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### **Trade-offs between food security and forest exploitation by mestizo households in Ucayali, Peruvian Amazon**

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28       **Keywords:** decision rules, deforestation, agriculture, ad-hoc farm simulation model,  
29       Amazonia

## 30       **1. Introduction**

31       The Amazon hosts the largest area of tropical forest in the world, with very high levels of biodiversity  
32       (Foley *et al.*, 2007; Malhi *et al.*, 2008; Lu, 2009). Peru has the largest area of Amazon forest after Brazil  
33       (Lu, 2009). The annual estimated extent of deforestation between 2001 and 2014 in Peru was 103,819  
34       ha, mainly concentrated in the departments of Ucayali and Madre de Dios (MINAM, 2015). The  
35       Peruvian Amazon is therefore undergoing rapid and uneven economic growth, alongside alarming rates  
36       of deforestation and increasing land use change (Galarza and La Serna, 2005; Miranda *et al.*, 2016).  
37       Slash-and-burn agriculture, expansion of oil palm plantations and pastures, legal and illegal logging,  
38       land clearing and road expansion have been cited as drivers of deforestation in Ucayali in the past 20  
39       years (Alvarez and Naughton-Treves, 2003; Salisbury and Fagan, 2013; Porro *et al.*, 2015), with cocoa  
40       expansion recently keeping pace. Gutierrez-Velez and DeFries (2013) argued that 75% of the expansion  
41       of high-yield palm oil plantations between 2000 and 2010 occurred in old-growth forests. These forests  
42       not only host an immense diversity of flora and fauna of major intrinsic value, but also have a monetary  
43       value that could contribute to the local economy. In particular, according to the Peruvian Amazon  
44       Research Institute, carbon stocks are a major but unexploited economic asset of the Amazon, estimated  
45       at US\$ 2.8 billion (IIAP, 2009). Importantly, Ucayali's forests can provide ecosystem services that are  
46       crucial for local food security, as sources of wild fruits, bush meat, medicinal plants and firewood  
47       (Murray, 2006.; Porro *et al.*, 2015).

48

49       The World Food Summit defined food security as a condition that exists 'when all people, at all times,  
50       have physical and economic access to sufficient safe and nutritious food that meets their dietary needs  
51       and food preferences for an active and healthy life' (FAO, 1996). Food security has four pillars,  
52       availability, access, utilisation and stability, which need to be achieved simultaneously. Food availability  
53       includes a sufficient supply of food; access includes physical and economic access to food (including

54 entitlements and cash income, respectively); food utilisation involves having the energy and nutrients  
55 necessary for a healthy life; and food stability requires that the other three requirements are fulfilled  
56 throughout the year and in all years despite economic or political instability (FAO, 2008). Each pillar of  
57 food security depends on the provisioning and sustainable use of ecosystem services, which support  
58 food production, provide wild foods, deliver resources for income generating activities (to acquire food),  
59 and ensure a diversified and nutritional diet in the region (Richardson, 2010; Cruz-Garcia *et al.*, 2016).  
60 Consequently, deforestation is a major threat to food security in the Peruvian Amazon, where, between  
61 2010 and 2014, a quarter of children under five suffered from chronic malnutrition (Ministerio de Salud,  
62 2014). It is crucial to achieve food security in a way that is environmentally and socially sustainable  
63 (Godfray *et al.*, 2010; Richardson, 2010), particularly in Ucayali, where 56% of the population is  
64 vulnerable to food insecurity (MIDIS, 2012).

65

66 Interactions between ecosystem services and food security are usually analysed at aggregated levels  
67 (Thrupp, 2000), while research on their trade-offs was recently reported to be insufficient (Cruz-Garcia  
68 *et al.*, 2016). Understanding trade-offs between food security and forest ecosystem services at household  
69 level is particularly urgent in regions where multiple social and environmental drivers are leading to  
70 resource depletion. Although deforestation in the Amazon – at a large scale – has largely been driven  
71 by companies, larger land owners, the construction of roads, and reinforced by national policies  
72 (Dammert, 2014; Fraser, 2014), small-holder *mestizos* (who are settlers from non-Amazonian regions  
73 of Peru) have been linked to deforestation as a way to ensure land tenure rights within a political-  
74 ecological context where demand of land for commercial agriculture and extractive activities is high  
75 (Alvarez and Naughton-Treves, 2003; Porro *et al.*, 2015). For instance, *mestizos* in Ucayali have cleared  
76 a great extent of their forest to establish palm oil plantations (Gewin, 2018). However, *mestizo*  
77 households still possess some forest patches within their land in which they maintain various useful tree  
78 species. Despite the importance of these forest patches to supporting household livelihoods and food  
79 security, they often cut down trees for firewood or sell as timber (Cruz-Garcia, 2017). While they  
80 recognize the importance of forest ecosystem services for both food security and income generation, to  
81 the best of our knowledge, the trade-offs between forest exploitation and food security have not been

82 yet assessed at disaggregated level. This is necessary given that disaggregated analyses at household  
83 level can provide critical knowledge on sustainable and locally appropriate management of ecosystem  
84 services (Daw *et al.*, 2011; Reyers *et al.*, 2013; Poppy *et al.*, 2014). Such research would not only enable  
85 analysis of the sustainability of existing forest exploitation practices but also their effects on food  
86 security. It would also deepen our understanding of the factors that influence farmer's management  
87 decisions concerning trade-offs at the forest-agriculture interface, i.e. between agricultural expansion  
88 and forest conservation.

89

90 Whole farm modelling tools make it possible to represent and analyse the trade-offs and synergies  
91 concerning household's decisions on farming management practices (Rodriguez *et al.*, 2014), and are  
92 useful tools for quantifying the trade-offs between ecosystem services and food security (UNEP, 2011).  
93 Some whole-farm modelling tools (Börner *et al.*, 2007; Jourdain *et al.*, 2014) have been used to analyse  
94 the effect of different policies on ecosystem services management and food security. These were mainly  
95 optimization tools that enabled the definition of the optimal allocation of resources for a set of  
96 constraints, maximizing economic or environmental objectives (Börner *et al.*, 2007; Jourdain *et al.*,  
97 2014). However, the assumption underlying these tools is that the decision process used by a farmer  
98 under this set of constraints is optimal, a condition that is rarely met in real-life decisions. Consequently,  
99 the challenge is to describe forest exploitation – as a management strategy applied by farmers - which  
100 may be sub-optimal under imperfect information and resource constraints (Andrieu *et al.*, 2015).  
101 Simulation tools can analyse such management strategy without making assumptions about the  
102 efficiency (or optimality) of a farmer's decision-making process (Sempore *et al.*, 2015). Compared to  
103 optimization, simulation describes the functioning of existing systems and/or analyses their medium- to  
104 long-term dynamics under different scenarios. Rule-based simulation models are a specific category of  
105 whole-farm simulation models which make it possible to analyse the specific effects of farmers' decision  
106 rules on farm performances (Le Gal *et al.*, 2011).

107

108 The aim of this paper is to analyse the trade-offs and synergies between the four pillars of food security  
109 and forest exploitation at household level among *mestizo* communities in Ucayali, in the deforestation  
110 frontier of the Peruvian Amazon. In this study, forest exploitation refers to forest clearing for the  
111 extraction of wood, or for the establishment of commercial agriculture. Forest exploitation is one type  
112 of management among other forest management practices with varying degrees of impact on forest  
113 ecosystem services. The study was framed around the concept of food security instead of other relevant  
114 concepts such as food sovereignty (which is intrinsically related to agricultural biodiversity and  
115 embedded in the political ecology of the region), in order to align it to the Sustainable Development  
116 Goals (SDGs). Certainly, achieving food security (major component of Goal 2) and environmental  
117 sustainability (Goal 15) are key components of the SDGs (FAO). This study aims at contributing to the  
118 understanding of their interrelations, which could be useful for future interventions and policies focused  
119 on achieving the SDGs in the region. In order to shed more light on the trade-offs, a farm level simulation  
120 modelling tool was developed and used to (1) analyse the current trade-offs and synergies between food  
121 security and exploitation of the forest comparing different types of farming systems; and (2) to explore  
122 alternatives for minimizing these trade-offs, and provide policy insights.

123

## 124 **2. Methods**

### 125 **2.1 The study area**

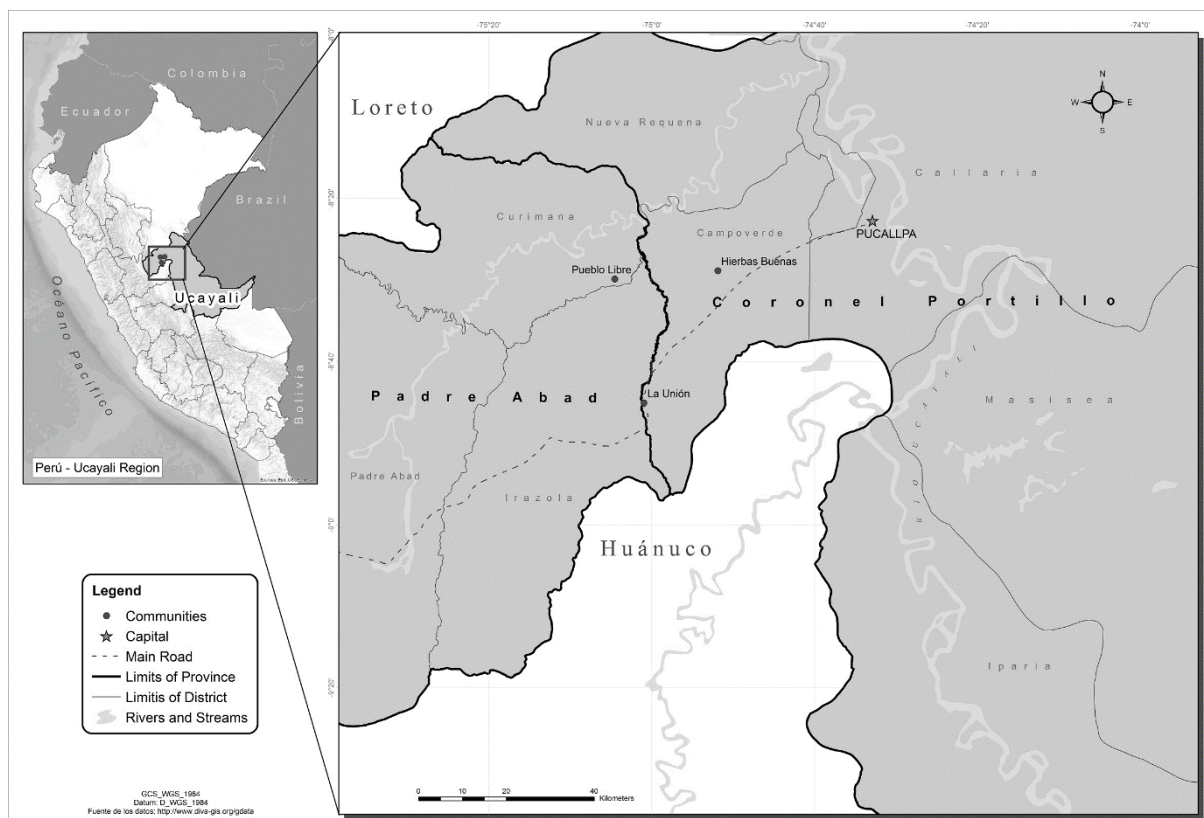
126 The Ucayali region is located in the central-eastern part of Peru and is the second largest department in  
127 the country, covering an area of 102,400 km<sup>2</sup>. In 2012, the total population was 490,000 (Porro *et al.*,  
128 2015), with an estimated 27% increase between 2000 and 2015 (INEI, 2010). About 60% of the  
129 population lives in the capital, Pucallpa. Ucayali is the main center of the Peruvian timber industry  
130 (Ramos Delgado, 2009). Agriculture contributes to 19% of the regional production (Banco Central de  
131 Reserva del Perú, 2012). Crops such as cassava, plantain, papaya and rice account for 78% of the local  
132 production, and are grown mainly for household consumption with the surplus for sale. Cash crops,  
133 including oil palm (supported by government incentives and formerly by international cooperation),  
134 cocoa and coffee (supported by the increasing demand for exports), and camu camu (*Myrciaria dubia*

135 (Kunth)), are rapidly expanding (Pacheco, 2012; Banco Central de Reserva del Perú, 2012; Bennett *et*  
136 *al.*, 2018). Coca is also produced in an estimated area between 2,000 and 3,000 ha (DEVIDA, 2014).  
137 This crop, when grown illegally leads to a significant bias in the analysis of livelihood outcomes as it is  
138 an unaccounted, non-transparent and non-quantifiable source of income.

139 *Mestizos* account for 80% of the population in Ucayali, and the rest are indigenous communities.  
140 *Mestizos* mainly depend on agriculture, livestock, and forestry (Porro *et al.*, 2015). *Mestizo* families  
141 have mostly settled near the Federico Basadre highway or along the banks of the Ucayali River and its  
142 tributaries. The highway, which connects the city of Pucallpa to Lima (860 Km), was built in 1945  
143 (Pimentel *et al.*, 2004). *Mestizos* make combined use of different environments in the farming-forestry  
144 system, including agricultural fields, forests (which are mainly secondary), fallow fields and home  
145 gardens (Cruz-Garcia and Vael, 2017). Results of previous studies in the region suggest that  
146 deforestation is correlated with wealth: *mestizo* farmers in highly deforested non-remote areas are  
147 wealthier than indigenous farmers, and that both remote and non-remote *mestizo* households derive  
148 significant income from the sale of timber (Pacheco, 2012; Gutiérrez-Vélez and DeFries, 2013; Porro *et*  
149 *al.*, 2015). In terms of food security, chronic malnutrition in Ucayali is higher than the national average  
150 (Guevara Salas, 2009).

151

152 Data for the present study were collected in October 2014 (24 individual interviews) and in February  
153 and August 2015 (two-round survey of 58 households) in three *mestizo* communities, La Union, Pueblo  
154 Libre, and Yervas Buenas, all located near the Federico Basadre road (Figure 1, Table1). The  
155 communities were selected as part of a replication study (Blundo *et al.*, *in preparation*) of a previous  
156 study carried out in 2000 and described in Murray (2006). At that time, these communities were part of  
157 an international research project in Ucayali on the development of an ecosystem approach to human  
158 health assessment, and were selected by local experts as representative of the main livelihood strategies  
159 of *mestizo* households in the region.



160

161 **Figure 1: Location of the three mestizo communities where the study took place, in Ucayali, Peru**

162 **Table 1: Characteristics of the three mestizo communities which participated in the study**

Community	Number of inhabitants*	Number of families*	Distance to Pucallpa (minutes by road)	% deforestation (2001-2014)**	Forest cover (% area with 60% canopy in 2014)**
Yerbos Buénas	682	84	60	16.8	39.5
Pueblo Libre	354	76	120	36.2	50.2
La Unión	959	145	90	19.6	50.3

\* Source: *Dirección Regional de Salud Ucayali, Gobierno Regional de Ucayali (retrieved in July 2017)*

\*\* Estimated by Paula Paz from Terra-i CIAT<sup>1</sup>

163

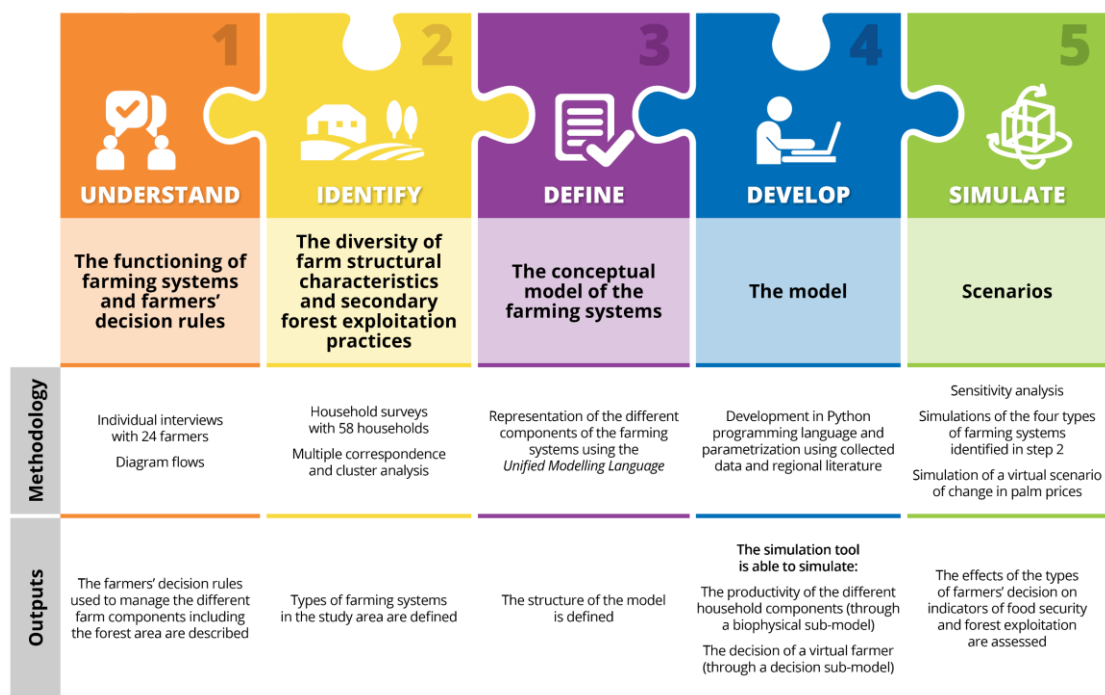
164 **2.2. Steps for the development of the simulation modelling tool**

165 The simulation modelling tool was designed to simulate different proxies of the four dimensions of food  
 166 security: availability, access, utilisation and stability. The tool was developed and applied in five  
 167 complementary steps (Figure 2):

- 168 - Step 1: Individual interviews were conducted with farmers at the study sites to understand the  
 169 functioning of farming systems and the farmers’ main decision rules.



- 170 - Step 2: A typology of farming systems in the three communities was built to understand the  
 171 diversity of farm structural characteristics and secondary forest exploitation practices, based on  
 172 information collected during the household surveys.
- 173 - Step 3: A conceptual model was designed to represent the different farming systems identified  
 174 in step 2.
- 175 - Step 4: The model designed in step 3 was developed and parametrised using collected data in  
 176 steps 2 and 3, and regional literature
- 177 - Step 5: The tool developed in step 4 was used to analyse, for the different types of farming  
 178 systems found in step 2, the current trade-offs between the different dimensions of food security  
 179 and the exploitation of the forest area.



180

181 **Figure 2: Overall description of the five steps of the methodology**

182 2.2.1. Step 1: Description of farmers' main decision rules

183 The individual interviews were based on diagram flows (Diarisso *et al.*, 2015), which are discussion  
 184 support tools that help define the intensity and determinants of the flows of biomass between cultivated  
 185 and uncultivated areas, and the rationale for forest clearing. Interviews were conducted with 24 farmers

186 in three meetings, one per community. Farmers were invited to participate in the meetings by local  
187 farmer leaders in the three communities, previously instructed to invite 8 to 10 women and men farmers  
188 for each meeting. Only individuals for whom farming was the main production activity were invited to  
189 participate. Each meeting had 7-8 participants and lasted an average of 2-3 hours. Three researchers  
190 conducted the interviews in parallel. During each interview, farmers were asked to individually prepare  
191 a diagram describing and mapping the management of different landscape elements and associated flows  
192 of biomass among them. To this end, each farmer was asked to start by drawing the location of their  
193 house and main geographic reference points. Then, they were asked to draw the different land areas to  
194 which they had access and use or maintain (including forests and agricultural fields). Finally, they were  
195 asked to draw the flows of biomass among the different components of the map. Each farmer worked  
196 on her/his map with a researcher, who provided the necessary support to enable him/her to draw the  
197 map, ensured that the map included all relevant details, and enquired about the flows between the  
198 different areas: determinants, triggers, intensity, and periodicity, subsequently used to understand the  
199 management decision rules concerning the different elements of the landscape. All the participants did  
200 this exercise freely, having given their prior informed consent.

201

#### 202 2.2.2. Step 2: Typology of farming systems

203 Data collected in surveys of 58 households conducted in two rounds, one in February (wet season) and  
204 one in August (dry season), 2015, were taken from a broader longitudinal study aimed at analysing  
205 dietary and land use changes (Blundo Canto *et al.*, in preparation) and used as quantitative data for the  
206 modelling tool. The sample was a replication of a study conducted in 2000 and described in Murray  
207 (Murray, 2006.), who interviewed all households with children aged 1-10 living in the four *mestizo* and  
208 in the four indigenous communities that formed part of her research program. The current study focuses  
209 on three of the four *mestizo* communities, only those located along the road, in order to model trade-offs  
210 and synergies between food security and forest exploitation of households living in upland ecosystems  
211 subject to similar economic and environmental constraints. All the original households were contacted.

212 Participants gave their prior informed consent and participated freely. The survey was conducted in two  
213 rounds and included the following modules: socio-demographic, economic, agricultural production,  
214 forest exploitation, food security, and land use change, with a recall period of 6 months. For Step 2 we  
215 used responses from the modules on: 1) farm income (how much did they spend on inputs for agricultural  
216 production, including livestock, and how much did they gain from selling these products in the past six  
217 months); 2) agricultural production (for each area with crops, planted trees, or livestock, which crops,  
218 trees or livestock did they produce in the past six months and which was the extension in hectare.); and  
219 3) forest exploitation (for each forest area, within or outside household properties, how many plants and  
220 animals did they harvest, gather, collect or hunt and how much wood or timber did they extract in the  
221 past six months). A database was built using Stata (StataCorp, 2013) and analysed in Microsoft Excel.  
222 We applied multiple correspondence analysis (MCA) (Greenacre, 1984) and hierarchical clustering  
223 (HC) to data collected in the household survey to identify the main types of farming systems based on  
224 the structural characteristics of the farm and including exploitation practices related to the secondary  
225 forest using ExcelStat. Numerical variables were transformed into categorical variables according to the  
226 data distribution (average and quartiles). The explanatory (active) variables were the structural  
227 characteristics of the farms (total area, area used to cultivate the main crop, and number of livestock).  
228 Dependent variables (area of secondary forest and exploitation) were used as supplementary variables  
229 (Table 2). Socio-economic and demographic variables, including household dependency ratio, number  
230 of contracted workers, number of family workers, number of income sources in addition to agriculture  
231 and livestock farming, were used in the first round of the MCA as supplementary variables but were  
232 subsequently deleted since they did not explain the variations found in the first two factors. HC was  
233 performed using the outputs of the MCA. The results of the MCA show the main factors contributing to  
234 the dispersion of observations. The HC procedure was consequently applied to produce main types of  
235 farmers (see section 3.1).

Table 2: Variables used in the MCA

Type of variable	Variable	Modalities
Active variables	Cropping area	0 ha, <10 ha, >10 ha
	Grazing area	Yes, No
	Oil palm crop area	Yes, No
	Cocoa crop area	Yes, No
	Maize crop area	Yes, No
	Lemon crop area	Yes, No
	Orange crop area	Yes, No
	Cassava area	Yes, No
	Plantain area	Yes, No
	Pineapple area	Yes, No
	Livestock	Yes, No
	Supplementary variables	Community
Secondary forest area		0 ha, <0.5 ha, >0.5 ha
Hunting		Yes, No
Firewood extraction		Yes, No
Wood extraction		Yes, No

237

## 238 2.2.3. Step 3: Design of the conceptual model

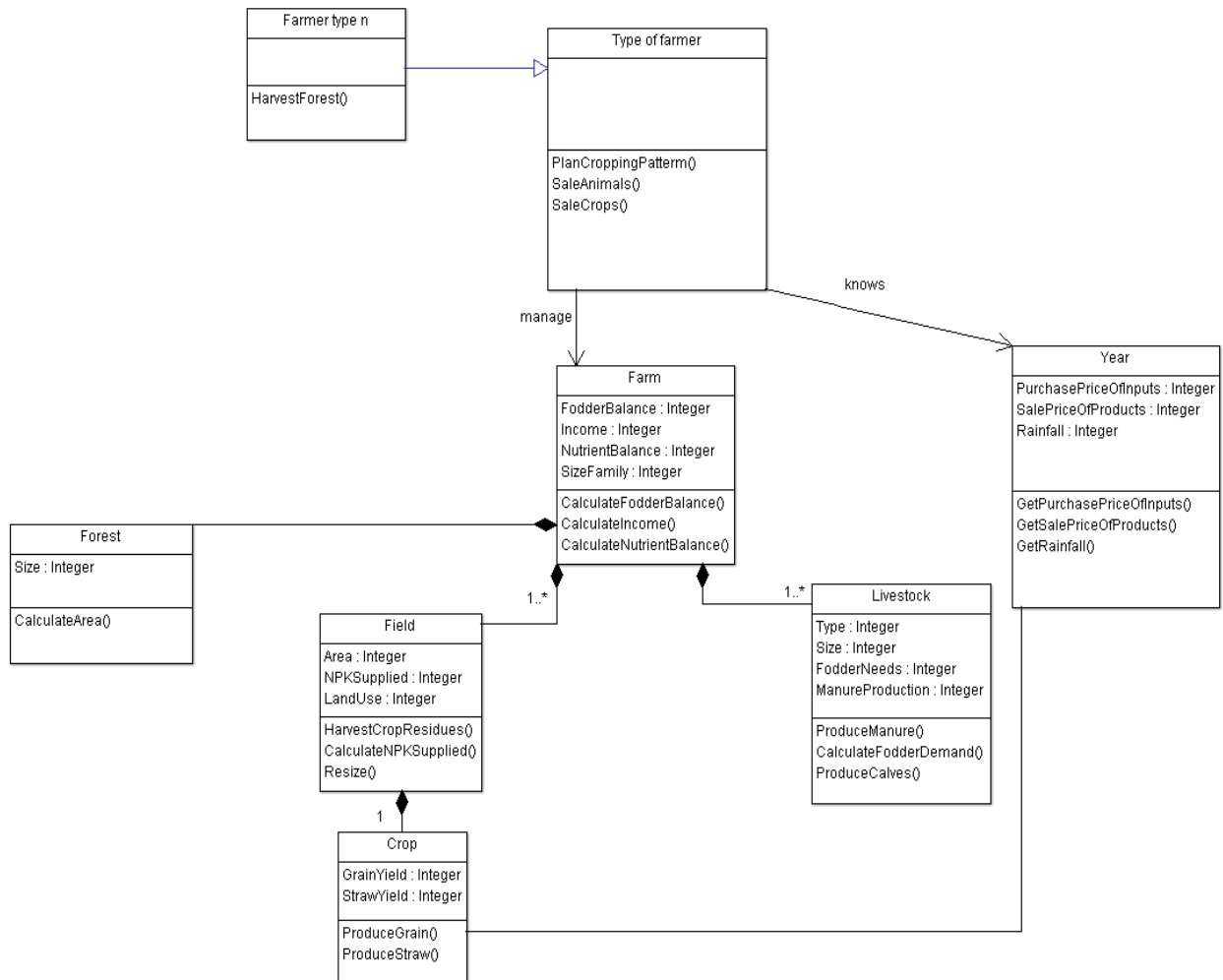
239 We used Unified Modelling Language (Magnus and Eriksson, 2000) to represent a virtual farm  
 240 composed by a forest area, livestock, and the different cropping areas found in different types of farms  
 241 defined in the previous step (Figure 3). For each of these components some key characteristics and  
 242 functions were selected in order to be able to calculate proxies for the different dimensions of food  
 243 security:

- 244 - Availability: the proxy for this dimension was biomass production by the different crop and  
 245 livestock components of the farm (tons of seed/grain/cattle meat or litres of milk) and the forest  
 246 area owned by the household (only for households that own forest);
- 247 - Access: the annual income (US\$) of the farm was used as a proxy for economic access to food  
 248 (Gregory *et al.*, 2005). The physical access to food, which is related to access to land, was not

249 included since the study only focused on land-owner farmers who are the ones who can make  
250 decisions about their land (landless were excluded).

251 - Utilisation: the proxy for this dimension was energy estimated by the kcal ratio of household  
252 production to their needs (%) as proposed by Hammond et al. (2017). Although utilisation also  
253 includes nutrient intake, and that it has been recognized that both energy and nutrient intake are  
254 the result of good care and feeding practices, food preparation, dietary diversity, intra-household  
255 distribution of food, and clean water and sanitation, only the consumption of adequate energy  
256 (necessary to meet the physiological needs of family members) was taken into account for this  
257 study (FAO *et al.*, 2018; FAO, 2006). This was calculated as the ratio of the estimated calorie  
258 supply of the different components of the farm (crop, livestock) and the forest area owned by  
259 the household, to the overall estimated calorie needs of the household (based on the size of the  
260 household and the ages of its members). The ratio is below 100% when the farm and the forest  
261 cannot cover the calorie needs of the family, otherwise it is more than 100%. For the calorie  
262 supply of crops, we only considered the main staples cultivated in the biggest areas at the study  
263 sites: plantain, cassava and maize. We assumed the households first satisfy their caloric needs  
264 and then, once these are satisfied, sell the surplus;

265 - Stability: the coefficient of inter-annual variation in income and the inter-annual variation in  
266 production were used as a proxy for stability.



267

Figure 3 : Class diagram showing the structure of the model. Each box represents a class or module of the model. The name of the module is indicated in the top section of the box, its main attributes in the middle, and its main functions or calculations in the bottom. These modules are linked between them by relationships indicated by lines. These links can be relationships of composition when the instance of a module is made up of instances of other modules (—◆) or can be relationships of inheritance when a module is derived from another one and consequently has the same attributes and functions but also specific ones (—>)

#### 268 2.2.4. Step 4: Development of the modelling tool

269 We developed an object-oriented modelling tool for more flexibility (thus making it possible to add or  
270 delete components without changing the other components of the modelling tool). We used Python a  
271 freely distributed interactive, object-oriented programming language (<http://www.python/>).

272

### 273 **2.3. Description of the simulation modelling tool**

274 The aim of the modelling tool is to simulate the trade-offs between the management of the forest areas  
275 and the different dimensions of food security. For that, the simulation tool consists of a biophysical sub-  
276 model, which simulates the productivity of the different household components and a decision sub-  
277 model, which simulates the main decision rules that determine the dynamics of the system.

278

#### 279 **2.3.1. The biophysical sub-model**

280 The biophysical sub-model focuses on the biophysical components owned by the household, which  
281 include the different areas the household uses to ensure their food security, including agricultural fields,  
282 grassland and forests (Figure 3). The sub-model is composed of five modules: farm, crop, grass, forest  
283 and livestock.

284

##### 285 A. Farm module

286 This module calculates the nutritional household kcal ration (eq.1), the age dynamics of the family, and  
287 the annual income of the farm.

$$288 \quad Cal = \frac{(GY_{Crop} \times S_{Crop} \times NV_{Crop} + ForestP \times NV_{Forest} + AnimalP \times NV_{Milk/Meat})}{\sum_{Age} N\_Family \times NR} \quad (eq. 1)$$

289 where Cal is the kcal ration (%), GYcrop is the yield of the staple crop used for self-consumption, SCrop  
290 is the area used to cultivate these crops (ha), NV<sub>Crop</sub> is the average nutritional value of the crop (kgCal.kg<sup>-1</sup>),  
291 ForestP is the food produced by the forest, NV<sub>Forest</sub> is the average nutritional value of forest products  
292 (kgCal.kg<sup>-1</sup>), AnimalP is the production of meat and milk by the cattle owned by the household,

293  $NV_{Milk/Meat}$  is the nutritional value of the milk or cattle meat( $kgCal.kg^{-1}$ ),  $N_{Family}$  is the size of each  
294 age class in the family, and  $NR$  is the nutritional requirement per person per year ( $kgCal$ ). For the  
295 dynamics of the family, we considered that children and adolescents change age class of every five years  
296 (Table 4). The annual income of the farm ( $GM$ ) is the difference between the income and the cost of  
297 cropping and livestock systems, and the sales of wood and timber when forest is cleared.

298

## 299 B. Crop module

300 Although 7% of farmers grow a large number of crops, we focused on the specific roles of six crops in  
301 the farming systems, because they account for about 80% of the production in the average cropping  
302 system (Banco Central de Reserva del Perú, 2012). Plantain and cassava are grown for household  
303 consumption and for sale; maize is grown for household consumption and sale; oil palm, citrus (lemons  
304 and oranges), and cocoa, are cash crops. To estimate grain yields for these crops, we considered the  
305 effect of rainfall on yields, as variations in river flows contribute to uncertain productivity and  
306 profitability in the region (Labarta *et al.*, 2007), and can have direct effects on food security. To estimate  
307 the effect of rainfall on yields, we analysed the Pearson correlation between existing regional (INEI,  
308 2015) annual yields and rainfall (Table 3) between 2002 and 2013. We found a correlation between  
309 rainfall and yields of cocoa, oil palm, maize, and lemon. The correlation between rainfall and plantain  
310 yields was low, which does not prove no dynamics exist, but rather that, for the data used, other factors  
311 such as management or soil characteristics have a greater effect on yields. We consequently used the  
312 linear correlation equations (eq. 2, 3, 4, 5) to estimate the effect of rainfall on cocoa, palm, lemon, and  
313 maize yields ( $Y_{crop}$ , t/ha).

314 For plantain and cassava, we used a single average value corresponding to the average yield reported by  
315 the households surveyed (Table 4).

$$316 Y_{Maize} = 4 \times 10^{-4} \times Rain + 0.42 \quad \text{eq.2}$$

317 where  $Rain$  is annual rainfall (mm)

$$318 Y_{OilPalm} = 0.03 \times Rain - 116 \quad \text{eq.3}$$

$$319 Y_{Cocoa} = 1.3 \times 10^{-3} \times Rain - 4.3 \quad \text{eq.4}$$



320  $Y_{Lemon} = 0.012 \times Rain - 4.8$  eq.5

321

322 **Table 3: Correlation between rainfall and crop production for oil palm, cocoa, and maize**

Crop	R	p-value
Oil palm	0.55	0.068
Cocoa	0.54	0.063
Maize	0.59	0.058
Lemon	0.51	0.10
Plantain	0.08	0.785
Cassava	0.17	0.603

323

324 For oil palm, we considered that production begins in the third year after plantation with an average  
 325 yield of 400 kg/ha, increasing to 4 t/ha, 8 t/ha, and 11t/ha from the third to the sixth year of the crop,  
 326 equation 3 was used from the seventh year of simulation (Gobierno Regional de Ucayali, 2012).

327

328 C. Grass module

329 This module simulates the production of grass as animal fodder, based on the work done by Vela  
 330 Alvarado and Flores Mere (1996):

331  $Y_{Grass} = 0.0008 \times Rain + 1.7378$  eq.6

332

333 D. Livestock module

334 This module calculates the reproduction of livestock and the fodder balance that drives the dynamics of  
 335 the system, particularly for type 1 farmers. It is measured as the balance of biomass between the supply  
 336 of fodder in the different biophysical components and the biomass needs of the type and number of  
 337 animals.

338

339  $N_{Coh} = N_{Coh} \times (1 - AMR)$  eq.7

340 where  $NCoh$  is the size of each animal cohort, and AMR is the reform mortality rate, according to  
 341 Bartl *et al.* (2009).

342

343 
$$N_{Calves} = N_{Cow} \times AC \times (1 - CMR) \text{ eq.8}$$

344 where  $N_{calves}$  is the number of calves, AC is the annual calving rate, and CMR is the calf mortality  
345 rate according to Bartl *et al.* (2009).

346 
$$FodB = \sum_{Crop} (Stock_{Crop}) + Y_{Grass} \times S_{Grass} - \sum_{Coh} DR_{Coh} \times 365 \text{ eq.9}$$

347 where FodB is the fodder balance, StockCrop is the fodder stocks made up of maize stalks (kg)  
348 calculated in the Crop module, YGrass is the yield of the grazing area (kg/ha), SGrass is the surface area  
349 of grazing land (ha), DR is the fodder requirement of each cohort (kg/day).

350 This module also calculates milk ( $P_{Milk}$ ) and meat ( $P_{Meat}$ ) production.

351 
$$P_{Milk} = N_{Cow} \times Y_{Milk} \times D \text{ eq.10}$$

352 where  $Y_{Milk}$  is the milk production per animal according to Sheen and Riesco (2002), D is the duration  
353 of lactation according to Bartl *et al.* (2009).

354 
$$P_{Meat} = N_{Cow} \times RR \times Y_{Meat} \text{ eq.11}$$

355 where RR is the replacement rate of cows according to Bartl *et al.* (2009),  $Y_{Meat}$  is the yield of edible  
356 meat per cattle according to OEEE-MINAG (Oficina de Estudios Económicos y Estadísticos Ministerio  
357 de Agricultura, 2011).

#### 358 E. Forest module

359 At our study sites, the forest is used for hunting, to collect leaves and firewood for own consumption or  
360 sale. Although it has been reported that *mestizo* farmers from Ucayali also gather wild fruits from the  
361 forest (Cruz-Garcia and Vael, 2017), the amount of gathering events reported in the household surveys  
362 was low. The mapping exercise during the individual interviews indicated that forest is usually  
363 considered by farmers as a reserve of land that enables them to increase grazing and cropped areas when  
364 needed, and a reserve of wood to sell when required. In the forest module, a cleared hectare of forest is  
365 consequently associated with the average value of marketable wood (Sears *et al.*, 2014).

366 Type 3 farmers with highest diversity, practice hunting (Table 5). To provide a proxy for this activity  
367 we chose “carachupa” (or nine-banded armadillo, *Dasypus novemcinctus*), which was the most

368 frequently hunted animal in the forest according to the household survey. We found that they extract  
369 one “carachupa” each five hectares: this value was multiplied by its calorie content (Table 4).  
370

371 Table 4: Main parameters of the modelling tool

Modules	Name of the variable	Value	Reference	
Farm	Average	Children 1-5 years old (kcal day <sup>-1</sup> )	(FAO/WHO/UNU, 2001)	
	daily calorie	1,160		
	needs per age class	Children 5-10 years old (kcal day <sup>-1</sup> )	1,694	
		Adolescent 10-18 years old (kcal day <sup>-1</sup> )	2,531	
		Reform of 18 to >60 years old (kcal day <sup>-1</sup> )	2,525	
		Annual cost of palm (US\$ ha <sup>-1</sup> )	166 to 2,087 <sup>1</sup>	(Gobierno Regional de Ucayali, 2012)
	Annual cost of maize (US\$ ha <sup>-1</sup> )	594	(Agraria, 2012)	
	Annual cost of cocoa (US\$ ha <sup>-1</sup> )	617 to 1,133 <sup>2</sup>	(Agraria, 2013)	
	Annual cost of Limon (US\$ ha <sup>-1</sup> )	900	(INEI, 2015)	
	Sale price of oil palm seed (US\$ ton <sup>-1</sup> )	185	(Gobierno Regional de Ucayali, 2012)	
	Sale price of maize (US\$ ton <sup>-1</sup> )	259	(Agraria, 2012)	
	Sale price of cocoa (US\$ ton <sup>-1</sup> )	1700	(INEI, 2015)	
	Sale price of Limon	88	(INEI, 2015)	
Livestock	Fodder needs per TLU <sup>3</sup> (kg day <sup>-1</sup> )	6.25	(Boudet, 1975)	
	Milk production per animal (kg day <sup>-1</sup> )	4.3	(Sheen and Riesco, 2002)	
	Yield of edible meat per cattle (%)	51	(Oficina de Estudios Económicos y Estadísticos Ministerio de Agricultura, 2011)	
	Local reproduction parameters for livestock	Annual calving (%)	65.3	(Bartl <i>et al.</i> , 2009)
		Calf mortality (%)	12.3	
		Reform mortality (%)	2.93	
		Replacement rate (%)	17.6	
	Duration of lactation (days)	255		
	Nutritional value of milk (kcal L <sup>-1</sup> )	495	(Murray, 2006.)	
	Nutritional value of cattle meat (kcal kg <sup>-1</sup> )	305		
Crop	Nutritional value of maize (kcal kg <sup>-1</sup> )	361	(Murray, 2006.)	
	Nutritional value of plantain (kcal kg <sup>-1</sup> )	122		
	Nutritional value of cassava (kcal kg <sup>-1</sup> )	121		
	Average yield of plantain (kg ha <sup>-1</sup> )	12,400	(INEI, 2015)	
	Average yield of cassava (kg ha <sup>-1</sup> )	13,900	(INEI, 2015)	
Forest	Nutritional value of one "carachupa" (kcal)	172	(Murray, 2006.)	
	Marketable wood (US\$ ha <sup>-1</sup> )	450	(Sears <i>et al.</i> , 2014)	

372 <sup>1</sup> The costs for oil palm vary according to the year of the crop, the first year includes the cost of establishing the crop, and subsequent years

373 include maintenance costs.

374 <sup>2</sup> The costs for cocoa vary according to the year of the crop, the first year includes the cost of stablishing the crop, and subsequent years include  
375 maintenance costs

376 <sup>3</sup> Tropical Livestock Unit, animal of 250 kg of live weight

### 377 **2.3.2. The decision sub-model**

378 The decision sub-model simulates a virtual farmer and monitors the clearing of the forest according to  
379 the state of the biophysical sub-model. The management decisions made by the virtual farmer have an  
380 impact on the food security dimensions simulated by the biophysical sub-model through feedback loops.  
381 A series of simplified decision rules (in the form of “*If conditions then action*” rules) was developed for  
382 each type of farming system based on the individual interviews (see section 3.1).

383

## 384 **2.4. Scenarios**

385 To understand the functioning of the modelling tool, a sensitivity analysis was conducted on input data  
386 and parameters with the highest uncertainty (parameters estimated from the literature). In both cases,  
387 we assessed how variations of -10 or + 10% affected the simulation results compared to the default  
388 value. The sensitivity analysis was conducted of changes in parameters (sale price of oil palm seed,  
389 maize, and plantain, yield of oil palm, maize, plantain, cocoa and citrus, annual calving, calf mortality,  
390 reform, and replacement rates) and input data (number of cows, area of maize, oil palm, plantain,  
391 grassland) for each type of farmer. This analysis enabled us to understand which parameter and input  
392 data have the most effect on the income of each type of farmer. Changes of +10% and -10% were applied  
393 to the default values defined in Tables 4 and 6. Sixty-eight simulations were run.

394 The dynamics of the different types of farmers were compared for 10 simulated years in order to analyse  
395 the current trade-offs between the different dimensions of food security and the exploitation of their  
396 forest area. The simulations used rainfall data from the Aguaytia station (latitude: -9.02, longitude: -  
397 75.30, altitude: 270 m) from January 2003 to December 2014. For these simulations, we built virtual  
398 farms considering the structural characteristics of the different types of farms, but assuming that they all  
399 started with the same total area, forest reserve area, and family composition. Expansion of cash crops at

400 the study sites is largely supported by favorable public policies and incentives, especially for oil palm  
401 (Banco Central de Reserva del Perú, 2012). Therefore, we modeled a decrease in oil palm prices for  
402 farmers cultivating oil palm, in order to simulate the effects of macroeconomic changes that could affect  
403 the sale prices, such as a decrease in public incentives or a drop in international prices. The sale price of  
404 palm oil in the region has been increasing since 2000, but with variations that can lead to an inter-annual  
405 variation and a 50% decrease in the average price (Figure S1), so simulating such an event is  
406 indispensable. To better understand the sustainability-related issue facing these farmers, we simulated  
407 the effect of a 50% decrease in the sale price of palm oil.

### 408 **3. Results**

#### 409 **3.1. Types of farming systems and their virtual decision rules for forest clearing**

410 The first step of the study allowed to understand the rationale for forest clearing. Indeed, four of the  
411 seven interviewed livestock breeders in this first step did not own any forest. They cleared the forest for  
412 pasture as the herd increased, leading to an increase in demand for fodder. Oil palm (one of seven  
413 farmers) and - more recently - cocoa (five of the seven) have been introduced by these farmers as an  
414 alternative to livestock production because of the reduced productivity of grazing areas. Farmers  
415 producing oil palm (12) declared having started its cultivation in the 2000s as a result of government  
416 subsidies and other incentives to cultivate alternative crops to coca. In these farms, the residual forest  
417 area may still be relatively high (> to 50% of the total area of the farm for five of the twelve farmers)  
418 but is mainly considered (nine of the 12 farmers) as a land reserve where the forest could be cut to  
419 increase the area for oil palm or other cash crops. Three of the 24 farmers mentioned that the clearing  
420 of residual forest areas was linked to domestic shocks (illness, increasing educational expenses, and so  
421 on, which encourage the farmers to clear forest for alternative uses).

422 The second step of the study permitted to identify four types of farmers. Indeed, the results of the MCA  
423 showed that the first two factors combined explained 67% of the dispersion of observations (Figure 4).  
424 The first factor dissociates farms with livestock and grazing areas (to the left) from farms with no  
425 livestock. The latter presents high crop diversity (all crops except oil palm), and more intense use of the

426 forest, as they extract leaves and firewood from secondary forests. The second factor mainly dissociates  
427 farmers with large cropping areas, secondary forest, who cultivate oil palm (to the bottom) from farmers  
428 with small cropping areas who do not cultivate oil palm (at the top). The HC procedure produced four  
429 main types of farmers which we named according to their main characteristics:

- 430 - Type 1: “livestock farmers”,
- 431 - Type 2: “moderately-diversified crop farmers”
- 432 - Type 3: “highly-diversified crop farmers”
- 433 - Type 4: “oil palm farmers”

434 The main characteristics of each type of farmer are summarized in table 5. These characteristics  
435 correspond to the prototypal farmer in each class, and other farmers in the same class may differ.

436





441

442 **Table 5: Average characteristics of the types of farming systems**

	<b>Type 1</b> <b>(n=13)</b>	<b>Type 2</b> <b>(n=19)</b>	<b>Type 3</b> <b>(n=11)</b>	<b>Type 4</b> <b>(n=14)</b>
Total cultivated area (ha)	0	<10	<10	>10
Oil palm	no	no	no	yes
Plantain	no	yes	yes	Yes
Cassava	no	yes	yes	yes
Cocoa	no	yes	yes	no
Maize	no	no	yes	no
Citrus	no	no	yes	no
Pineapple	no	no	no	yes
Grazing areas	yes	no	no	no
Livestock	yes	no	no	no
Forest area	no	yes	yes	yes
Firewood extraction	no	no	yes	no
Hunting	no	no	yes	no
Wood extraction	no	yes	no	no

443 <sup>1</sup> Citrus include lemon and orange

444 According to the first two steps of the study, virtual rules for forest clearing were defined for each type  
445 of farmers:

- 446 – Type 1: if the fodder balance is negative in two subsequent years then an area of x will be cleared  
447 and grass planted
- 448 – Type 2: if the income is negative in two sub-sequent years then an area of x will be cleared and  
449 cocoa will be introduced
- 450 – Type 3: same decision rule as type 2, the difference between the two types being more crops are  
451 cultivated

452 – Type 4: if the income is more than US\$ 1,300 (which corresponds to the average oil palm utility  
 453 according to Gobierno Regional de Ucayali (2012)), then an area of x will be cleared and oil  
 454 palm will be introduced

455 The specific size of the cleared patch can be adjusted to take into account the structural differences  
 456 between types of farmers. The structural characteristics of the farm are used as inputs for the  
 457 modelling tool.

458 **Table 6: Original characteristics or inputs of the simulated farms per household type, before simulation.**

		Type 1	Type 2	Type 3	Type 4
Crops	Original maize area (ha)	0	5	3	0.5
	Original oil palm area (ha)	0	0	0	5
	Original cocoa area (ha)	0	0	1.5	0
	Original plantain area (ha)	0	1	1	0.5
	Original citrus area (ha)	0	0	0.5	0
Forest	Original forest area (ha)	25	25	25	25
Grazing area	Original grassland area (ha)	7	0	0	0
Animals	Original number of TLU	5	0	0	0
Original composition of the family	Children	2	2	2	2
	Adults	2	2	2	2

459

### 460 **3.2. Sensitivity of the simulation results to changes in parameter and input data values**

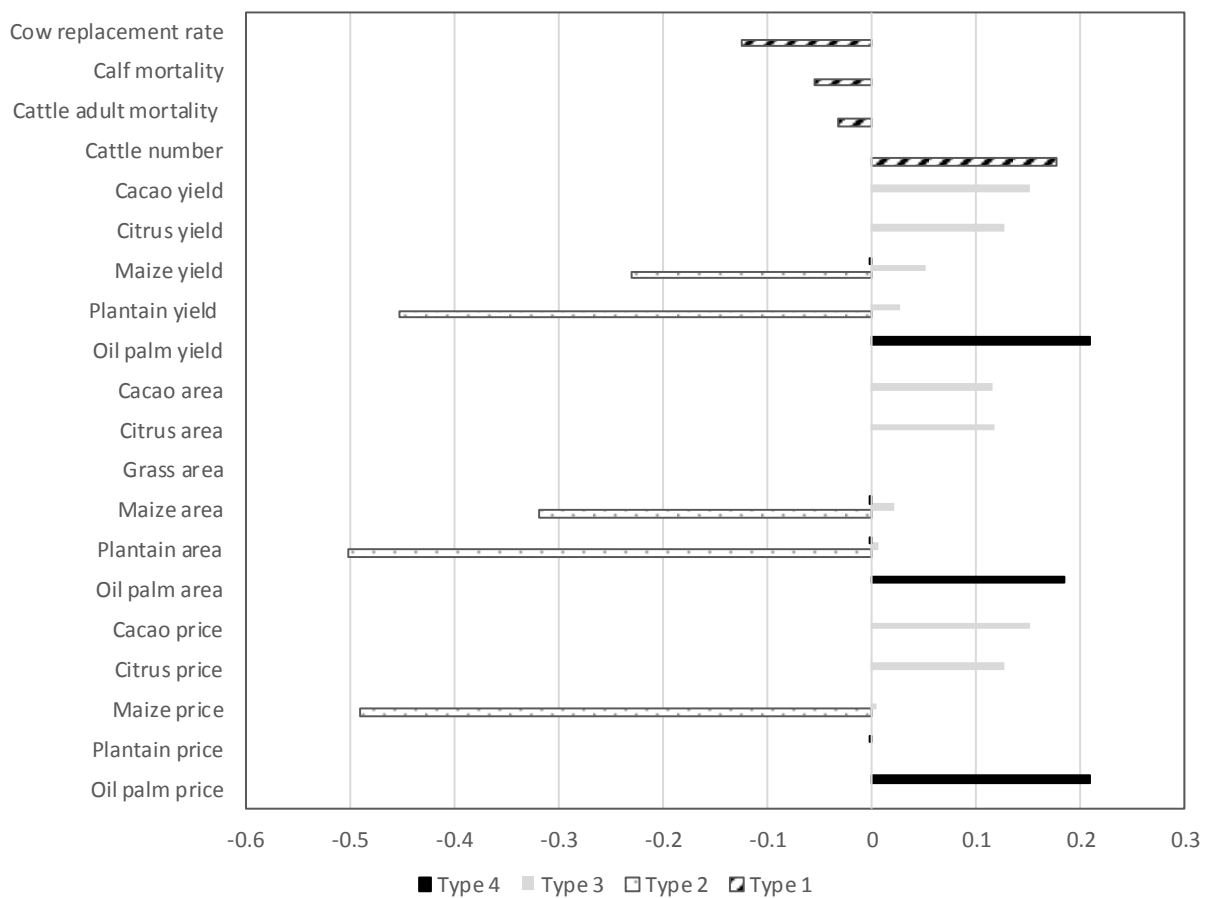
461 The sensitivity analysis showed that for type 1 farmers, results were more sensitive to changes in the  
 462 initial size of the herd than changes in the values of the animal reproduction parameters, rainfall or  
 463 grassland area (Figure 5). For this type of farmer, increases in the replacement rate and mortality rates  
 464 lead to a decrease in income. Provided that all the farmer's forest area has not yet been cleared, each  
 465 decrease in the production of the grassland area per animal unit is offset by a decrease in the forest area  
 466 and consequently a change in this input data had no impact on income.

467 For type 2 farmers, income is highly sensitive to changes in the area under plantain and maize. Decreases  
 468 in plantain and maize areas increase the farmer's income because of the decision rule that introduces  
 469 cocoa production after two consecutive years with a negative income. The introduction of cocoa  
 470 increases the average income.

471 For type 3 farmers, income is mainly affected by changes in price, yield, and area under cocoa and citrus.  
 472 The surplus from maize and plantain is low, consequently changes in areas, price, and yield of these  
 473 crops do not affect income.

474 For type 4 farmers, an increase in the sale price, yield, and area under oil palm has a positive effect on  
 475 income. As mentioned above, changes in yields, areas or in the price of maize and plantain do not  
 476 significantly affect income.

477



478  
 479 **Figure 5: Relative effect on income between +10-10 scenarios for the different input and parameters and per type of**  
 480 **farmers**

481

482

483

### 484 **3.3.Performances of the four main types of farmer**

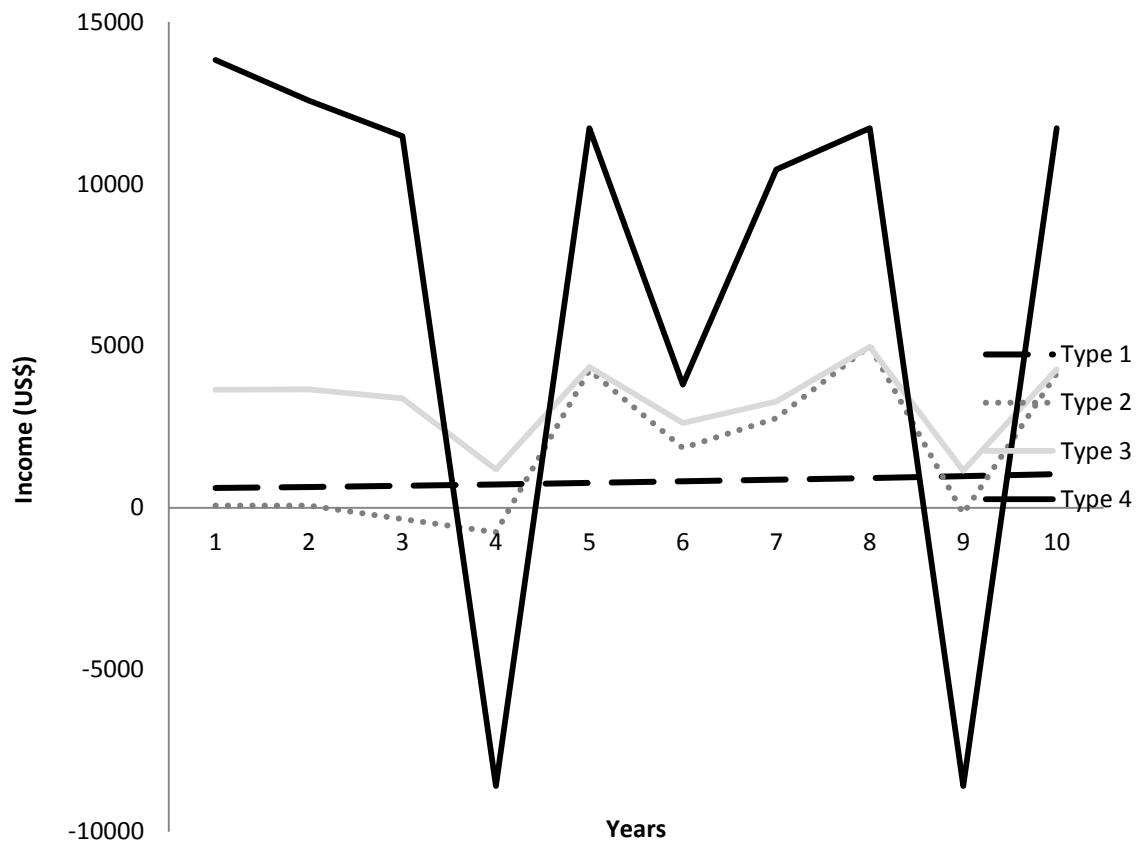
485 The simulations showed that each farming system leads to specific performances at a 10-year horizon  
486 depending on the dimensions of food security, on specific trade-offs within these dimensions and  
487 between the food security dimensions and forest exploitation (Table 7, figure 6). None of the simulated  
488 farms had a positive impact on all the criteria considered. Type 1 shows the highest stability linked to  
489 the lowest coefficient of variation of income and a relatively low coefficient of variation of productivity.  
490 The low coefficient of variation in income is related to regular sales of animals. Despite being stable,  
491 this income (economic access) is one of the lowest due to increased purchases of fodder over the years  
492 (because of the growth of the herd linked to a positive natality rate). Type 2 achieves full satisfaction of  
493 the utilisation dimension, but the lowest stability, leading to a high coefficient of variation in income.  
494 This system mainly produces staple crops and income depends on the surpluses that are sold. Type 3  
495 also satisfies the utilisation dimension, does not lead to deforestation, and has one of the highest stability  
496 rates and income. Type 4 has the best economic performance enabled by the cultivation of oil palm but  
497 does not satisfy the utilisation dimension (only 26% of the caloric needs fulfilled), and its stability is  
498 one of the lowest because this type of farm is completely dependent on sales of palm oil. In addition,  
499 20% of the forest is cleared at the end of the 10 simulated years.

500 **Table 7: Characteristics of the simulated farms at the end of the simulation, indicating the effect of the type of farming**  
 501 **system on food security and deforestation for each household type (the original characteristics before the simulation are**  
 502 **listed in Table 6)**

		Type 1	Type 2	Type 3	Type 4	Type 4 decrease in the sale price of palm oil
<b>Access</b>	<i>Average annual income of the 10 simulated years (US\$)</i>	808	1684	3245	7008	2,962
<b>Availability</b>	Average biomass production (t)	3.8	11.1	7.8	1.1	1.1
<b>Average utilisation</b>	Average ratio between production and household needs (%)	48	100	96	26	26
	Coefficient of variation of income	0.19	1.3	0.39	1.2	1.4
<b>Stability</b>	Coefficient of variation of productivity	0.21	0.23	0.18	0.31	0.31
	<b>Deforestation rate at the end of the simulation (%)</b>	72	6	0	20	0

503 \* The original deforestation rate was the same for all four types of farm

504

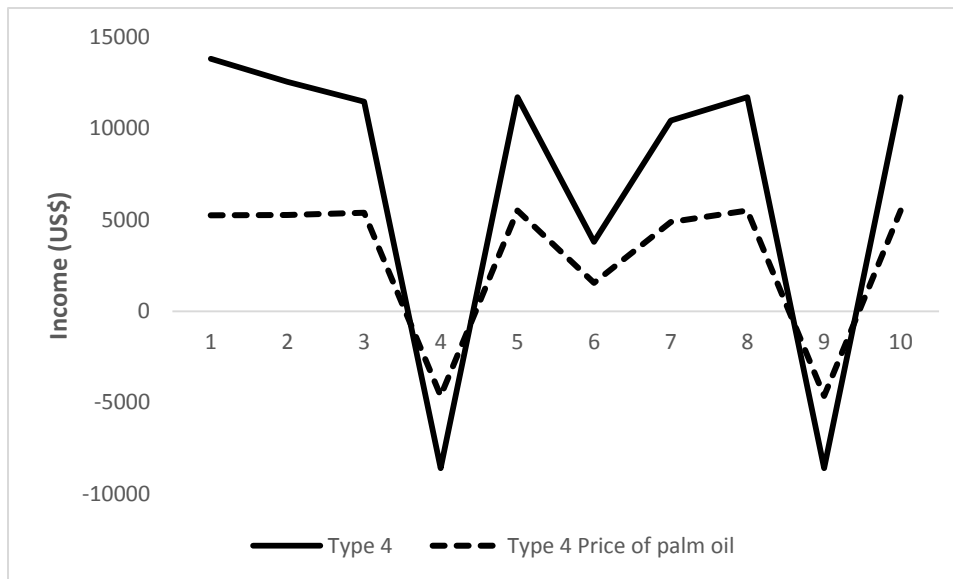


505

506 **Figure 6: Simulated variation of income for the four types of households Effect of a decrease in oil palm prices on income**

507 **3.4. Decrease in sale price of oil palm seed**

508 This scenario led to a decrease in the annual income and an increase in the coefficient of variation of  
509 income linked to high economic losses during years with low rainfall (Table 7, Figure 7). Consequently,  
510 the threshold of 1,300 US\$ which triggers deforestation (section 3.1) was not reached and no forest was  
511 cleared.



512

513 **Figure 7: Simulated variation of income for the type 4 after a decrease in the sale price of palm oil**

514

515 **4. Discussion**

516 **4.1. Trade-offs between food security and forest exploitation**

517 The simulations presented in this paper made it possible to quantify the trade-offs between food security  
 518 and forest exploitation in *mestizo* communities, and showed that the different decision rules identified  
 519 by the farmers can lead to rapid deforestation. Indeed, our simulations showed that the management  
 520 practices of cattle breeders, oil palm farmers, and moderately diversified farmers led to deforestation  
 521 over the 10-year simulation period. Consequently, for these types of farmers, the forest was gradually  
 522 undergoing deforestation. Residual forest area at the end of the simulation period amounted to only 28%  
 523 of the original forest area for livestock farmers, 80% for oil palm farmers, and 94% for moderately  
 524 diversified farmer types.

525 Conversely, the strategy and decision rules of very diversified farmers did not lead to forest clearing  
 526 over the simulated 10-year simulation period. Such results highlight the contrasting dynamics in *mestizo*  
 527 communities that lead to specific forest exploitation patterns (Porro *et al.*, 2015) and the importance of  
 528 carrying out disaggregated analyses with different farmer types, even within relatively small spatial  
 529 areas.

530

531 Specific trade-offs were found among the dimensions of food security, and between these dimensions  
532 and forest exploitation for the different types of farmers identified. Our simulations showed that there is  
533 no ideal type achieving best performances in all food security dimensions and with respect to  
534 deforestation simultaneously. Nonetheless, crop diversification appears to be the strategy that best  
535 supports all four dimensions of food security, especially utilisation and stability, allowing income  
536 stability (but not necessarily income increases) with low rates of deforestation. These results are in  
537 agreement with those of multiple studies highlighting the importance of agricultural biodiversity to  
538 achieve food security, and sustainable food and farming systems (Thrupp, 2000; Frison *et al.*, 2011;  
539 Bioversity, 2016; Jones, 2017; Zimmerer and de Haan, 2017). These findings also emphasize the need  
540 to incorporate strategies based on agricultural biodiversity as part of initiatives and interventions that  
541 aim at achieving the SDGs 2 and 15 in the Amazon.

542

543 The less diversified strategies of the other types of farmers produced high values in one dimension of  
544 food security, such as income (related to food access), but generated substantial trade-offs in the other  
545 dimensions. For moderately diversified farming systems, that are subsistence-oriented, there are trade-  
546 offs between availability and utilisation on the one hand, and access and stability on the other. For oil  
547 palm farmers, there are trade-offs between economic access on the one hand, and availability, utilisation,  
548 stability, and forest clearing on the other. For livestock farming systems, there are trade-offs between  
549 stability on the one hand, and access, availability, utilisation, and forest clearing on the other. The  
550 livestock farming system faces the highest constraints since the constant increase in the number of  
551 livestock requires expanding the grassland areas. Such expansion is mainly based on the availability of  
552 forest areas, which are becoming increasingly scarce. A similar conclusion applies to oil palm farmers  
553 where the dynamics of the system is largely based on the availability (and decrease) of forest areas.

554

555 Additionally, we simulated changes in the sale price of palm oil, a cash crop that has undergone major  
556 expansion in recent years in the region. Such price changes can be the result of changes in subsidies,  
557 public incentives or market shocks, and decreasing trends for oil palm prices have been reported in



558 recent years. Our simulations showed that such price changes have strong adverse effects on the income  
559 stability of oil palm growers, especially when associated with unfavourable rainfall patterns, but  
560 stimulate reduced deforestation rates in the medium term.

561 Although it has been reported that *mestizo* families in the study sites know a variety of species of wild  
562 fruits from secondary forests, agricultural fields and home gardens (Cruz-Garcia and Vael, 2017), we  
563 found that gathering of forest fruits was minimal. This could be related to the reduced availability of  
564 forest and the increased orientation of the production towards monocropping and markets. In addition,  
565 some farmers make use of destructive harvesting practices – i.e. cutting down trees to collect fruits –  
566 even for tree species they perceive to be decreasing in abundance (Cruz-Garcia, 2017). In this context,  
567 it is necessary to promote sustainable management practices that ensure the conservation of forest  
568 species that can play a major role on food and nutrition security, and raise awareness about their potential  
569 contribution to nutrition.

570 Deforestation in Ucayali is driven not only by small and medium producers but also by large enterprises,  
571 logging and mining activities (Fort and Borasino, 2016). However, focusing on the effect of individual  
572 decision rules of small-scale farmers with respect to forest clearing can provide guidance for policy  
573 makers who aim to prioritize specific farming systems. If food security and income stability with low  
574 deforestation rates are a priority, systems based on the diversification of agricultural production and the  
575 conservation of forest appear to be appropriate. On the other hand, if the objective is to increase income  
576 and the promotion of oil palm farming systems is selected for that, policy makers should be aware that  
577 this would involve a higher risk of income instability linked to low agricultural diversification, and high  
578 price volatility associated with high deforestation rates.

579

#### 580 **4.2. Strengths and limitations of the study and recommendations for future research**

581 We built an ad-hoc modelling tool (Affholder *et al.*, 2012) that allowed us to both synthesize our  
582 knowledge on the functioning of farming systems in the deforestation frontier (steps 1, 2 and 3) and to  
583 analyse the interaction between forest exploitation and food security at household level (steps 4 and 5).

584 The tool built did not aim to represent the whole complexity of existing farming systems but rather to  
585 zoom into this complexity, by focusing on the consequences of farmer's management decisions (these  
586 decisions were identified based on the interviews and surveys conducted with different types of farmers).  
587 Consequently, the simulation outputs were not expected to provide an exhaustive representation of  
588 reality, but to support the comparison of different types of farming systems in relation to forest  
589 exploitation and food security. A major benefit of using a simulation tool is that it allows the exploration  
590 of the multiple effects of a particular change in the environment or in the productivity of farming systems  
591 (i.e. the sensitivity analysis and scenarios explored related to the reduction of oil palm prices). The role  
592 of simulation tools for synthesizing existing knowledge and exploring new conditions has been  
593 highlighted by several studies (van Ittersum and Donatelli, 2003; Affholder et al., 2012).

594 Agent based models have been developed to analyse socio-environmental systems (Iwamura *et al.*,  
595 2016) and are particularly relevant to evaluate interactions between agents and their collective  
596 management of resources. In our case study, which was conducted with *mestizo* communities in Ucayali,  
597 the forest is considered by farmers as a private resource, often cleared to ensure land tenure rights or to  
598 obtain an additional income, rather than as a collective resource. The modelling tool we built was based  
599 on context specific data, but the method we used for its development was cost-efficient: the data  
600 corresponding to the variables used for the bio-physical sub-model was collected in standard farmer  
601 surveys or derived from the literature. The decision-making rules describing farmers' behaviour have  
602 been collected using focus groups, interviews, and surveys.

603 Different socio-demographic variables, such as off-farm employment or the size of the family could  
604 produce variations within each 'type' of farmer. However, they did not explain variability within the  
605 data when the typology for this particular study was built and consequently were not included in the  
606 modelling tool. . Factors such as disease or the death of a family member, or children continuing their  
607 studies after school, are economic shocks at household level that might influence farmers' decision-  
608 making, thus could be incentives to cut down trees to obtain extra income. We discussed these factors  
609 in the step 1 of the study but did not include them in the modelling tool.

610 The object oriented structure makes it simple to introduce more complexity in the modelling tool  
611 (Andrieu *et al.*, 2015) even if this is not always desirable since it is generally associated with more  
612 assumptions and increased errors (Passioura, 1996).

613 There are some aspects that could be incorporated to the simulation tool in future studies. For instance,  
614 seasonal stability in addition to inter-annual stability. Likewise, future studies could also explore the  
615 consequences of forest exploitation on nutrition, which is certainly relevant in the context of micro-  
616 nutrient deficiencies and the increasing need of diverse diets. In addition, home gardens – which play  
617 an essential role in the food security of rural households (Galluzzi *et al.*, 2010) – were not analysed  
618 separately but were included in the analysis as a component of the farm. Future modelling could  
619 distinguish the contributions of home gardens and cultivated fields as complementary environments for  
620 achieving food security. Finally, the present study paves the road for future simulations on the trade-  
621 offs between food security and forest exploitation in other scenarios, for instance, under increased  
622 incentives to improve the quality of pastures or the genetic quality of livestock, or under new incentives  
623 such as payment for forest conservation and reforestation.

624

## 625 **5. Conclusion**

626 We developed a methodology based on five complementary steps to facilitate the analysis of the trade-  
627 offs and synergies between food security and forest exploitation at household level among *mestizo*  
628 communities in Ucayali. First, we identified decision making rules with farmers; second, we conducted  
629 farm household surveys; third, we built a typology of their main characteristics; fourth, we developed  
630 an ad-hoc modelling tool that makes it possible to analyse current trade-offs and synergies between the  
631 four pillars of food security and forest exploitation for the different types of farming households, and  
632 five we applied the tool to compare the different types of farming systems found in the study sites. Four  
633 main types of farming households were identified based on their crop and livestock diversity: livestock  
634 farmers, moderately-diversified crop farmers, diversified crop farmers, and oil palm farmers. For all  
635 four types, the forest mainly represented a set aside area to support potential growth of agricultural

636 production. However, over a ten-year simulation period, farm diversification appears to be the strategy  
637 that best supports forest conservation and all four dimensions of food security, particularly utilisation  
638 and stability.

639 This study makes an innovative methodological contribution to the existing literature, by showing the  
640 importance of agricultural biodiversity to achieve food security through the combination of participatory  
641 methods, structured surveys, multivariate analysis, and simulation tools. This tool allows to quantify the  
642 role of farming practices on food security and forest exploitation, which provides important insights for  
643 policy makers. Further research could focus on improving the modelling tool used in this study taking  
644 into account additional variables (e.g. to have a more detailed assessment of the different dimensions of  
645 food security), and to simulate other scenarios, such as conservation incentives or agricultural subsidies.

646

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656

## 657 **Notes**

658 <sup>1</sup> The area considered for the analysis of forest cover and deforestation rate was based on a 5-km  
659 diameter surrounding the community given that: (a) maps with the formal community boundaries did  
660 not exist for the study communities, (b) local peoples not only use their own forest but also forest

661 belonging to their neighbours and neighbouring communities. The 5-km diameter was selected to  
662 capture the presence of nearby forest, either private or protected which might be used by these  
663 communities. The forest cover was estimated using the percentage of area with 60% or more canopy for  
664 each community. Given that the most recent information concerning areas with 60% or more canopy  
665 dated from the year 2000, this information was estimated for 2014 using data on the percentage of  
666 deforestation for the 2001 – 2014 period (Global Forest Watch 2016). Global Forest Watch uses Landsat  
667 satellite images with a 30 m resolution. Sixty percent canopy was chosen rather than 30% canopy (which  
668 is too low to capture actual forest cover) following the recommendations of Hansen et al. (Hansen *et al.*,  
669 2000). In addition, the area under oil palm plantations (obtained from images of Google Earth from 2010  
670 to 2013) was deduced for the Peruvian communities, where palm oil is increasingly popular, in order to  
671 have better quality data. Although the data was corrected for oil palm plantations, the forest cover might  
672 also include some extensions with fruit trees or timber plantations, and primary forest is not  
673 differentiated from secondary forest.

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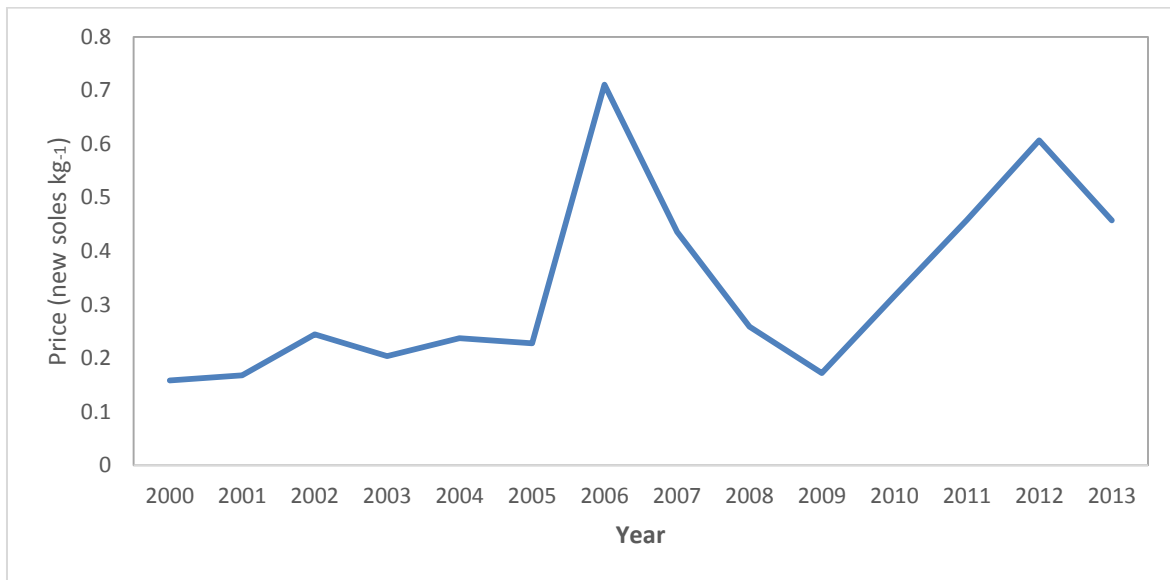
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863

864 **Supplementary material**



865

866 **Figure S 1 : Change in oil palm price between 2000 and 2013**

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