
- Mix the coffee pods with the rest of the materials, mixing and watering until fully moistened (60%).
- □ Irrigate and mix the probiotics on the compost pile.
- **The compost pile,** 1.2m high, 2-2.5m wide, ensures that the pile retains heat.
- □ The compost can be used after 1-3 months depending on temperature.



LIVELIHOODS

KEY MESSAGES

Common interest groups (CIGs) push up collective actions for sustainable economic development

The enthusiasm and management capacities of the management board are the main factors for the success of a CIG

Good production and business plans are the starting point for effective operation of CIGs

LIVESTOCK AND LIVELIHOODS

LIVESTOCK COMMON INTEREST GROUPS (CIGs)

Definition of CIGs

- Including households living in a local community with knowledge, enthusiasm, and passion for socio-economic activities;
- Voluntarily participating for profit and non-profit purposes; being willing to be the core to promote activities for advancing social security, improving production efficiency, and developing sustainable livelihoods

Benefits of CIGs

- Better access to production and business resources
- Improve production and business efficiency
- Capacity building for farmers
- Improve community relations and saving capacity
- Attract investors, better access to loans, and increase bargaining power
- Minimise marketing risks via contract-farming...

Main activities of CIGs

- Organize group meetings
- ► Information sharing(including linking with other groups)
- Receive technical trainings
- >Organize collective purchase and sales in large volumes
- Develop marketing networks and conduct market assessment
- Support members as needed
- Capital management and capital turnover for group activities
- Explore opportunities for technical and product development
- >Invest in financially affordable activities

STEPS OF CIG FORMATION



LIVESTOCK AND LIVELIHOODS

DEVELOPMENT OF PRODUCTION AND BUSINESS PLAN FOR CIGs

Definition of production and business plan

Refer to directions, tasks, targets, and material and financial resources needed for the implementation of development goals set out in a short period (3 months, 6 months or 12 months)







