

Food markets in Rajshahi, Bangladesh

Market and vendor characteristics

Data Note 33

December 2023

ABOUT THIS BRIEF | The Transforming Agrifood Systems in South Asia (TAFSSA) district agrifood systems assessment aims to provide a reliable, accessible, and integrated evidence base that links farm production, market access, dietary patterns, climate risk responses, and natural resource management in Bangladesh, India, Nepal, and Pakistan. It is designed to be a multi-year assessment. Using data collected in December 2022–June 2023, this brief describes which food items are available and their prices, characteristics of retail shops, markets, and customers, as well as marketing and promotional activities. It is one of a set of briefs that, together, provide a holistic picture of the food system in the district.

Figure 1. Map of Rajshahi District

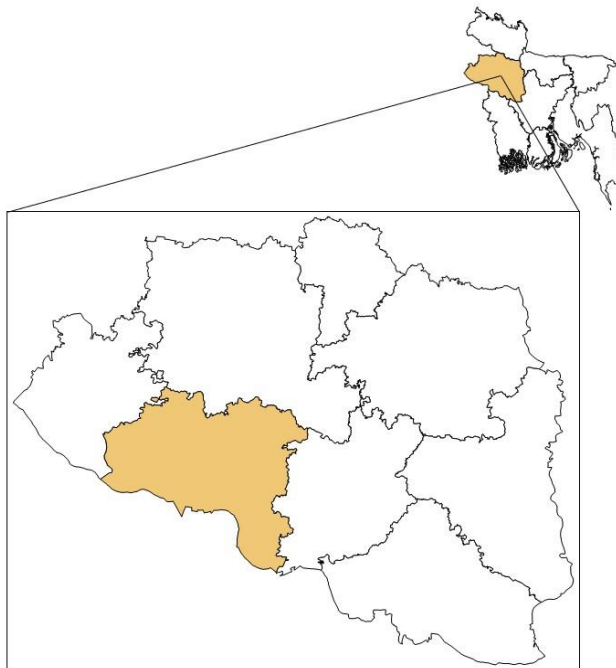
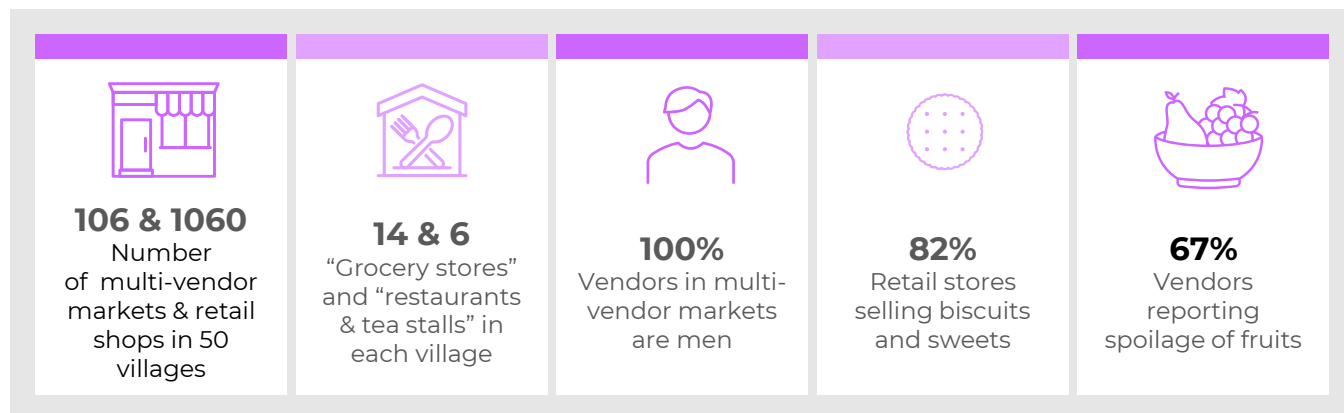


Figure 2. Highlights from this brief



OVERVIEW OF CONTENTS

This brief examines the prevalence of two types of rural food environments that influence the local diet: multi-vendor food markets and village retail shops, henceforth referred to as markets and retail shops, respectively. Markets food markets are known for offering a diverse range of fresh foods, such as fruits, vegetables, fish, and meat, at affordable prices. In contrast, village retail shops tend to offer a limited selection of fresh food and prioritize selling packaged goods and everyday household items.

This brief provides valuable insights into the different types of multi-vendor markets and village retail shops in the district and information on the infrastructure and facilities available. Vendors and retailers were asked about their primary source for food items and the distance they travel to procure these items. The next section describes food availability and food spoilage in markets. The final section shows the prices of sentinel food items, a set of commonly consumed foods, tracked as part of the project, which can be useful in linking household food consumption with the availability of food in the markets. To enhance understanding of what different rural food environments look like, the brief includes photographs of both markets and retail shops.

Details on sampling methods and definitions can be found in the following pages.

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TYPES OF MULTI-VENDOR MARKETS AND RETAIL SHOPS

Traditional multi-vendor food markets offer a wide range of products to customers. These include fruits, vegetables, and farm products such as livestock, fish, grains, and eggs. Most households prefer to do their weekly grocery shopping at these markets. In contrast, village retail shops operate alone, are open daily, and sell a variety of food items to the local community. Multi-vendor food markets will be referred as **markets** and village food retail shops will be referred as **retail shops** in this brief. Definitions of different categories of food outlets under these two major types are provided below.

Multi-Vendor Food Markets



City market

A multi-vendor urban food market, held daily in a fixed location, where traders and farmers set up shops during the day.



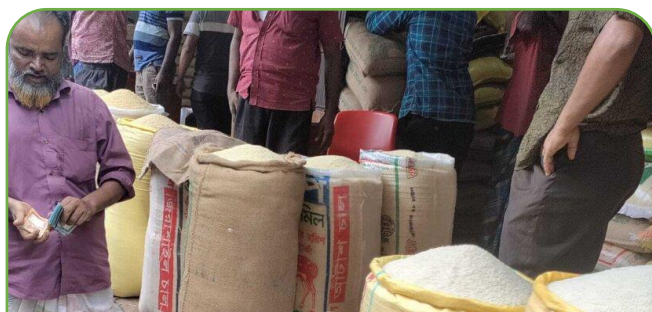
Village market

A multi-vendor market held on a specific day of the week, without a permanent infrastructure, where traders set up shops on the market day.



Roadside/street market

A group of at least 5 vendors in close proximity selling food products along the street, without any formal organizational setup



Wholesale market/haats/ mandis

A market where food products are sold in bulk directly by manufacturers, farmers, or artisans at a fair price, usually in a permanent or semi-permanent structure.

Figure 3. Number of multi-vendor markets, by type

N=106 for 50 villages

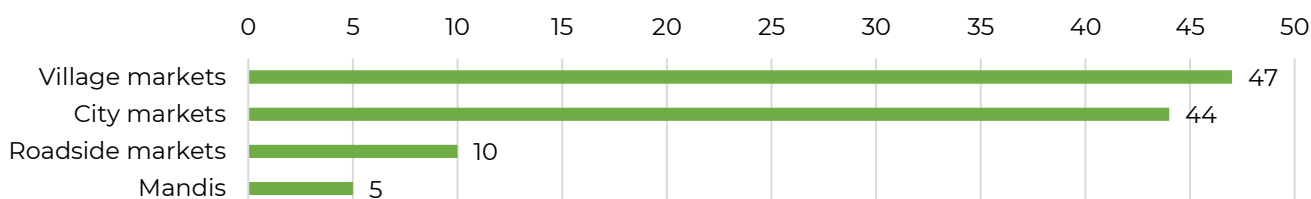


Photo credit: Mohammed Mehedi Hasan, Jakir Hossain Khan, and Md. Mydul Islam

Village Food Retail Shops (single vendor type)



Local grocery stores

Fixed structures that sell a variety of food and non-food items, including household staples, packaged and dry foods, and a limited selection of fresh produce.



Vegetable/fruit shops (greengrocer)

Sell only perishable food items, including fresh fruits, vegetables, roots, and tubers.



Specialized shops

Sell exclusively meat, fish, or dairy products.

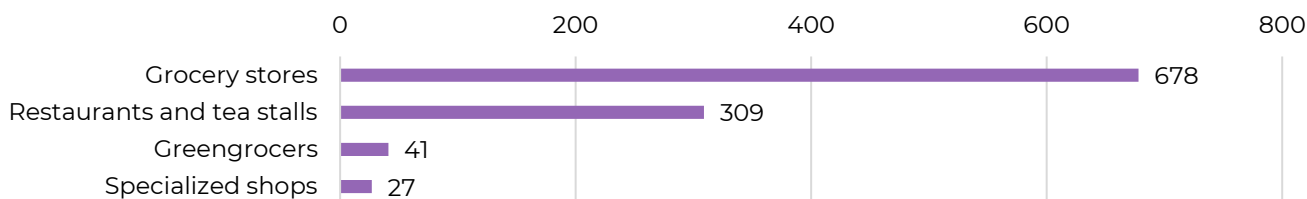


Restaurants and tea stalls

Sell prepared food items (usually snacks that can be quickly consumed) and tea/coffee.

Figure 4. Number of retail shops, by type

N=1060 for 50 villages



CHARACTERISTICS OF MARKETS AND RETAIL SHOPS

FINDINGS

- ✓ On average, each village has a 2 multi-vendor markets within 10 km radius.
- ✓ The typical village comprises around 14 grocery stores, 6 restaurants and tea stalls, and less than 1 greengrocer and specialized shop.
- ✓ The food landscape is largely informal—99% of multi-vendor markets have no management structure and 77% of operating without license.

Figure 5. Markets and retail shops surveyed in the district*

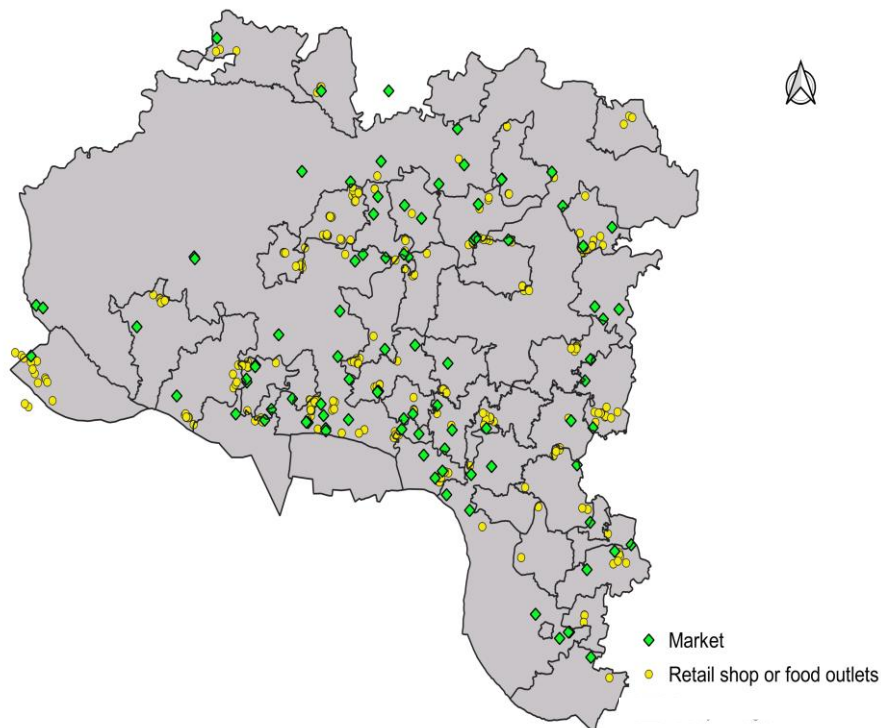
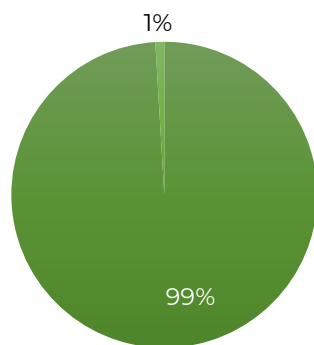
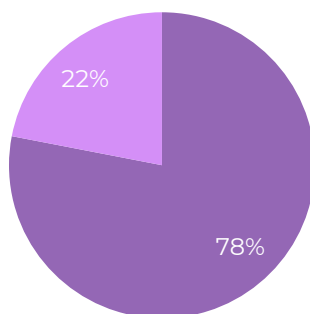


Figure 6A: Management of the multi-vendor market



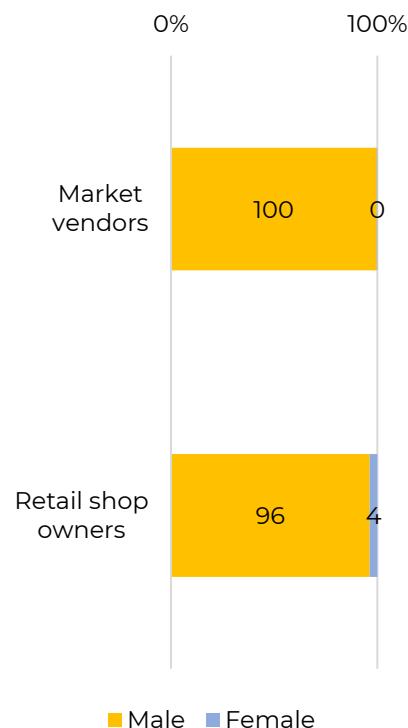
- Private individual
- No management

Figure 6B: Registration status of retail shops



- Not licensed
- Licensed

Figure 7: Gender of vendors and shop owners



INFRASTRUCTURE

Table 1. Infrastructure of multi-vendor markets and retail shops*

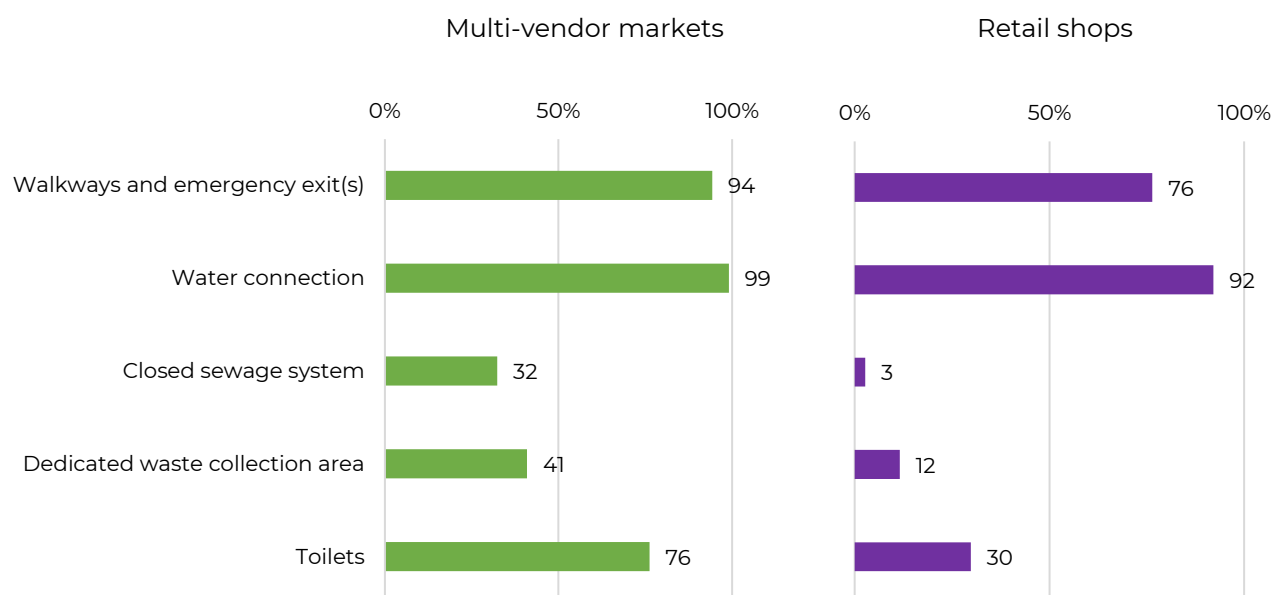
Infrastructure	Multi-vendor Markets	Retail shops
Structures		
Open-air/portable unit, %	5.7	2.7
Semi-permanent structure, %	64.2	55.8
Permanent/concrete building structure, %	30.2	41.5
Physical condition		
Good condition ¹ , %	28.3	37.2
Some structural damage ² , %	67.0	46.0
Poor condition ³ , %	4.7	16.8

¹Good condition - store/building has no structural damage and requires no repairs

²Some structural damage - store/building requires minor repairs

³Poor condition - store/building has structural damage and needs renovation

Figure 8. Facilities available in multi-vendor markets and retail shops

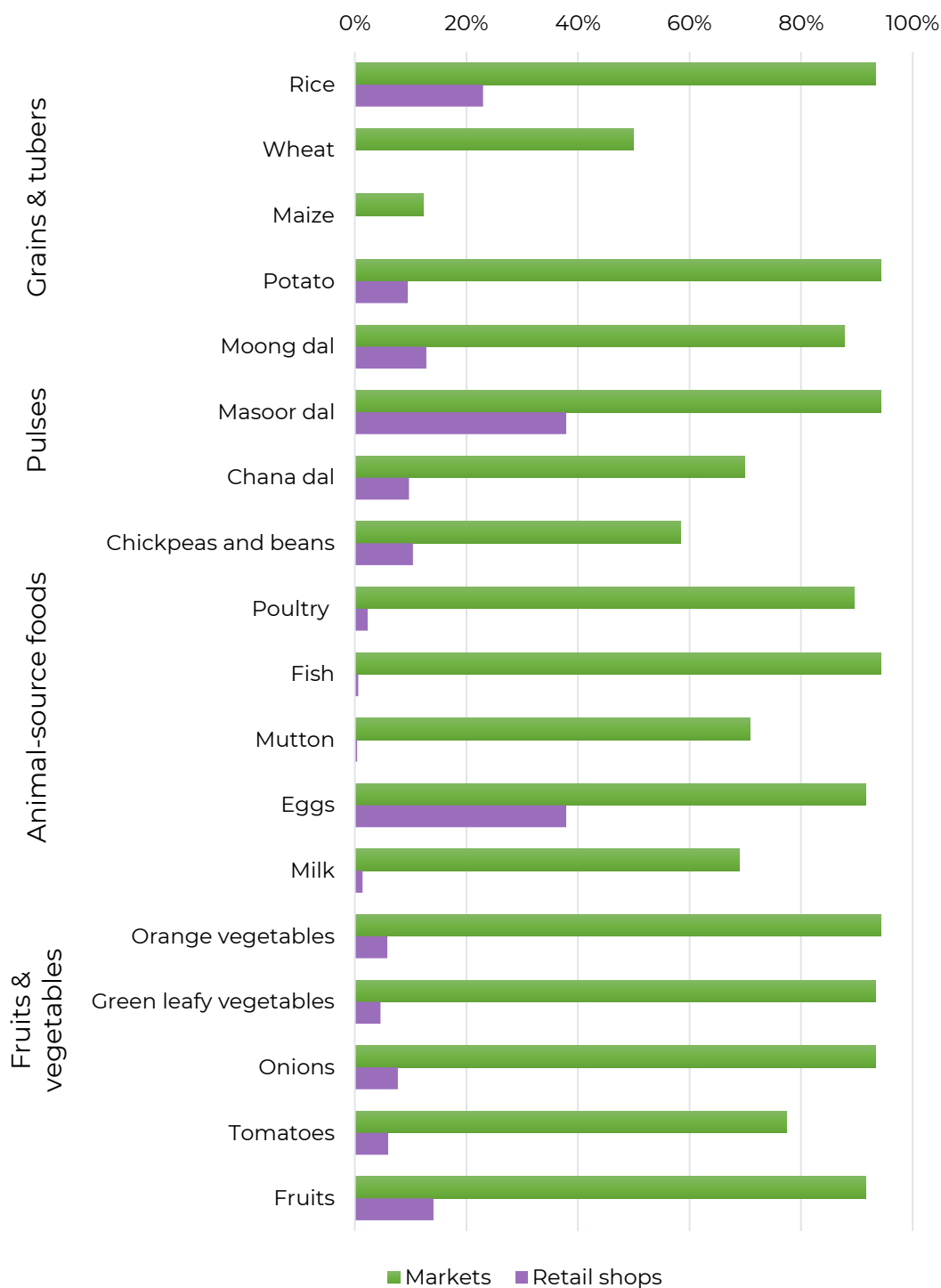


FINDINGS

- ✓ Most markets and retail shops are housed in semi-permanent structures and permanent structures, with less than 5% operate as open-air or portable units.
- ✓ Many of these establishments show structural damage (67% and 46% of markets and retail shops, respectively)
- ✓ Markets generally have better road connectivity and more amenities like water connections, sewage systems, waste collection areas, and toilets compared to retail shops.

FOOD AVAILABILITY

Figure 9. Availability of sentinel foods in multi-vendor markets and retail shops



FINDINGS

- ✓ Multi-vendor food markets offer more healthy foods items than retail shops. Masoor dal and eggs are the highest available (38% of retail shops) nutrient dense foods in retail shops.

SOURCES OF FOOD

Table 2. Primary source of food items for vendors and retail shop owners

Food Category	Multi-vendor markets		Retail Shops	
	Vendors with wholesaler and marketing agent as primary source (%)	Average distance from source to vendors (km)	Retailers with wholesaler and marketing agent as primary source (%)	Average distance from source to retail shops (km)
Cereals	97	10	99	6
Pulses	100	13	99	5
Nuts & seeds	100	11	100	4
Spices & condiments	100	11	100	5
Edible oils	100	10	100	5
Leafy vegetables	68	9	67	9
Other vegetables	81	10	90	7
Roots & tubers	89	13	90	7
Fruits	93	13	89	6
Meat	89	16	100	9
Fish & seafood	92	7	100	5
Eggs	98	8	95	5
Milk & milk products	77	8	98	6
Ultra-processed foods	N/A	N/A	100	6
Soda/soft drinks & packaged juices	N/A	N/A	100	4
Tea/coffee with sugar	N/A	N/A	88	6

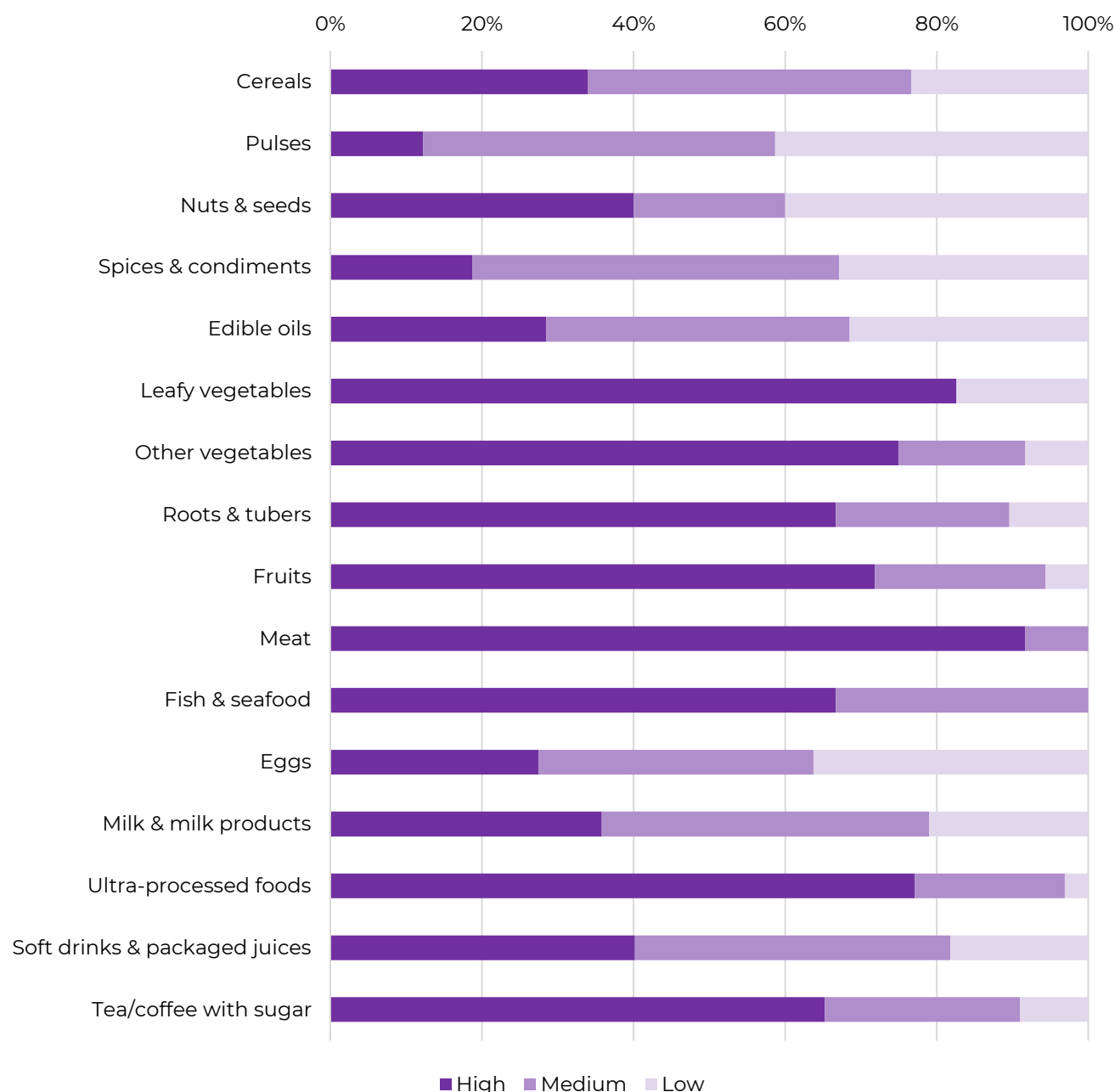
Note: N/A = Not applicable. Ultra-processed foods, Soda/soft drinks & Packaged juices, and Tea/coffee with sugar are mostly unavailable in multi-vendor food markets and hence data was not collected in survey.

FINDINGS

- ✓ Food items are mostly sourced from wholesalers and marketing (>80 % of market vendors and retailers), except for leafy vegetables, other vegetables and milk, which are partly sourced from farmers or from one's own production.
- ✓ Other sources for food items include farmers, processing units and one's own production.
- ✓ The average distances travelled from the source to vendors and retail shops indicate that, generally, vendors travel further than retailers to source their products which could be due to the location of wholesale markets or other supply points.

VISIBILITY OF FOOD IN VILLAGE

Figure 10. Visibility of food items in retail stores



Note: Visibility of food items in retail shops is classified as high, medium and low, based on their placement in retail shops. In this context "placement" refers to where the food items are positioned or displayed within the retail shops. This placement determines how easily customers can see or access these items.

FINDINGS

- ✓ Perishable items such as leafy vegetables, fruits, meat, and milk are placed in the shops to have highest visibility, followed by ultra-processed foods and drinks. Less perishable healthy items have relatively lower visibility than the high perishable healthy foods.

FOOD SPOILAGE, QUALITY AND HYGIENE

Figure 11. Vendors and retailers who faced food spoilage in last 7 days

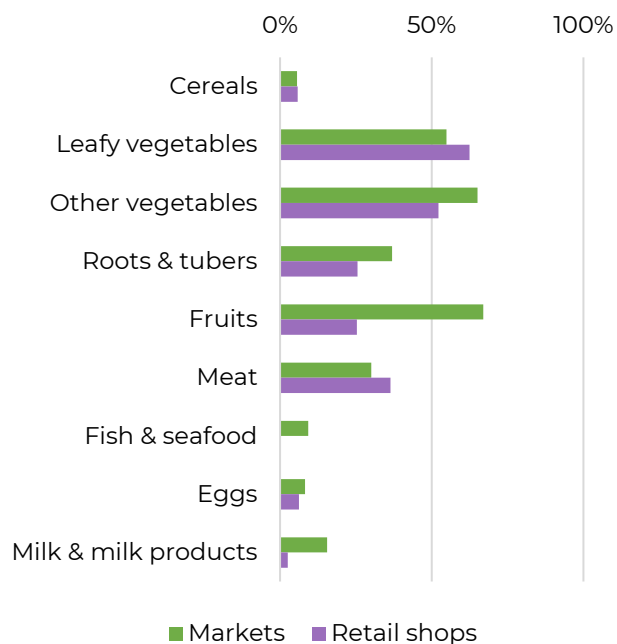
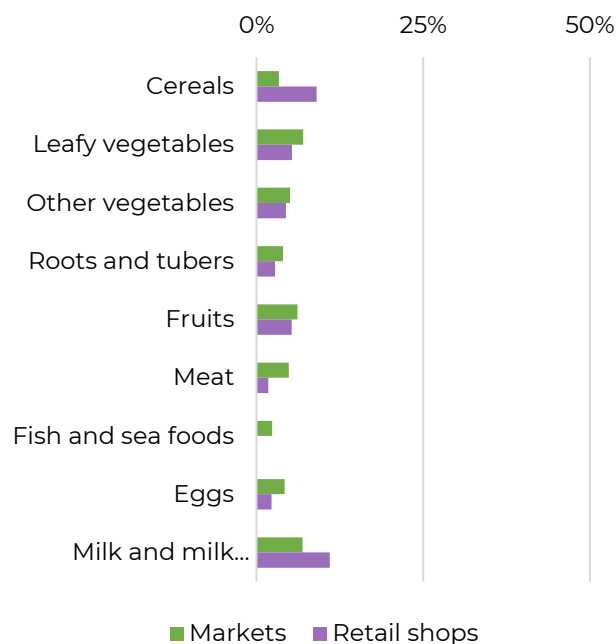


Figure 12. Quantity of spoilage reported by vendors and retailers who faced food spoilage in last 7 days



FINDINGS

- ✓ A higher percentage of vendors in multi-vendor markets have reported spoilage for most of the food products than retailers. Alike, the percentage of spoiled products is higher in markets than in retail shops..
- ✓ The highest spoilage are reported for fruits (67% of vendors), followed by vegetables (65% of vendors) in multi-vendor markets.
- ✓ 21% of foods have visible signs of spoilage & bad smells, 28% of the shops have garbage dumps near the shops and movement of rodents was observed in 20% of shops. Only 5% of shops carried products past their expiry date.

Figure 13. Food quality and hygiene in retail stores



KEY TAKEAWAYS

1. Retail shops (14 per village, on average) were much more common in the rural food environment than markets (2 market within 10 km radius of a village, on average).
2. Markets are mostly unorganised and informal, with 99% of markets having no management structure and 77% of retail shops are not licensed.
3. Availability of sentinel foods, particularly healthy foods, is greater in food markets (located farther from villages) compared to retail shops (located nearby).
4. 82% of retail shops sell ultra-processed foods at cheap prices.
5. 67% of vendors reported spoilage fruits and, on average, 6% of these fruits spoiled.
6. About 100% of market vendors and 96% retail shop owners are men.

KEY QUESTIONS FOR ACTION

1. How can rural food market governance be improved in the Rajshai district?
2. How can the availability of healthy food be improved in rural retail shops?
3. What are the solutions for reducing the spoilage of healthy food in the food market?
4. How can the participation of women in markets as vendors be increased?
5. What are the strategies and messages that the market can take to facilitate healthy food selling?

CENSUS AND SURVEY METHODOLOGY

Methodology overview

A census was conducted across 50 villages in the district, selected with a probability proportional to the number of households in each village. The census included all formal and informal markets offering various food products as well as retail food shops of the selected village. In addition, in-depth interviews were carried out with a sample of market vendors, village shop owners, and market managers.

Data collection and stratification

The census yielded a list of market managers, market vendors, and retail shop owners, along with key attributes such as the type of market they operate in and their level of mobility. This information was used to conduct a detailed market survey using stratified random sampling. The market survey was organized into two primary categories: Multi-vendor markets and Retail Shops.

For the survey phase, samples were selected from each village based on the existence of establishments, as listed in the census following the below mentioned criteria.

Types	Sampling criteria (per village)	Actual sample (per 50 Villages)
Multi-vendor market	All	105
Local grocery store	Up to 6	258
Restaurants and tea stall	Up to 2	183
Vegetable/ fruit shop	All	33
Specialized shop	All	28

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ABOUT TAFSSA

TAFSSA (Transforming Agrifood Systems in South Asia) is a CGIAR Regional Integrated Initiative that supports actions improving equitable access to sustainable healthy diets, that boosts farmers' livelihoods and resilience, and that conserves land, air, and water resources in a climate crisis.

ABOUT CGIAR

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