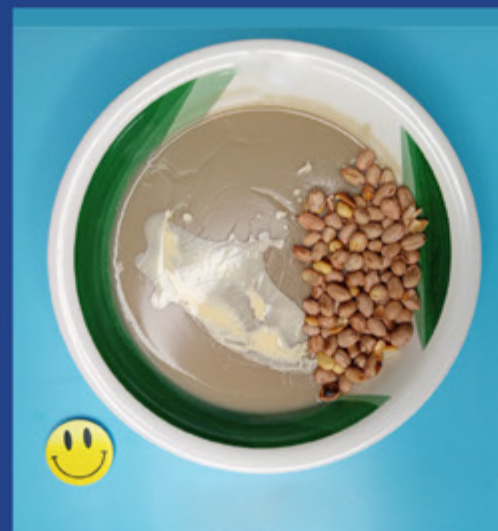
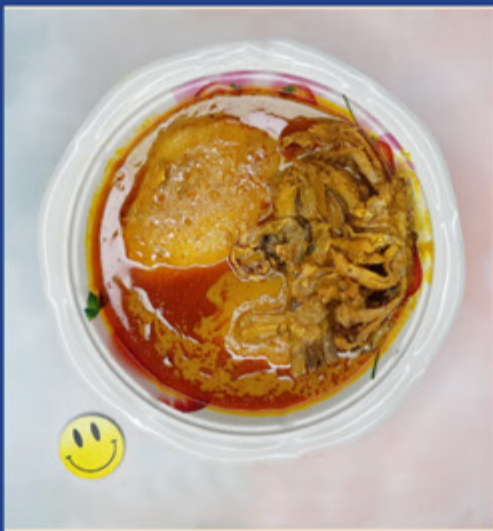
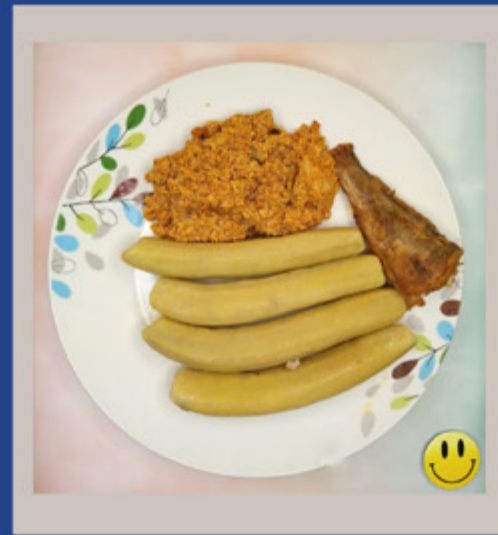


# A Photographic Food Atlas with Portion Sizes of Commonly Consumed Foods in Accra, Ghana



## ACKNOWLEDGMENTS

This Food Atlas is a product of the Nudging for Good Project team with contributions from Gloria Folson<sup>1</sup>, Boateng Bannerman<sup>1</sup>, Gabriel Ador<sup>1</sup>, Vicentia Atadze<sup>1</sup>, Saudatu Akoto<sup>1</sup>, Stephen Asante<sup>1</sup>, Joseph Abbeyquaye<sup>1</sup>, Audrey Anang-Tetteh<sup>1</sup>, Erica Guri<sup>1</sup>, Gabriel Ibrahim<sup>1</sup>, Jamil Alhassan<sup>1</sup>, Matilda Tetteh<sup>2</sup>, Belinda Afuanimaa<sup>3</sup>, Bastien Koch<sup>4</sup>, Peter McCloskey<sup>5</sup>, Rohit Gangupantulu<sup>5</sup>, Bianca C. Braga<sup>6</sup>, David Hughes<sup>5</sup>, and Aulo Gelli<sup>4</sup>. The team members' responsibilities in creating the Food Atlas were as follows: Matilda Tetteh and Belinda Afuanimaa prepared the ingredients, cooked the meals and, together with Dr. Saudatu Akoto, dished out the meals into the various servings. Vicentia Atadze, Erica Guri, and Audrey Anang-Tetteh weighed the meal servings. Joseph Abbeyquaye, Gabriel Ibrahim, and Gabriel Ador photographed the meals. Boateng Bannerman, Gabriel Ador, Stephen Asante, and Jamil Alhassan annotated the pictures. Dr. Gloria Folson supervised the entire process and worked together with the team to design the Food Atlas layout. Bastien Koch provided project coordination support and edited the Food Atlas; Peter McCloskey and Rohit Gangupantulu supported image annotation and used the images to train an artificial-intelligence-based food detection algorithm; Bianca C. Braga helped process the data and review the draft of the manuscript. Gloria Folson, David Hughes, and Aulo Gelli provided overall guidance and management support and reviewed the final draft.

We acknowledge and appreciate the support of the Department of Nutrition, Noguchi Medical Research Institute (NMIMR), the Department of Consumer Sciences, School of Agriculture, College of Basic and Applied Sciences, University of Ghana, Legon, and Dr. Cynthia Gadegbeku.

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<sup>1</sup>Department of Nutrition, Noguchi Memorial Institute for Medical Research (NMIMR), University of Ghana; <sup>2</sup>Freelance cook; <sup>3</sup>Department of Family and Consumer Sciences, School of Agriculture, University of Ghana; <sup>4</sup>International Food Policy Research Institute, Washington, DC; <sup>5</sup>Pennsylvania State University, State College, PA, USA; <sup>6</sup>Tufts University, Boston, MA, USA.

## PREFACE

This Food Atlas provides a photograph series of 68 meals commonly consumed by adolescent girls in Accra, Ghana. It consists of pictures of four portion sizes per meal, including weights.

The main aim of this Food Atlas is to enable accurate portion-size estimation; during food consumption surveys, these images can be shown to respondents to aid them in describing the quantity of food consumed. The Food Atlas can also aid in estimating, quantifying, educating, and counseling on appropriate portions of food in order to help improve dietary intake.

The meals were chosen using data collected during a previous study conducted at the Department of Nutrition, NMIMR, “Dietary Patterns and Cardio-metabolic Risk in Urban Dwelling Adolescents” (IRB Study Number 001/17-18), aimed at understanding the eating patterns, physical activity levels and their association with measures of adiposity, blood pressure, and fasting blood sugar among adolescents between ages 10 and 17.

All recipes were compiled with the aid of a professional caterer who had experience cooking for adolescents in a school setting.

The photo series for each meal consist of four different portion sizes in increasing order of weight: small (S), medium (M), large (L), and extra-large (XL). Four portion sizes were chosen because uneven numbers of portion sizes have been shown to evoke a bias on the part of respondents toward the middle portion size, when asked about the amount eaten the previous day<sup>1</sup>. The medium portion size was estimated based on the mean food intakes from the previous study referred to above. The cook then used her discretion to reduce it to obtain the small portion size or increase it to obtain the large and extra-large portion sizes. The pictures of the meals are intended to show an actual representation of food servings, depicting as closely as possible how adolescent girls would usually eat at home, at school, and outside the home.

The research team prepared, weighed, and photographed all the meals in the food laboratory at the Department of Family and Consumer Sciences at the University of Ghana over a period of eight weeks. All ingredients were obtained from local markets, shops, and supermarkets. A professional cook with experience cooking for adolescents in a school setting was hired to prepare the meals. All ingredients were weighed before cooking and cooked food was dished out into the various portion sizes and weighed using Soehnle digital kitchen scales. The weights of the portion sizes of each dish were recorded.

The following photographic guidelines were adhered to in order to obtain good quality pictures of foods right after the meals were served and weighed:

- Pictures were taken with a camera providing at least 10 megapixels.
- Pictures were taken at an angle of 90 degrees from the plate and from a distance of 55 centimeters from the plate.
- All edges of the dish were visible in the frame.
- The main dish was well-lit and in focus. To ensure adequate lighting, an external light source (Ring Light) was used.
- All dishes were placed next to a yellow smiley-face phone pop socket, which serves as a reference object.

All meal pictures were annotated with the aid of a computer software (PixelAnnotationTool v. 1.3.2) by researchers of the Noguchi Memorial Institute for Medical Research, University of Ghana, and the International Food Policy Research Institute (IFPRI).

The picture series are arranged as follows. The first section shows breakfast cereals/porridges/semi-solids, followed by carbohydrate-based stiff porridge/pap eaten with soup or chili sauces, and then stir-fried or cooked as one-pot dishes. The next section shows protein foods, followed by stews, soups, vegetables, and fruits.

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1 Nelson, M., and Haraldsdóttir, J. 1998. “Food Photographs: Practical Guidelines II. Development and Use of Photographic Atlases for Assessing Food Portion Size.” *Public Health Nutrition* 1(4): 231–237.

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## BREAKFAST CEREALS/PORRIDGES/SEMI-SOLIDS

Ekwegbemi	Kenkey mashed	Rice water
Gari soakings	Oats	Tombrown
Hausa koko	Oblayo	White koko

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## CARBOHYDRATE-BASED STIFF PORRIDGES/PAP EATEN WITH SOUP OR CHILI SAUCES

Akple	Eba	Ga kenkey	Mpotompoto
Apapransah	Fante kenkey	Gari balls	Rice balls
Banku	Fufu	Kokonte	Tuo zaafi

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## STIR-FRIED OR COOKED AS ONE-POT DISHES

Beans boiled	Plantain boiled	Rice fried	Yam etor
Indomie	Plantain boiled	Rice jollof	Yam fried
Macaroni	Plantain etor	Waakye	
Oil rice	Plantain fried	Wheat jollof	
Plain rice boiled	Plantain kelewele	Yam boiled	

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## PROTEINS

Chicken	Fish	Shrimps
Eggs	Sausage	

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## STEWES

Agushie	Fresh pepper sauce	Kontomire	Shito
Beans stew	Green pepper sauce	Mixed vegetable stew	
Beef sauce	Kontobean stew	Palava sauce	

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## SOUPS

Ayoyo soup	Dry okro soup	Palmnut soup
Dry kuka soup	Groundnut soup	

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## VEGETABLES

Broccoli	Carrot	Lettuce	Sweet pepper
Cabbage	Coleslaw	Spring onion	Tomato

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## FRUITS

Pawpaw	Pineapple
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EP-S



EPM-S



GS-S



EP-M



EPM-M



GS-M



EP-L



EPM-L



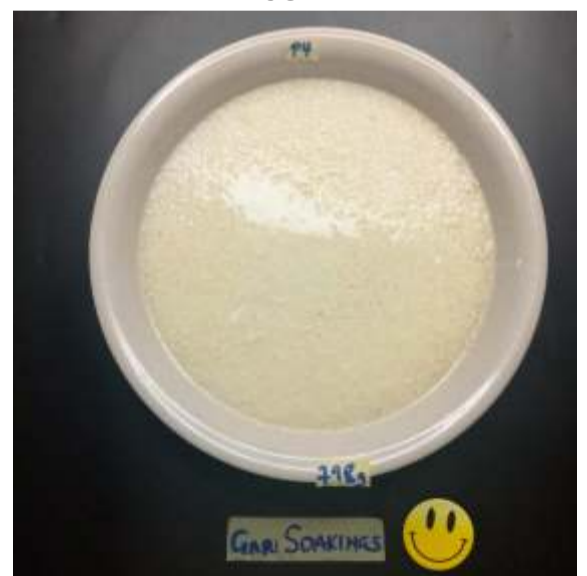
GS-L



EP-X



EPM-X



GS-X

		S	M	L	X
<b>EP-X</b>					
Ekuegbemi Porridge Milk	1 Ladle	141g			
Ekuegbemi Porridge	2 Ladles		282g		
Ekuegbemi Porridge	3 Ladles			417g	
Ekuegbemi Porridge	4 Ladles				543g

		S	M	L	X
<b>EPM-X</b>					
Ekuegbemi Porridge Milk	1 Ladle 2 Tablespoons	141g			
Ekuegbemi Porridge Milk	2 Ladles 3 Tablespoons		283g		
Ekuegbemi Porridge Milk	3 Ladle 4 Tablespoons			417g	
Ekuegbemi Porridge Milk	41 Ladle 5 Tablespoons				543g

	S	M	L	X
<b>GS-X</b>				
Gari Soakings	362g			
Gari Soakings		362g		
Gari Soakings			524g	
Gari Soakings				662g



GSM-S



GSMG-S



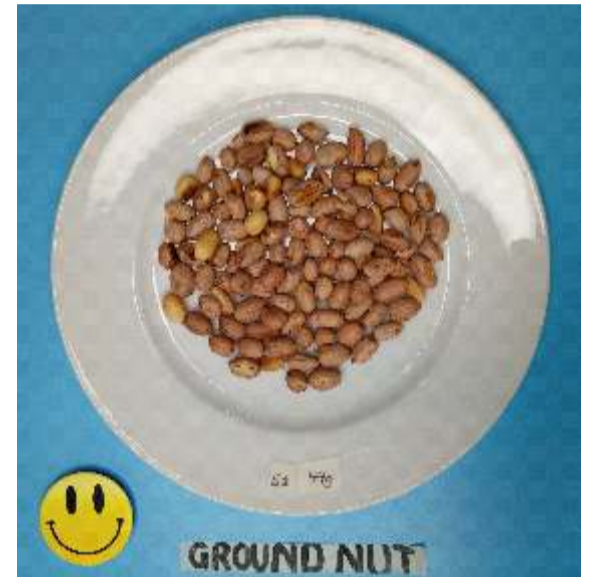
G-S



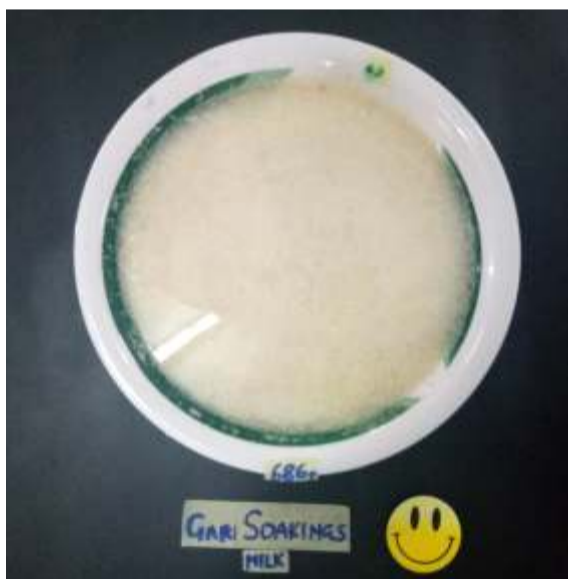
GSM-M



GSMG-M



G-M



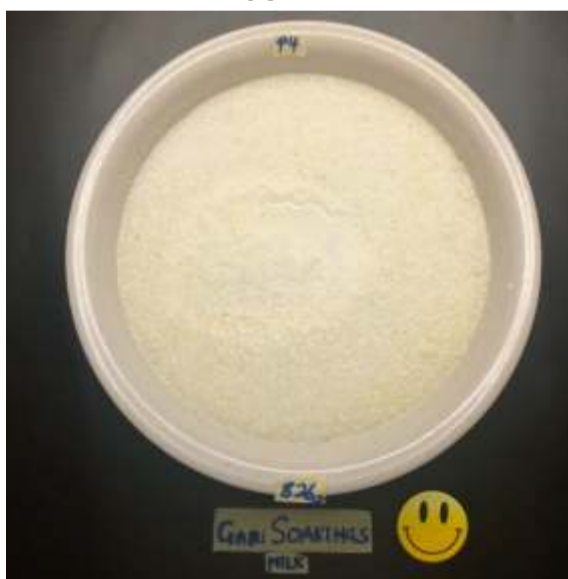
GSM-L



GSMG-L



G-L



GSM-X



GSMG-X



G-X

		S	M	L	X
<b>GSM-X</b>					
Gari Soakings Milk	1 Ladle 1 Slice	362g			
Gari Soakings Milk	2 Ladle 2 Slices		374g		
Gari Soakings Milk	3 Ladle 3 Slices			554g	
Gari Soakings Milk	4 Ladle 4 Slices				686g

		S	M	L	X
<b>GSMG-X</b>					
Gari Soakings Milk Groundnuts		386g			
Gari Soakings Milk Groundnuts			562g		
Gari Soakings Milk Groundnuts				362g	
Gari Soakings Milk Groundnuts					362g

		S	M	L	X
<b>G-X</b>					
Groundnut		24g			
Groundnut			44g		
Groundnut				64g	
Groundnut					98g



HKGKB-S



HK-S



BT-S



HKGKB-M



HK-M



BT-M



HKGKB-L



HK-L



BT-L



HKGKB-X



HK-X



BT-X

		S	M	L	X
<b>HKGKB-X</b>					
Hausa Koko Groundnut Koose in Bread	1 Ladle	288g			
Hausa Koko Groundnut Koose in Bread	2 Ladles		404g		
Hausa Koko Groundnut Koose in Bread	3 Ladles			404g	
Hausa Koko Groundnut Koose in Bread	4 Ladles				815g

		S	M	L	X
<b>HK-X</b>					
Hausa Koko	1 Ladle	194g			
Hausa Koko	2 Ladles		352g		
Hausa Koko	3 Ladles			532g	
Hausa Koko	4 Ladles				704g

		S	M	L	X
<b>BT-X</b>					
Bread, Tea		52g			
Bread, Tea			58g		
Bread, Tea				102g	
Bread, Tea					118g



HKBT-S



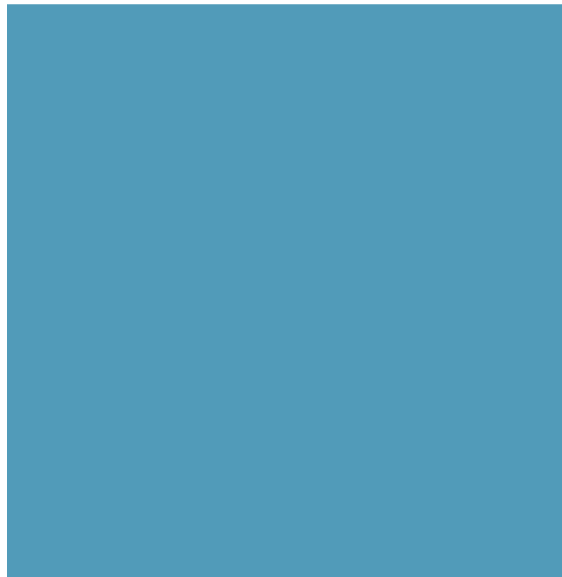
BTK-S



K-S



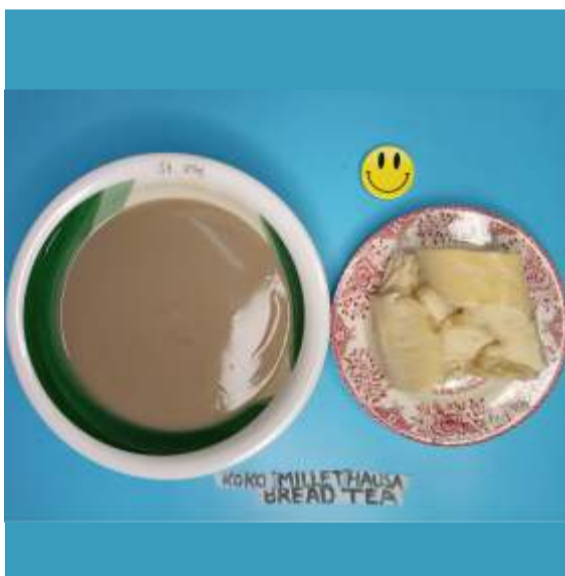
HKBT-M



BTK-M



K-M



HKBT-L



BTK-L



K-L



HKBT-X



BTK-X



K-X

		S	M	L	X
<b>HKBT-X</b>					
Hausa Koko Bread, Tea	1 Ladle 1 Piece	226g			
Hausa Koko Bread, Tea	2 Ladles 1 Piece		332g		
Hausa Koko Bread, Tea	3 Ladles 1 Piece			498g	
Hausa Koko Bread, Tea	4 Ladles 1 Piece				488g

		S	M	L	X
<b>BTK-X</b>					
Bread, Tea Koose	1 Piece 1 Piece	52g			
Bread, Tea Koose					
Bread, Tea Koose	1 Piece 1 Piece			160g	
Bread, Tea Koose	1 Piece 1 Piece				184g

		S	M	L	X
<b>K-X</b>					
Koose	2 Pieces	54g			
Koose	3 Piece		94g		
Koose					
Koose	5 Pieces				152g



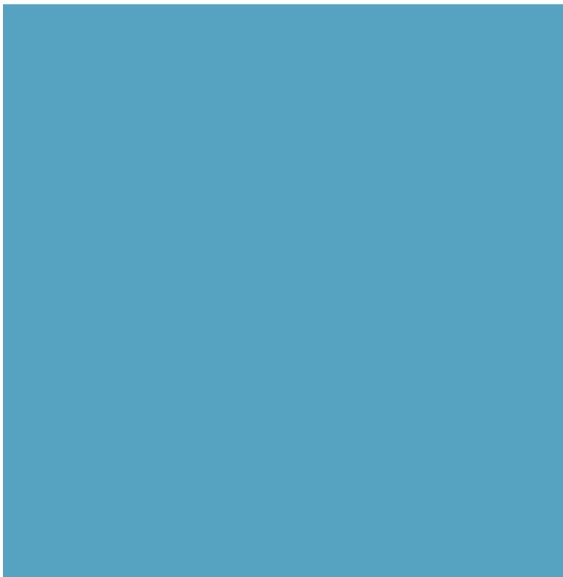
HKGK-S



HKK-S



HKM-S



HKGK-M



HKK-M



HKM-M



HKGK-L



HKK-L



HKM-L



HKGK-X



HKK-X



HKM-X

		S	M	L	X
<b>HKGK-X</b>					
Hausa Koko Groundnut Koose	1 Ladle 2 Pieces	270g			
Hausa Koko Groundnut Koose					
Hausa Koko Groundnut Koose	3 Ladles 4 Piece			594g	
Hausa Koko Groundnut Koose	4 Ladles 5 Pieces				778g

		S	M	L	X
<b>HKK-X</b>					
Hausa Koko Koose	1 Ladle 1 Piece	228g			
Hausa Koko Koose	2 Ladles 3 Pieces		368g		
Hausa Koko Koose	3 Ladles 4 Pieces			516g	
Hausa Koko Koose					

		S	M	L	X
<b>HKM-X</b>					
Hausa Koko Milk	1 Ladle 1 Tablespoon	204g			
Hausa Koko Milk	2 Ladles 2 Tablespoons		364g		
Hausa Koko Milk	3 Ladles 3 Tablespoons			554g	
Hausa Koko Milk	4 Ladles 4 Tablespoons				746g



HKMG-S



HKMBTG-S



MK-S



HKMG-M



HKMBTG-M



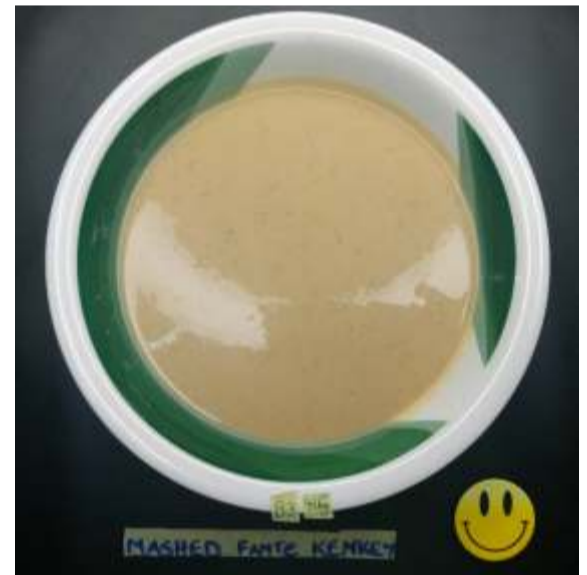
MK-M



HKMG-L



HKMBTG-L



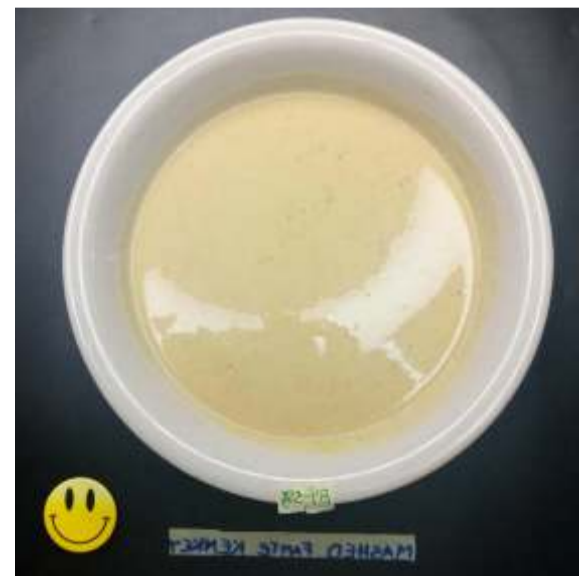
MK-L



HKMG-X



HKMBTG-X



MK-X

		S	M	L	X
<b>HKMG-X</b>					
Hausa Koko Milk Groundnut	1 Ladle 2 Pieces	224g			
Hausa Koko Milk Groundnut	2 Ladles 1 Piece		404g		
Hausa Koko Milk Groundnut	3 Ladles 4 Pieces			616g	
Hausa Koko Milk Groundnut	4 Ladles 5 Pieces				838g

		S	M	L	X
<b>HKMBTG-X</b>					
Hausa Koko Milk Bread, Tea Groundnut	1 Ladle 1 Spoon 1 Piece	276g			
Hausa Koko Milk Bread, Tea Groundnut	2 Ladles 2 Spoons 1 Pieces		460g		
Hausa Koko Milk Bread, Tea Groundnut	3 Ladles 3 Spoons 4 Pieces			718g	
Hausa Koko Milk Bread, Tea Groundnut	4 Ladles 4 Spoons 1 Piece				976g

	S	M	L	X
<b>MK-X</b>				
Mashed Kenkey	362g			
Mashed Kenkey		362g		
Mashed Kenkey			524g	
Mashed Kenkey				662g



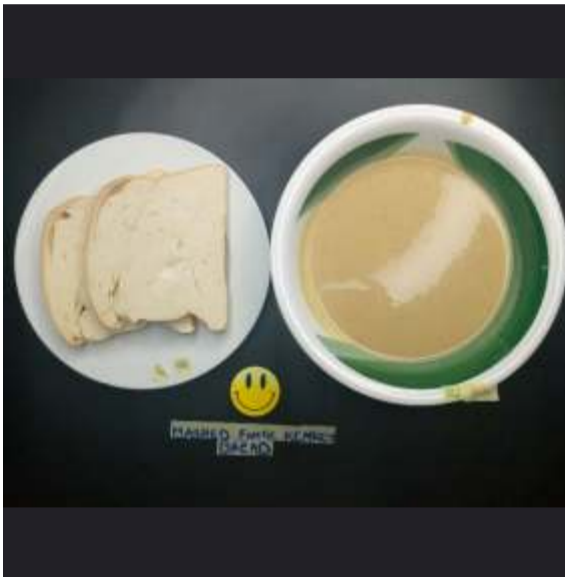
MKB-S



MKBM-S



MKMG-S



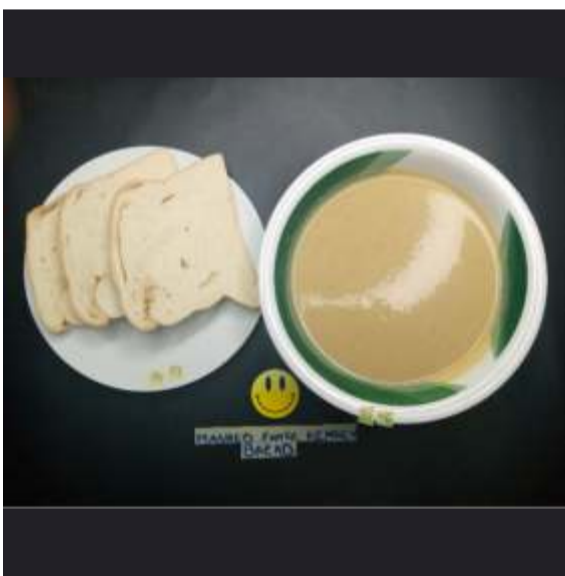
MKB-M



MKBM-M



MKMG-M



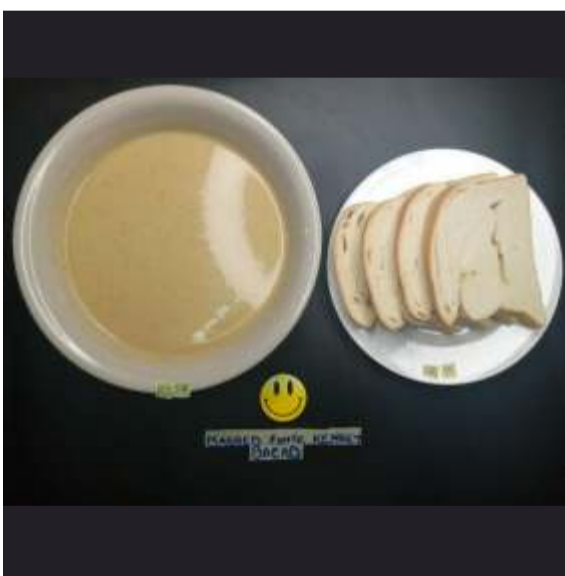
MKB-L



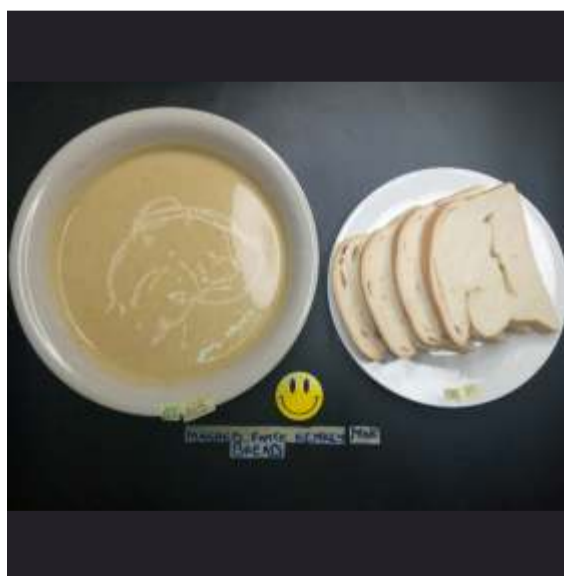
MKBM-L



MKMG-L



MKB-X



MKBM-X



MKMG-X

		S	M	L	X
<b>MKB-X</b>					
Mashed Kenkey Bread	1 Ladle 1 Slice	212g/38g			
Mashed Kenkey Bread	2 Ladles 2 Slices		302g/66g		
Mashed Kenkey Bread	3 Ladles 3 Slices			302g/66g	
Mashed Kenkey Bread	4 Ladles 4 Slices				558g/128g

		S	M	L	X
<b>MKBM-X</b>					
Mashed Kenkey Bread Milk	1 Ladle 1 Slice	224g/38g			
Mashed Kenkey Bread Milk	2 Ladle 2 Slices		326g/66g		
Mashed Kenkey Bread Milk	3 Ladle 3 Slices			456g/98g	
Mashed Kenkey Bread Milk	4 Ladle 4 Slices				608g/128g

		S	M	L	X
<b>MKMG-X</b>					
Mashed Kenkey Milk Groundnuts	1 Ladle	212g/38g			
Mashed Kenkey Milk Groundnuts	2 Ladles		302g/66g		
Mashed Kenkey Milk Groundnuts	3 Ladles			302g/66g	
Mashed Kenkey Milk Groundnuts	4 Ladles				558g/128g



MKMG-S



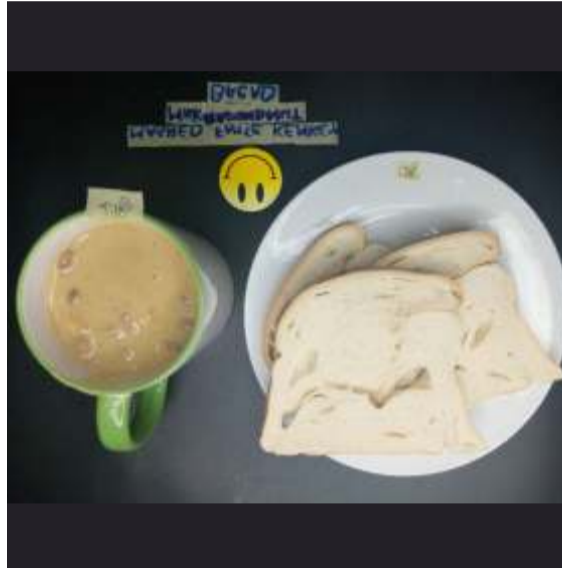
MKMGB-S



P-S



MKMG-M



MKMGB-M



P-M



MKMG-L



MKMGB-L



P-L



MKMG-X



MKMGB-X



MKMG-X

		S	M	L	X
<b>MKG-X</b>					
Mashed Kenkey Milk Groundnuts	1 Ladle	168g			
Mashed Kenkey Milk Groundnuts	2 Ladles		272g		
Mashed Kenkey Milk Groundnuts	3 Ladles			308g	
Mashed Kenkey Milk Groundnuts	4 Ladles				518g

		S	M	L	X
<b>MKMGB-X</b>					
Mashed Kenkey Milk, Groundnuts Bread	1 Ladle 1 Slice	168g/38g			
Mashed Kenkey Milk, Groundnuts Bread	2 Ladle 2 Slices		298g/128g		
Mashed Kenkey Milk, Groundnuts Bread	3 Ladle 3 Slices			272g/94g	
Mashed Kenkey Milk, Groundnuts Bread	4 Ladle 4 Slices				518g/128g

		S	M	L	X
<b>MKMG-X</b>					
Mashed Kenkey Milk Groundnuts	1 Ladle 1 Slice	228g/38g			
Mashed Kenkey Milk Groundnuts	2 Ladles 2 Slices		338g/66g		
Mashed Kenkey Milk Groundnuts					
Mashed Kenkey Milk Groundnuts	4 Ladles 4 Slices				680g/128g



O-S



OM-S



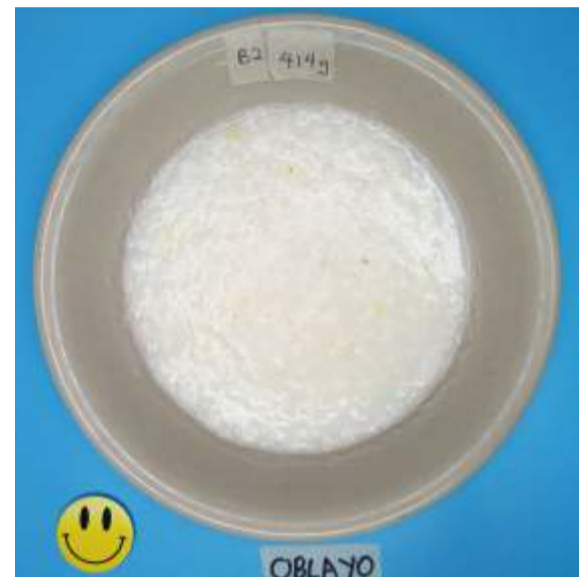
O-S



O-M



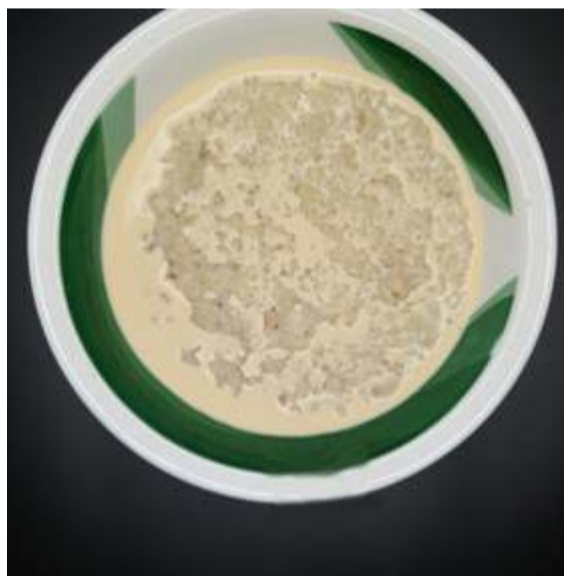
OM-M



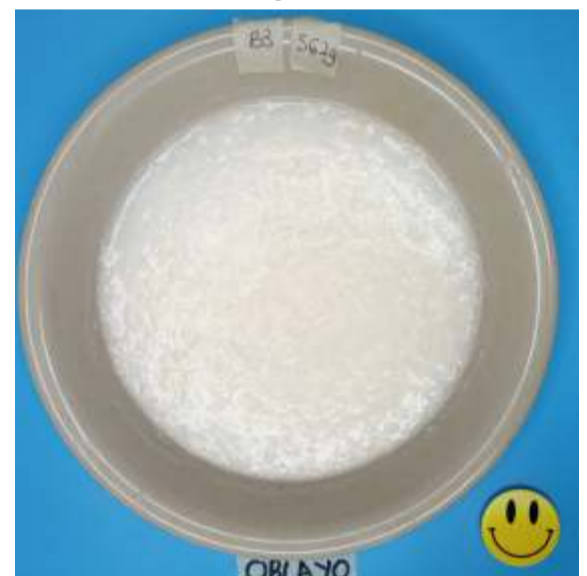
O-M



O-L



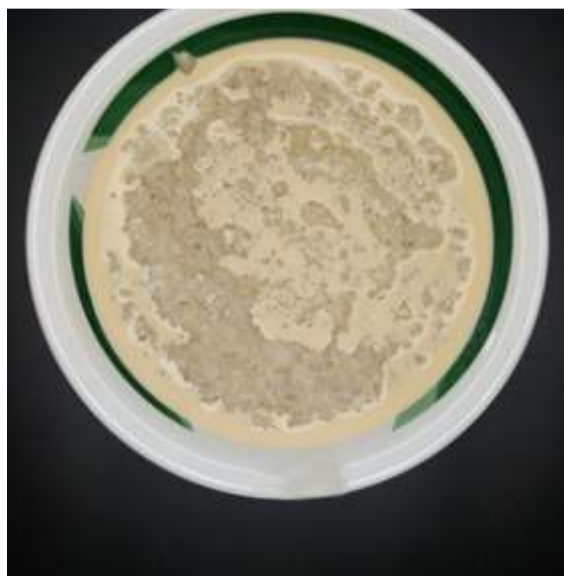
OM-L



O-L



O-X



OM-X



O-X

		S	M	L	X
<b>O-X</b>					
Oats	1 Ladle	158g			
Oats	2 Ladle		330g		
Oats	3 Ladles			330g	
Oats	4 Ladles				606g

		S	M	L	X
<b>OM-X</b>					
Oats Milk	1 Ladle 1 Tablespoon	158g			
Oats Milk	2 Ladle 2 Tablespoon		330g		
Oats Milk	3 Ladle 3 Tablespoon			330g	
Oats Milk	4 Ladle 4 Tablespoon				606g

		S	M	L	X
<b>O-X</b>					
Oblayo	1 Ladle	258g			
Oblayo	2 Ladles		414g		
Oblayo	3 Ladles			562g	
Oblayo	4 Ladles				726g



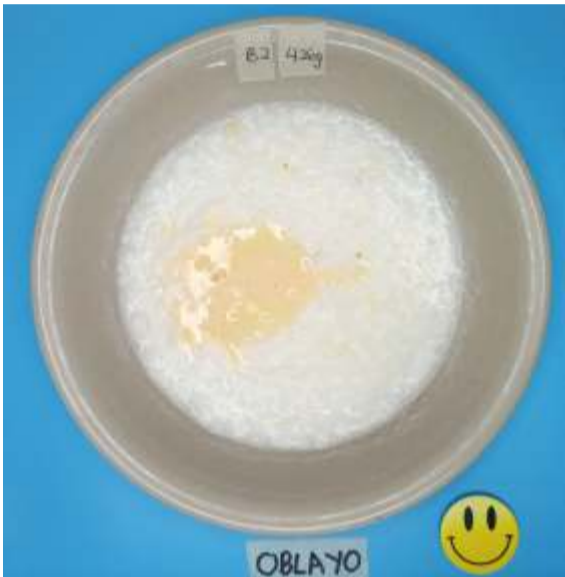
OM-S



RW-S



RWM-S



OM-M



RW-M



RWM-M



OM-L



RW-L



RWM-L



OM-X



RW-X



RWM-X

		S	M	L	X
<b>OM-X</b>					
Oblayo Milk	1 Ladle 1 Tea spoon	264g			
Oblayo Milk	2 Ladles 2 Tea spoons		426g		
Oblayo Milk	3 Ladles 3 Tea spoons			580g	
Oblayo Milk	3 Ladles 4 Tea spoons				746g

		S	M	L	X
<b>RW-X</b>					
Rice Water	1 Ladle	158g			
Rice Water	2 Ladles		340g		
Rice Water	3 Ladles			506g	
Rice Water	4 Ladles				770g

		S	M	L	X
<b>RWM-X</b>					
Rice Water Milk	1 Ladle	162g			
Rice Water Milk	2 Ladles		348g		
Rice Water Milk	3 Ladles			516g	
Rice Water Milk	4 Ladles				786g



TB-S



TBM-S



TB-M



TBM-M



TB-L



TBM-L



TB-X



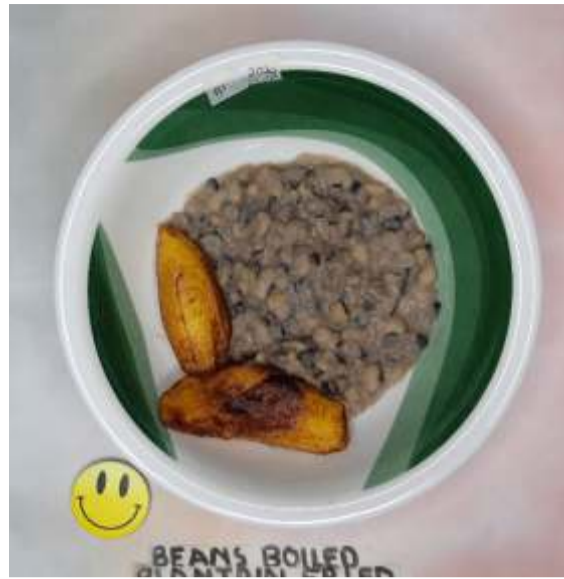
TBM-X

		S	M	L	X
<b>TB-X</b>					
Tom Brown	1 Ladle	102g			
Tom Brown	2 Ladles		204g		
Tom Brown	3 Ladles			306g	
Tom Brown	4 Ladles				414g

		S	M	L	X
<b>TBM-X</b>					
Tom Brown and Milk	1 Ladle	108g			
Tom Brown and Milk	2 Ladles		212g		
Tom Brown and Milk	3 Ladles			320g	
Tom Brown and Milk	4 Ladle				430g



BB-S



BBRPF-S



BBVO-S



BB-M



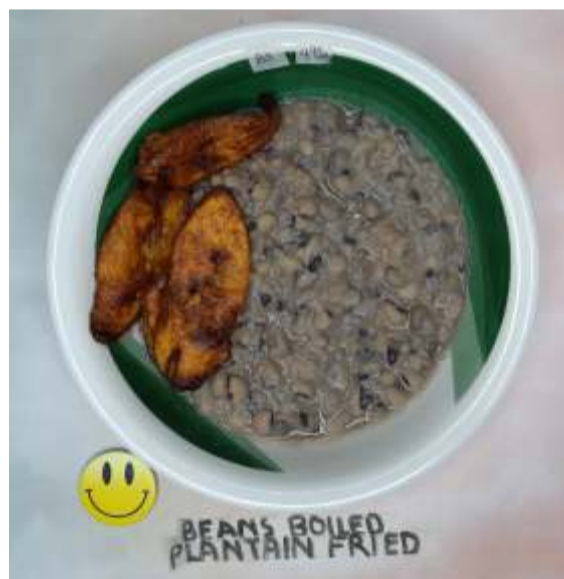
BBRPF-M



BBVO-M



BB-L



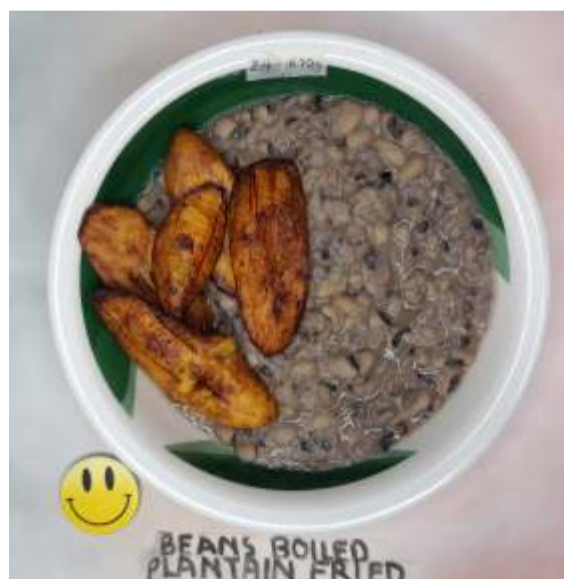
BBRPF-L



BBVO-L



BB-X



BBRPF-X



BBVO-X

		S	M	L	X
<b>BB-X</b>					
Beans Boiled	1 Ladle	148g			
Beans Boiled	2 Ladles		272g		
Beans Boiled	3 Ladles			406g	
Beans Boiled	4 Ladles				536g

		S	M	L	X
<b>BBRPF-X</b>					
Beans Boiled Ripe Plantain Fried	1 Ladle 2 Pieces	202g			
Beans Boiled Ripe Plantain Fried	2 Ladles 3 Pieces		354g		
Beans Boiled Ripe Plantain Fried	3 Ladles 4 Pieces			354g	
Beans Boiled Ripe Plantain Fried	4 Ladles 5 Pieces				672g

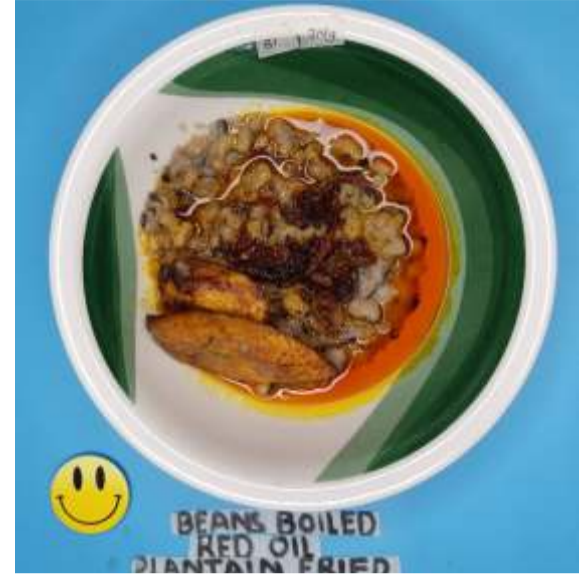
		S	M	L	X
<b>BBVO-X</b>					
Beans Boiled Vegetable Oil	1 Ladle 1 Tablespoon	164g			
Beans Boiled Vegetable Oil	2 Ladles 1 Tablespoon		288g		
Beans Boiled Vegetable Oil	3 Ladles 1 Tablespoon			422g	
Beans Boiled Vegetable Oil	4 Ladles 1 Tablespoon				560g



BBPO-S



BBVORPF-S



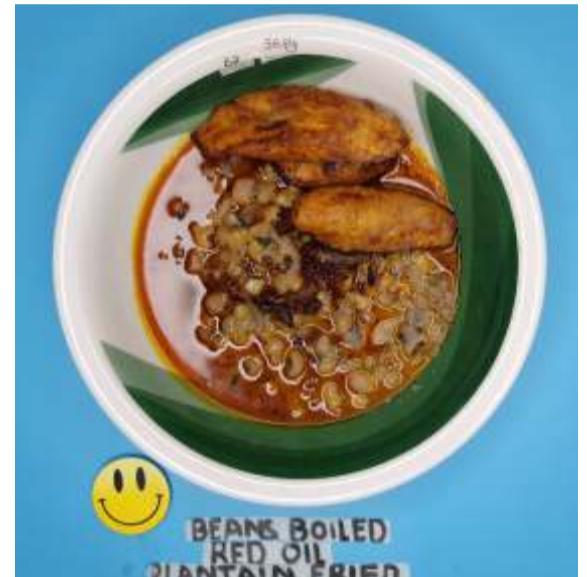
BBPORPF-S



BBPO-M



BBVORPF-M



BBPORPF-M



BBPO-L



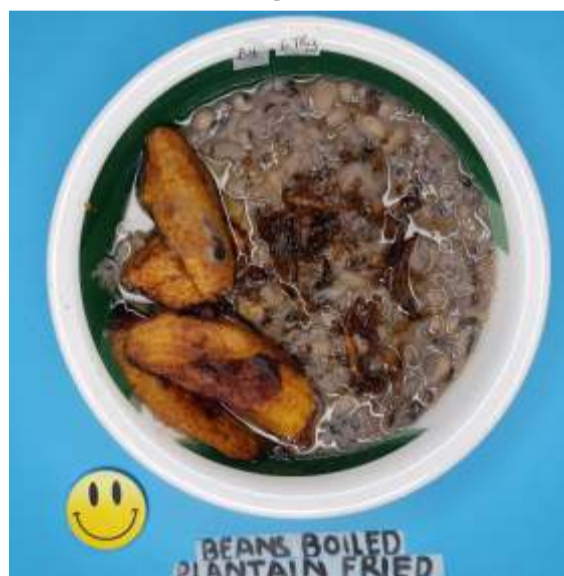
BBVORPF-L



BBPORPF-L



BBPO-X



BBVORPF-X



BBPORPF-X

		S	M	L	X
<b>BBPO-X</b>					
Beans Boiled Palm Oil	1 Ladle	166g			
Beans Boiled Palm Oil	2 Ladles		290g		
Beans Boiled Palm Oil	3 Ladles			432g	
Beans Boiled Palm Oil	4 Ladles				564g

		S	M	L	X
<b>BBVORPF-X</b>					
Beans Boiled Vegetable Oil Ripe Plantain Fried	1 Ladle 2 Pieces	232g			
Beans Boiled Vegetable Oil Ripe Plantain Fried	2 Ladles 3 Pieces		372g		
Beans Boiled Vegetable Oil Ripe Plantain Fried	3 Ladles 4 Pieces			422g	
Beans Boiled Vegetable Oil Ripe Plantain Fried	4 Ladles 4 Pieces				678g

		S	M	L	X
<b>BBPORPF-X</b>					
Beans Boiled Palm Oil Ripe Plantain Fried	1 Ladle 2 Pieces	214g			
Beans Boiled Palm Oil Ripe Plantain Fried	2 Ladles 3 Pieces		368g		
Beans Boiled Palm Oil Ripe Plantain Fried	3 Ladles 4 Pieces			544g	
Beans Boiled Palm Oil Ripe Plantain Fried	4 Ladles 5 Pieces				710g



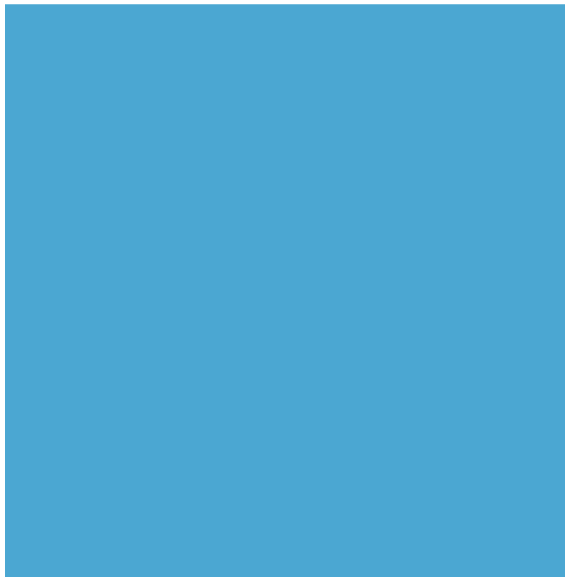
BBPORPFG-S



BBPORPFGPG-S



I-S



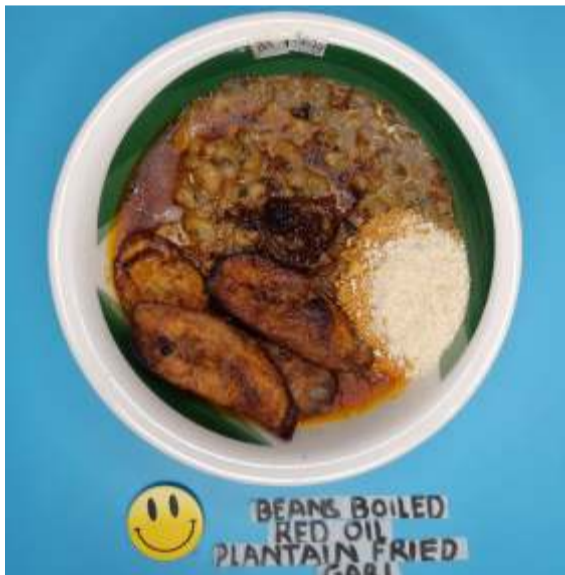
BBPORPFG-M



BBPORPFGPG-M



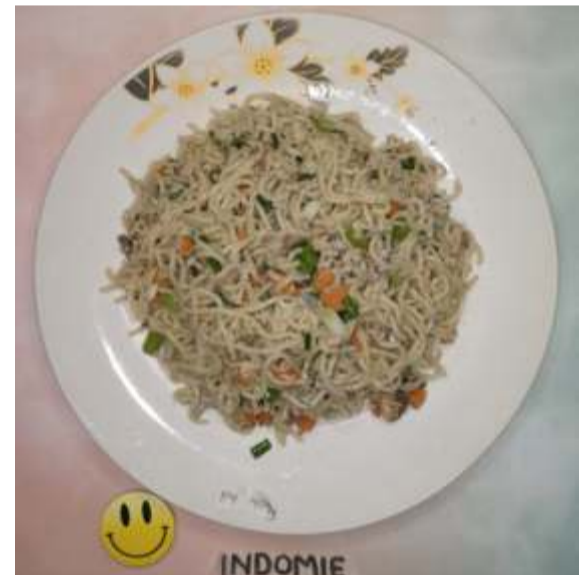
I-M



BBPORPFG-L



BBPORPFGPG-L



I-L



BBPORPFG-X



BBPORPFGPG-X



I-X

		S	M	L	X
<b>BBPORPFG-X</b>					
Beans Boiled					
Palm Oil	1 Ladle	214g			
Ripe Plantain Fried	2 Pieces				
Gari	1 Pieces				
Fish Fried					
Beans Boiled					
Palm Oil					
Ripe Plantain Fried					
Gari					
Beans Boiled	3 Ladles			544g	
Palm Oil	4 Pieces				
Ripe Plantain Fried					
Gari					
Beans Boiled	4 Ladles				730g
Palm Oil	5 Pieces				
Ripe Plantain Fried					
Gari					

		S	M	L	X
<b>BBPORPFGPG-X</b>					
Beans Boiled, Palm Oil					
Ripe Plantain Fried	1 Ladle	214g			
Grounded Pepper	2 Pieces				
Gari					
Beans Boiled, Palm Oil					
Ripe Plantain Fried	2 Ladles		342g		
Grounded Pepper	3 Pieces				
Gari					
Beans Boiled, Palm Oil					
Ripe Plantain Fried	3 Ladles			394g	
Grounded Pepper, Gari	2 Pieces				
Fish Fried	1 Piece				
Beans Boiled, Palm Oil					
Ripe Plantain Fried	4 Ladles				308g
Grounded Pepper, Gari	2 Pieces				
Fish Fried	1 Piece				

		S	M	L	X
<b>I-X</b>					
Indomie	1 Spoon	128g			
Indomie	2 Spoons		258g		
Indomie	3 Spoons			358g	
Indomie	4 Spoons				402g



ICF-S



MB-S



MBES-S



ICF-M



MB-M



MBES-M



ICF-L



MB-L



MBES-L



ICF-X



MB-X

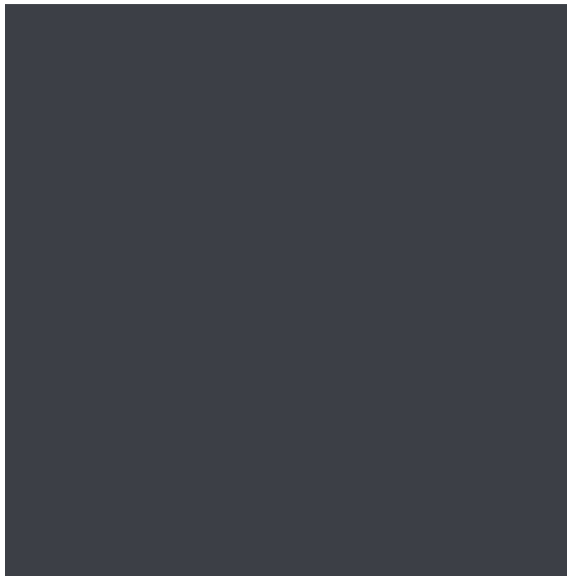


MBES-X

		S	M	L	X
<b>ICF-X</b>					
Indomie Chicken Fried					
Indomie Chicken Friede	2 Spoons 2 Pieces		306g		
Indomie Chicken Fried	3 Spoons 3 Pieces			404g	
Indomie Chicken Fried	4 Spoons 4 Pieces				452g

		S	M	L	X
<b>MB-X</b>					
Macaroni Boiled	1 Ladle	92g			
Macaroni Boiled	2 Ladles		132g		
Macaroni Boiled	3 Ladles			168g	
Macaroni Boiled	4 Ladles				206g

		S	M	L	X
<b>MBES-X</b>					
Macaroni Boiled Egg Stew	1 Spoons 1 Stew Spoon	184g			
Macaroni Boiled Egg Stew	2 Spoons 2 Stew Spoon		256g		
Macaroni Boiled Egg Stew	3 Spoons 3 Stew Spoon			294g	
Macaroni Boiled Egg Stew Meat Stew	4 Spoons 4 Stew Spoons				362g



MBVS-S



MBMMS-S



MBBS-S



MBVS-M



MBMMS-M



MBBS-M



MBVS-L



MBMMS-L



MBBS-L



MBVS-X



MBMMS-X



MBBS-X

		S	M	L	X
<b>MBVS-X</b>					
Macaroni Boiled Vegetable Stew					
Macaroni Boiled Vegetable Stew	2 Spoons 2 Stew Spoons		234g		
Macaroni Boiled Vegetable Stew	3 Spoons 3 Stew Spoons			274g	
Macaroni Boiled Vegetable Stew	4 Spoons 4 Stew Spoons				340g

		S	M	L	X
<b>MBMMS-X</b>					
Macaroni Boiled Minced Meat Stew	1 Spoons 1 Stew Spoon	144g			
Macaroni Boiled Minced Meat Stew	2 Spoons 2 Stew Spoons		214g		
Macaroni Boiled Minced Meat Stew	3 Spoons 3 Stew Spoons			250g	
Macaroni Boiled Minced Meat Stew	4 Spoons 4 Stew Spoons				356g

		S	M	L	X
<b>MBBS-X</b>					
Macaroni Boiled Beef Sauce	1 Spoon 1 Stew Spoon	154g			
Macaroni Boiled Beef Sauce	2 Spoons 2 Stew Spoons		224g		
Macaroni Boiled Beef Sauce	3 Spoons 3 Stew Spoons			274g	
Macaroni Boiled Beef Sauce	4 Spoons 4 Stew Spoons				354g



MBSBS-S



MBSFF-S



MBSEB-S



MBSBS-M



MBSFF-M



MBSEB-M



MBSBS-L



MBSFF-L



MBSEB-L



MBSBS-X



MBSFF-X



MBSEB-X

		S	M	L	X
<b>MBSBS-X</b>					
Macaroni Boiled Soya Bean Stew	1 Spoon 1 Stew Spoon	154g			
Macaroni Boiled Soya Bean Stew	2 Spoons 2 Stew Spoons		250g		
Macaroni Boiled Soya Bean Stew	3 Spoons 3 Stew Spoons			284g	
Macaroni Boiled Soya Bean Stew	4 Spoons 4 Stew Spoons				356g

		S	M	L	X
<b>MBSFF-X</b>					
Macaroni Boiled Soya Bean Stew Fish Fried	1 Spoon 1 Stew Spoon 1 Piece	212g			
Macaroni Soya Bean Stew Fish Fried	2 Spoons 2 Stew Spoons 1 Piece		298g		
Macaroni Soya Bean Stew Fish Fried	3 Spoons 3 Stew Spoons 1 Piece			354g	
Macaroni Soya Bean Stew Fish Fried					408g

		S	M	L	X
<b>MBSEB-X</b>					
Macaroni Boiled Soya Bean Stew Egg Boiled	1 Spoon 1 Stew Spoon 1 Piece	208g			
Macaroni Soya Bean Stew Egg Boiled	2 Spoons 2 Stew Spoons 1 Piece		270g		
Macaroni Soya Bean Stew Egg Boiled	3 Spoons 3 Stew Spoons 1 Piece			330g	
Macaroni Soya Bean Stew Egg Boiled	4 Spoons 4 Stew Spoons 1 Piece				408g



MBSBSCF-S



MBSBSEB-S



MBVSCF-S



MBSBSCF-M



MBSBSEB-M



MBVSCF-M



MBSBSCF-L



MBSBSEB-L



MBVSCF-L



MBSBSCF-X



MBSBSEB-X



	S	M	L	X
<b>MBSBSCF-X</b>				
Macaroni Boiled Soya Bean Stew Chicken Fried	1 Spoon 1 Stew Spoon 1 Piece	216g		
Macaroni Boiled Soya Bean Stew Chicken Fried	2 Spoons 2 Stew Spoons 1 Piece		274g	
Macaroni Boiled Soya Bean Stew Chicken Fried	3 Spoons 3 Stew Spoons 2 Piece			330g
Macaroni Boiled Soya Bean Stew Chicken Fried	4 Spoons 4 Stew Spoons 2 Piece			408g

	S	M	L	X
<b>MBSBSEB-X</b>				
Macaroni Boiled Soya Bean Stew Egg Boiled	1 Spoon 1 Stew Spoon 1 Piece	204g		
Macaroni Boiled Soya Bean Stew Egg Boiled	2 Spoons 2 Stew Spoons 1 Piece		294g	
Macaroni Boiled Soya Bean Stew Egg Boiled	3 Spoons 3 Stew Spoons 1 Piece			324g
Macaroni Boiled Soya Bean Stew Egg Boiled	4 Spoons 4 Stew Spoons 1 Piece			392g

	S	M	L	X
<b>MBVSCF-X</b>				
Macaroni Boiled Vegetable Stew Chicken Fried	1 Spoon 1 Stew Spoon 1 Piece	222g		
Macaroni Boiled Vegetable Stew Chicken Fried	2 Spoons 2 Stew Spoons 1 Piece		286g	
Macaroni Boiled Vegetable Stew Chicken Fried	3 Spoons 3 Stew Spoons 1 Piece			318g
Macaroni Boiled Vegetable Stew Chicken Fried				



MBVSFF-S



SBSBSCF-S



MBES-S



MBVSFF-M



SBSBSCF-M



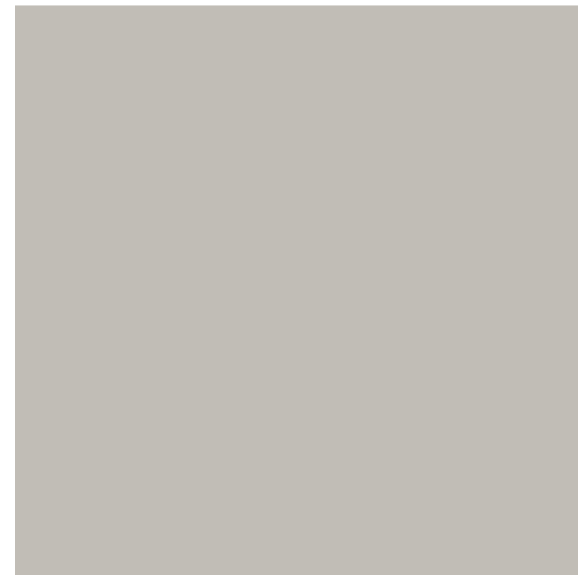
MBES-M



MBVSFF-L



SBSBSCF-L



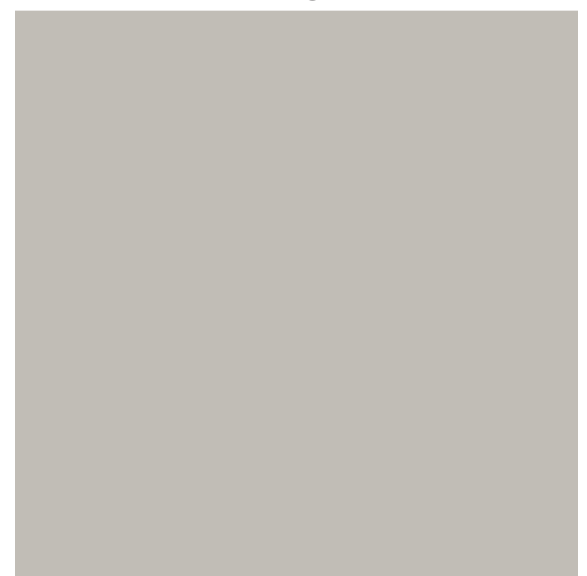
MBES-L



MBVSFF-X



SBSBSCF-X



MBES-X

		S	M	L	X
<b>MBVSFF-X</b>					
Macaroni Boiled Vegetable Stew Fish Fried	1 Spoon 1 Stew Spoon 1 Piece	218g			
Macaroni Boiled Vegetable Stew Fish Fried	2 Spoons 2 Stew Spoons 1 Piece		312g		
Macaroni Boiled Vegetable Stew Fish Fried	3 Spoons 3 Stew Spoons 2 Piece			344g	
Macaroni Boiled Vegetable Stew Fish Fried	4 Spoons 4 Stew Spoons 2 Piece				398g

		S	M	L	X
<b>SBSBSCF-X</b>					
Spaghetti Boiled Soya Bean Stew Chicken Fried	1 Spoon 1 Stew Spoon 1 Piece	280g			
Spaghetti Boiled Soya Bean Stew Chicken Fried	2 Spoons 2 Stew Spoons 1 Piece		392g		
Spaghetti Boiled Soya Bean Stew Chicken Fried	3 Spoons 3 Stew Spoons 1 Piece				
Spaghetti Boiled Soya Bean Stew Chicken Fried					

		S	M	L	X
<b>MBES-X</b>					
Macaroni Boiled Egg Stew	1 Spoon 1 Stew Spoon	280g			
Macaroni Boiled Egg Stew	2 Spoons 2 Stew Spoons		392g		
Macaroni Boiled Egg Stew					
Macaroni Boiled Egg Stew					



OR-S



ORS-S



ORGP-S



OR-M



ORS-M



ORGP-M



OR-L



ORS-L



ORGP-L



OR-X



ORS-X



ORGP-X

		S	M	L	X
<b>OR-X</b>					
Oil Rice	1 Ladle	162g			
Oil Rice	2 Ladles		224g		
Oil Rice	3 Ladles			350g	
Oil Rice	4 Ladles				446g

		S	M	L	X
<b>ORS-X</b>					
Oil Rice Sardine	1 Ladle 1 Piece	186g			
Oil Rice Sardine	2 Ladles 1 Piece		248g		
Oil Rice Sardine	3 Ladles 1 Piece			272g	
Oil Rice Sardine	4 Ladles 1 Piece				460g

		S	M	L	X
<b>ORGP-X</b>					
Oil Rice Grounded Pepper	1 Ladle 1 Tablespoon	176g			
Oil Rice Grounded Pepper	2 Ladles 1 Tablespoon		270g		
Oil Rice Grounded Pepper	3 Ladles 1 Tablespoon			384g	
Oil Rice Grounded Pepper	4 Ladles 1 Tablespoon				490g



ORS-S



ORGPEF-S



ORSEF-S



ORS-M



ORGPEF-M



ORSEF-M



ORS-L



ORGPEF-L



ORSEF-L



ORS-X



ORGPEF-X



ORSEF-X

ORS-X		S	M	L	X
Oil Rice Shito	1 Ladle 1 Tablespoon	112g			
Oil Rice Shito	2 Ladles 2 Tablespoons		260g		
Oil Rice Shito	3 Ladles 3 Tablespoons			386g	
Oil Rice Shito	4 Ladles 4 Tablespoons				502g

ORGPEF-X		S	M	L	X
Oil Rice Grounded Pepper Egg Fried	1 Ladle 1 Tablespoon 1 Piece	214g			
Oil Rice Grounded Pepper Egg Fried	2 Ladles 2 Tablespoons 1 Piece		310g		
Oil Rice Grounded Pepper Egg Fried	3 Ladles 3 Tablespoons 1 Piece			424g	
Oil Rice Grounded Pepper Egg Fried	4 Ladles 4 Tablespoons 1 Piece				528g

ORSEF-X		S	M	L	X
Oil Rice Shito Egg Fried	1 Ladle 1 Tablespoon 1 Piece	218g			
Oil Rice Shito Egg Fried	2 Ladles 1 Tablespoon 1 Piece		300g		
Oil Rice Shito Egg Fried	3 Ladles 1 Tablespoon 1 Piece			436g	
Oil Rice Shito Egg Fried	4 Ladles 1 Tablespoon 1 Piece				540g



ORGPS-S



ORSS-S



ORSEF-S



ORGPS-M



ORSS-M



ORSEF-M



ORGPS-L



ORSS-L



ORSEF-L



ORGPS-X



ORSS-X



ORSEF-X

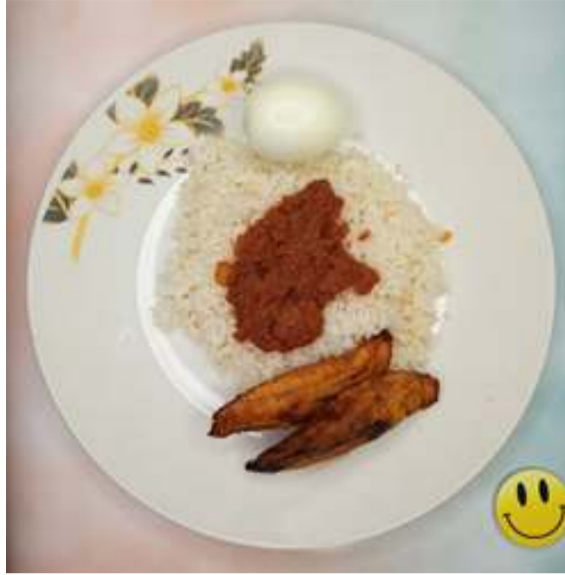
		S	M	L	X
<b>ORGPS-X</b>					
Oil Rice	1 Ladle				
Grounded Pepper	1 Tablespoon	202g			
Sardine	1 Piece				
Oil Rice	2 Ladles		288g		
Grounded Pepper	2 Tablespoons				
Sardine	1 Piece				
Oil Rice	3 Ladles			380g	
Grounded Pepper	3 Tablespoons				
Sardine	1 Piece				
Oil Rice	4 Ladles				450g
Grounded Pepper	4 Tablespoons				
Sardine	1 Piece				

		S	M	L	X
<b>ORSS-X</b>					
Oil Rice	1 Ladle				
Shito	1 Tablespoon	198g			
Sardine	1 Piece				
Oil Rice	2 Ladles		286g		
Shito	2 Tablespoons				
Sardine	1 Piece				
Oil Rice	3 Ladles			404g	
Shito	3 Tablespoons				
Sardine	1 Piece				
Oil Rice	4 Ladles				450g
Shito	4 Tablespoons				
Sardine	1 Piece				

		S	M	L	X
<b>ORSEF-X</b>					
Oil Rice	1 Ladle				
Shito	1 Tablespoon	218g			
Egg Fried	1 Piece				
Oil Rice	2 Ladles		300g		
Shito	1 Tablespoon				
Egg Fried	1 Piece				
Oil Rice	3 Ladles			436g	
Shito	1 Tablespoon				
Egg Fried	1 Piece				
Oil Rice	4 Ladles				540g
Shito	1 Tablespoon				
Egg Fried	1 Piece				



PRB-S



PRBTSRPFEB-S



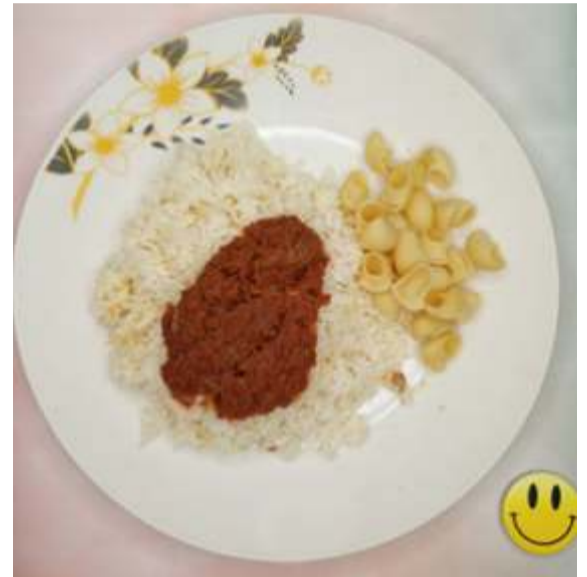
PRBTSM-S



PRB-M



PRBTSRPFEB-M



PRBTSM-M



PRB-L



PRBTSRPFEB-L



PRBTSM-L



PRB-X



PRBTSRPFEB-X



PRBTSM-X

PRB-X		S	M	L	X
Plain Rice Boiled	1 Ladle	148g			
Plain Rice Boiled	2 Ladle		242g		
Plain Rice Boiled	3 Ladle			340g	
Plain Rice Boiled	4 Ladle				424g

PRBTSRPFEB-X		S	M	L	X
Plain Rice Boiled Tomato Stew Ripe Plantain Fried Egg Boiled	1 Ladle 1 Stew Spoon 2 Pieces	148g			
Plain Rice Boiled Tomato Stew Ripe Plantain Fried Egg Boiled	2 Ladle 2 Stew Spoon 2 Pieces		242g		
Plain Rice Boiled Tomato Stew Ripe Plantain Fried Egg Boiled	3 Ladle 3 Stew Spoon 2 Pieces			340g	
Plain Rice Boiled Tomato Stew Ripe Plantain Fried Egg Boiled	4 Ladle 4 Stew Spoon 2 Pieces				424g

PRBTSM-X		S	M	L	X
Plain Rice Boiled Tomato Stew Macaroni	1 Ladle 1 Stew Spoon 1 Ladle	208g			
Plain Rice Boiled Tomato Stew Macaroni	2 Ladle 2 Stew Spoon 1 Ladle		330g		
Plain Rice Boiled Tomato Stew Macaroni	3 Ladle 3 Stew Spoon 1 Ladle			484g	
Plain Rice Boiled Tomato Stew Macaroni	4 Ladle 4 Stew Spoon 1 Ladle				592g



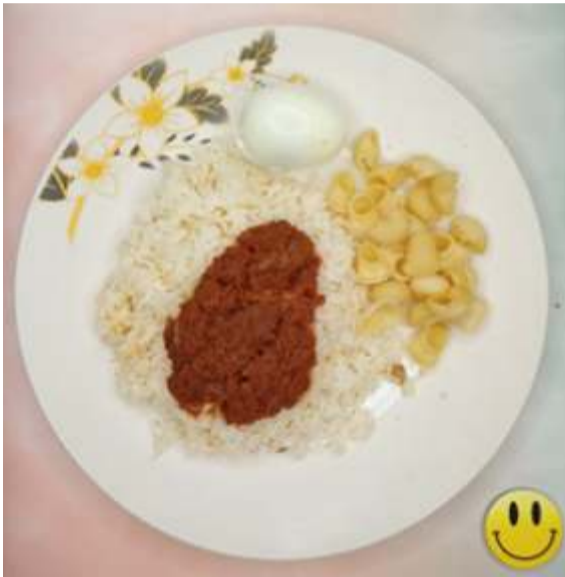
PRBTSME-S



PRBTSMCF-S



PRBTSMCG-S



PRBTSME-M



PRBTSMCF-M



PRBTSMCG-M



PRBTSME-L



PRBTSMCF-L



PRBTSMCG-L



PRBTSME-X



PRBTSMCF-X



PRBTSMCG-X

		S	M	L	X
<b>PRBTSME-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew Spoon	202g			
Macaroni	1 Ladle				
Egg Boiled	1 Piece				
Plain Rice Boiled	2 Ladle		378g		
Tomato Stew	2 Stew Spoon				
Macaroni	1 Ladle				
Egg Boiled	1 Piece				
Plain Rice Boiled	3 Ladle			340g	
Tomato Stew	3 Stew Spoon				
Macaroni	1 Ladle				
Egg Boiled	1 Piece				
Plain Rice Boiled	4 Ladle				424g
Tomato Stew	4 Stew Spoon				
Macaroni	1 Ladle				
Egg Boiled	1 Piece				

		S	M	L	X
<b>PRBTSMCF-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoons	272g			
Macaroni	1 Ladle				
Chicken Fried	1 Piece				
Plain Rice Boiled	2 Ladle		380g		
Tomato Stew	2 Stew spoons				
Macaroni	1 Ladle				
Chicken Fried	1 Piece				
Plain Rice Boiled	3 Ladle			534g	
Tomato Stew	3 Stew spoons				
Macaroni	1 Ladle				
Chicken Fried	1 Piece				
Plain Rice Boiled	4 Ladle				646g
Tomato Stew	4 Stew spoons				
Macaroni	1 Ladle				
Chicken Fried	1 Piece				

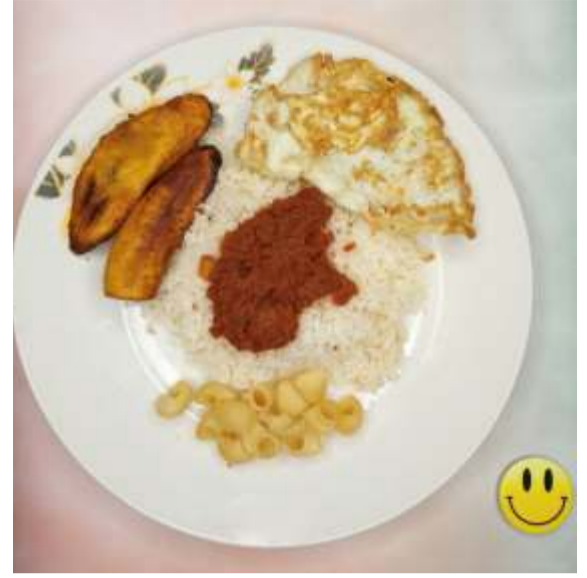
		S	M	L	X
<b>PRBTSMCG-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoons	288g			
Macaroni	1 Ladle				
Chicken Grilled	1 Piece				
Plain Rice Boiled	2 Ladle		392g		
Tomato Stew	2 Stew spoons				
Macaroni	1 Ladle				
Chicken Grilled	1 Piece				
Plain Rice Boiled	3 Ladle			532g	
Tomato Stew	3 Stew spoons				
Macaroni	1 Ladle				
Chicken Grilled	1 Piece				
Plain Rice Boiled	4 Ladle				640g
Tomato Stew	4 Stew spoons				
Macaroni	1 Ladle				
Chicken Grilled	1 Piece				



PRBTSMRPF-S



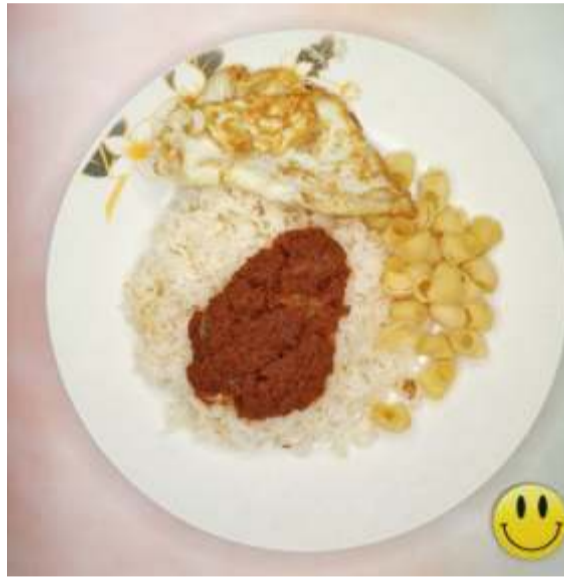
PRBTSMEF-S



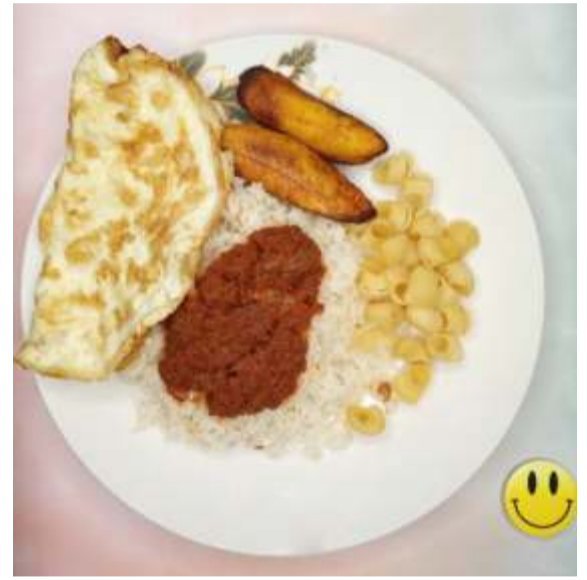
PRBTSMRPF-S



PRBTSMRPF-M



PRBTSMEF-M



PRBTSMRPF-M



PRBTSMRPF-L



PRBTSMEF-L



PRBTSMRPF-L



PRBTSMRPF-X



PRBTSMEF-X



PRBTSMRPF-X

		S	M	L	X
<b>PRBTSMRPF-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoons	274g			
Macaroni	1 Ladle				
Ripe Plantain Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons		386g		
Macaroni	1 Ladle				
Ripe Plantain Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons			538g	
Macaroni	1 Ladle				
Ripe Plantain Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				646g
Macaroni	1 Ladle				
Ripe Plantain Fried	1 Piece				

		S	M	L	X
<b>PRBTSMEF-X</b>					
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons	268g			
Macaroni	1 Ladle				
Egg Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons		360g		
Macaroni	1 Ladle				
Egg Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons			598g	
Macaroni	1 Ladle				
Egg Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				664g
Macaroni	1 Ladle				
Egg Fried	1 Piece				

		S	M	L	X
<b>PRBTSMRPF-X</b>					
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons	302g			
Macaroni	1 Ladle				
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons		464g		
Macaroni	1 Ladle				
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons			652g	
Macaroni	1 Ladle				
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				702g
Macaroni	1 Ladle				
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				



PRBTSMRPFEB-S



PRBTSMRPFEE-S



PRBTSMRPFCE-S



PRBTSMRPFEB-M



PRBTSMRPFEE-M



PRBTSMRPFCE-M



PRBTSMRPFEB-L



PRBTSMRPFEE-L



PRBTSMRPFCE-L



PRBTSMRPFEB-X



PRBTSMRPFEE-X



PRBTSMRPFCE-X

		S	M	L	X
<b>PRBTSMRPFEB-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoon				
Macaroni	1 Ladle	318g			
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons				
Macaroni	1 Ladle		432g		
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons				
Macaroni	1 Ladle			580g	
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				
Macaroni	1 Ladle				672g
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				

		S	M	L	X
<b>PRBTSMEEFF-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoon				
Macaroni	1 Ladle	366g			
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons				
Macaroni	1 Ladle		478g		
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons				
Macaroni	1 Ladle			594g	
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				
Macaroni	1 Ladle				678g
Ripe Plantain Fried	2 Pieces				
Egg Fried	1 Piece				

		S	M	L	X
<b>PRBTSMRPFCE-X</b>					
Plain Rice Boiled	1 Ladle				
Tomato Stew	1 Stew spoon				
Macaroni	1 Ladle	318g			
Ripe Plantain Fried	2 Pieces				
Chicken Fried	1 Piece				
Plain Rice Boiled	2 Ladle				
Tomato Stew	2 Stew spoons				
Macaroni	1 Ladle		446g		
Ripe Plantain Fried	2 Pieces				
Chicken Fried	1 Piece				
Plain Rice Boiled	3 Ladle				
Tomato Stew	3 Stew spoons				
Macaroni	1 Ladle			586g	
Ripe Plantain Fried	2 Pieces				
Chicken Fried	1 Piece				
Plain Rice Boiled	4 Ladle				
Tomato Stew	4 Stew spoons				
Macaroni	1 Ladle				688g
Ripe Plantain Fried	2 Pieces				
Chicken Fried	1 Piece				



PRBTSMRPF CG-S



PRBTSCG-S



PRBTSEB-S



PRBTSMRPF CG-M



PRBTSCG-M



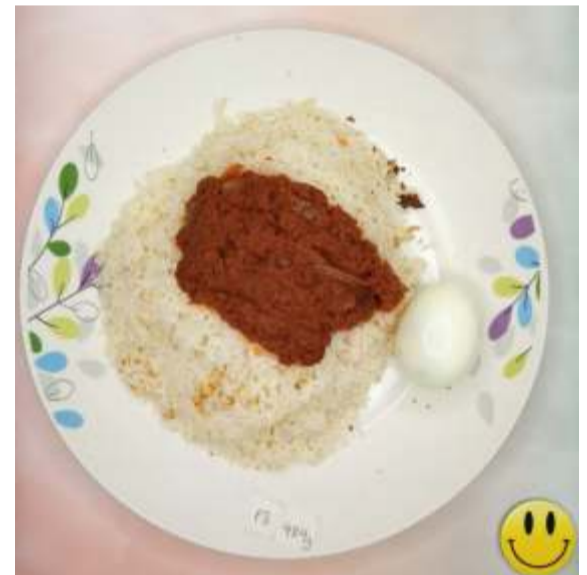
PRBTSEB-M



PRBTSMRPF CG-L



PRBTSCG-L



PRBTSEB-L



PRBTSMRPF CG-X



PRBTSCG-X



PRBTSEB-X

		S	M	L	X
<b>PRBTSMRPF CG-X</b>					
Plain Rice Boiled Tomato Stew Macaroni Ripe Plantain Fried Chicken Grilled	1 Ladle 1 Stew spoon 1 Ladle 2 Pieces 1 Piece	348g			
Plain Rice Boiled Tomato Stew Macaroni Ripe Plantain Fried Chicken Grilled	2 Ladle 2 Stew spoons 1 Ladle 2 Pieces 1 Piece		430g		
Plain Rice Boiled Tomato Stew Macaroni Ripe Plantain Fried Chicken Grilled	3 Ladle 3 Stew spoons 1 Ladle 2 Pieces 1 Piece			594g	
Plain Rice Boiled Tomato Stew Macaroni Ripe Plantain Fried Chicken Grilled	4 Ladle 4 Stew spoons 1 Ladle 2 Pieces 1 Piece				668g

		S	M	L	X
<b>PRBTSCG-X</b>					
Plain Rice Boiled Tomato Stew Chicken Grilled	1 Ladle 1 Stew Spoon 1 Piece	268g			
Plain Rice Boiled Tomato Stew Chicken Grilled	2 Ladle 2 Stew Spoons 1 Piece		342g		
Plain Rice Boiled Tomato Stew Chicken Grilled	3 Ladle 3 Stew Spoons 1 Piece			502g	
Plain Rice Boiled Tomato Stew Chicken Grilled	4 Ladle 4 Stew Spoons 1 Piece				580g

		S	M	L	X
<b>PRBTSEB-X</b>					
Plain Rice Boiled Tomato Stew Egg Boiled	1 Ladle 1 Stew Spoon 1 Ladle	234g			
Plain Rice Boiled Tomato Stew Egg Boiled	2 Ladle 2 Stew Spoons 1 Ladle		342g		
Plain Rice Boiled Tomato Stew Egg Boiled	3 Ladle 3 Stew Spoons 1 Ladle			484g	
Plain Rice Boiled Tomato Stew Egg Boiled	4 Ladle 4 Stew Spoons 1 Ladle				592g



PRBTSEF-S



PRBTSRPF-S



PRBTSFF-S



PRBTSEF-M



PRBTSRPF-M



PRBTSFF-M



PRBTSEF-L



PRBTSRPF-L



PRBTSFF-L



PRBTSMEF-X



PRBTSRPF-X



PRBTSFF-X

		S	M	L	X
<b>PRBTSMEF-X</b>					
Plain Rice Boiled	1 Ladle	262g			
Tomato Stew	1 Stew Spoon				
Egg Fried	1 Piece				
Plain Rice Boiled	2 Ladle		410g		
Tomato Stew	2 Stew Spoons				
Egg Boiled	1 Piece				
Plain Rice Boiled	3 Ladle			466g	
Tomato Stew	3 Stew Spoons				
Egg Boiled	1 Piece				
Plain Rice Boiled	4 Ladle				664g
Tomato Stew	4 Stew Spoons				
Macaroni	1 Ladle				
Egg Boiled	1 Piece				

1

		S	M	L	X
<b>PRBTSRPF-X</b>					
Plain Rice Boiled	1 Ladle	240g			
Tomato Stew	1 Stew Spoon				
Ripe Plantain Fried	2 Piece				
Plain Rice Boiled	2 Ladle		342g		
Tomato Stew	2 Stew Spoons				
Ripe Plantain Fried	2 Piece				
Plain Rice Boiled	3 Ladle			340g	
Tomato Stew	3 Stew Spoon				
Ripe Plantain Fried	2 Piece				
Plain Rice Boiled	4 Ladle				424g
Tomato Stew	4 Stew Spoons				
Macaroni	1 Ladle				
Ripe Plantain Fried	2 Piece				

		S	M	L	X
<b>PRBTSFF-X</b>					
Plain Rice Boiled	1 Ladle	244g			
Tomato Stew	1 Stew Spoon				
Fish Fried	1 Ladle				
Plain Rice Boiled	2 Ladle		242g		
Tomato Stew	2 Stew Spoons				
Fish Fried	1 Ladle				
Plain Rice Boiled	3 Ladle			340g	
Tomato Stew	3 Stew Spoon				
Fish Fried	1 Ladle				
Plain Rice Boiled	4 Ladle				424g
Tomato Stew	4 Stew Spoon				
Fish Fried	1 Ladle				



PRBES-S



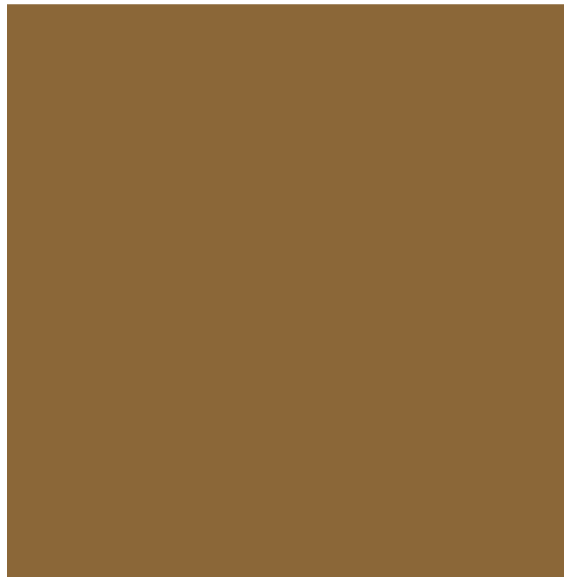
PRBES-S



PRBESBS-S



PRBES-M



PRBES-M



PRBESBS-M



PRBES-L



PRBES-L



PRBESBS-L



PRBES-X



PRBES-X



PRBESBS-X

		S	M	L	X
<b>PRBES-X</b>					
Plain Rice Boiled Egg Stew	1 Ladle 1 Stew Spoon	260g			
Plain Rice Boiled Egg Stew	2 Ladle 2 Stew Spoons		318g		
Plain Rice Boiled Egg Stew	3 Ladle 3 Stew Spoons			444g	
Plain Rice Boiled Egg Stew	4 Ladle 4 Stew Spoons				570g

		S	M	L	X
<b>PRBES-X</b>					
Plain Rice Boiled Egg Stew	1 Ladle 1 Stew Spoon	258g			
Plain Rice Boiled Egg Stew					
Plain Rice Boiled Egg Stew	3 Ladle 3 Stew Spoons			436g	
Plain Rice Boiled Egg Stew	4 Ladle 4 Stew Spoons				564g

	3 Ladles	S	M	L	X
<b>PRBESBS-X</b>					
Plain Rice Boiled Soya Bean Stew	1 Ladle 1 Stew Spoon	255g			
Plain Rice Boiled Soya Bean Stew	2 Ladles 2 Stew Spoons		336g		
Plain Rice Boiled Soya Bean Stew	3 Ladles 3 Stew Spoons			440g	
Plain Rice Boiled Soya Bean Stew	4 Ladles 4 Stew Spoons				582g



PRBSBSFF-S



PRBSBSFF-S



PRBBS-S



PRBSBSFF-M



PRBSBSFF-M



PRBBS-M



PRBSBSFF-L



PRBSBSFF-L



PRBBS-L



PRBSBSFF-X



PRBSBSFF-X



PRBBS-X

		S	M	L	X
<b>PRBSBSFF-X</b>					
Plain Rice Boiled Soya Bean Stew Fish Fried	1 Ladle 1 Stew Spoon 1 Piece	302g			
Plain Rice Boiled Soya Bean Stew Fish Fried	2 Ladles 2 Stew Spoons 1 Piece		394g		
Plain Rice Boiled Soya Bean Stew Fish Fried	3 Ladles 3 Stew Spoons 1 Piece			490g	
Plain Rice Boiled Soya Bean Stew Fish Fried	4 Ladles 4 Stew Spoons 1 Piece				644g

		S	M	L	X
<b>PRBSBSFF-X</b>					
Plain Rice Boiled Soya Bean Stew Fish Fried	1 Ladle 1 Stew Spoon 1 Piece	302g			
Plain Rice Boiled Soya Bean Stew Fish Fried	2 Ladles 2 Stew Spoons 1 Piece		394g		
Plain Rice Boiled Soya Bean Stew Fish Fried	3 Ladles 3 Stew Spoons 1 Piece			482g	
Plain Rice Boiled Soya Bean Stew Fish Fried	4 Ladles 4 Stew Spoons 1 Piece				632g

		S	M	L	X
<b>PRBBS-X</b>					
Plain Rice Boiled Beef Sauce	1 Ladle 1 Stew Spoon	228g			
Plain Rice Boiled Beef Sauce	2 Ladle 2 Stew Spoon		322g		
Plain Rice Boiled Beef Sauce	3 Ladle 3 Stew Spoon			436g	
Plain Rice Boiled Beef Sauce	4 Ladle 4 Stew Spoon				522g



PRBVS-S



PRBVSEB-S



PRBVSFF-S



PRBVS-M



PRBVSEB-M



PRBVSFF-M



PRBVS-L



PRBVSEB-L



PRBVSFF-L



PRBVS-X



PRBVSEB-X



PRBVSFF-X

		S	M	L	X
<b>PRBVS-X</b>					
Plain Rice Boiled	1 Ladle	264g			
Vegetable Stew	1 Stew Spoon				
Plain Rice Boiled	2 Ladle		366g		
Vegetable Stew	2 Stew Spoon				
Plain Rice Boiled	3 Ladle			494g	
Vegetable Stew	3 Stew Spoon				
Plain Rice Boiled	4 Ladle				616g
Vegetable Stew	4 Stew Spoon				

		S	M	L	X
<b>PRBVSEB-X</b>					
Plain Rice Boiled	1 Ladle	317g			
Vegetable Stew	1 Stew Spoon				
Egg Boiled	1 Piece				
Boiled Yam	2 Ladle		416g		
Vegetable Stew	2 Stew Spoons				
Egg Boiled	1 Piece				
Boiled Yam	3 Ladle			548g	
Vegetable Stew	3 Stew Spoons				
Egg Boiled	1 Piece				
Boiled Yam	4 Ladle				684g
Vegetable Stew	4 Stew Spoons				
Egg Boiled	1 Piece				

		S	M	L	X
<b>PRBVSFF-X</b>					
Plain Rice Boiled	1 Ladle	334g			
Vegetable Stew	1 Stew Spoon				
Fish Fried	1 Piece				
Plain Rice Boiled	2 Ladle		436g		
Vegetable Stew	2 Stew Spoon				
Fish Fried	1 Piece				
Plain Rice Boiled	3 Ladle			548g	
Vegetable Stew	3 Stew Spoon				
Fish Fried	1 Piece				
Plain Rice Boiled	4 Ladle				688g
Vegetable Stew	4 Stew Spoon				
Fish Fried	1 Piece				



☺ RICE BOILED  
MINCED MEAT STEW  
FRIED PLANTAIN

PRBMS/SP-S



☺ RICE BOILED  
MINCED MEAT STEW

PRBRPFMMS-S



☺

PRBBS-S



☺ RICE BOILED

PRBMS/SP-M



☺ RICE BOILED  
MINCED MEAT STEW

PRBRPFMMS-M



☺

PRBBS-M



☺ RICE BOILED

PRBMS/SP-L



☺ RICE BOILED  
MINCED MEAT STEW

PRBRPFMMS-L



☺

PRBBS-L



☺ RICE BOILED  
MINCED MEAT STEW  
FRIED PLANTAIN

PRBMS/SP-X



☺ RICE BOILED  
MINCED MEAT STEW

PRBRPFMMS-X



☺

PRBBS-X

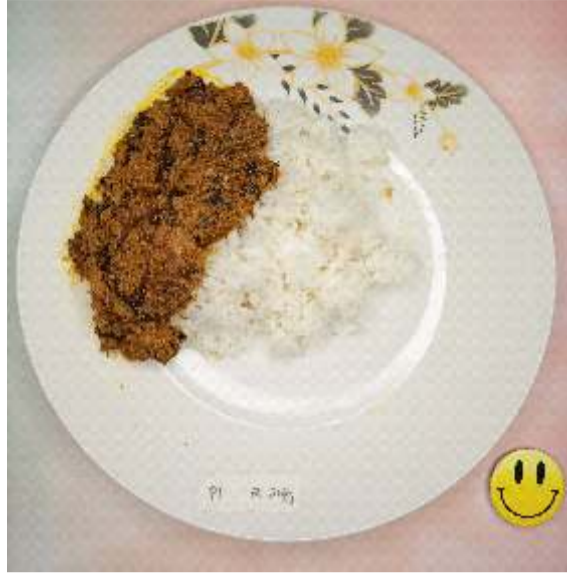
		S	M	L	X
<b>PRBMS/SP-X</b>					
Plain Rice Boiled	1 Ladle				
Minced Meat Stew	1 Stew Spoon	298g			
Ripe Plantain Fried	2 Pieces				
Plain Rice Boiled	2 Ladles		388g		
Minced Meat Stew	2 Stew Spoon				
Ripe Plantain Fried	3 Pieces				
Plain Rice Boiled	3 Ladles			302g	
Minced Meat Stew	3 Stew Spoon				
Ripe Plantain Fried	3 Pieces				
Plain Rice Boiled	4 Ladles				688g
Minced Meat Stew	4 Stew Spoon				
Ripe Plantain Fried	5 Pieces				

		S	M	L	X
<b>PRBRPFMMS-X</b>					
Plain Rice Boiled	2 Pieces				
Ripe Plantain Fried	1 Stew Spoon	292g			
Minced Meat Stew					
Plain Rice Boiled	3 Pieces		318g		
Ripe Plantain Fried	2 Stew Spoon				
Minced Meat Stew					
Plain Rice Boiled	3 Pieces			512g	
Ripe Plantain Fried	3 Stew Spoon				
Minced Meat Stew					
Plain Rice Boiled	4 Pieces				682g
Ripe Plantain Fried	4 Stew Spoon				
Minced Meat Stew					

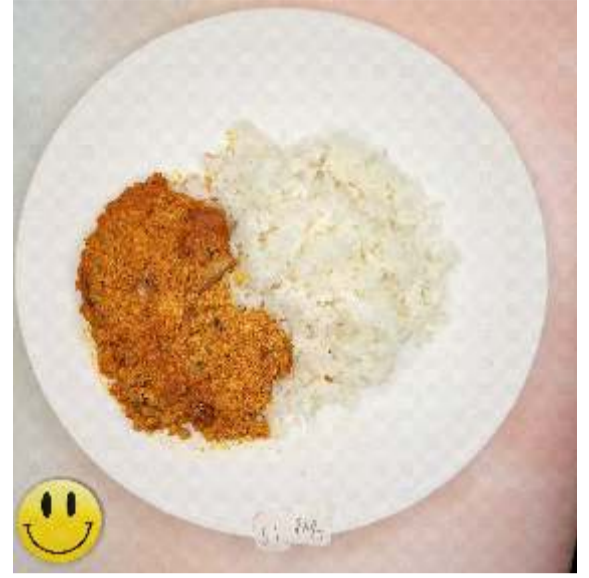
		S	M	L	X
<b>PRBBS-X</b>					
Plain Rice Boiled	1 Ladle				
Beans stew	2 Ladles	242g			
Plain Rice Boiled	2 Ladles		444g		
Beans stew	3 Ladles				
Plain Rice Boiled	3 Ladles			566g	
Beans stew	4 Ladles				
Plain Rice Boiled	4 Ladles				790g
Beans stew	4 Ladles				



PRBKS-S



PRBPS-S



PRBAS-S



PRBKS-M



PRBPS-M



PRBAS-M



PRBKS-L



PRBPS-L



PRBAS-L



PRBKS-X



PRBPS-X



PRBAS-X

		S	M	L	X
<b>PRBKS-X</b>					
Plain Rice Boiled	1 Ladle	246g			
Kontonmire stew	1 Ladle				
Plain Rice Boiled	2 Ladles		442g		
Kontonmire stew	2 Ladles				
Plain Rice Boiled	3 Ladles			546g	
Kontonmire stew	3 Ladles				
Plain Rice Boiled	4 Ladle				836g
Kontonmire stew	4 Ladles				

		S	M	L	X
<b>PRBPS-X</b>					
Plain Rice Boiled	1 Ladle	266g			
Palava sauce	1 Ladle				
Plain Rice Boiled	2 Ladles		488g		
Palava sauce	2 Ladles				
Plain Rice Boiled	3 Ladle			574g	
Palava sauce	3 Ladles				
Plain Rice Boiled	4 Ladle				862g
Palava sauce	4 Ladles				

		S	M	L	X
<b>PRBAS-X</b>					
Plain Rice Boiled	1 Ladle	264g			
Agushie stew	2 Ladles				
Plain Rice Boiled	2 Ladles		414g		
Agushie stew	3 Ladles				
Plain Rice Boiled	3 Ladles			620g	
Agushie stew	4 Ladles				
Plain Rice Boiled	4 Ladles				774g
Agushie stew	4 Ladles				



PRBGES-S



PRBBSBE-S



pRBBSFC-S



PRBGES-M



PRBBSBE-M



PRBBSFC-M



PRBGES-L



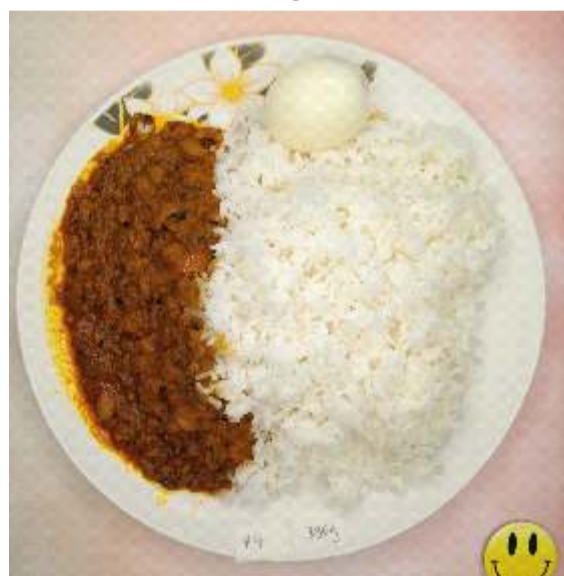
PRBBSBE-L



PRBBSFC-L



PRBGES-X



PRBBSBE-X



PRBBSFC-X

		S	M	L	X
<b>PRBGES-X</b>					
Plain Rice Boiled Garden Egg stew	1 Ladle 1 Ladle	280g			
Plain Rice Boiled Garden Egg stew	2 Ladles 2 Ladles		572g		
Plain Rice Boiled Garden Egg stew	3 Ladles 3 Ladles			610g	
Plain Rice Boiled Garden Egg stew	4 Ladle 4 Ladles				832g

		S	M	L	X
<b>PRBBSBE-X</b>					
Plain Rice Boiled Beans stew Boiled Egg	1 Ladle 1 Ladle	292g			
Plain Rice Boiled Beans stew Boiled Egg	2 Ladles 2 Ladles		488g		
Plain Rice Boiled Beans stew Boiled Egg	3 Ladle 3 Ladles			616g	
Plain Rice Boiled Beans stew Boiled Egg	4 Ladle 4 Ladles				836g

		S	M	L	X
<b>PRBBSFC-X</b>					
Plain Rice Boiled Beans stew Fried Chicken	1 Ladle 2 Ladles 1 Piece	264g			
Plain Rice Boiled Beans stew Fried Chicken	2 Ladles 3 Ladles 1 Piece		414g		
Plain Rice Boiled Beans stew Fried Chicken	3 Ladles 4 Ladles 1 Piece			620g	
Plain Rice Boiled Beans stew Fried Chicken	4 Ladles 4 Ladles 1 Piece				774g



PRBBSFF-S



PRBKSFF-S



PRBKSBE-S



PRBBSFF-M



PRBKSFF-M



PRBKSBE-M



PRBBSFF-L



PRBKSFF-L



PRBKSBE-L



PRBBSFF-X



PRBKSFF-X



PRBKSBE-X

		S	M	L	X
<b>PRBBSFF-X</b>					
Plain Rice Boiled	1 Ladle				
Beans Stew	1 Ladle	322g			
Fried Fish	1 Piece				
Plain Rice Boiled	2 Ladles		524g		
Beans Stew	2 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	3 Ladles			606g	
Beans Stew	3 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	4 Ladle				822g
Beans Stew	4 Ladles				
Fried Fish	1 Piece				

		S	M	L	X
<b>PRBKSFF-X</b>					
Plain Rice Boiled	1 Ladle				
Kontonmire stew	1 Ladle	326g			
Fried Fish	1 Piece				
Plain Rice Boiled	2 Ladles		482g		
Kontonmire Stew	2 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	3 Ladle			630g	
Kontonmire Stew	3 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	4 Ladle				876g
Kontonmire Stew	4 Ladles				
Fried Fish	1 Piece				

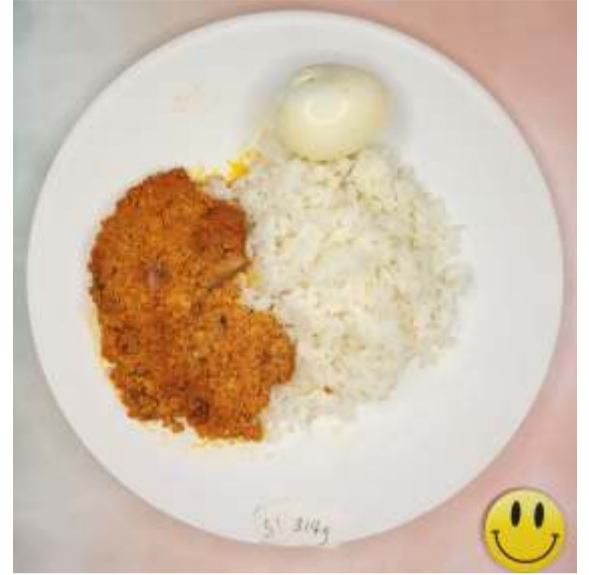
		S	M	L	X
<b>PRBKSBE-X</b>					
Plain Rice Boiled	1 Ladle				
Kontonmire stew	2 Ladles	316g			
Boiled Egg	1 Piece				
Plain Rice Boiled	2 Ladles		486g		
Kontonmire stew	3 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	3 Ladles			592g	
Kontonmire stew	4 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	4 Ladles				874g
Kontonmire stew	4 Ladles				
Boiled Egg	1 Piece				



PRBKSFC-S



PRBASFC-S



PRBASBE-S



PRBKSFC-M



PRBASFC-M



PRBASBE-M



PRBKSFC-L



PRBASFC-L



PRBASBE-L



PRBKSFC-X



PRBASFC-X



PRBASBE-X

		S	M	L	X
<b>PRBKSFC-X</b>					
Plain Rice Boiled	1 Ladle				
Kontomire stew	1 Ladle	320g			
Fried Chicken	1 Piece				
Plain Rice Boiled	2 Ladles		482g		
Kontomire stew	2 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	3 Ladles			596g	
Kontomire stew	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladle				826g
Kontomire stew	4 Ladles				
Fried Chicken	1 Piece				

		S	M	L	X
<b>PRBASFC-X</b>					
Plain Rice Boiled	1 Ladle				
Agushie stew	1 Ladle	462g			
Fried Chicken	1 Pieces				
Plain Rice Boiled	2 Ladles		660g		
Agushie stew	2 Ladle				
Fried Chicken	1 Pieces				
Plain Rice Boiled	3 Ladle			660g	
Agushie stew	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladle				812g
Agushie stew	4 Ladles				
Fried Chicken	1 Piece				

		S	M	L	X
<b>PRBASBE-X</b>					
Plain Rice Boiled	1 Ladle				
Agushie stew	2 Ladles	314g			
Boiled Egg	1 Piece				
Plain Rice Boiled	2 Ladles		462g		
Agushie stew	3 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	3 Ladles			668g	
Agushie stew	4 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	4 Ladles				822g
Agushie stew	4 Ladles				
Boiled Egg	1 Piece				



PRBASFF-S



PRBASFC-S



PRBPSFC-S



PRBASFF-M



PRBASFC-M



PRBPSFC-M



PRBASFF-L



PRBASFC-L



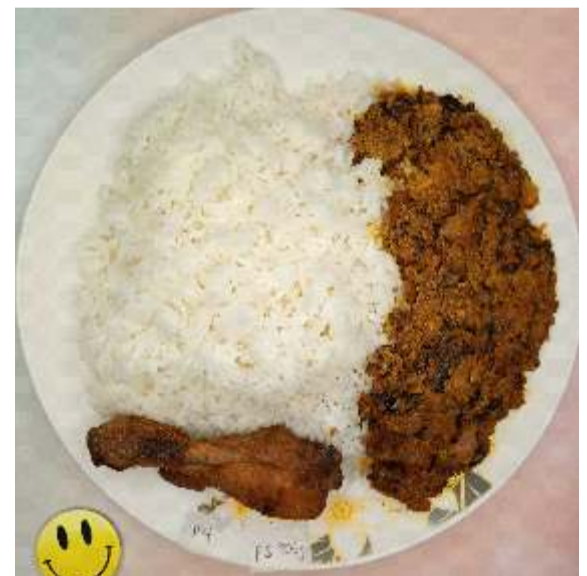
PRBPSFC-L



PRBASFF-X



PRBASFC-X



PRBPSFC-X

		S	M	L	X
<b>PRBASFF-X</b>					
Plain Rice Boiled	1 Ladle				
Agushie stew	1 Ladle	34g			
Fried Fish	1 Piece				
Plain Rice Boiled	2 Ladles		500g		
Agushie stew	2 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	3 Ladles			668g	
Agushie stew	3 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	4 Ladle				820g
Agushie stew	4 Ladles				
Fried Fish	1 Piece				

		S	M	L	X
<b>PRBASFC-X</b>					
Plain Rice Boiled	1 Ladle				
Agushie stew	1 Ladle	346g			
Fried Chicken	1 Pieces				
Plain Rice Boiled	2 Ladles		568g		
Agushie stew	2 Ladle				
Fried Chicken	1 Pieces				
Plain Rice Boiled	3 Ladle			616g	
Agushie stew	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladle				906g
Agushie stew	4 Ladles				
Fried Chicken	1 Piece				

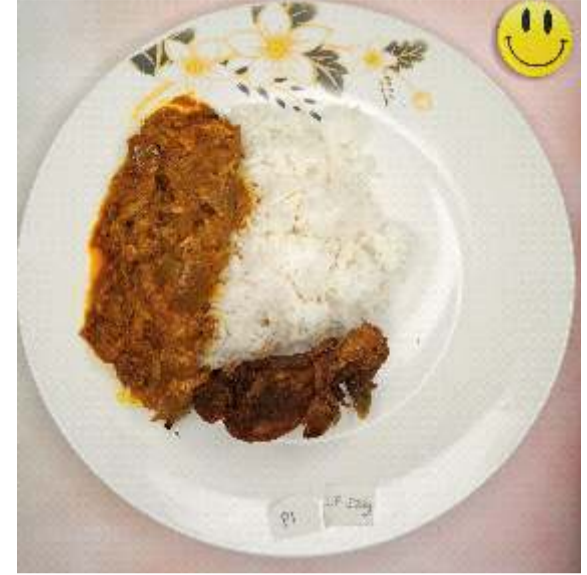
		S	M	L	X
<b>PRBPSFC-X</b>					
Plain Rice Boiled	1 Ladle				
Palava Sauce	2 Ladles	322g			
Fried Chicken	1 Piece				
Plain Rice Boiled	2 Ladles		546g		
Palava Sauce	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	3 Ladles			668g	
Palava Sauce	4 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladles				906g
Palava Sauce	4 Ladles				
Fried Chicken	1 Piece				



PRBPSBE-S



PRBGESFC-S



PRBGESFC-S



PRBPSBE-M



PRBGESFC-M



PRBGESFC-M



PRBPSBE-L



PRBGESFC-L



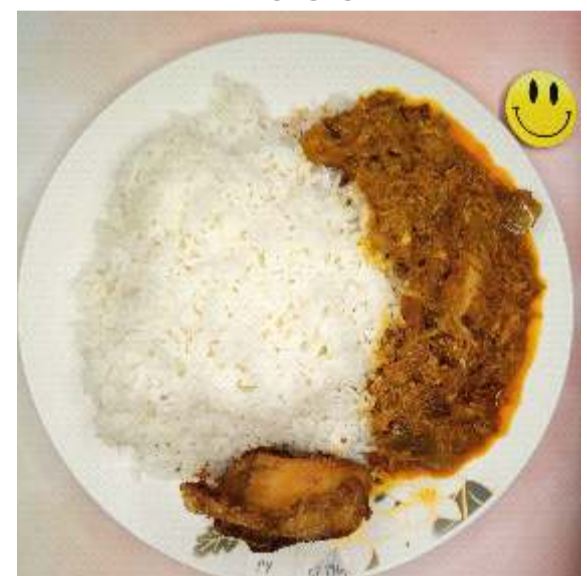
PRBGESFC-L



PRBPSBE-X



PRBGESFC-X



PRBGESFC-X

		S	M	L	X
<b>PRBPSBE-X</b>					
Plain Rice Boiled	1 Ladle				
Palava Sauce	1 Ladle	318g			
Boiled Egg	1 Piece				
Plain Rice Boiled	2 Ladles		536g		
Palava Sauce	2 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	3 Ladles			624g	
Palava Sauce	3 Ladles				
Boiled Egg	1 Piece				
Plain Rice Boiled	4 Ladle				912g
Palava Sauce	4 Ladles				
Boiled Egg	1 Piece				

		S	M	L	X
<b>PRBGESFC-X</b>					
Plain Rice Boiled	1 Ladle				
Garden Egg Stew	1 Ladle	306g			
Fried Chicken	1 Pieces				
Plain Rice Boiled	2 Ladles		462g		
Garden Egg Stew	2 Ladle				
Fried Chicken	1 Pieces				
Plain Rice Boiled	3 Ladle			642g	
Garden Egg Stew	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladle				796g
Garden Egg Stew	4 Ladles				
Fried Chicken	1 Piece				

		S	M	L	X
<b>PRBGESFC-X</b>					
Plain Rice Boiled	1 Ladle				
Garden Egg stew	2 Ladles	322g			
Fried Chicken	1 Piece				
Plain Rice Boiled	2 Ladles		590g		
Garden Egg stew	3 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	3 Ladles			660g	
Garden Egg stew	4 Ladles				
Fried Chicken	1 Piece				
Plain Rice Boiled	4 Ladles				886g
Garden Egg stew	4 Ladles				
Fried Chicken	1 Piece				



PRBGESBE-S



PRBGEFF-S



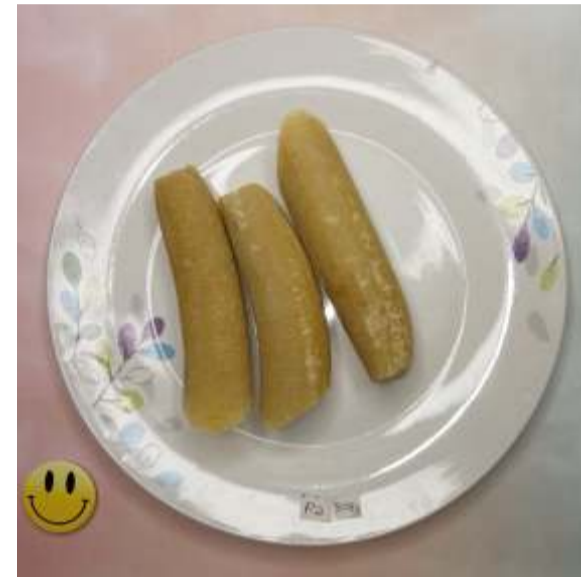
UPB-S



PRBGESBE-M



PRBGEFF-M



UPB-M



PRBGESBE-L



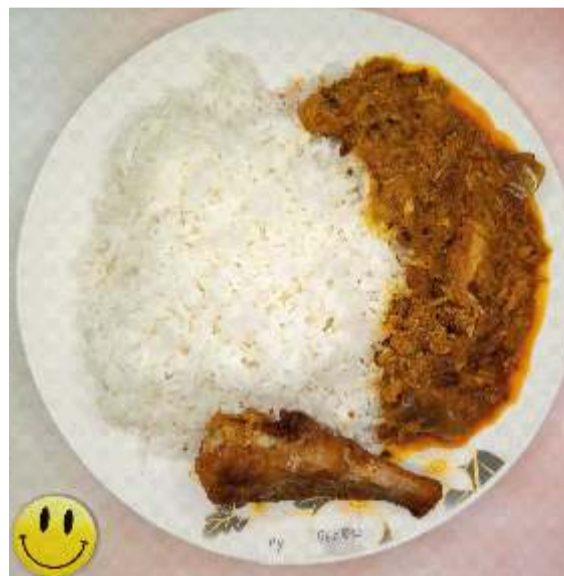
PRBGEFF-L



UPB-L



PRBGESBE-X



PRBGEFF-X



UPB-X

		S	M	L	X
<b>PRBGESBE-X</b>					
Plain Rice Boiled	1 Ladle	332g			
Garden Egg stew	1 Piece				
Boiled Egg					
Plain Rice Boiled	2 Ladles		594g		
Garden Egg stew	1 Piece				
Boiled Egg					
Plain Rice Boiled	3 Ladles			660g	
Garden Egg stew	1 Piece				
Boiled Egg					
Plain Rice Boiled	4 Ladle				884g
Garden Egg stew	1 Piece				
Boiled Egg					

		S	M	L	X
<b>PRBGEFF-X</b>					
Plain Rice Boiled	1 Ladle	362g			
Garden Egg	1 Piece				
Fried Fish	1 Pieces				
Plain Rice Boiled	2 Ladles		624g		
Garden Egg	2 Ladle				
Fried Fish	1 Pieces				
Plain Rice Boiled	3 Ladle			654g	
Garden Egg	3 Ladles				
Fried Fish	1 Piece				
Plain Rice Boiled	4 Ladle				872g
Garden Egg	4 Ladles				
Fried Fish	1 Piece				

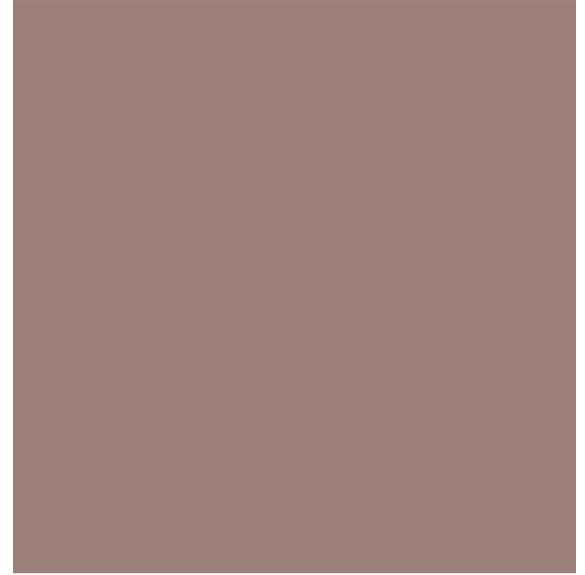
		S	M	L	X
<b>UPB-X</b>					
Unripe Plantain Boiled	2 Fingers	198g			
Unripe Plantain Boiled	3 Fingers		308g		
Unripe Plantain Boiled	4 Fingers			376g	
Unripe Plantain Boiled	5 Fingers				518g



UPBSBS-S



UPBSBSEB-S



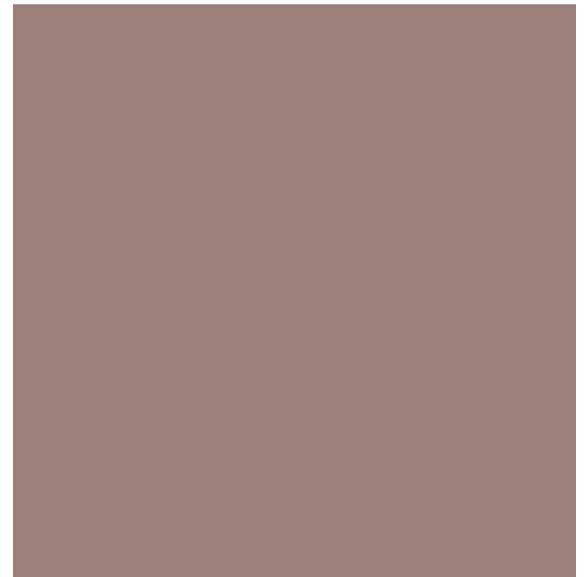
UPBSBSEB-S



UPBSBS-M



UPBSBSEB-M



UPBSBSEB-M



UPBSBS-L



UPBSBSEB-L



UPBSBSEB-L



UPBSBS-X



UPBSBSEB-X



UPBSBSEB-X

		S	M	L	X
<b>UPBSBS-X</b>					
Unripe Plantain Boiled Soya Bean Stew	2 Fingers 1 Stew Spoon	198g/80g			
Unripe Plantain Boiled Soya Bean Stew	3 Fingers 2 Stew Spoon		308g/172g		
Unripe Plantain Boiled Soya Bean Stew	4 Fingers 3 Stew Spoon			596g/218g	
Unripe Plantain Boiled Soya Bean Stew					

		S	M	L	X
<b>UPBSBSEB-X</b>					
Unripe Plantain Boiled Soya Bean Stew Egg Boiled	2 Fingers 1 Stew Spoon 1 Piece	198g/132g			
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	3 Fingers 2 Stew Spoon 1 Piece		308g/228g		
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	4 Fingers 3 Stew Spoon 1 Piece			518g/394g	
Ripe Plantain Boiled Soya Bean Stew Egg Boiled					

		S	M	L	X
<b>UPBSBSEB-X</b>					
Unripe Plantain Boiled Soya Bean Stew Egg Boiled					
Unripe Plantain Boiled Soya Bean Stew Egg Boiled					
Unripe Plantain Boiled Soya Bean Stew Egg Boiled	4 Fingers 3 Stew Spoon 1 Piece			596g/2g	
Unripe Plantain Boiled Soya Bean Stew Egg Boiled	5 Fingers 4 Stew Spoon 1 Piece				518g/372g



UPBES-S



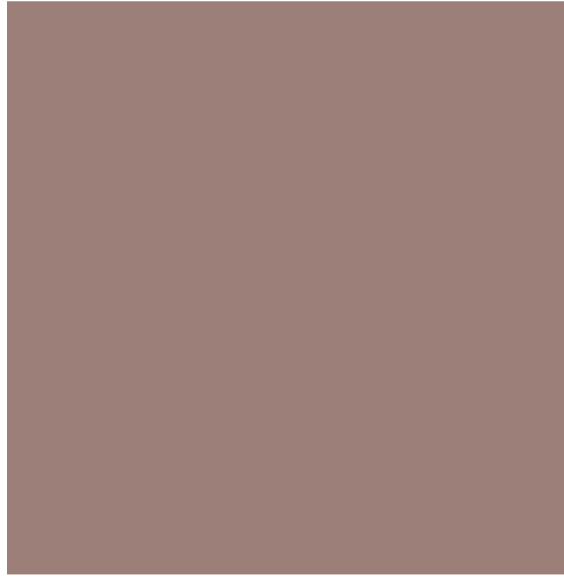
UPBMVS-S



UPBMVSFF-S



UPBES-M



UPBMVS-M



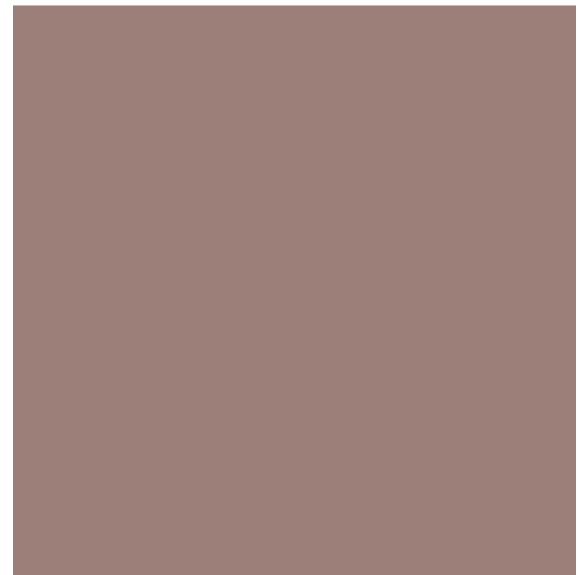
UPBMVSFF-M



UPBES-L



UPBMVS-L



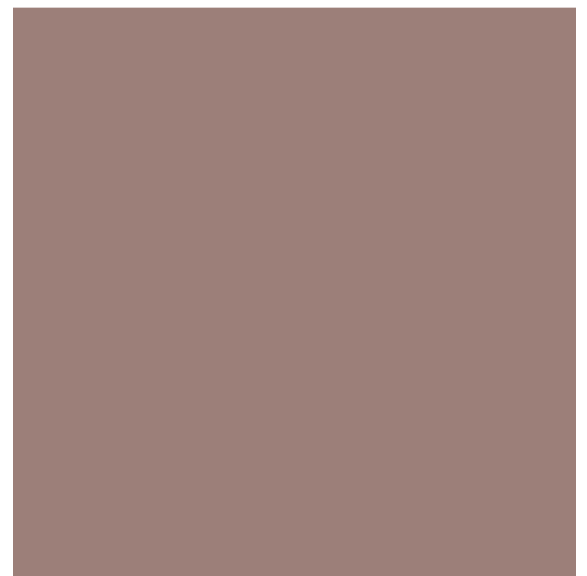
UPBMVSFF-L



UPBES-X



UPBMVS-X



UPBMVSFF-X

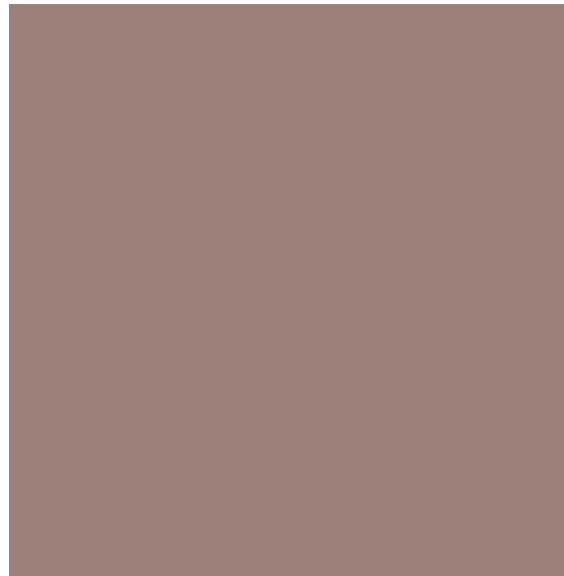
		S	M	L	X
<b>UPBES-X</b>					
Unripe Plantain Boiled Egg Stew	2 Fingers 1 Stew Spoon	198g/94g			
Ripe Plantain Boiled Egg Stew	3 Fingers 2 Stew Spoon		308g/162g		
Ripe Plantain Boiled Egg Stew	4 Fingers 3 Stew Spoon			596g/210g	
Ripe Plantain Boiled Egg Stew	5 Fingers 4 Stew Spoon				518g/332g

		S	M	L	X
<b>UPBMVS-X</b>					
Unripe Plantain Boiled Mixed Vegetable Stew	2 Fingers 1 Stew Spoon	198g/94g			
Unripe Plantain Boiled Mixed Vegetable Stew					
Unripe Plantain Boiled Mixed Vegetable Stew	4 Fingers 3 Stew Spoon			596g/480g	
Unripe Plantain Boiled Mixed Vegetable Stew	5 Fingers 4 Stew Spoon				518g/2g

		S	M	L	X
<b>UPBMVSFF-X</b>					
Unripe Plantain Boiled Mixed Vegetable Stew Fish Fried	2 Fingers 1 Stew Spoon 1 Piece	198g/164g			
Unripe Plantain Boiled Mixed Vegetable Stew Fish Fried	3 Fingers 2 Stew Spoon 1 Piece		308g/220g		
Unripe Plantain Boiled Mixed Vegetable Stew Fish Fried	4 Fingers 3 Stew Spoon 1 Piece			596g/218g	
Unripe Plantain Boiled Mixed Vegetable Stew Fish Fried					



UPBMVSEB-S



UPBBS-M



UPBGEST-S



UPBMVSEB-M



UPBBS-M



UPBGEST-M



UPBMVSEB-M



UPBBS-L



UPBGEST-L



UPBMVSEB-X



UPBBS-X



UPBGEST-X

		S	M	L	X
<b>UPBMVSEB-X</b>					
Unripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	2 Fingers 1 Stew Spoon 1 Piece	198g/94g			
Unripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	3 Fingers 2 Stew Spoon 1 Piece		308g/122g		
Unripe Plantain Boiled Mixed Vegetable Stew Egg Boiled					
Unripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	5 Fingers 4 Stew Spoon				518g/268g

		S	M	L	X
<b>UPBBS-X</b>					
Unripe Plantain Boiled Beef Sauce					
Unripe Plantain Boiled Beef Sauce	3 Fingers 2 Stew Spoon		308g/122g		
Unripe Plantain Boiled Beef Sauce	4 Fingers 3 Stew Spoon			596g/176g	
Unripe Plantain Boiled Beef Sauce	5 Fingers 4 Stew Spoon				518g/268g

		S	M	L	X
<b>UPBGEST-X</b>					
Unripe Plantain, Boiled Garden Egg Stew Tuna	2 Fingers 1 Ladle	282g			
Unripe Plantain, Boiled Garden Egg Stew Tuna	4 Fingers 2 Ladle		502g		
Unripe Plantain, Boiled Garden Egg Stew Tuna	6 Fingers 3 Ladle			610g	
Unripe Plantain, Boiled Garden Egg Stew Tuna	8 Fingers 4 Ladle				836g



UPBGESTEB-S



UPBGESFFT-S



UPBBS-S



UPBGESTEB-M



UPBGESFFT-M



UPBBS-M



UPBGESTEB-L



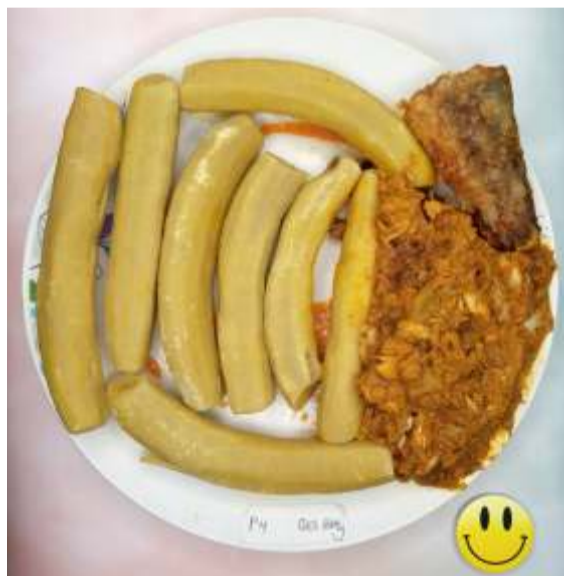
UPBGESFFT-L



UPBBS-L



UPBGESTEB-X



UPBGESFFT-X



UPBBS-X

		S	M	L	X
<b>UPBGESTEB-X</b>					
Unripe Plantain, Boiled	2 Fingers				
Garden Egg Stew,	1 Ladle	322g			
Tuna, Egg, Boiled	1				
Unripe Plantain, Boiled	4 Fingers		550g		
Garden Egg Stew Tuna	2 Ladle				
Egg, Boiled	1				
Unripe Plantain, Boiled	6 Fingers			656g	
Garden Egg Stew Tuna	3 Ladle				
Egg, Boiled	1				
Unripe Plantain, Boiled	8 Fingers				874g
Garden Egg Stew Tuna	4 Ladle				
Egg, Boiled	1				

		S	M	L	X
<b>UPBGESFFT-X</b>					
Unripe Plantain, Boiled	2 Fingers				
Garden Egg Stew, Fish,	1 Ladle	332g			
Fried, Tuna					
Unripe Plantain, Boiled	4 Fingers		592g		
Garden Egg Stew, Fish,	2 Ladle				
Fried, Tuna					
Unripe Plantain, Boiled	6 Fingers			692g	
Garden Egg Stew, Fish,	3 Ladle				
Fried, Tuna					
Unripe Plantain, Boiled	8 Fingers				884g
Garden Egg Stew, Fish,	4 Ladle				
Fried, Tuna					

		S	M	L	X
<b>UPBBS-X</b>					
Unripe Plantain, Boiled	2 Fingers				
Beans Stew	1 Ladle	292g			
Unripe Plantain, Boiled	4 Fingers		496g		
Beans Stew	2 Ladle				
Unripe Plantain, Boiled	6 Fingers			606g	
Beans Stew	3 Ladle				
Unripe Plantain, Boiled	8 Fingers				868g
Beans Stew	4 Ladle				



UPBBSEB-S



UPBBSFF-S



UPBKS-S



UPBBSEB-M



UPBBSFF-M



UPBKS-M



UPBBSEB-L



UPBBSFF-L



UPBKS-L



UPBBSEB-X



UPBBSFF-X



UPBKS-X

		S	M	L	X
<b>UPBBSEB-X</b>					
Unripe Plantain, Boiled Beans Stew, Egg, Boiled	2 Fingers 1 Ladle	340g			
Unripe Plantain, Boiled Beans Stew, Egg, Boiled	4 Fingers 2 Ladle		540g		
Unripe Plantain, Boiled Beans Stew, Egg, Boiled	6 Fingers 3 Ladle			652g	
Unripe Plantain, Boiled Beans Stew, Egg, Boiled	8 Fingers 4 Ladle				908g

		S	M	L	X
<b>UPBBSFF-X</b>					
Unripe Plantain, Boiled Beans Stew, Fish, Fried	2 Fingers 1 Ladle				
Unripe Plantain, Boiled Beans Stew, Fish, Fried	4 Fingers 2 Ladle				
Unripe Plantain, Boiled Beans Stew, Fish, Fried	6 Fingers 3 Ladle			650g	
Unripe Plantain, Boiled Beans Stew, Fish, Fried	8 Fingers 4 Ladle				920g

		S	M	L	X
<b>UPBKS-X</b>					
Unripe Plantain, Boiled Kontomire Stew	2 Fingers 1 Ladle	252g			
Unripe Plantain, Boiled Beans Stew	4 Fingers 2 Ladle		494g		
Unripe Plantain, Boiled Beans Stew	6 Fingers 3 Ladle			554g	
Unripe Plantain, Boiled Beans Stew	8 Fingers 4 Ladle				792g



UPB-S



UPBAS-S



UPBASFF-S



UPB-M



UPBAS-M



UPBASFF-M



UPB-L



UPBAS-L



UPBASFF-L



UPB-X



UPBAS-X



UPBASFF-X

		S	M	L	X
<b>UPB-X</b>					
Unripe Plantain, Boiled	2 Fingers 1 Ladle	168g			
Unripe Plantain, Boiled	4 Fingers 2 Ladle		324g		
Unripe Plantain, Boiled	6 Fingers 3 Ladle			428g	
Unripe Plantain, Boiled	8 Fingers 4 Ladle				602g

		S	M	L	X
<b>UPBAS-X</b>					
Unripe Plantain, Boiled	2 Fingers 1 Ladle	252g			
Unripe Plantain, Boiled	4 Fingers 2 Ladle		448g		
Unripe Plantain, Boiled	6 Fingers 3 Ladle			656g	
Unripe Plantain, Boiled	8 Fingers 4 Ladle				832g

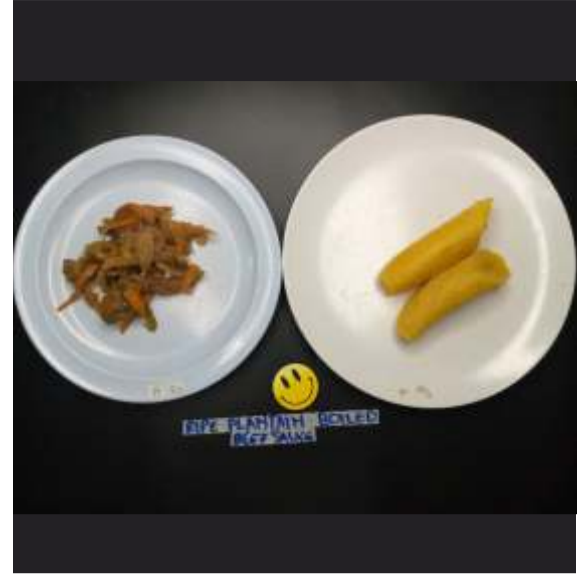
		S	M	L	X
<b>UPBASFF-X</b>					
Unripe Plantain, Boiled	2 Fingers 1 Ladle	342g			
Unripe Plantain, Boiled	4 Fingers 2 Ladle		342g		
Unripe Plantain, Boiled	6 Fingers 3 Ladle			704g	
Unripe Plantain, Boiled	8 Fingers 4 Ladle				888g



RPB-S



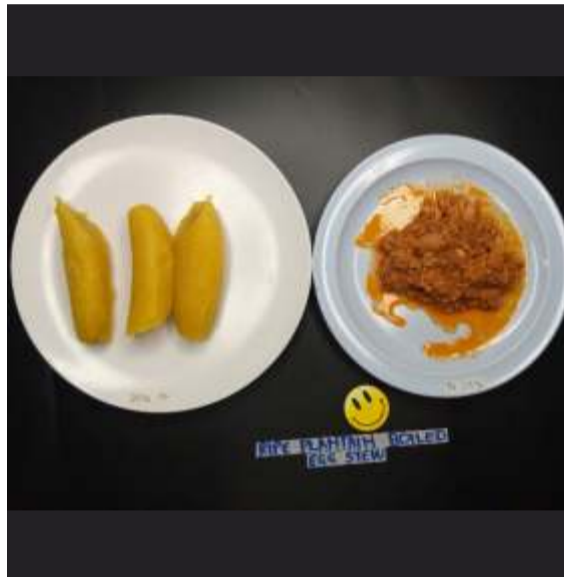
RPBES-S



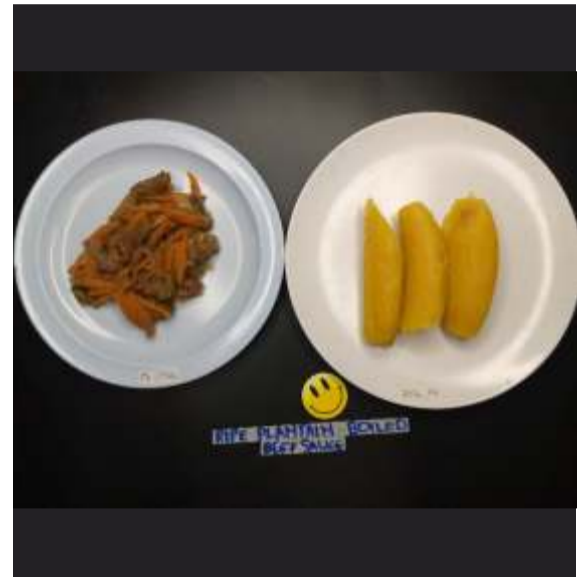
RPBBS-S



RPB-M



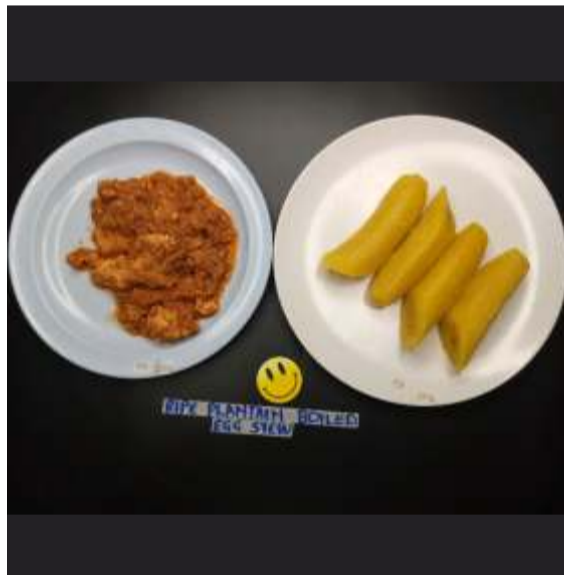
RPBES-M



RPBBS-M



RPB-L



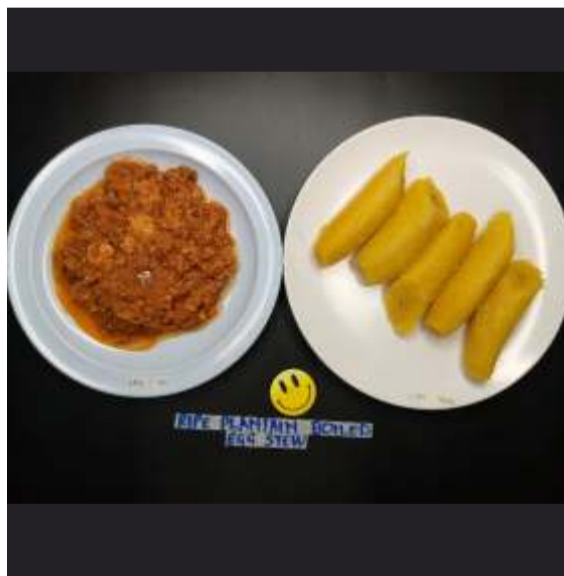
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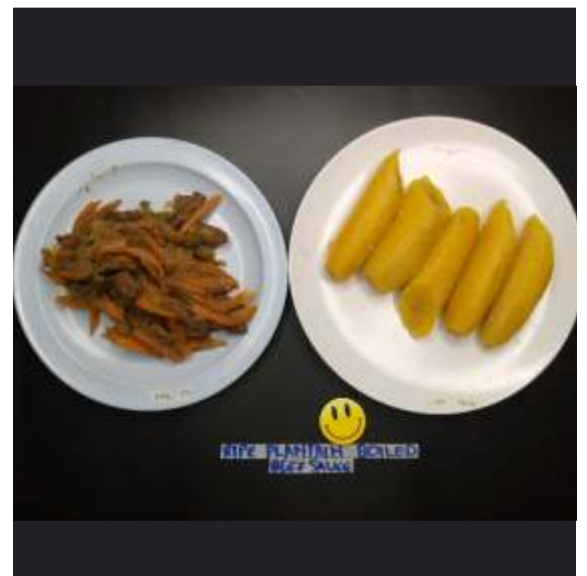
RPBBS-L



RPB-X



RPBES-X

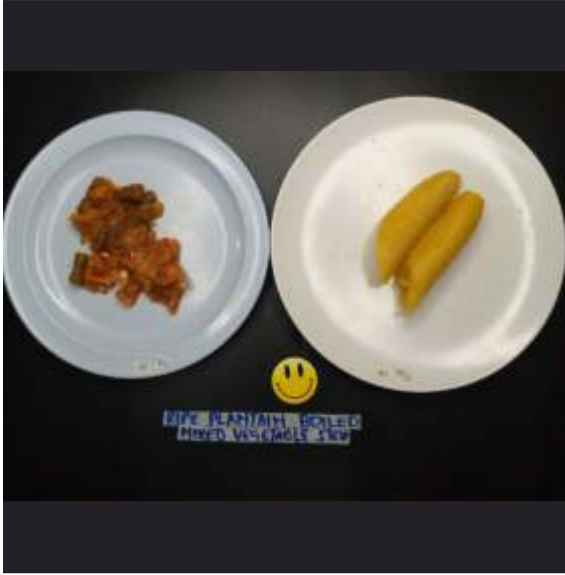


RPBBS-X

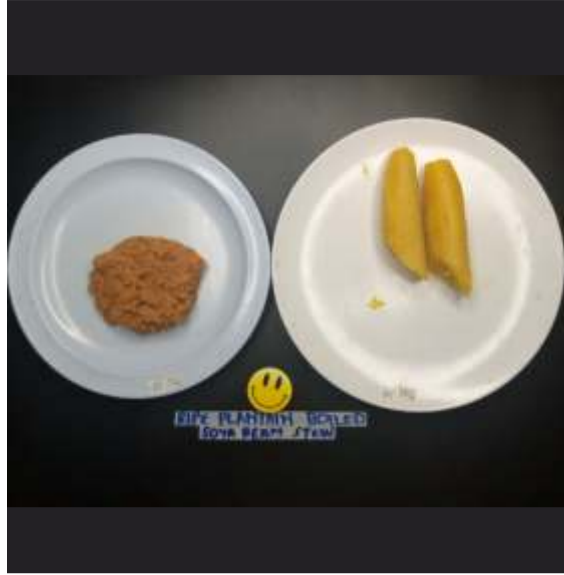
		S	M	L	X
<b>RPB-X</b>					
Ripe Plantain Boiled	2 Fingers	180g			
Ripe Plantain Boiled	3 Fingers		302g		
Ripe Plantain Boiled	4 Fingers			372g	
Ripe Plantain Boiled	5 Fingers				462g

		S	M	L	X
<b>RPBES-X</b>					
Ripe Plantain Boiled Egg Stew	2 Fingers 1 Stew Spoon	180g/82g			
Ripe Plantain Boiled Egg Stew	3 Fingers 1 Stew Spoon		302g/154g		
Ripe Plantain Boiled Egg Stew	4 Fingers 1 Stew Spoon			372g/202g	
Ripe Plantain Boiled Egg Stew	5 Fingers 1 Stew Spoon				462g/284g

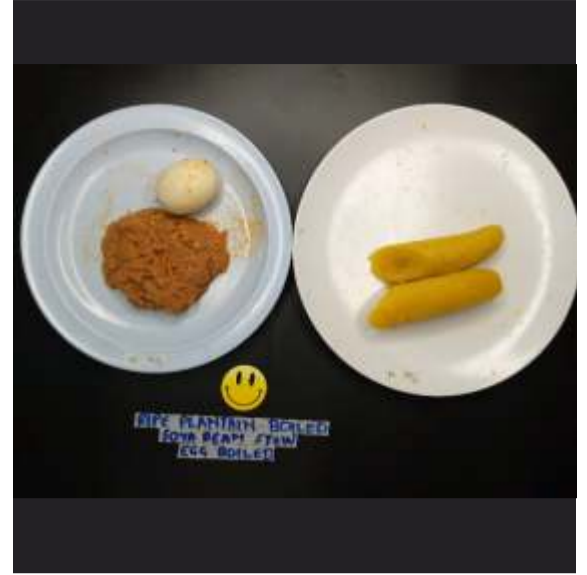
		S	M	L	X
<b>RPBBS-X</b>					
Ripe Plantain Boiled Beef Sauce	2 Fingers 1 Stew Spoon	180g/82g			
Ripe Plantain Boiled Beef Sauce	3 Fingers 1 Stew Spoon		302g/142g		
Ripe Plantain Boiled Beef Sauce	4 Fingers 1 Stew Spoon			372g/232g	
Ripe Plantain Boiled Beef Sauce	5 Fingers 1 Stew Spoon				462g/304g



RPBVS-S



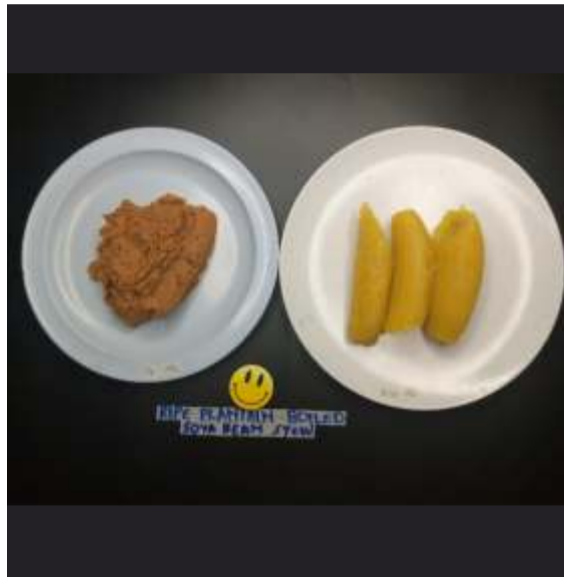
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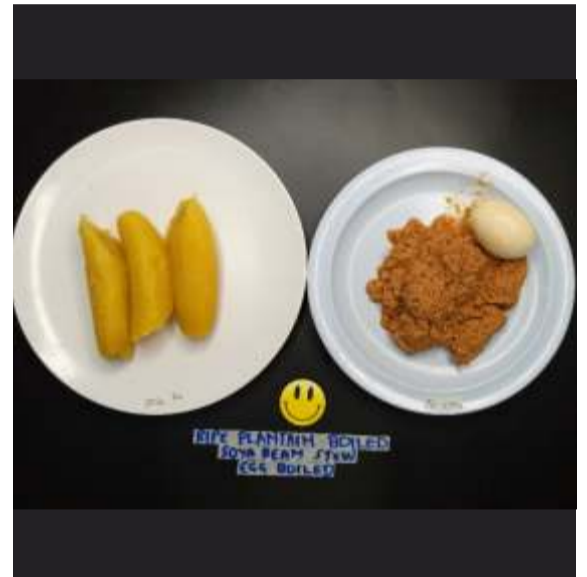
RPBSBSEB-S



RPBVS-M



RPBSBS-M



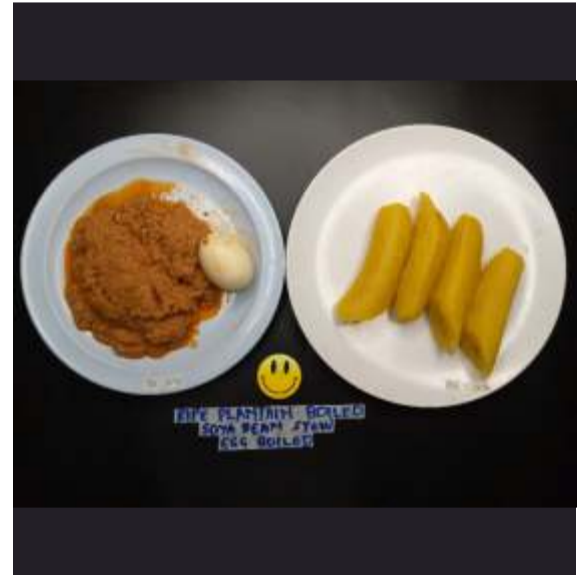
RPBSBSEB-M



RPBVS-L



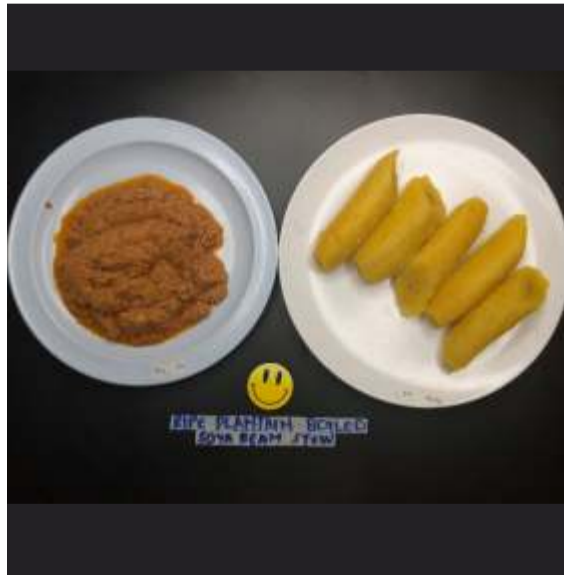
RPBSBS-L



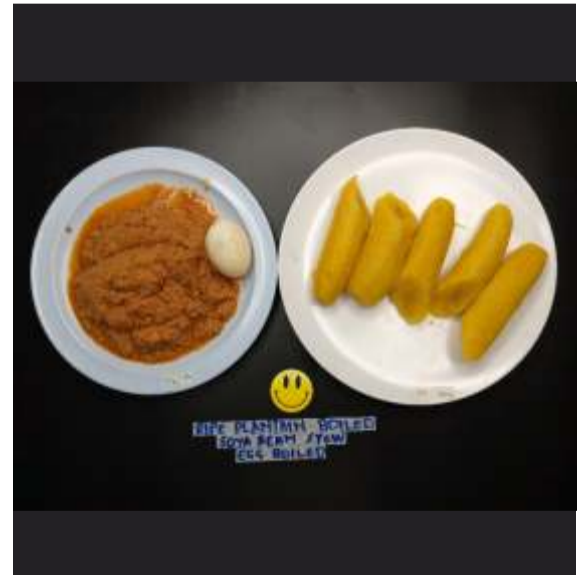
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RPBVS-X



RPBSBS-X

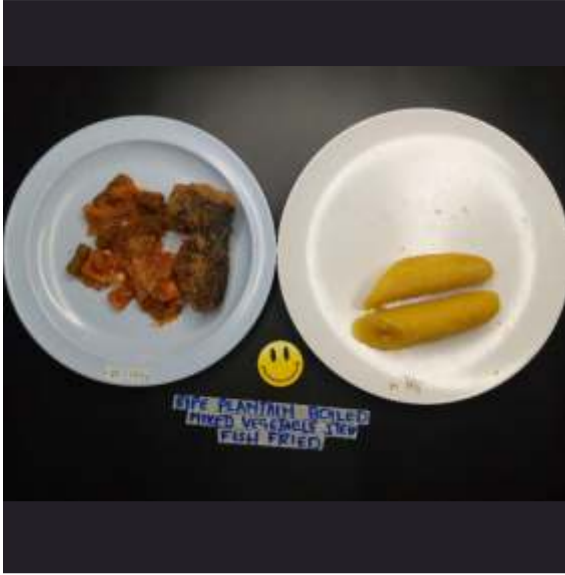


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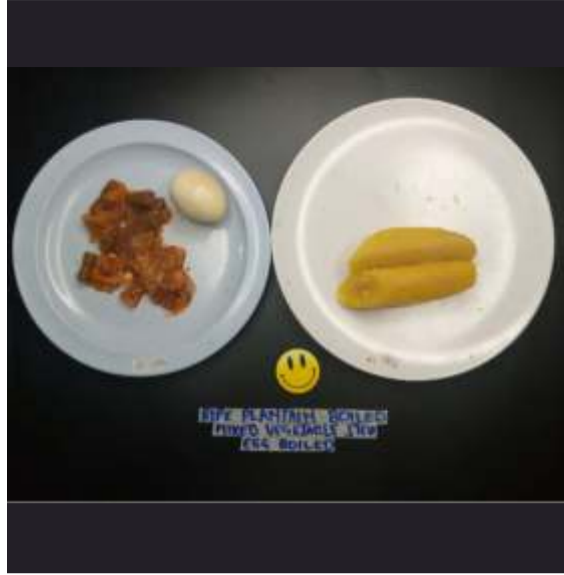
		S	M	L	X
<b>RPBVS-X</b>					
Ripe Plantain Boiled Vegetable Stew	2 Fingers 1 Stew Spoon	180g/76g			
Ripe Plantain Boiled Vegetable Stew	3 Fingers 1 Stew Spoon		302g/130g		
Ripe Plantain Boiled Vegetable Stew	4 Fingers 1 Stew Spoon			372g/194g	
Ripe Plantain Boiled Vegetable Stew					

		S	M	L	X
<b>RPBSBS-X</b>					
Ripe Plantain Boiled Soya Bean Stew	2 Fingers 1 Stew Spoon	180g/162g			
Ripe Plantain Boiled Soya Bean Stew	3 Fingers 1 Stew Spoon		302g/189g		
Ripe Plantain Boiled Soya Bean Stew	4 Fingers 1 Stew Spoon			372g/258g	
Ripe Plantain Boiled Soya Bean Stew	5 Fingers 1 Stew Spoon				462g/314g

		S	M	L	X
<b>RPBSBSEB-X</b>					
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	2 Fingers 1 Stew Spoon 1 Piece	180g/162g			
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	3 Fingers 2 Stew Spoon 1 Piece		302g/290g		
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	4 Fingers 3 Stew Spoon 1 Piece			372g/304g	
Ripe Plantain Boiled Soya Bean Stew Egg Boiled	5 Fingers 4 Stew Spoon 1 Piece				462g/356g



RPMVSFF-S



RPBMVSEB-S



RPBSBSFF-S



RPMVSFF-M



RPBMVSEB-M



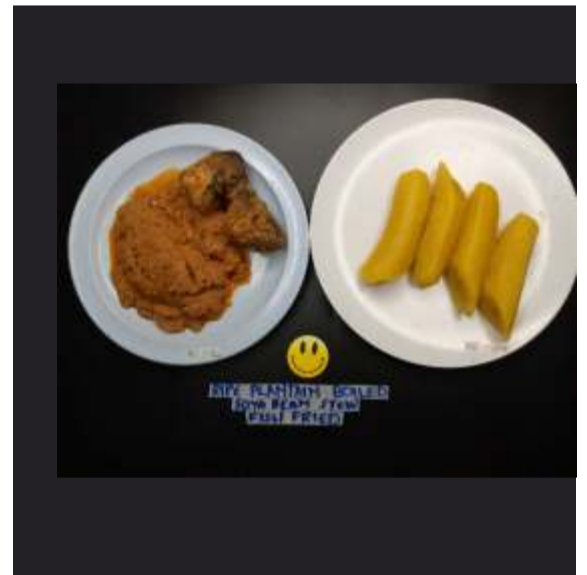
RPBSBSFF-M



RPMVSFF-L



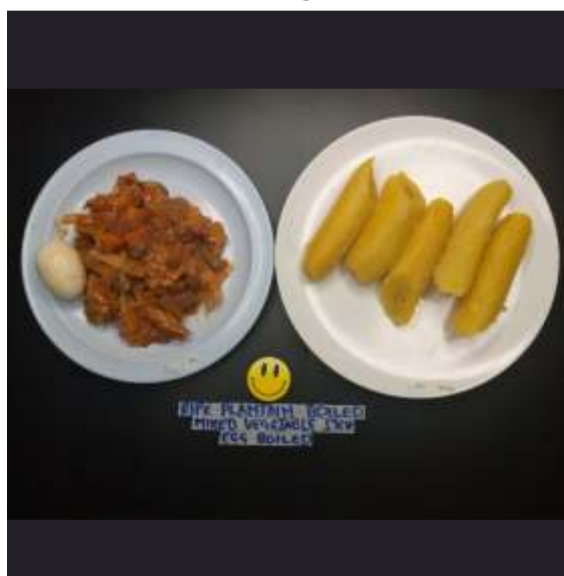
RPBMVSEB-L



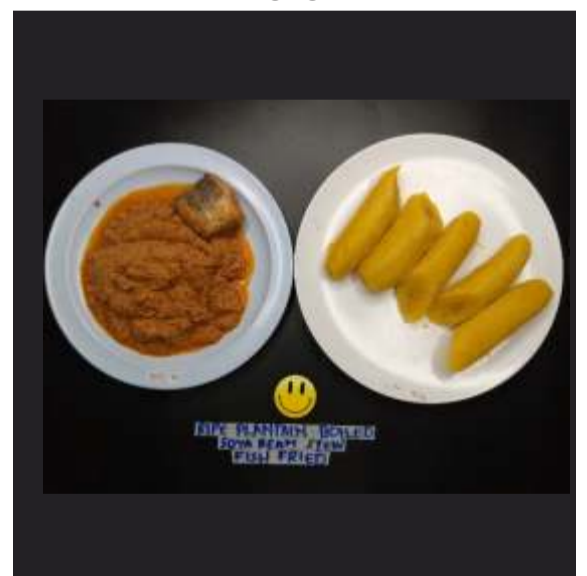
RPBSBSFF-L



RPMVSFF-X



RPBMVSEB-X



RPBSBSFF-X

		S	M	L	X
<b>RPMVSFF-X</b>					
Ripe Plantain Boiled Mixed Vegetable Stew Fish Fried	2 Fingers 1 Stew Spoon 1 Piece	180g/150g			
Ripe Plantain Boiled Mixed Vegetable Stew Fish Fried	3 Fingers 2 Stew Spoon 1 Piece		302g/188g		
Ripe Plantain Boiled Mixed Vegetable Stew Fish Fried	4 Fingers 3 Stew Spoon 1 Piece			372g/264g	
Ripe Plantain Boiled Mixed Vegetable Stew Fish Fried	5 Fingers 4 Stew Spoon 1 Piece				462g/306g

		S	M	L	X
<b>RPBMVSEB-X</b>					
Ripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	2 Fingers 1 Stew Spoon 1 Piece	180g/124g			
Ripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	3 Fingers 2 Stew Spoon 1 Piece		302g/178g		
Ripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	4 Fingers 3 Stew Spoon 1 Piece			372g/236g	
Ripe Plantain Boiled Mixed Vegetable Stew Egg Boiled	5 Fingers 4 Stew Spoon 1 Piece				462g/306g

		S	M	L	X
<b>RPBSBSFF-X</b>					
Ripe Plantain Boiled Soya Bean Stew Fish Fried	2 Fingers 1 Stew Spoon 1 Piece	180g/142g			
Ripe Plantain Boiled Soya Bean Stew Fish Fried	3 Fingers 1 Stew Spoon 1 Piece		302g/262g		
Ripe Plantain Boiled Soya Bean Stew Fish Fried	4 Fingers 1 Stew Spoon 1 Piece			372g/322g	
Ripe Plantain Boiled Soya Bean Stew Fish Fried	5 Fingers 1 Stew Spoon 1 Piece				462g/368g



PE-S



PEBE-S



PEA-S



PE-M



PEBE-M



PEA-M



PE-L



PEBE-L



PEA-L



PE-X



PEBE-X



PEA-X

		S	M	L	X
Plantain Etor	1 Ladle	132g			
Plantain Etor	2 Ladles		184g		
Plantain Etor	3 Ladles			244g	
Plantain Etor	4 Ladles				334g

		S	M	L	X
Plantain Etor Boiled Egg	1 Spoon 1 Piece	182g			
Plantain Etor Boiled Egg	2 Spoons 1 Piece		320g		
Plantain Etor Boiled Egg	3 Spoons 1 Piece			290g	
Plantain Etor Boiled Egg	4 Spoons 1 Piece				380g

		S	M	L	X
Plantain Etor Avocado	1 Spoon 1 Slice	374g			
Plantain Etor Avocado	2 Spoons 2 Slices		554g		
Plantain Etor Avocado	3 Spoons 3 Slices			308g	
Plantain Etor Avocado	4 Spoons 4 Slices				404g



PEDSFAEB-S



RPF-S



RPFGP-S



PEDSFAEB-M



RPF-M



RPFGP-M



PEDSFAEB-L



RPF-L



RPFGP-L



PEDSFAEB-X



RPF-X



RPFGP-X

	S	M	L	X
<b>PEDSFAEB-X</b>				
Plantain Etor Dried Salted Fish Avocado, Egg Boiled	278g			
Plantain Etor Dried Salted Fish Avocado, Egg Boiled		276g		
Plantain Etor Dried Salted Fish Avocado, Egg Boiled			418g	
Plantain Etor Dried Salted Fish Avocado, Egg Boiled				562g

	S	M	L	X
<b>RPF-X</b>				
Ripe Plantain Fried	4 Piece	138g		
Ripe Plantain Fried	6 Piece		184g	
Ripe Plantain Fried	8 Piece		234g	
Ripe Plantain Fried	9 Piece			324g

	S	M	L	X
<b>RPFGP-X</b>				
Ripe Plantain Fried Grounded Pepper	4 Pieces 1 Tablespoon	158g		
Ripe Plantain Fried Grounded Pepper	6 Pieces 2 Tablespoon		202g	
Ripe Plantain Fried Grounded Pepper	8 Pieces 3 Tablespoon		256g	
Ripe Plantain Fried Grounded Pepper	9 Pieces 4 Tablespoon			354g



RPFGPFF-S



RPFSFF-S



RPFMMS-S



RPFGPFF-M



RPFSFF-M



RPFMMS-M



RPFGPFF-L



RPFSFF-L



RPFMMS-L



RPFGPFF-X



RPFSFF-X



RPFMMS-X

		S	M	L	X
<b>RPFGPFF-X</b>					
Ripe Plantain Fried Grounded Pepper Fish Fried	4 Pieces 2 Tablespoon 1 Piece	208g			
Ripe Plantain Fried Grounded Pepper Fish Fried	6 Pieces 2 Tablespoon 1 Piece		250g		
Ripe Plantain Fried Grounded Pepper Fish Fried	8 Pieces 3 Tablespoon 1 Piece			322g	
Ripe Plantain Fried Grounded Pepper Fish Fried	9 Pieces 4 Tablespoon 1 Piece				420g

		S	M	L	X
<b>RPFSFF-X</b>					
Ripe Plantain Fried Shito Fish Fried	4 Pieces 2 Tablespoon 1 Piece	196g			
Ripe Plantain Fried Shito Fish Fried	6 Pieces 2 Tablespoon 1 Piece		266g		
Ripe Plantain Fried Shito Fish Fried	8 Pieces 3 Tablespoon 1 Piece			378g	
Ripe Plantain Fried Shito Fish Fried	9 Pieces 4 Tablespoon 1 Piece				452g

		S	M	L	X
<b>RPFMMS-X</b>					
Ripe Plantain Fried Minced Meat Stew	4 Pieces 1 Stew Spoon	80g/94g			
Ripe Plantain Fried Minced Meat Stew	5 Pieces 1 Stew Spoon		94g/188g		
Ripe Plantain Fried Minced Meat Stew	6 Pieces 1 Stew Spoon			98g/240g	
Ripe Plantain Fried Minced Meat Stew					



RPFGPCF-S



RPFGPFF-S



RPFSCF-S



RPFGPCF-M



RPFSFF-M



RPFSCF-M



RPFGPCF-L



RPFSFF-L



RPFSCF-L



RPFGPCF-X



RPFSFF-X



RPFSCF-X

		S	M	L	X
<b>RPFGPCF-X</b>					
Ripe Plantain Fried Grounded Pepper Chicken Fried	4 Pieces 1 Tablespoon 1 Piece	204g			
Ripe Plantain Fried Grounded Pepper Chicken Fried	6 Pieces 2 Tablespoon 1 Piece		258g		
Ripe Plantain Fried Grounded Pepper Chicken Fried	8 Pieces 3 Tablespoon 1 Piece			314g	
Ripe Plantain Fried Grounded Pepper Chicken Fried	9 Pieces 4 Tablespoon 1 Piece				410g

		S	M	L	X
<b>RPFSFF-X</b>					
Ripe Plantain Fried Shito Fish Fried	4 Pieces 1 Tablespoon 1 Piece	206g			
Ripe Plantain Fried Shito Fish Fried	6 Pieces 2 Tablespoons 1 Piece		258g		
Ripe Plantain Fried Shito Fish Fried	8 Pieces 3 Tablespoons 1 Piece			364g	
Ripe Plantain Fried Shito Fish Fried	9 Pieces 4 Tablespoons 1 Piece				454g

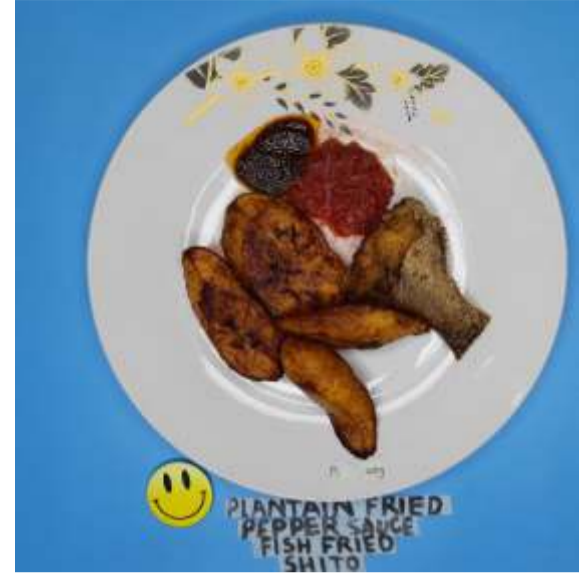
		S	M	L	X
<b>RPFSCF-X</b>					
Ripe Plantain Fried Shito Chicken Fried	4 Pieces 1 Tablespoon 1 Piece	192g			
Ripe Plantain Fried Shito Chicken Fried	6 Pieces 2 Tablespoon 1 Piece		256g		
Ripe Plantain Fried Shito Chicken Fried	8 Pieces 3 Tablespoon 1 Piece			308g	
Ripe Plantain Fried Shito Chicken Fried	9 Pieces 4 Tablespoon 1 Piece				406g



RPFSGP-S



RPFSGPCF-S



RPFSGPFF-S



RPFSGP-M



RPFSGPCF-M



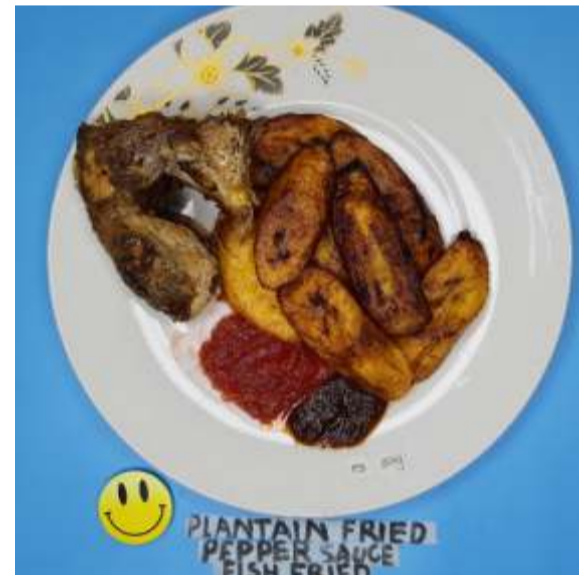
RPFSGPFF-M



RPFSGP-L



RPFSGPCF-L



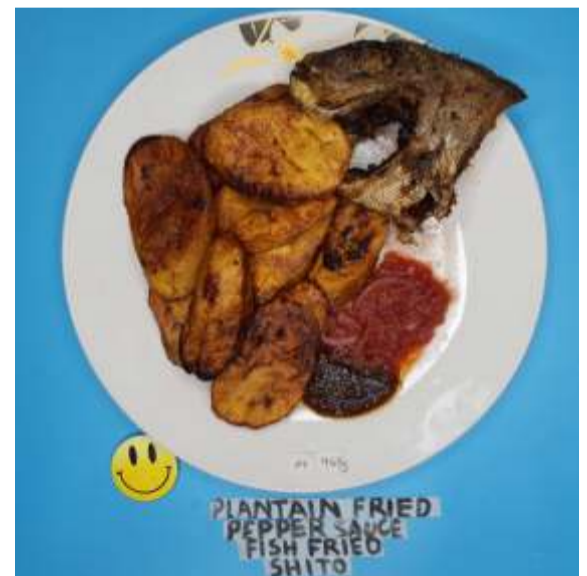
RPFSGPFF-L



RPFSGP-X



RPFSGPCF-X



RPFSGPFF-X

		S	M	L	X
<b>RPFSGP-X</b>					
Ripe Plantain Fried Shito	4 Pieces	160g			
Grounded Pepper	1 Tablespoon				
Ripe Plantain Fried Shito	6 Pieces		210g		
Grounded Pepper	1 Tablespoon				
Ripe Plantain Fried Shito	8 Pieces			262g	
Grounded Pepper	1 Tablespoon				
Ripe Plantain Fried Shito	9 Pieces				352g
Grounded Pepper	1 Tablespoon				

		S	M	L	X
<b>RPFSGPCF-X</b>					
Ripe Plantain Fried Shito	4 Piece	202g			
Grounded Pepper	1 Tablespoon				
Chicken Fried	1 Piece				
Ripe Plantain Fried Shito	6 Piece		264g		
Grounded Pepper	2 Tablespoon				
Chicken Fried	1 Piece				
Ripe Plantain Fried Shito	8 Piece			318g	
Grounded Pepper	3 Tablespoon				
Chicken Fried	1 Piece				
Ripe Plantain Fried Shito	9 Piece				416g
Grounded Pepper	4 Tablespoon				
Chicken Fried	1 Piece				

		S	M	L	X
<b>RPFSGPFF-X</b>					
Ripe Plantain Fried Shito	4 Pieces	192g			
Grounded Pepper	1 Tablespoon				
Fish Fried	1 Piece				
Ripe Plantain Fried Shito	6 Pieces		256g		
Grounded Pepper	2 Tablespoon				
Fish Fried	1 Piece				
Ripe Plantain Fried Shito	8 Pieces			308g	
Grounded Pepper	3 Tablespoon				
Fish Fried	1 Piece				
Ripe Plantain Fried Shito	9 Pieces				406g
Grounded Pepper	4 Tablespoon				
Fish Fried	1 Piece				



K-S



FRBS-S



FRBS-S



K-M



FRBS-M



FRBS-M



K-L



FRBS-L



FRBS-L



K-X



FRBS-X



FRBS-X

	S	M	L	X
<b>PRBTSRPF-X</b>				
Kelewele	48g			
Kelewele		50g		
Kelewele			104g	
Kelewele				126g

	S	M	L	X
<b>FRBS-X</b>				
Fried Rice Beef Sauce	1 Ladles 2 Stew Spoons	216g		
Fried Rice Beef Sauce	2 Ladles 2 Stew Spoons		348g	
Fried Rice Beef Sauce	3 Ladles 2 Stew Spoons			468g
Fried Rice Beef Sauce	4 Ladles 2 Stew Spoons			572g

	S	M	L	X
<b>FRBS-X</b>				
Fried Rice Beef Sauce	1 Ladle 1 Stew Spoons	206g		
Fried Rice Beef Sauce	2 Ladles 2 Stew Spoons		338g	
Fried Rice Beef Sauce	3 Ladles 2 Stew Spoons			452g
Fried Rice Beef Sauce				



SB-S



SBBS-S



SBES-S



SB-M



SBBS-M



SBES-M



SB-L



SBBS-L



SBES-L



SB-X



SBBS-X



SBES-X

		S	M	L	X
<b>SB-X</b>					
Spaghetti Boiled	1 Ladle	148g			
Spaghetti Boiled	2 Ladles		192g		
Spaghetti Boiled	3 Ladles			280g	
Spaghetti Boiled	4 Ladles				330g

		S	M	L	X
<b>SBBS-X</b>					
Spaghetti Boiled Beef Sauce	1 Ladles 1 Stew Spoon	236g			
Spaghetti Boiled Beef Sauce	2 Ladles 2 Stew Spoon		314g		
Spaghetti Boiled Beef Sauce	3 Ladles 3 Stew Spoon			460g	
Spaghetti Boiled Beef Sauce	4 Ladles 4 Stew Spoon				590g

		S	M	L	X
<b>SBES-X</b>					
Spaghetti Boiled Egg Stew	1 Ladle 1 Stew Spoon	234g			
Spaghetti Boiled Egg Stew	2 Ladles 2 Stew Spoons		310g		
Spaghetti Boiled Egg Stew	3 Ladles 3 Stew Spoons			428g	
Spaghetti Boiled Egg Stew	4 Ladles 4 Stew Spoons				552g



SBMMS-S



SBVS-S



SBSBS-S



SBMMS-M



SBVS-M



SBSBS-M



SBMMS-L



SBVS-L



SBSBS-L



SBMMS-X



SBVS-X



SBSBS-X

		S	M	L	X
<b>SBMMS-X</b>					
Spaghetti Boiled	1 Ladle	214g			
Minced Meat Stew	1 Stew Spoon				
Spaghetti Boiled	2 Ladles		294g		
Minced Meat Stew	2 Stew Spoons				
Spaghetti Boiled	3 Ladles			414g	
Minced Meat Stew	3 Stew Spoons				
Spaghetti Boiled	4 Ladles				500g
Minced Meat Stew	4 Stew Spoons				

		S	M	L	X
<b>SBVS-X</b>					
Spaghetti Boiled	1 Ladles	260g			
Vegetable Stew	1 Stew Spoon				
Spaghetti Boiled	2 Ladles		348g		
Vegetable Stew	2 Stew Spoons				
Spaghetti Boiled	3 Ladles			478g	
Vegetable Stew	3 Stew Spoons				
Spaghetti Boiled	4 Ladles				598g
Vegetable Stew	4 Stew Spoons				

		S	M	L	X
<b>SBSBS-X</b>					
Spaghetti Boiled	1 Spoon	234g			
Soya Bean Stew	1 Stew Spoon				
Spaghetti Boiled	2 Spoons		356g		
Soya Bean Stew	2 Stew Spoons				
Spaghetti Boiled	3 Spoons			478g	
Soya Bean Stew	3 Stew Spoons				
Spaghetti Boiled	4 Spoons				582g
Soya Bean Stew	4 Stew Spoons				



SPAGHETTI  
VEGETABLE STEW

SBVSCF-S



SPAGHETTI  
VEGETABLE STEW

SBVSFF-S



SPAGHETTI  
VEGETABLE STEW  
BOILED EGG

SBVSEB-S



SPAGHETTI  
VEGETABLE STEW  
CHICKEN FRIED

SBVSCF-M



SPAGHETTI  
VEGETABLE STEW  
FISH FRIED

SBVSFF-M



SPAGHETTI  
VEGETABLE STEW  
BOILED EGG

SBVSEB-M



SPAGHETTI  
VEGETABLE STEW

SBVSCF-L



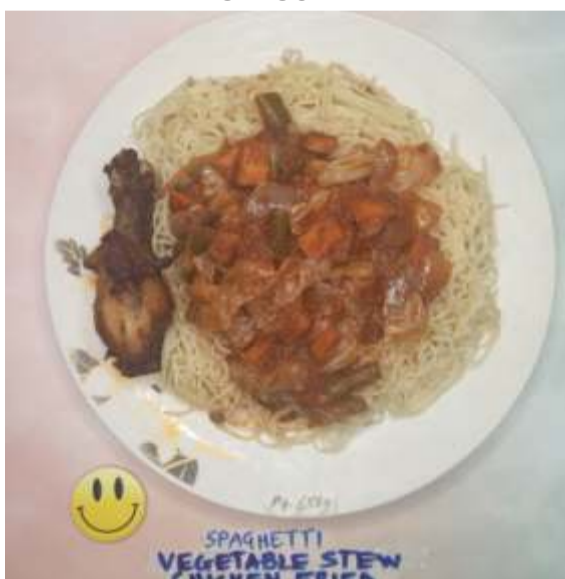
SPAGHETTI  
VEGETABLE STEW  
FISH FRIED

SBVSFF-L



SPAGHETTI  
VEGETABLE STEW  
BOILED EGG

SBVSEB-L



SPAGHETTI  
VEGETABLE STEW  
CHICKEN FRIED

SBVSCF-X



SPAGHETTI  
VEGETABLE STEW  
FISH FRIED

SBVSFF-X



SPAGHETTI  
VEGETABLE STEW  
BOILED EGG

SBVSEB-X

		S	M	L	X
<b>SBVSCF-X</b>					
Spaghetti Boiled	1/2 Ball				
Vegetable Stew	1 Stew Spoon	312g			
Chicken Fried	1 Piece				
Spaghetti Boiled	1 Ball				
Vegetable Stew	2 Stew Spoons		396g		
Chicken Fried	1 Piece				
Spaghetti Boiled	1 1/2 Balls				
Vegetable Stew	3 Stew Spoons			530g	
Chicken Fried	1 Piece				
Spaghetti Boiled	2 Balls				
Vegetable Stew	4 Stew Spoons				658g
Chicken Fried	1 Piece				

		S	M	L	X
<b>SBVSFF-X</b>					
Spaghetti Boiled	1 Ladle				
Vegetable Stew	1 Stew Spoon	294g			
Fish Fried	1 Piece				
Spaghetti Boiled	2 Ladle				
Vegetable Stew	2 Stew Spoons		408g		
Fish Fried	1 Piece				
Spaghetti Boiled	3 Ladle				
Vegetable Stew	3 Stew Spoons			550g	
Fish Fried	1 Piece				
Spaghetti Boiled	4 Ladle				
Vegetable Stew	4 Stew Spoons				672g
Fish Fried	1 Piece				

		S	M	L	X
<b>SBVSEB-X</b>					
Spaghetti Boiled	1 Ladle				
Vegetable Stew	1 Stew Spoon	310g			
Egg Boiled	1 Piece				
Spaghetti Boiled	2 Ladles				
Vegetable Stew	2 Stew Spoons		400g		
Egg Boiled	1 Piece				
Spaghetti Boiled	3 Ladles				
Vegetable Stew	3 Stew Spoons			524g	
Egg Boiled	1 Piece				
Spaghetti Boiled	4 Ladles				
Vegetable Stew	4 Stew Spoons				650g
Egg Boiled	1 Piece				



SBVSSF-S



SBSBSEB-S



SBSBSCF-S



SBVSSF-M



SBSBSEB-M



SBSBSCF-M



SBVSSF-L



SBSBSEB-L



SBSBSCF-L



SBVSSF-X



SBSBSEB-X



SBSBSCF-X

		S	M	L	X
<b>SBVSSF-X</b>					
Spaghetti Boiled	1 Ladle				
Vegetable Stew	1 Stew Spoon	288g			
Sausage Fried	1 Piece				
Spaghetti Boiled	2 Ladles		376g		
Vegetable Stew	2 Stew Spoons				
Sausage Fried	1 Piece				
Spaghetti Boiled	3 Ladles			534g	
Vegetable Stew	3 Stew Spoons				
Sausage Fried	2 Piece				
Spaghetti Boiled	4 Ladles				652g
Vegetable Stew	4 Stew Spoons				
Sausage Fried	2 Piece				

		S	M	L	X
<b>SBSBSEB-X</b>					
Spaghetti Boiled	1 Ladle				
Soya Bean Stew	1 Stew Spoon	290g			
Egg Boiled	1 Piece				
Spaghetti Boiled	2 Ladle		404g		
Soya Bean Stew	2 Stew Spoons				
Egg Boiled	1 Piece				
Spaghetti Boiled	3 Ladle			530g	
Soya Bean Stew	3 Stew Spoons				
Egg Boiled	1 Piece				
Spaghetti Boiled	4 Ladle				628g
Soya Bean Stew	4 Stew Spoons				
Egg Boiled	1 Piece				

		S	M	L	X
<b>SBSBSCF-X</b>					
Spaghetti Boiled	1 Ladle				
Soya Bean Stew	1 Stew Spoon	294g			
Chicken Fried	1 Piece				
Spaghetti Boiled	2 Ladles		402g		
Soya Bean Stew	2 Stew Spoons				
Chicken Fried	1 Piece				
Spaghetti Boiled	3 Ladles			528g	
Soya Bean Stew	3 Stew Spoons				
Chicken Fried	1 Piece				
Spaghetti Boiled	4 Ladles				634g
Soya Bean Stew	4 Stew Spoons				
Chicken Fried	1 Piece				



VR-S



VRS-S



VRMMS-S



VR-M



VRS-M



VRMMS-M



VR-L



VRS-L



VRMMS-L



VR-X



VRS-X



VRMMS-X

		S	M	L	X
<b>VR-X</b>					
Vegetable Rice	1 Ladle	162g			
Vegetable Rice	2 Ladles		224g		
Vegetable Rice	3 Ladles			350g	
Vegetable Rice	4 Ladles				446g

		S	M	L	X
<b>VRS-X</b>					
Vegetable Rice Shito	1 Ladle 1 Tablespoon	194g			
Vegetable Rice Shito	2 Ladles 2 Tablespoon		234g		
Vegetable Rice Shito	3 Ladles 3 Tablespoon			350g	
Vegetable Rice Shito	4 Ladles 4 Tablespoon				472g

		S	M	L	X
<b>VRMMS-X</b>					
Vegetable Rice Minced Meat Stew	1 Ladle 1 Stew spoon	252g			
Vegetable Rice Minced Meat Stew	2 Ladles 2 Stew spoon		234g		
Vegetable Rice Minced Meat Stew	3 Ladles 3 Tablespoon			470g	
Vegetable Rice Minced Meat Stew	4 Ladles 4 Stew spoon				610g



VRBS-S



VRSFF-S



J-S



VRBS-M



VRSFF-M



J-M



VRBS-L



VRSFF-L



J-L



VRBS-X



VRSFF-X



J-X

		S	M	L	X
<b>VRBS-X</b>					
Vegetable Rice Beef Sauce	1 Ladle 1 Tablespoon	232g			
Vegetable Rice Beef Sauce	2 Ladles 2 Tablespoons		330g		
Vegetable Rice Beef Sauce	3 Ladles 3 Tablespoons			470g	
Vegetable Rice Beef Sauce	4 Ladles 4 Tablespoons				608g

		S	M	L	X
<b>VRSFF-X</b>					
Vegetable Rice Shito Fish Fried	1 Ladle 1 Tablespoon 1 Piece	246g			
Vegetable Rice Shito Fish Fried	2 Ladles 2 Tablespoon 1 Piece		290g		
Vegetable Rice Shito Fish Fried	3 Ladles 3 Tablespoon 1 Piece			246g	
Vegetable Rice Shito Fish Fried	4 Ladles 4 Tablespoon 1 Piece				290g

		S	M	L	X
<b>J</b>					
Jollof		202g			
Jollof			390g		
Jollof				420g	
Jollof					486g



JS-S



JRPFS-S



JRPFSS-S



JS-M



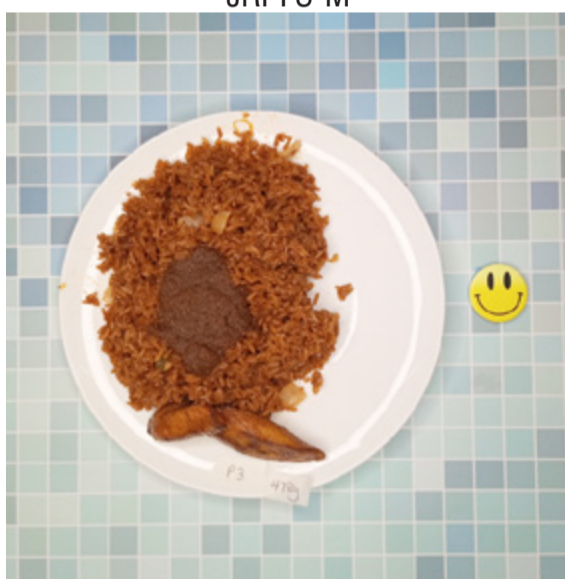
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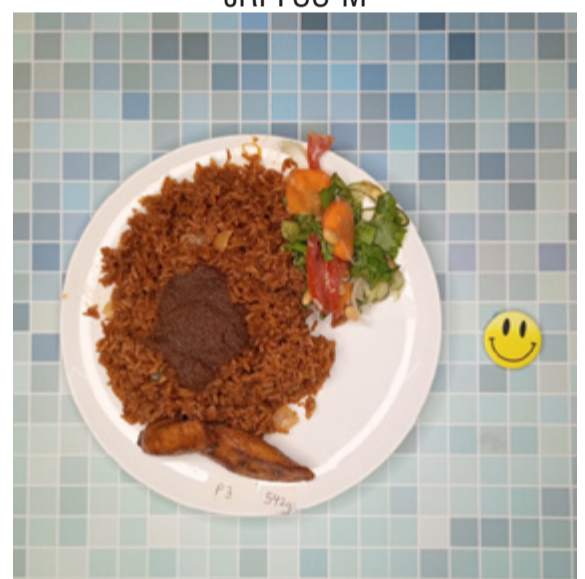
JRPFSS-M



JS-L



JRPFS-L



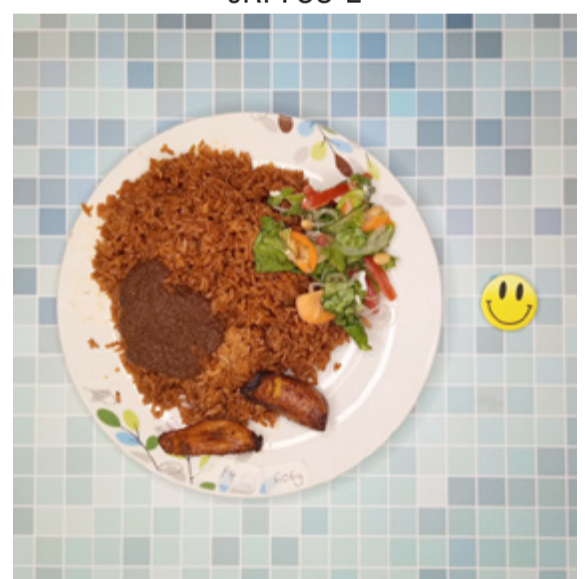
JRPFSS-L



JS-X



JRPFS-X



JRPFSS-X

	S	M	L	X
<b>JS</b>				
Jollof Shito	245g			
Jollof Shito		366g		
Jollof Shito			440g	
Jollof Shito				514g

	S	M	L	X
<b>JRPFS</b>				
Jollof Ripe Plantain Fried Shito	304g			
Jollof Ripe Plantain Fried Shito		400g		
Jollof Ripe Plantain Fried Shito			478g	
Jollof Ripe Plantain Fried Shito				552g

	S	M	L	X
<b>JRPFSS</b>				
Jollof Ripe Plantain Fried Shito Sald	606g			
Jollof Ripe Plantain Fried Shito Sald		478g		
Jollof Ripe Plantain Fried Shito Sald			542g	
Jollof Ripe Plantain Fried Shito Sald				606g



JRPFSFF-S



JSSCF-S



JRPFCF-S



JRPFSFF-M



JSSCF-M



JRPFCF-M



JRPFSFF-L



JSSCF-L



JRPFCF-L



JRPFSFF-X



JSSCF-X



JRPFCF-X

	S	M	L	X
<b>JRPFSFF</b>				
Jollof Ripe Plantain Fried Shito, Sald Fish Fried	410g			
Jollof Ripe Plantain Fried Shito, Sald Fish Fried		530g		
Jollof Ripe Plantain Fried Shito, Sald Fish Fried			602g	
Jollof Ripe Plantain Fried Shito, Sald Fish Fried				704g

	S	M	L	X
<b>JSSCF</b>				
Jollof Shito Sald Chicken Fried	1 Piece	442g		
Jollof Shito Sald Chicken Fried	2 Pieces		534g	
Jollof Shito Sald Chicken Fried	3 Pieces			620g
Jollof Shito Sald Chicken Fried	4 Pieces			640g

	S	M	L	X
<b>JRPFCFSS</b>				
Jollof Ripe Plantain Fried Chicken Fried Shito, Sald		454g		
Jollof Ripe Plantain Fried Chicken Fried Shito, Sald			540g	
Jollof Ripe Plantain Fried Chicken Fried Shito, Sald				606g
Jollof Ripe Plantain Fried Chicken Fried Shito, Sald				670g



WJ-S



WJFF(W)-S



WJFF-S



WJ-M



WJFF(W)-M



WJFF-M



WJ-L



WJFF(W)-L



WJFF-L



WJ-X



WJFF(W)-X



WJFF-X

		S	M	L	X
WJ-X					
Wheat Jollof	1 Ladle	192g			
Wheat Jollof	2 Ladles		270g		
Wheat Jollof	3 Ladles			398g	
Wheat Jollof	4 Ladles				506g

		S	M	L	X
WJFF(W)-X					
Wheat Jollof Fish Fried (White)	1 Ladle 1 Piece	214g			
Wheat Jollof Fish Fried (White)	2 Ladles 1 Piece		286g		
Wheat Jollof Fish Fried (White)	3 Ladles 1 Piece			468g	
Wheat Jollof Fish Fried (White)	4 Ladles 1 Piece				486g

		S	M	L	X
WJFF-X					
Wheat Jollof Fish Fried	1 Ladles 1 Piece	208g			
Wheat Jollof Fish Fried	2 Ladles 1 Piece		280g		
Wheat Jollof Fish Fried	3 Ladles 1 Piece			468g	
Wheat Jollof Fish Fried	4 Ladles 1 Piece				548g



WJS-S



WJFFS-S



WJCF-S



WJS-M



WJFFS-M



WJCF-M



WJS-L



WJFFS-L



WJCF-L



WJS-X



WJFFS-X



WJCF-X

		S	M	L	X
<b>WJS-X</b>					
Wheat Jollof Shito	1 Ladle 1 Table Spoon	150g			
Wheat Jollof Shito	2 Ladles 1 Table Spoons		262g		
Wheat Jollof Shito	3 Ladles 1 Table Spoons			394g	
Wheat Jollof Shito	4 Ladles 1 Table Spoons				464g

		S	M	L	X
<b>WJFFS-X</b>					
Wheat Jollof Fish Fried Shito	1 Ladle 1 Piece 1 Table Spoon	150g			
Wheat Jollof Fish Fried Shito	2 Ladles 1 Piece 1 Table Spoons		262g		
Wheat Jollof Fish Fried Shito	3 Ladles 1 Piece 1 Table Spoons			394g	
Wheat Jollof Fish Fried Shito	4 Ladles 1 Piece 1 Table Spoons				464g

		S	M	L	X
<b>WJCF-X</b>					
Wheat Jollof Chicken Fried	1 Ladles 1 Piece	230g			
Wheat Jollof Chicken Fried	2 Ladles 1 Piece		320g		
Wheat Jollof Chicken Fried	3 Ladles 1 Piece			454g	
Wheat Jollof Chicken Fried	4 Ladles 1 Piece				550g



WJCF-S



WJBS-S



WJBSS-S



WJCF-M



WJBS-M



WJBSS-M



WJCF-L



WJBS-L



WJBSS-L



WJCF-X



WJBS-X

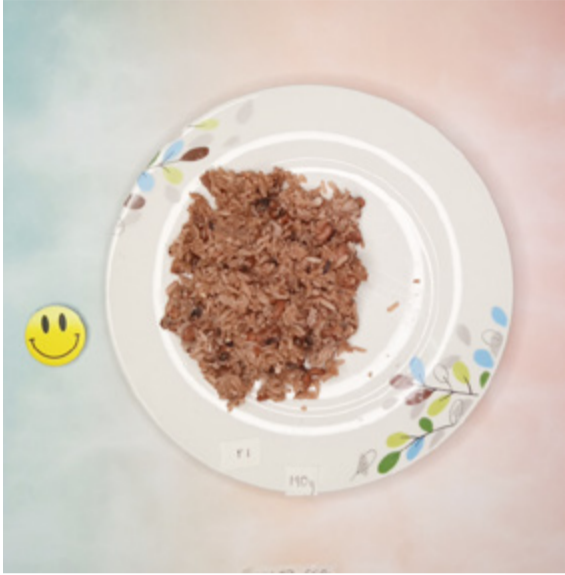


WJBSS-X

		S	M	L	X
<b>WJCF-X</b>					
Wheat Jollof Chicken Fried Shito	1 Ladles 1 Piece 1 Tablespoon	232g			
Wheat Jollof Chicken Fried Shito	2 Ladles 1 Piece 1 Tablespoon		314g		
Wheat Jollof Chicken Fried Shito	3 Ladles 1 Piece 1 Tablespoon			472g	
Wheat Jollof Chicken Fried Shito	4 Ladles 1 Piece 1 Tablespoon				572g

		S	M	L	X
<b>WJBS-X</b>					
Wheat Jollof Beef Sauce	1 Ladle 2 Stew Spoons	230g			
Wheat Jollof Fish Fried Red Shito	2 Ladles 2 Stew Spoons		356g		
Wheat Jollof Fish Fried Red Shito	3 Ladles 2 Stew Spoons			494g	
Wheat Jollof Fish Fried Red Shito	4 Ladles 2 Stew Spoons				642g

		S	M	L	X
<b>WJBSS-X</b>					
Wheat Jollof Beef Sauce Shito	1 Ladle 2 Stew Spoons 1 Table Spoon	264g			
Wheat Jollof Beef Sauce Shito	2 Ladles 2 Stew Spoons 1 Table Spoons		314g		
Wheat Jollof Beef Sauce Shito	3 Ladles 2 Stew Spoons 1 Table Spoons			524g	
Wheat Jollof Beef Sauce Shito	4 Ladles 2 Stew Spoons 1 Table Spoons				682g



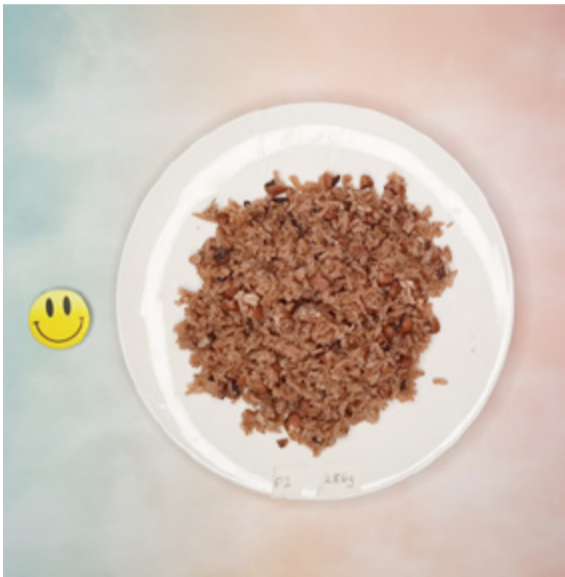
W-S



WS-S



WSTS-S



W-M



WS-M



WSTS-M



W-L



WS-L



WSTS-L



W-X



WS-X



WSTS-X

		S	M	L	X
<b>W</b>					
Waakye		190g			
Waakye			236g		
Waakye				420g	
Waakye					554g

		S	M	L	X
<b>WS-X</b>					
Waakye Shito	1 Piece	228g			
Waakye Shito	2 Pieces		324g		
Waakye Shito	3 Pieces			464g	
Waakye Shito	4 Pieces				602g

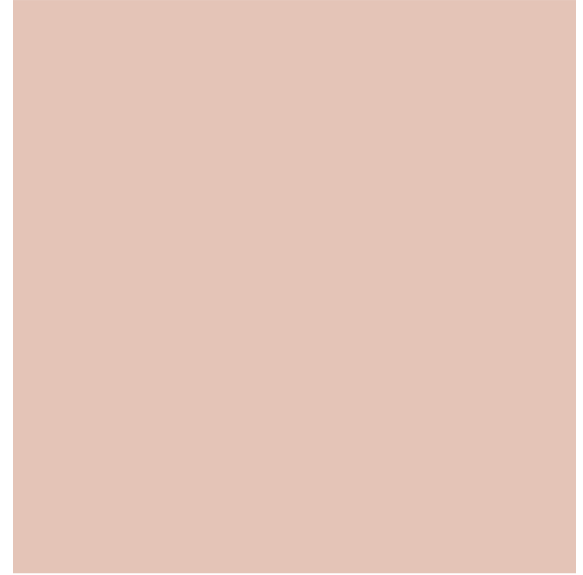
		S	M	L	X
<b>WSTS-X</b>					
Waakye Shito Tomato Stew	1 Piece	442g			
Waakye Shito Tomato Stew	2 Pieces		534g		
Waakye Shito Tomato Stew	3 Pieces			620g	
Waakye Shito Tomato Stew	4 Pieces				640g



WSTSCF-S



WGSTS-S



WSTSCF-M



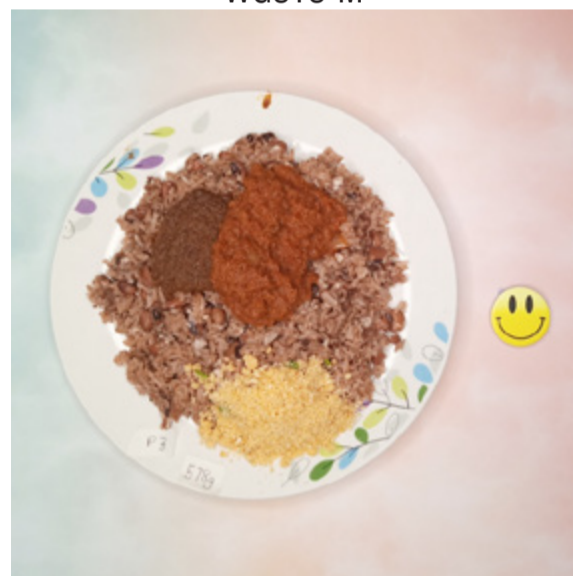
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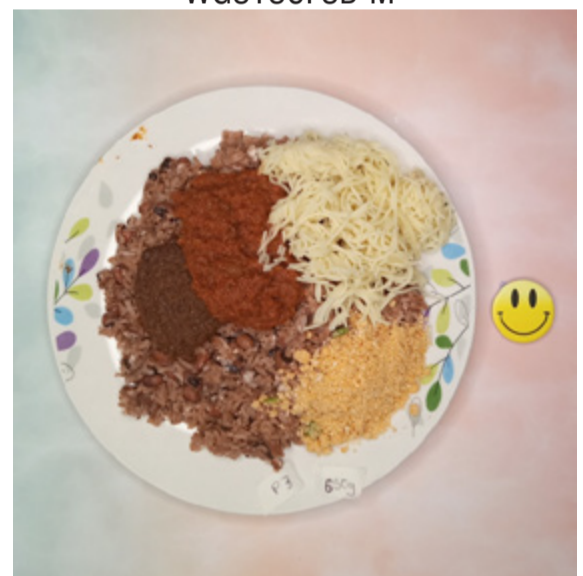
WGSTSCFSB-M



WSTSCF-L



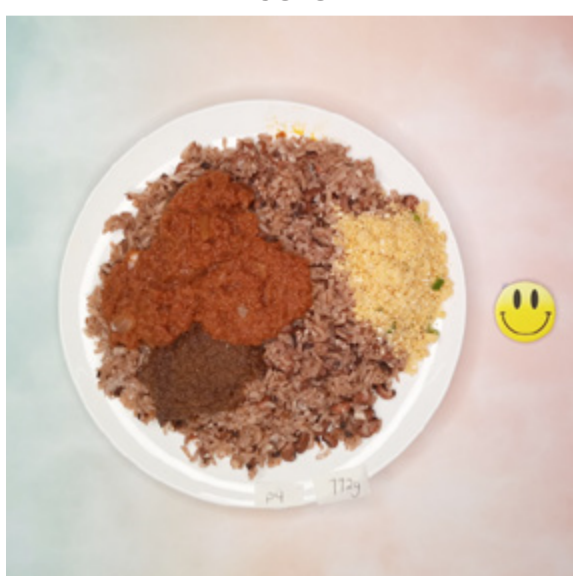
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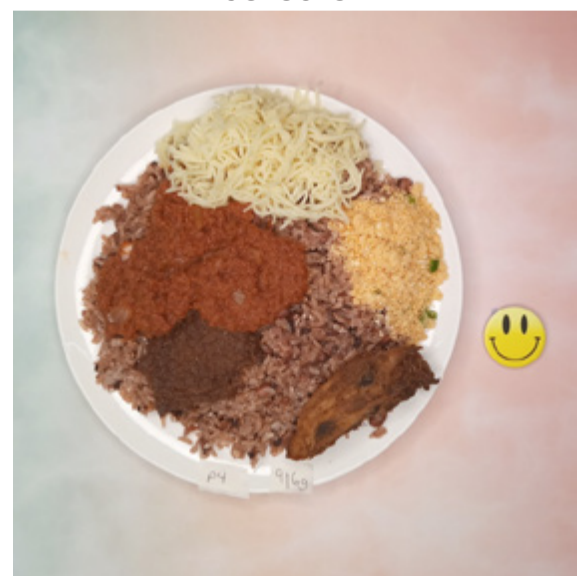
WGSTSCFSB-L



WSTSCF-X



WGSTS-X



WGSTSCFSB-X

WSTSC	S	M	L	X
Waakye Shito Tomato Stew Chicken Fried	330g			
Waakye Shito Tomato Stew Chicken Fried		468g		
Waakye Shito Tomato Stew Chicken Fried			618g	
Waakye Shito Tomato Stew Chicken Fried				812g

WGSTS	S	M	L	X
Waakye Gari Shito Tomato Stew	302g			
Waakye Gari Shito Tomato Stew		428g		
Waakye Gari Shito Tomato Stew			578g	
Waakye Gari Shito Tomato Stew				772g

WGSTSCFSB	S	M	L	X
Waakye, Gari Shito, Tomato Stew Chicken Fried Spaghetti Boiled	1 Piece	302g		
Waakye, Gari Shito, Tomato Stew Chicken Fried Spaghetti Boiled	2 Pieces		496g	
Waakye, Gari Shito, Tomato Stew Chicken Fried Spaghetti Boiled	3 Pieces			650g
Waakye, Gari Shito, Tomato Stew Chicken Fried Spaghetti Boiled	4 Pieces			916g



WCFGRPFSTSSB-S



WCFGRPFSTSSBS-S



WFFGRPFSTSSBS-S



WCFGRPFSTSSB-M



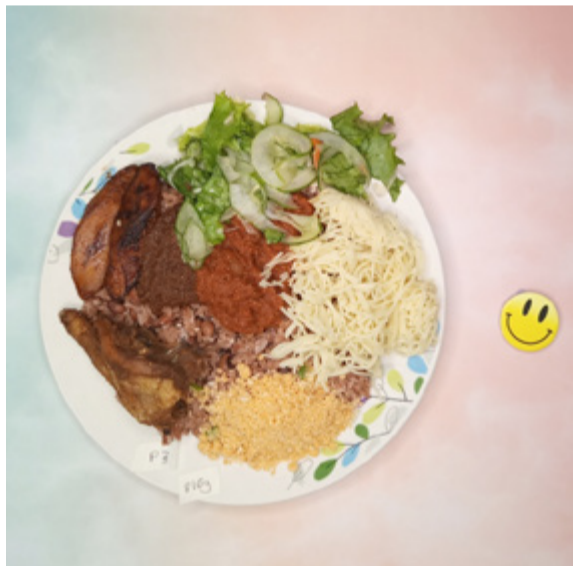
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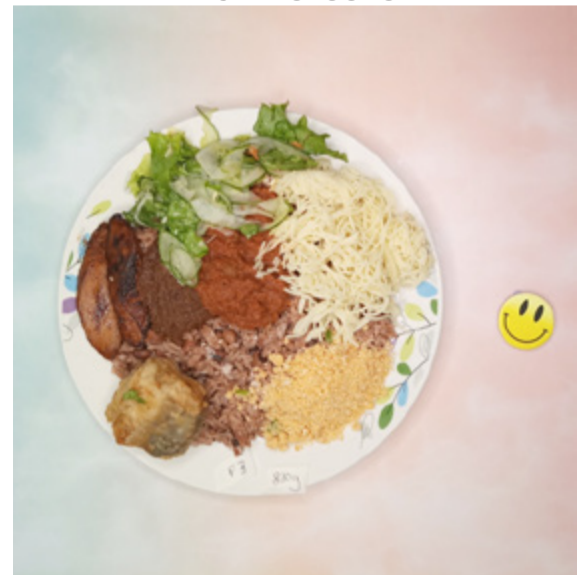
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WCFGRPFSTSSB-L



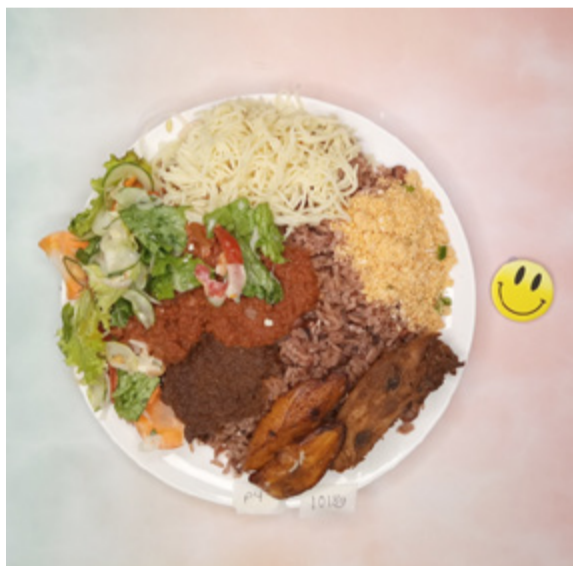
WCFGRPFSTSSBS-L



WFFGRPFSTSSBS-L



WCFGRPFSTSSB-X



WCFGRPFSTSSBS-X



WFFGRPFSTSSBS-X

WCFGRPFSTSSB	S	M	L	X
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	500g			
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled		600g		
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled			770g	
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled				970g

WCFGRPFSTSSBS	S	M	L	X
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	532g			
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald		652g		
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald			816g	
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald				1018g

WFFGRPFSTSSBS	S	M	L	X
Waakye, Fish Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	546g			
Waakye, Fish Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald		698g		
Waakye, Fish Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald			830g	
Waakye, Fish Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald				1028g



WEBGRPFSTSSBS-S



WEFGRPFSTSSBS-S



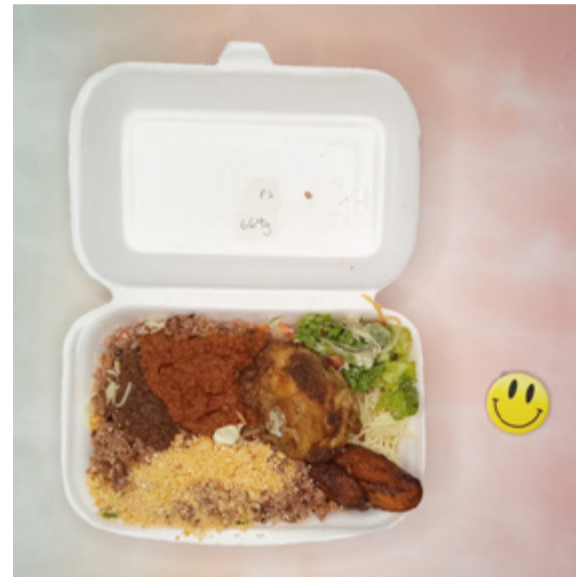
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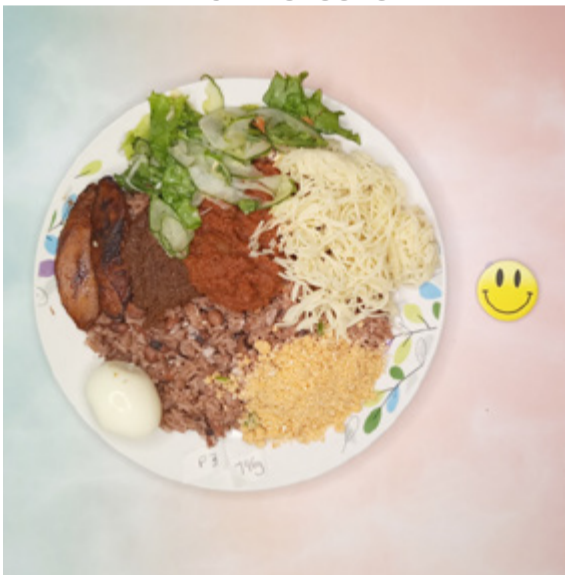
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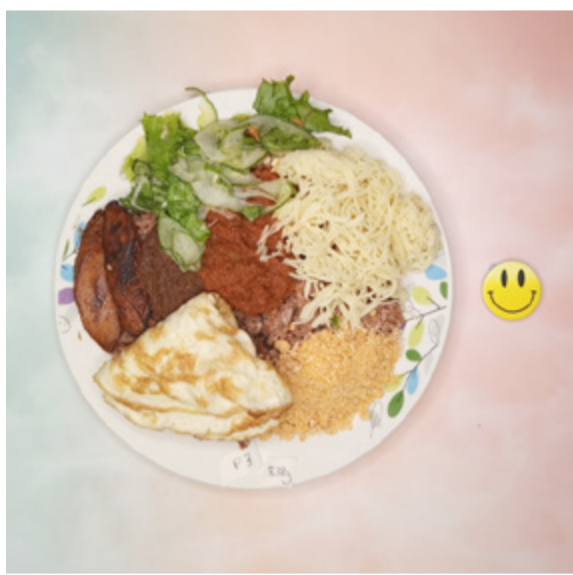
WEFGRPFSTSSBS-M



WCFGRPFSTSSBS-M



WEBGRPFSTSSBS-L



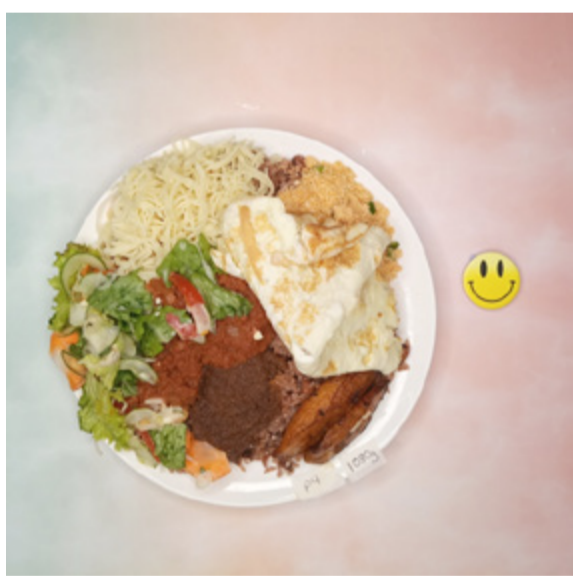
WEFGRPFSTSSBS-L



WCFGRPFSTSSBS-L



WEBGRPFSTSSBS-X



WEFGRPFSTSSBS-X



WCFGRPFSTSSBS-X

WEBGRPFSTSSBS	S	M	L	X
Waakye, Egg Boiled Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	520g			
Waakye, Egg Boiled Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald		646g		
Waakye, Egg Boiled Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald			796g	
Waakye, Egg Boiled Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald				1000g

WEFGRPFSTSSBS	S	M	L	X
Waakye, Egg Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	1 Piece	506g		
Waakye, Egg Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	2 Pieces		636g	
Waakye, Egg Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	3 Pieces			838g
Waakye, Egg Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald	4 Pieces			1080g

WCFGRPFSTSSBS	S	M	L	X
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald		538g		
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald			664g	
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald				826g
Waakye, Chicken Fried Gari, Ripe Plantain Fried Shito, Tomato Stew Spaghetti Boiled, Sald				988g



BYES-S



BYES-M



BYES-L



BYES-X

		S	M	L	X
<b>BYES-X</b>					
Boiled Yam Egg Stew	3 Slices 1 Stew Spoon	222g/120g			
Boiled Yam Egg Stew	4 Slices 2 Stew Spoons		264g/254g		
Boiled Yam Egg Stew	5 Slices 3 Stew Spoons			326g/254g	
Boiled Yam Egg Stew	6 Slices 4 Stew Spoons				488g/322g



BYBS-S



BYSB-S



BYVS-S



BYBS-M



BYSB-M



BYVS-M



BYBS-L



BYSB-L



BYVS-L



BYBS-X



BYSB-X



BYVS-X

		S	M	L	X
<b>BYBS-X</b>					
Boiled Yam Beef Sauce	3 Slices 1 Stew Spoon	222g/120g			
Plain Rice Boiled Soya Bean Stew	4 Slices 2 Stew Spoons		264g/152g		
Plain Rice Boiled Soya Bean Stew	5 Slices 3 Stew Spoons			326g/256g	
Plain Rice Boiled Soya Bean Stew	6 Slices 4 Stew Spoons				488g/336g

		S	M	L	X
<b>BYSB-X</b>					
Boiled Yam Soya Bean	3 Slices 1 Stew Spoon	222g/22g			
Boiled Yam Soya Bean	4 Slices 2 Stew Spoons		264g/140g		
Boiled Yam Soya Bean	5 Slices 3 Stew Spoons			326g/232g	
Boiled Yam Soya Bean	6 Slices 4 Stew Spoons				488g/308g

		S	M	L	X
<b>BYVS-X</b>					
Boiled Yam Vegetable Stew	3 Slices 1 Stew Spoon	222g/116g			
Boiled Yam Vegetable Stew	4 Slices 2 Stew Spoons		264g/156g		
Boiled Yam Vegetable Stew	5 Slices 3 Stew Spoons			326g/278g	
Boiled Yam Vegetable Stew	6 Slices 4 Stew Spoons				488g/374g



BYSBFF-S



BYVSFF-S



BYSBSEB-S



BYSBFF-M



BYVSFF-M



BYSBSEB-M



BYSBFF-L



BYVSFF-L



BYSBSEB-L



BYSBFF-X



BYVSFF-X



BYSBSEB-X

		S	M	L	X
<b>BYSBFF-X</b>					
Boiled Yam	3 Slices				
Soya Bean	1 Stew Spoon	222g/182g			
Fish Fried	1 Piece				
Boiled Yam	4 Slices		264g/210g		
Soya Bean	2 Stew Spoons				
Fish Fried	1 Piece				
Boiled Yam	5 Slices			326g/280g	
Soya Bean	3 Stew Spoons				
Fish Fried	1 Piece				
Boiled Yam	6 Slices				488g/360g
Soya Bean	4 Stew Spoons				
Fish Fried	1 Piece				

		S	M	L	X
<b>BYVSFF-X</b>					
Boiled Yam	3 Slices				
Vegetable Stew	1 Stew Spoon	222g/172g			
Fish Fried	1 Piece				
Boiled Yam	4 Slices		264g/226g		
Vegetable Stew	2 Stew Spoons				
Fish Fried	1 Piece				
Boiled Yam	5 Slices			326g/348g	
Vegetable Stew	3 Stew Spoons				
Fish Fried	1 Piece				
Boiled Yam	6 Slices				488g/454g
Vegetable Stew	4 Stew Spoons				
Fish Fried	1 Piece				

		S	M	L	X
<b>BYSBSEB-X</b>					
Boiled Yam	3 Slices				
Soya Bean Stew	1 Stew Spoon	222g/164g			
Egg Boiled	1 Piece				
Boiled Yam	4 Slices		264g/188g		
Soya Bean Stew	2 Stew Spoons				
Egg Boiled	1 Piece				
Boiled Yam	5 Slices			326g/278g	
Soya Bean Stew	3 Stew Spoons				
Egg Boiled	1 Piece				
Boiled Yam	6 Slices				488g/346g
Soya Bean Stew	4 Stew Spoons				
Egg Boiled	1 Piece				



BYVSEB-S



YBMMS-S



YEBE-S



BYVSEB-M



YBMMS-M



YEBE-M



BYVSEB-L



YBMMS-L



YEBE-L



BYVSEB-X



YBMMS-X



YEBE-X

		S	M	L	X
<b>BYVSEB-X</b>					
Boiled Yam Vegetable Stew Egg Boiled	3 Slices 1 Stew Spoon 1 Piece	222g/160g			
Boiled Yam Vegetable Stew Egg Boiled	4 Slices 2 Stew Spoons 1 Piece		264g/204g		
Boiled Yam Vegetable Stew Egg Boiled	5 Slices 3 Stew Spoons 1 Piece			326g/330g	
Boiled Yam Vegetable Stew Egg Boiled	6 Slices 4 Stew Spoons 1 Piece				488g/434g

		S	M	L	X
<b>YBMMS-X</b>					
Yam Boiled Minced Meat Stew	2 Slices 1 Stew Spoon	260g			
Yam Boiled Minced Meat Stew	3 Slices 2 Stew Spoon		314g		
Yam Boiled Minced Meat Stew	4 Slices 3 Stew Spoon			456g	
Yam Boiled Minced Meat Stew	6 Slices 4 Stew Spoon				632g

		S	M	L	X
<b>YEBE-X</b>					
Yam Etor Boiled Egg	1 Spoon 1 Slice	374g			
Yam Etor Boiled Egg	2 Spoon 2 Slices		554g		
Yam Etor Boiled Egg	3 Spoon 3 Slices			308g	
Yam Etor Boiled Egg	4 Spoon 4 Slices				404g



YE-S



YEDSFAEB-S



YEDSFEB-S



YE-M



YEDSFAEB-M



YEDSFEB-M



YE-L



YEDSFAEB-L



YEDSFEB-L



YE-X



YEDSFAEB-X



YEDSFEB-X

		S	M	L	X
<b>YE-X</b>					
Yam Etor	1 Ladle	176g			
Yam Etor	2 Ladles		274g		
Yam Etor	3 Ladles			352g	
Yam Etor	4 Ladles				446g

		S	M	L	X
<b>YEDSFAEB-X</b>					
Yam Etor	1 Spoon	298g			
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	2 Slice				
Yam Etor	2 Spoons		396g		
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	2 Slices				
Yam Etor	3 Spoons			490g	
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	3 Slices				
Yam Etor	4 Spoons				608g
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	3 Slices				
Yam Etor	1 Piece				

		S	M	L	X
<b>YEDSFEB-X</b>					
Yam Etor	1 Spoon	246g			
Dried Salted Fish	1 Piece				
Egg Boiled	2 Slice				
Yam Etor	2 Spoon		364g		
Dried Salted Fish	1 Piece				
Egg Boiled	2 Slices				
Yam Etor	3 Spoon			452g	
Dried Salted Fish	1 Piece				
Egg Boiled	3 Slices				
Yam Etor	4 Spoon				578g
Dried Salted Fish	1 Piece				
Egg Boiled	3 Slices				



YEDSFAEB-S



YEBEA-S



YEA-S



YEDSFAEB-M



YEBEA-M



YEA-M



YEDSFAEB-L



YEBEA-L



YEA-L



YEDSFAEB-X



YEBEA-X



YEA-X

		S	M	L	X
<b>YEDSFAEB-X</b>					
Yam Etor	1 Spoon				
Dried Salted Fish	1 Piece	298g			
Avocado, Egg Boiled	2 Slices 1 Piece				
Yam Etor	2 Spoons		386g		
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	2 Slices 1 Piece				
Yam Etor	3 Spoons			483g	
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	3 Slices 1 Piece				
Yam Etor	4 Spoons				538g
Dried Salted Fish	1 Piece				
Avocado, Egg Boiled	3 Slices 1 Piece				

		S	M	L	X
<b>YEBEA-X</b>					
Yam Etor	1 Spoon				
Boiled Egg	1 Piece	240g			
Avocado	2 Slices				
Yam Etor	2 Spoons		376g		
Boiled Egg	1 Piece				
Avocado	2 Slices				
Yam Etor	3 Spoons			420g	
Boiled Egg	1 Piece				
Avocado	3 Slices				
Yam Etor	4 Spoons				516g
Boiled Egg	1 Piece				
Avocado	3 Slices				

		S	M	L	X
<b>YEA-X</b>					
Yam Etor	1 Spoon				
Avocado	1 Slice	186g			
Yam Etor	2 Spoons		306g		
Avocado	2 Slices				
Yam Etor	3 Spoons			370g	
Avocado	3 Slices				
Yam Etor	4 Spoons				478g
Avocado	4 Slices				



FY-S



FYFP-S



FYFPS-S



FY-M



FYFP-M



FYFPS-M



FY-L



FYFP-L



FYFPS-L



FY-X



FYFP-X



FYFPS-X

	S	M	L	X
<b>FY-X</b>				
Fried Yam				
Fried Yam			256g	
Fried Yam				298g

	S	M	L	X
<b>FYFP-X</b>				
Fried Yam Fresh Pepper	1 Tablespoon	148g		
Fried Yam Fresh Pepper	1 Tablespoon		202g	
Fried Yam Fresh Pepper	1 Tablespoon			280g
Fried Yam Fresh Pepper	1 Tablespoon			

	S	M	L	X
<b>FYFPS-X</b>				
Fried Yam Fresh Pepper Shito	1 Tablespoon 1 Tablespoon	168g		
Fried Yam Fresh Pepper Shito	1 Tablespoon 1 Tablespoon		230g	
Fried Yam Fresh Pepper Shito	1 Tablespoon 1 Tablespoon			312g
Fried Yam Fresh Pepper Shito	1 Tablespoon 1 Tablespoon			346g



FRIED YAM SAUSAGE

FYFSFF-S



FRIED YAM SAUSAGE

FYFPSFS-S



AKPLE

AFPS-S



FRIED YAM SAUSAGE

FYFSFF-M



FRIED YAM SAUSAGE

FYFPSFS-M



AKPLE

AFPS-M



FRIED YAM SAUSAGE

FYFSFF-L



FRIED YAM SAUSAGE

FYFPSFS-L



AKPLE

AFPS-L



FRIED YAM SAUSAGE

FYFSFF-X



FRIED YAM SAUSAGE

FYFPSFS-X



AKPLE

AFPS-X

		S	M	L	X
<b>FYFSFF-X</b>					
Fried Yam Fresh Pepper Shito Fish, Fried	1 Spoon 1 Spoon 1 Piece	228g			
Fried Yam Fresh Pepper Shito Fish, Fried	1 Spoon 1 Spoon 1 Piece		328g		
Fried Yam Fresh Pepper Shito Fish, Fried	1 Spoon 1 Spoon 1 Piece			424g	
Fried Yam Fresh Pepper Shito Fish, Fried	1 Spoon 1 Spoon 1 Piece				

		S	M	L	X
<b>FYFPSFS-X</b>					
Fried Yam Fresh Pepper Shito Fried Sausage	1 Tablespoon 1 Tablespoon 1 Piece	168g			
Fried Yam Fresh Pepper Shito Fried Sausage	1 Tablespoon 1 Tablespoon 2 Pieces		296g		
Fried Yam Fresh Pepper Shito Fried Sausage	1 Tablespoon 1 Tablespoon 3 Pieces			408g	
Fried Yam Fresh Pepper Shito Fried Sausage					

		S	M	L	X
<b>AFPS-X</b>					
Akple Fresh Pepper Shito	1 Ball 1 Tablespoon 1 Tablespoon	242g			
Akple Fresh Pepper Shito	2 Balls 2 Tablespoons 1 Tablespoon		380g		
Akple Fresh Pepper Shito	3 Balls 2 Tablespoons 2 Tablespoons			514g	
Akple Fresh Pepper Shito	4 Balls 2 Tablespoons 2 Tablespoons				714g



AKPLE Grilled Fish  
AFPSGF-S



AKPLE Fried Fish  
AFPSFF-S



AKPLE Fried Fish  
AFPSFF-S



AKPLE Grilled Fish  
AFPSGF-M



AKPLE Fried Fish  
AFPSFF-M



AKPLE Fried Fish  
AFPSFF-M



AKPLE Grilled Fish  
AFPSGF-L



AKPLE Fried Fish  
AFPSFF-L



AKPLE Fried Fish  
AFPSFF-L



AKPLE Grilled Fish  
AFPSGF-X



AKPLE Fried Fish  
AFPSFF-X



AKPLE Fried Fish  
AFPSFF-X

		S	M	L	X
<b>AFPSGF-X</b>					
Akple Fresh Pepper Shito Grilled Fish	1 Ball 1 Spoon 1 Spoon 1 Piece	342g			
Akple Fresh Pepper Shito Grilled Fish	2 Balls 2 Spoons 1 Spoon 1 Piece		540g		
Akple Fresh Pepper Shito Grilled Fish	3 Balls 2 Spoons 2 Spoons 1 Piece			664g	
Akple Fresh Pepper Shito Grilled Fish	4 Balls 2 Spoons 2 Spoons 1 Piece				914g

		S	M	L	X
<b>AFPSFF-X</b>					
Akple Fresh Pepper Shito Fish, Fried	1 Ball 2 Spoons 1 Spoon 1 Piece	346g			
Akple Fresh Pepper Shito Fish, Fried	2 Balls 2 Spoons 1 Spoon 1 Piece		480g		
Akple Fresh Pepper Shito Fish, Fried	3 Balls 2 Spoons 1 Spoon 1 Piece			648g	
Akple Fresh Pepper Shito Fish, Fried	4 Balls 2 Spoons 1 Spoon 1 Piece				856g

		S	M	L	X
<b>AFPSFF-X</b>					
Akple Fresh Pepper Shito Small Fish	1 Ball 1 Spoon 1 Spoon	258g			
Akple Fresh Pepper Shito Small Fish	2 Balls 2 Spoons 1 Spoon		406g		
Akple Fresh Pepper Shito Small Fish	3 Balls 2 Spoons 1 Spoon			582g	
Akple Fresh Pepper Shito Small Fish	4 Balls 2 Spoons 1 Spoon				760g



AKPLE SHRIMPS

AFPSS-S



AKPLE GRILLED FISH

AFPSGF-S



AKPLE DRY KUKA SOUP

ADKS-S



AKPLE SHRIMPS

AFPSS-M



AKPLE GRILLED FISH

AFPSGF-M



AKPLE DRY KUKA SOUP

ADKS-M



AKPLE SHRIMPS

AFPSS-L



AKPLE GRILLED FISH

AFPSGF-L



AKPLE DRY KUKA SOUP

ADKS-L



AKPLE SHRIMPS

AFPSS-X



AKPLE GRILLED FISH

AFPSGF-X



AKPLE DRY KUKA SOUP

ADKS-X

		S	M	L	X
<b>AFPSS-X</b>					
Akple Fresh Pepper Shito Shrimps	1 Ball 2 Spoons 1 Spoon	262g			
Akple Fresh Pepper Shito Shrimps	2 Balls 2 Spoons 1 Spoon		406g		
Akple Fresh Pepper Shito Shrimps	3 Balls 2 Spoons 1 Spoon			568g	
Akple Fresh Pepper Shito Shrimps	4 Balls 2 Spoons 1 Spoon				762g

		S	M	L	X
<b>AFPSGF-X</b>					
Akple Fresh Pepper Shito Grilled Fish	1 Ball 2 Spoons 1 Spoon 1 Piece	346g			
Akple Fresh Pepper Shito Grilled Fish	2 Balls 2 Spoons 1 Spoon 1 Piece		480g		
Akple Fresh Pepper Shito Grilled Fish	3 Balls 2 Spoons 1 Spoon 1 Piece			648g	
Akple Fresh Pepper Shito Grilled Fish	4 Balls 2 Spoons 1 Spoon 1 Piece				856g

		S	M	L	X
<b>ADKS-X</b>					
Akple Dry Kuka Soup	1 Ball 1 Ladle	328g			
Akple Dry Kuka Soup	2 Balls 2 Ladles		534g		
Akple Dry Kuka Soup	3 Balls 3 Ladles			750g	
Akple Dry Kuka Soup	4 Balls 3 Ladles				922g



ADKST-S



ADOS-S



ADOST-S



ADKST-M



ADOS-M



ADOST-M



ADKST-L



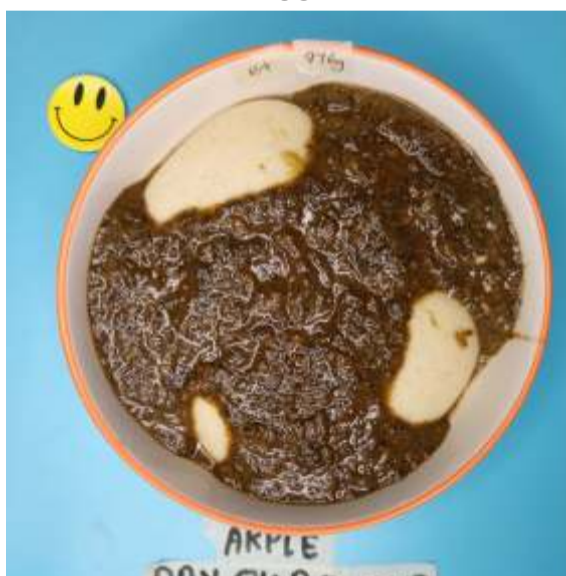
ADOS-L



ADOST-L



ADKST-X



ADOS-X



ADOST-X

		S	M	L	X
<b>ADKST-X</b>					
Akple Dry Kuka Soup Tuna	1 Ball 2 Ladles 1 Piece	398g			
Akple Dry Kuka Soup Tuna	2 Balls 2 Ladles 1 Piece		594g		
Akple Dry Kuka Soup Tuna	3 Balls 3 Ladles 1 Piece			810g	
Akple Dry Kuka Soup Tuna	4 Balls 4 Ladles 2 Pieces				1034g

		S	M	L	X
<b>ADOS-X</b>					
Akple Dry Okro Soup	1 Ball 1 Ladle	350g			
Akple Dry Okro Soup	2 Balls 2 Ladles		516g		
Akple Dry Okro Soup	3 Balls 3 Ladles			776g	
Akple Dry Okro Soup	4 Balls 4 Ladles				976g

		S	M	L	X
<b>ADOST-X</b>					
Akple Dry Okro Soup Tuna	1 Ball 1 Ladle 1 Piece	350g			
Akple Dry Okro Soup Tuna	2 Balls 2 Ladles 1 Piece		516g		
Akple Dry Okro Soup Tuna	3 Balls 3 Ladles 1 Piece			776g	
Akple Dry Okro Soup Tuna	4 Balls 3 Ladles 1 Piece				976g



AKPLE  
DRY OKRO SOUP

ADOST-S



AKPLE

ADOSCW-S



AKPLE  
FRESH OKRO SOUP

AFOS-S



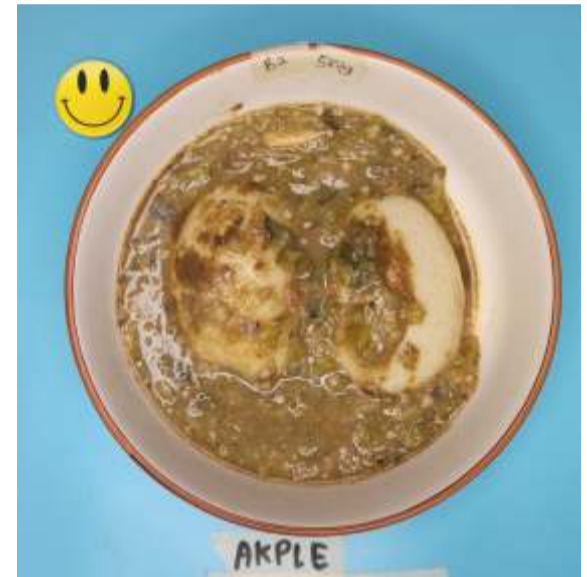
AKPLE  
DRY OKRO SOUP

ADOST-M



AKPLE  
DRY OKRO SOUP

ADOSCW-M



AKPLE

AFOS-M



AKPLE  
DRY OKRO SOUP

ADOST-L



AKPLE  
DRY OKRO SOUP

ADOSCW-L



AKPLE  
FRESH OKRO SOUP

AFOS-L



AKPLE  
DRY OKRO SOUP

ADOST-X



AKPLE  
DRY OKRO SOUP

ADOSCW-X



AKPLE  
FRESH OKRO SOUP

AFOS-X

		S	M	L	X
<b>ADOST-X</b>					
Akple Dry Okro Soup	1 Ball	408g			
	2 Ladles				
	1 Piece				
Akple Dry Okro Soup	2 Balls		566g		
	2 Ladles				
	1 Piece				
Akple Dry Okro Soup	3 Balls			872g	
	3 Ladles				
	1 Piece				
Akple Dry Okro Soup	4 Balls				1040g
	4 Ladles				
	1 Pieces				

		S	M	L	X
<b>ADOSCW-X</b>					
Akple Dry Okro Soup	1 Ball	412g			
	1 Ladle				
	1 Piece				
	1 Piece				
Akple Dry Okro Soup	2 Balls		646g		
	2 Ladles				
	1 Piece				
	1 Piece				
Akple Dry Okro Soup	3 Balls			852g	
	3 Ladles				
	1 Piece				
	1 Piece				
Akple Dry Okro Soup	4 Balls				1028g
	4 Ladles				
	1 Piece				
	1 Piece				

		S	M	L	X
<b>AFOS-X</b>					
Akple Fresh Okro Soup	1 Ball	398g			
	1 Ladle				
Akple Fresh Okro Soup	2 Balls		582g		
	2 Ladles				
Akple Fresh Okro Soup	3 Balls			780g	
	3 Ladles				
Akple Fresh Okro Soup	4 Balls				918g
	4 Ladles				



AFOST-S



AFOSCW-S



A-S



AFOST-M



AFOSCW-M



A-M



AFOST-L



AFOSCW-L



A-L



AFOST-X



AFOSCW-X



A-X

		S	M	L	X
<b>AFOST-X</b>					
Akple Fresh Okro Soup Tuna	1 Ball 2 Ladles 1 Piece	430g			
Akple Fresh Okro Soup Tuna	2 Balls 2 Ladles 1 Piece		648g		
Akple Fresh Okro Soup Tuna	3 Balls 3 Ladles 1 Piece			846g	
Akple Fresh Okro Soup Tuna	4 Balls 4 Ladles 2 Pieces				1020g

		S	M	L	X
<b>AFOSCW-X</b>					
Akple Fresh Okro Soup Crab Wele	1 Ball 1 Ladle 1 Piece	412g			
Akple Fresh Okro Soup Crab Wele	2 Balls 2 Ladles 1 Piece		646g		
Akple Fresh Okro Soup Crab Wele	3 Balls 3 Ladles 1 Piece			852g	
Akple Fresh Okro Soup Crab Wele	4 Balls 4 Ladles 2 Piece				1028g

		S	M	L	X
<b>A-X</b>					
Akple	1 Ball	228g			
Akple	2 Balls		362g		
Akple	3 Balls			536g	
Akple	4 Balls				682g



ABS-S



ABSC-S



B-S



ABS-M



ABSC-M



B-M



ABS-L



ABSC-L



B-L



ABS-X



ABSC-X



B-X

	S	M	L	X
<b>ABS-X</b>				
Apapransah Beans Stew	396g			
Apapransah Beans Stew		306g		
Apapransah Beans Stew			634g	
Apapransah Beans Stew				820g

	S	M	L	X
<b>ABSC-X</b>				
Apapransah Beans Stew Crabs	2 Pieces	396g		
Apapransah Beans Stew Crabs	2 Pieces		306g	
Apapransah Beans Stew Crabs	2 Pieces			634g
Apapransah Beans Stew Crabs	2 Pieces			820g

	S	M	L	X
<b>B-X</b>				
Banku	1 Ball	436g		
Banku	2 Ball		754g	
Banku	3 Ball			1018g
Banku	4 Ball			1332g



BFPSSF-S



BFPSS-S



BFPSGF-S



BFPSSF-M



BFPSS-M



BFPSGF-M



BFPSSF-L



BFPSS-L



BFPSGF-L



BFPSSF-X



BFPSS-X



BFPSGF-X

		S	M	L	X
<b>BFPSSF-X</b>					
Banku Fresh Pepper Shito Small Fish	1 Ball 2 Spoons 1 Spoon	290g			
Banku Fresh Pepper Shito Small Fish	1 Balls 2 Spoons 1 Spoon		334g		
Banku Fresh Pepper Shito Small Fish	1 Balls 3 Spoons 1 Spoon			662g	
Banku Fresh Pepper Shito Small Fish	2 Balls 4 Spoons 2 Spoon				866g

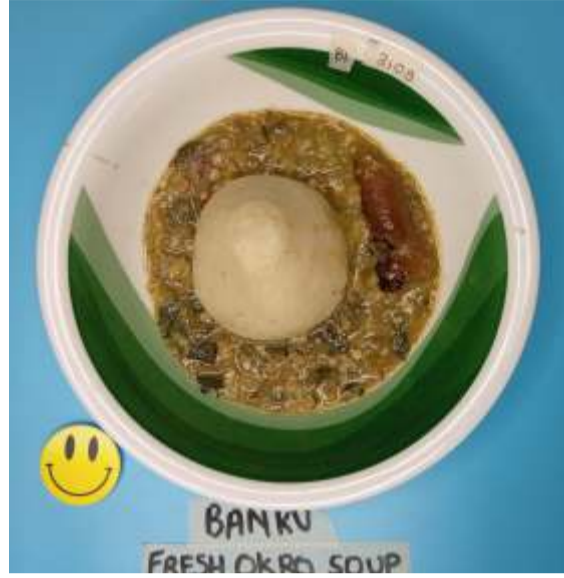
		S	M	L	X
<b>BFPSS-X</b>					
Banku Fresh Pepper Shito Shrimps	1 Ball 1 Spoon 1 Spoon	412g			
Banku Fresh Pepper Shito Shrimps	1 Ball 1 Spoon 1 Spoon		432g		
Banku Fresh Pepper Shito Shrimps	1 Ball 1 Spoon 1 Spoon			646g	
Banku Fresh Pepper Shito Shrimps	2 Balls 2 Spoons 1 Spoon				852g

		S	M	L	X
<b>BFPSGF-X</b>					
Banku Fresh Pepper Shito Grilled Fish	1 Ball 1 Spoon 1 Spoon 1 Piece	418g			
Banku Fresh Pepper Shito Grilled Fish	1 Ball 1 Spoon 1 Spoon 1 Piece		568g		
Banku Fresh Pepper Shito Grilled Fish	1 Ball 2 Spoons 2 Spoons 1 Piece			924g	
Banku Fresh Pepper Shito Grilled Fish	2 Balls 2 Spoons 2 Spoons 1 Piece				1232g



BANKU  
FRESH OKRO SOUP

BFOS-S



BANKU  
FRESH OKRO SOUP

BFOSW-S



BANKU  
FRESH OKRO SOUP

BFOSTW-S



BANKU  
FRESH OKRO SOUP

BFOS-M



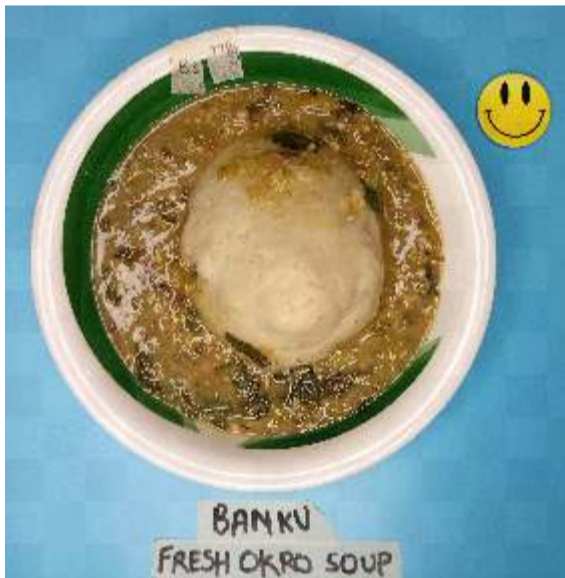
BANKU  
FRESH OKRO SOUP

BFOSW-M



BANKU  
FRESH OKRO SOUP

BFOSTW-M



BANKU  
FRESH OKRO SOUP

BFOS-L



BANKU  
FRESH OKRO SOUP

BFOSW-L



BANKU  
FRESH OKRO SOUP

BFOSTW-L



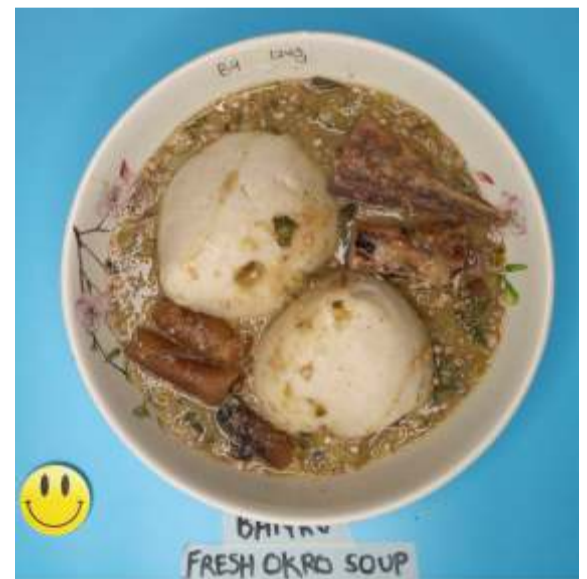
BANKU  
FRESH OKRO SOUP

BFOS-X



BANKU  
FRESH OKRO SOUP

BFOSW-X



BANKU  
FRESH OKRO SOUP

BFOSTW-X

		S	M	L	X
<b>BFOS-X</b>					
Banku Fresh Okro Soup	1 Ball 2 Ladles	272g			
Banku Fresh Okro Soup	1 Balls 2 Ladles		492g		
Banku Fresh Okro Soup	1 Balls 3 Ladles			778g	
Banku Fresh Okro Soup	2 Balls 4 Ladles				1070g

		S	M	L	X
<b>BFOSW-X</b>					
Banku Fresh Okro Soup Wele	1 Ball 1 Ladle 1 Piece	310g			
Banku Fresh Okro Soup Wele	1 Ball 2 Ladle 1 Piece		536g		
Banku Fresh Okro Soup Wele	1 Ball 3 Ladle 2 Piece			834g	
Banku Fresh Okro Soup Wele	2 Balls 4 Ladles 2 Piece				1140g

		S	M	L	X
<b>BFOSTW-X</b>					
Banku Fresh Okro Soup Tuna Wele	1 Ball 1 Ladle 1 Piece 1 Piece	418g			
Banku Fresh Okro Soup Tuna Wele	1 Ball 2 Ladle 1 Piece 1 Piece		568g		
Banku Fresh Okro Soup Tuna Wele	1 Ball 3 Ladle 1 Piece 2 Piece			924g	
Banku Fresh Okro Soup Tuna Wele	2 Balls 4 Ladles 2 Piece 1 Piece				1232g



BPST-S



BPSCB-S



BGS-S



BPST-M



BPSCB-M



BGS-M



BPST-L



BPSCB-L



BGS-L



BPST-X



BPSCB-X



BGS-X

		S	M	L	X
<b>BPST-X</b>					
Banku Palmnut Soup Tuna	1 Ball 1 Ladle 1 Piece	518g			
Banku Palmnut Soup Tuna	1 Ball 2 Ladles 1 Piece		874g		
Banku Palmnut Soup Tuna	1 Ball 3 Ladles 1 Piece			1088g	
Banku Palmnut Soup Tuna	1 Ball 3 Ladles 1 Piece				1600g

		S	M	L	X
<b>BPSCB-X</b>					
Banku Palmnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	586g			
Banku Palmnut Soup Chicken, Boiled	2 Ball 2 Ladle 1 Piece		916g		
Banku Palmnut Soup Chicken, Boiled	3 Ball 3 Ladle 1 Piece			1196g	
Banku Palmnut Soup Chicken, Boiled	4 Ball 4 Ladles 1 Piece				1618g

		S	M	L	X
<b>BGS-X</b>					
Banku Groundnut Soup	1 Ball 1 Ladle	464g			
Banku Groundnut Soup	2 Ball 2 Ladles		838g		
Banku Groundnut Soup	3 Ball 3 Ladles			1108g	
Banku Groundnut Soup	4 Ball 4 Ladles				1510g



BGST-S



BGSCB-S



BPS-S



BGST-M



BGSCB-M



BPS-M



BGST-L



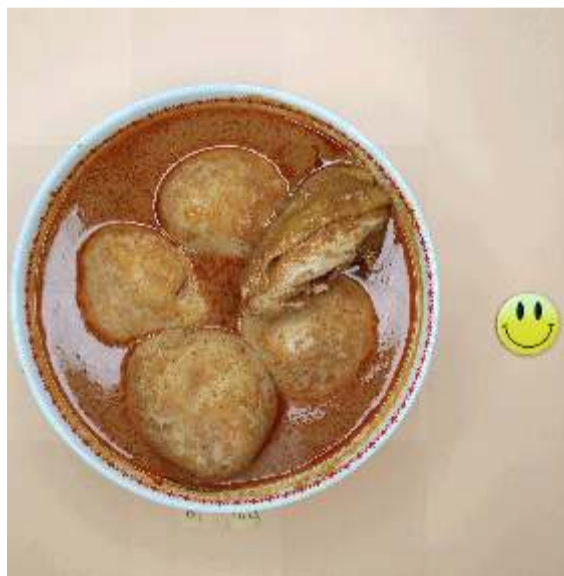
BGSCB-L



BPS-L



BGST-X



BGSCB-X



BPS-X

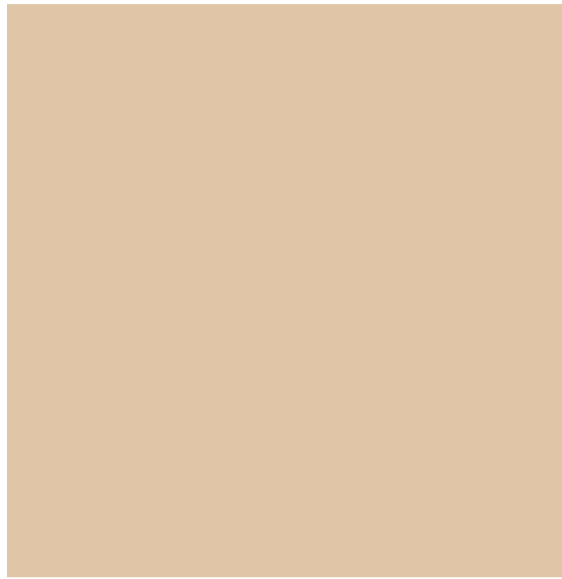
		S	M	L	X
<b>BGST-X</b>					
Banku Groundnut Soup Tuna	1 Ball 1 Ladle 1 Piece	518g			
Banku Groundnut Soup Tuna	1 Ball 2 Ladles 1 Piece		926g		
Banku Groundnut Soup Tuna	1 Ball 3 Ladles 1 Piece			1142g	
Banku Groundnut Soup Tuna	1 Ball 3 Ladles 1 Piece				1212g

		S	M	L	X
<b>BGSCB-X</b>					
Banku Groundnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	564g			
Banku Groundnut Soup Chicken, Boiled	2 Ball 2 Ladle 1 Piece		914g		
Banku Groundnut Soup Chicken, Boiled	3 Ball 3 Ladle 1 Piece			1200g	
Banku Groundnut Soup Chicken, Boiled	4 Ball 4 Ladles 1 Piece				1618g

		S	M	L	X
<b>BPS-X</b>					
Banku Palmnut Soup	1 Ball 1 Ladle	482g			
Banku Palmnut Soup	2 Ball 2 Ladles		828g		
Banku Palmnut Soup	3 Ball 3 Ladles			1088g	
Banku Palmnut Soup	4 Ball 4 Ladles				1512g



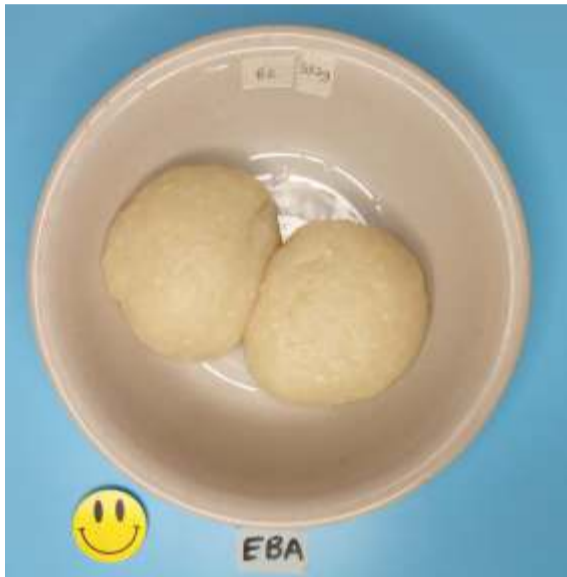
E-S



EFPS-S



EFPSFF-S



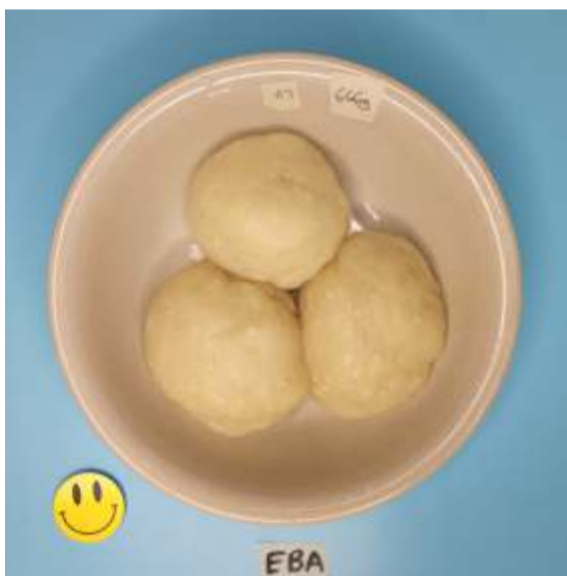
E-M



EFPS-M



EFPSFF-M



E-L



EFPS-L



EFPSFF-L



E-X



EFPS-X



EFPSFF-X

		S	M	L	X
E-X					
Eba	1 Tablespoon	236g			
Eba	2 Tablespoons		532g		
Eba	3 Tablespoons			666g	
Eba	4 Tablespoons				884g

		S	M	L	X
EFPS-X					
Eba Fresh Pepper Shito					
Eba Fresh Pepper Shito	2 Balls 2 Tablespoons 1 Tablespoon		628g		
Eba Fresh Pepper Shito	3 Balls 2 Tablespoons 1 Tablespoon			738g	
Eba Fresh Pepper Shito	4 Balls 2 Tablespoons 1 Tablespoon				888g

		S	M	L	X
EFPSFF-X					
Eba Fresh Pepper Shito Fish Fried	1 Ladle	418g			
Eba Fresh Pepper Shito Fish Fried	2 Ladles		776g		
Eba Fresh Pepper Shito Fish Fried	3 Ladles			780g	
Eba Fresh Pepper Shito Fish Fried	4 Ladles				1220g



EFPSSF-S



EFPSS-S



EDKS-S



EFPSSF-M



EFPSS-M



EDKS-M



EFPSSF-L



EFPSS-L



EDKS-L



EFPSSF-X



EFPSS-X



EDKS-X

		S	M	L	X
<b>EFPSSF-X</b>					
Eba Fresh Pepper Shito Small Fish	1 Ball 2 Tablespoons 1 Tablespoon	316g			
Eba Fresh Pepper Shito Small Fish	2 Balls 2 Tablespoons 1 Tablespoon		652g		
Eba Fresh Pepper Shito Small Fish	3 Balls 2 Tablespoons 1 Tablespoon			774g	
Eba Fresh Pepper Shito Small Fish	4 Balls 2 Tablespoons 1 Tablespoon				1025g

		S	M	L	X
<b>EFPSS-X</b>					
Eba Fresh Pepper Shito Shrimps	1 Ball 2 Spoons 1 Spoon	310g			
Eba Fresh Pepper Shito Shrimps	2 Balls 2 Spoons 1 Spoon		652g		
Eba Fresh Pepper Shito Shrimps	3 Balls 3 Spoons 1 Spoon			772g	
Eba Fresh Pepper Shito Shrimps	4 Balls 4 Spoons 1 Spoon				1020g

		S	M	L	X
<b>EDKS-X</b>					
Eba Dry Kuka Soup	1 Ball 1 Ladle	418g			
Eba Dry Kuka Soup	2 Balls 2 Ladles		776g		
Eba Dry Kuka Soup	3 Balls 3 Ladles			780g	
Eba Dry Kuka Soup	4 Balls 4 Ladles				1220g



EBA & DRY KUKA SOUP

EDKST-S



EBA & OKRO SOUP

EFOS-S



EBA & OKRO SOUP

EFOST-S



EBA & DRY KUKA SOUP

EDKST-M



EBA & OKRO SOUP

EFOS-M



EBA & OKRO SOUP

EFOST-M



EBA & DRY KUKA SOUP

EDKST-L



EBA & OKRO SOUP

EFOS-L



EBA & OKRO SOUP

EFOST-L



EBA & DRY KUKA SOUP

EDKST-X



EBA & OKRO SOUP

EFOS-X



EBA & OKRO SOUP

EFOST-X

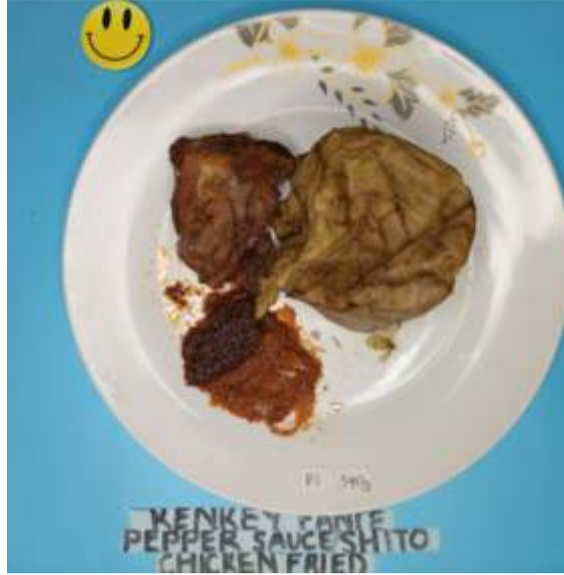
		S	M	L	X
<b>EDKST-X</b>					
Eba Dry Kuka Soup Tuna	1 Ball 1 Ladle 1 Piece	408g			
Eba Dry Kuka Soup Tuna	2 Balls 2 Ladles 2 Pieces		678g		
Eba Dry Kuka Soup Tuna	3 Balls 2 Ladles 1 Piece			916g	
Eba Dry Kuka Soup Tuna	4 Balls 4 Ladles 2 Pieces				1044g

		S	M	L	X
<b>EFOS-X</b>					
Eba Fresh Okro Soup	1 Ball 1 Ladle	454g			
Eba Fresh Okro Soup	2 Balls 2 Ladles		878g		
Eba Fresh Okro Soup	3 Balls 3 Ladles			1102g	
Eba Fresh Okro Soup	4 Balls 4 Ladles				1446g

		S	M	L	X
<b>EFOST-X</b>					
Eba Fresh Okro Soup Tuna	1 Ball 1 Ladle 1 Piece	522g			
Eba Fresh Okro Soup Tuna	2 Balls 2 Ladles 1 Piece		984g		
Eba Fresh Okro Soup Tuna	3 Balls 3 Ladles 1 Piece			1212g	
Eba Fresh Okro Soup Tuna	4 Balls 4 Ladles 2 Pieces				1536g



WFKGPSFF-S



WFGPSCF-S



WFKGPSEF-S



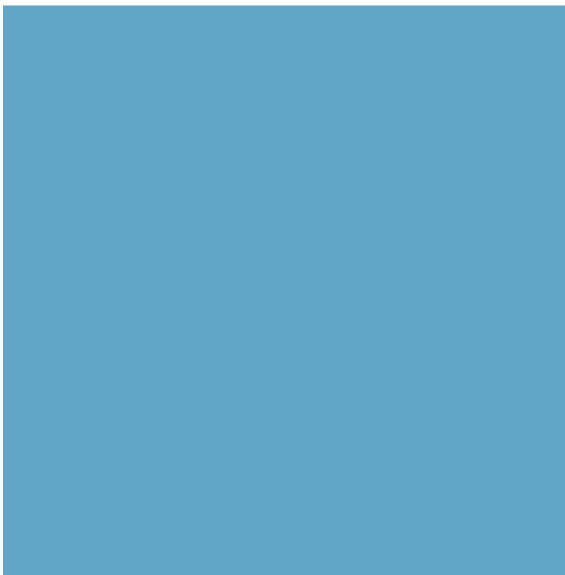
WFKGPSFF-M



WFGPSCF-M



WFKGPSEF-M



WFKGPSFF-L



WFGPSCF-L



WFKGPSEF-L



WFKGPSFF-X



WFGPSCF-X



WFKGPSEF-X

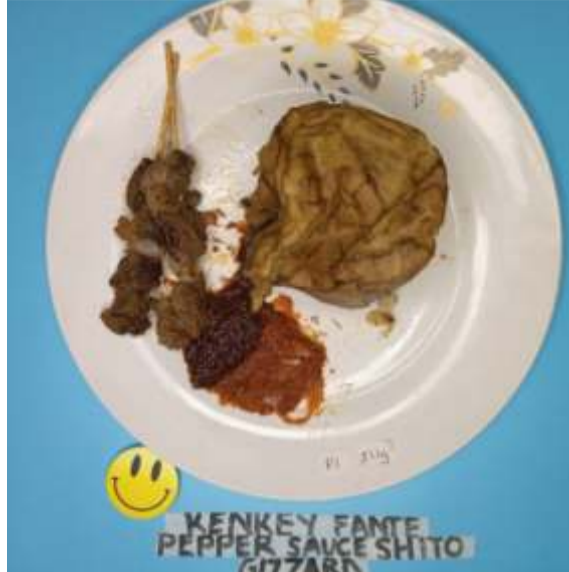
		S	M	L	X
<b>WFKGPSFF-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried	1 Ball 1 Teaspoon 1 Tablespoon	246g			
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried	2 Ball 2 Teaspoons 2 Tablespoons		544g		
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried					
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried					

		S	M	L	X
<b>WFGPSCF-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Chicken Fried	1 Ball 1 Teaspoon 1 Tablespoon 1 Piece	390g			
Whole Fante Kenkey Grounded Pepper, Shito Chicken Fried	2 Ball 2 Teaspoons 2 Tablespoons 1 Piece		594g		
Whole Fante Kenkey Grounded Pepper, Shito Chicken Fried	4 Ball 3 Teaspoons 3 Tablespoons 3 Pieces			472g	
Whole Fante Kenkey Grounded Pepper, Shito Chicken Fried					

		S	M	L	X
<b>WFKGPSEF-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Egg Fried	1 Ball 1 Teaspoon 1 Tablespoon 1 Piece	312g			
Whole Fante Kenkey Grounded Pepper, Shito Egg Fried	2 Ball 2 Teaspoons 2 Tablespoons 1 Piece		566g		
Whole Fante Kenkey Grounded Pepper, Shito Egg Fried	3 Ball 3 Teaspoons 3 Tablespoons 1 Piece			472g	
Whole Fante Kenkey Grounded Pepper, Shito Egg Fried					



SFKGPSFFSF-S



WFKGPSGF-S



WFKGPSSF-S



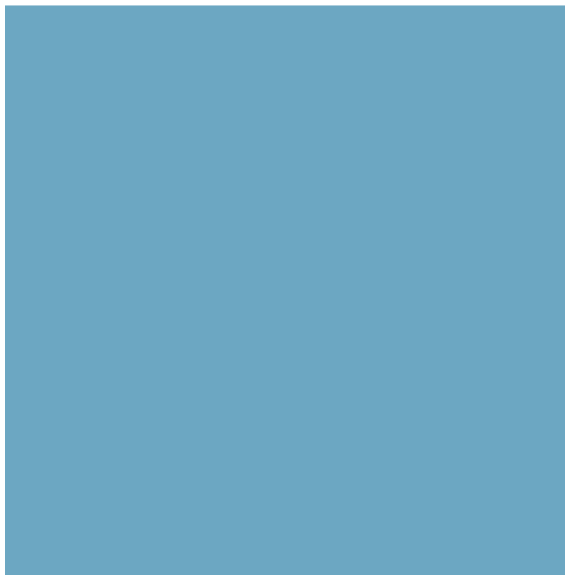
WFKGPSCB-M



WFKGPSGF-M



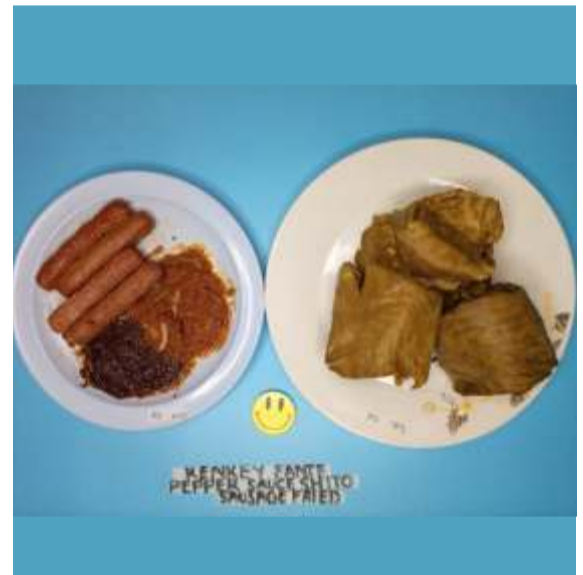
WFKGPSSF-M



WFKGPSCB-L



WFKGPSGF-L



WFKGPSSF-L



WFKGPSCB-X



WFKGPSGF-X



WFKGPSSF-X

		S	M	L	X
<b>WFKGPSCB-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Corned Beef	1 Ball 1 Teaspoon 1 Teaspoon 1 Piece	390g			
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried	2 Ball 2 Teaspoons 2 Teaspoons 1 Piece		594g		
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried					
Whole Fante Kenkey Grounded Pepper, Shito Fish Fried					

		S	M	L	X
<b>WFKGPSGF-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Gizzard Fried	1 Ball 1 Teaspoon 1 Teaspoon 2 Pieces	312g			
Whole Fante Kenkey Grounded Pepper, Shito Gizzard Fried	2 Ball 2 Teaspoons 2 Teaspoons 3 Pieces		566g		
Whole Fante Kenkey Grounded Pepper, Shito Gizzard Fried	3 Ball 3 Teaspoons 3 Teaspoons 5 Pieces			472g	
Whole Fante Kenkey Grounded Pepper, Shito Gizzard Fried					

		S	M	L	X
<b>WFKGPSSF-X</b>					
Whole Fante Kenkey Grounded Pepper, Shito Sausage Fried	1 Ball 1 Teaspoon 1 Teaspoon 2 Pieces	392g			
Whole Fante Kenkey Grounded Pepper, Shito Sausage Fried	2 Ball 2 Teaspoons 2 Teaspoons 3 Pieces		630g		
Whole Fante Kenkey Grounded Pepper, Shito Sausage Fried	3 Ball 3 Teaspoons 3 Teaspoons 4 Pieces			472g	
Whole Fante Kenkey Grounded Pepper, Shito Sausage Fried	4 Ball 4 Teaspoons 4 Teaspoons 5 Pieces				620g



KENKEY FANTE  
PEPPER SAUCE SHITO  
SARDINE

WFKGPSS-S



KENKEY FANTE  
PEPPER SAUCE SHITO  
FISH FRIED

WFGPSFFRF-S



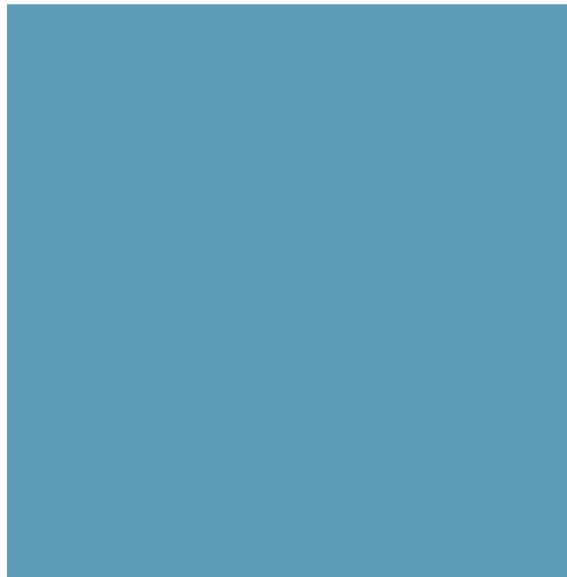
FANTE KENKEY  
SHITO

WFKS-S



KENKEY FANTE  
PEPPER SAUCE SHITO  
SARDINE

WFKGPSS-M

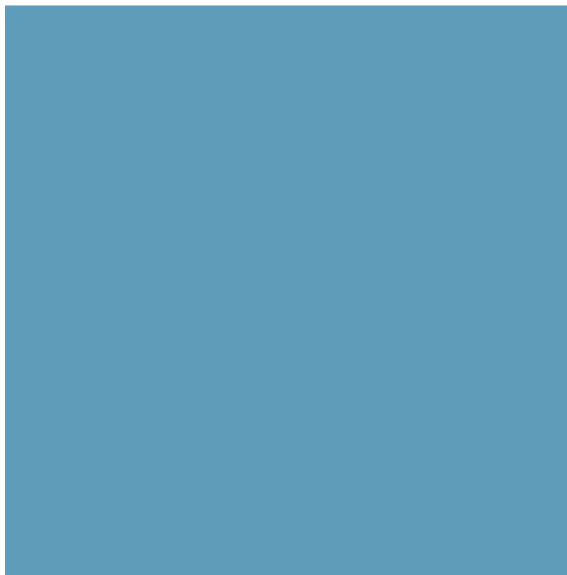


WFGPSFFRF-M

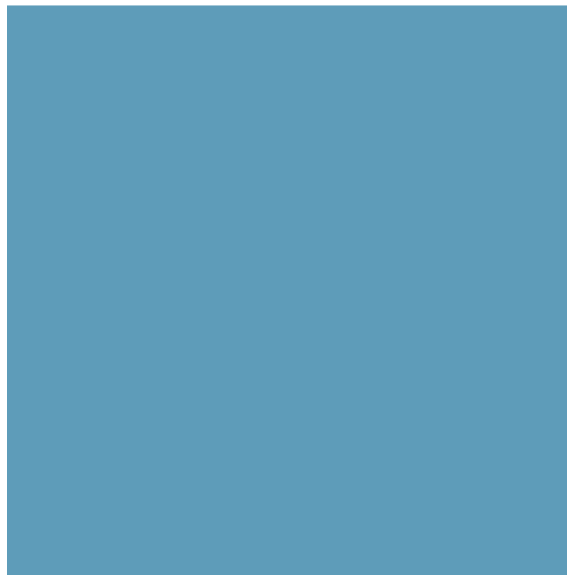


FANTE KENKEY  
SHITO

WFKS-M



WFKGPSS-L



WFGPSFFRF-L



WFKS-L



WFKGPSS-X



WFGPSFFRF-X



WFKS-X

		S	M	L	X
<b>WFKGPSS-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper, Shito	1 Teaspoons	364g			
Sardine	1 Tablespoon 1 Piece				
Whole Fante Kenkey	2 Ball		598g		
Grounded Pepper, Shito	2 Teaspoons				
Sardine	2 Tablespoons 2 Pieces				
Whole Fante Kenkey					
Grounded Pepper, Shito					
Sardine					

		S	M	L	X
<b>WFGPSFFRF-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper, Shito	1 Teaspoon	390g			
Fish Fried (Red Fish)	1 Tablespoon 1 Piece				
Whole Fante Kenkey	2 Ball		676g		
Grounded Pepper, Shito	2 Teaspoons				
Fish Fried (Red Fish)	2 Tablespoons 1 Piece				
Whole Fante Kenkey					
Grounded Pepper, Shito					
Fish Fried (Red Fish)					

		S	M	L	X
<b>WFKGPSSF-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoon	226g			
Whole Fante Kenkey	2 Ball		446g		
Shito	2 Teaspoons				
Whole Fante Kenkey					
Shito					
Whole Fante Kenkey					
Shito					



WFKSS-S



SFKGPSFFK-S



WFKSCF-S



WFKSS-M



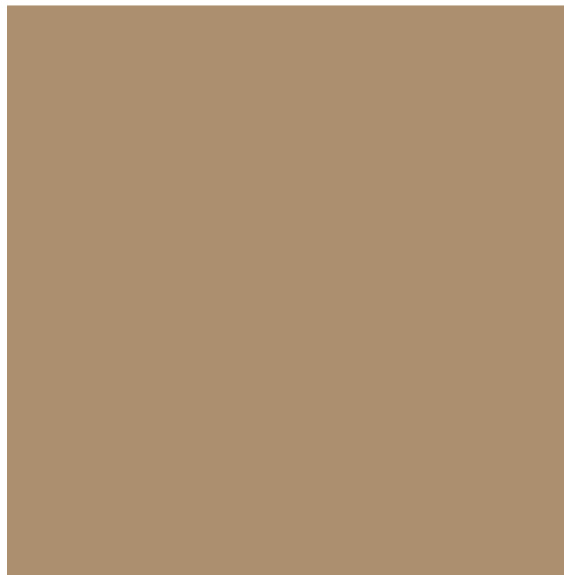
SFKGPSFFK-M



WFKSCF-M



WFKSS-L



SFKGPSFFK-L



WFKSCF-L



WFKSS-X



SFKGPSFFK-X



WFKSCF-X

		S	M	L	X
<b>WFKSS-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoons	198g			
Sausage	1 Piece				
Whole Fante Kenkey	2 Ball		395g		
Shito	2 Teaspoons				
Sausage	2 Pieces				
Whole Fante Kenkey					
Shito					
Sausage					
Whole Fante Kenkey					
Shito					
Sausage					

		S	M	L	X
<b>WFKGPSFFR-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoon	270g			
Egg Fried	1 Piece				
Whole Fante Kenkey	2 Ball		496g		
Shito	2 Teaspoons				
Egg Fried	1 Piece				
Whole Fante Kenkey					
Shito					
Egg Fried					
Whole Fante Kenkey					
Shito					
Egg Fried					

		S	M	L	X
<b>WFKSCF-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoon	280g			
Chicken Fried	1 Piece				
Whole Fante Kenkey	2 Ball		500g		
Shito	2 Teaspoons				
Chicken Fried	1 Piece				
Whole Fante Kenkey					
Shito					
Chicken Fried					
Whole Fante Kenkey	4 Ball				620g
Shito	4 Teaspoons				
Chicken Fried	1 Piece				



WFKSGF-S



WFKSS-S



WFKSFFS-S



WFKSGF-M



WFKSS-M



WFKSFFS-M



WFKSGF-L



WFKSS-L



WFKSFFS-L



WFKSGF-X



WFKSS-X



WFKSFFS-X

		S	M	L	X
<b>WFKSGF-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoons	250g			
Gizzard Fried	1 Piece				
Whole Fante Kenkey	2 Ball				
Shito	2 Teaspoons		484g		
Gizzard Fried	2 Pieces				
Whole Fante Kenkey					
Shito					
Gizzard Fried					
Whole Fante Kenkey					
Shito					
Gizzard Fried					

		S	M	L	X
<b>WFKSS-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoon	258g			
Sardine	1 Piece				
Whole Fante Kenkey	2 Ball				
Shito	2 Teaspoons		500g		
Sardine	2 Piece				
Whole Fante Kenkey					
Shito					
Sardine					
Whole Fante Kenkey					
Shito					
Sardine					

		S	M	L	X
<b>WFKSFFS-X</b>					
Whole Fante Kenkey	1 Ball				
Shito	1 Teaspoon	246g			
Fish Fried (Sprat)					
Whole Fante Kenkey	2 Ball				
Shito	2 Teaspoons		488g		
Fish Fried (Sprat)					
Whole Fante Kenkey	3 Ball				
Shito	3 Teaspoons			590g	
Fish Fried (Sprat)					
Whole Fante Kenkey	4 Ball				
Shito	4 Teaspoons				1024g / 112g
Fish Fried (Sprat)					



WFKSS-S



WFKSFFT-S



WFKSFFT-S



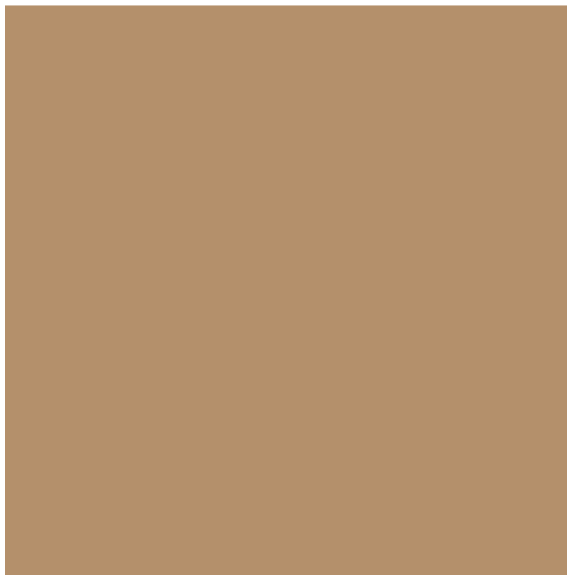
WFKSS-M



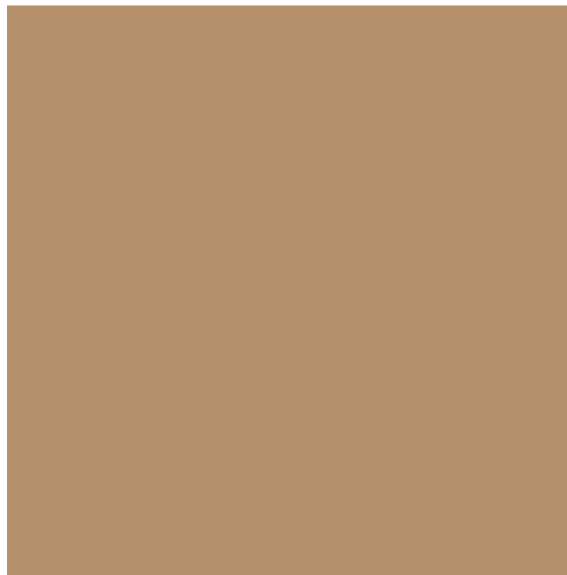
WFKSFFT-M



WFKSFFT-M



WFKSS-L



WFKSFFT-L



WFKSFFT-L



WFKSS-X



WFKSFFT-X



WFKSFFT-X

		S	M	L	X
<b>WFKSS-X</b>					
Whole Fante Kenkey Shito Shrimps	1 Ball 1 Teaspoons	258g			
Whole Fante Kenkey Shito Shrimps	2 Ball 2 Teaspoons		500g		
Whole Fante Kenkey Shito Shrimps					
Whole Fante Kenkey Shito Shrimps					

		S	M	L	X
<b>WFKSFFT-X</b>					
Whole Fante Kenkey Shito Fish Fried (Tilapia)	1 Ball 1 Teaspoon	252g			
Whole Fante Kenkey Shito Fish Fried (Tilapia)	2 Ball 2 Teaspoons		476g		
Whole Fante Kenkey Shito Fish Fried (Tilapia)					
Whole Fante Kenkey Shito Fish Fried (Tilapia)					

		S	M	L	X
<b>WFKSFFT-X</b>					
Whole Fante Kenkey Shito Fish Fried (Tekle)	1 Ball 1 Teaspoon	250g			
Whole Fante Kenkey Shito Fish Fried (Tekle)	2 Ball 2 Teaspoons		474g		
Whole Fante Kenkey Shito Fish Fried (Tekle)					
Whole Fante Kenkey Shito Fish Fried (Tekle)					



WFKSFFRF-S



WFKSFFK-S



WFKSFFK-S



WFKSFFRF-M



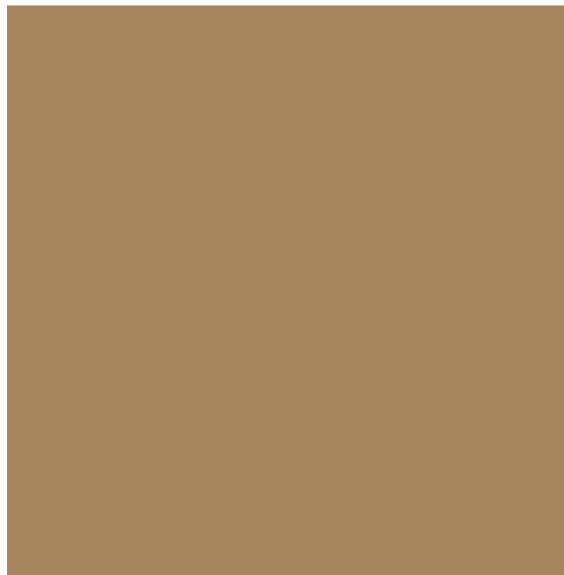
WFKSFFK-M



WFKSFFK-M



WFKSFFRF-L



WFKSFFK-L



WFKSFFK-L



WFKSFFRF-X



WFKSFFK-X

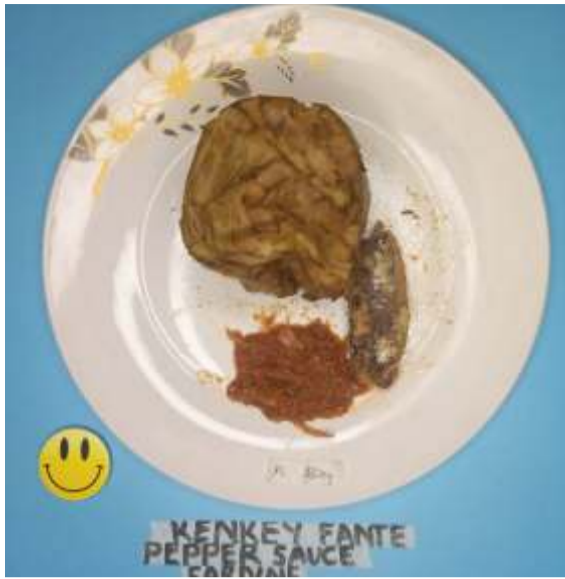


WFKSFFK-X

		S	M	L	X
<b>WFKSFFRF-X</b>					
Whole Fante Kenkey Shito Fish Fried (Red Fish)	1 Ball 1 Teaspoons	356g			
Whole Fante Kenkey Shito Shrimps	2 Ball 2 Teaspoons		546g		
Whole Fante Kenkey Shito Shrimps					
Whole Fante Kenkey Shito Shrimps					

		S	M	L	X
<b>WFKSFFK-X</b>					
Whole Fante Kenkey Shito Fish Fried (Kpania)	1 Ball 1 Teaspoon	274g			
Whole Fante Kenkey Shito Fish Fried (Kpania)	2 Ball 2 Teaspoons		462g		
Whole Fante Kenkey Shito Fish Fried (Kpania)					
Whole Fante Kenkey Shito Fish Fried (Kpania)					

		S	M	L	X
<b>WFKSFFK-X</b>					
Whole Fante Kenkey Shito Fish Fried (Kpania)	1 Ball 1 Teaspoon 1 Piece	274g			
Whole Fante Kenkey Shito Fish Fried (Kpania)	2 Ball 2 Teaspoons 1 Piece		492g		
Whole Fante Kenkey Shito Fish Fried (Kpania)	3 Ball 3 Teaspoons 1 Piece			472g	
Whole Fante Kenkey Shito Fish Fried (Kpania)	4 Ball 4 Teaspoons 1 Piece				462g



WFKGPS-S



WFKGPCB-S



WFKGPEF-S



WFKGPS-M



WFKGPCB-M



WFKGPEF-M



WFKGPS-L



WFKGPCB-L



WFKGPEF-L



WFKGPS-X



WFKGPCB-X



WFKGPEF-X

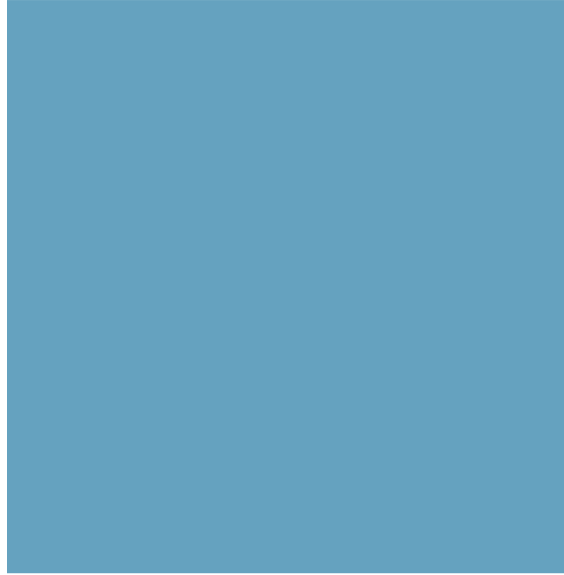
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<b>WFKGPS-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper	1 Teaspoons	409g			
Sardine	1 Pieces				
Whole Fante Kenkey	2 Ball		592g		
Grounded Pepper	2 Teaspoons				
Sardine	2 Pieces				
Whole Fante Kenkey	3 Ball			472g	
Grounded Pepper	3 Teaspoons				
Sardine	3 Pieces				
Whole Fante Kenkey	4 Ball				620g
Grounded Pepper	4 Teaspoons				
Sardine	2 Pieces				

		S	M	L	X
<b>WFKGPCB-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper	1 Teaspoon	370g			
Corned Beef	1 Piece				
Whole Fante Kenkey	2 Ball		581g		
Grounded Pepper	2 Teaspoons				
Corned Beef	1 Piece				
Whole Fante Kenkey	3 Ball			472g	
Grounded Pepper	3 Teaspoons				
Corned Beef	2 Pieces				
Whole Fante Kenkey	4 Ball				620g
Grounded Pepper	4 Teaspoons				
Corned Beef	3 Pieces				

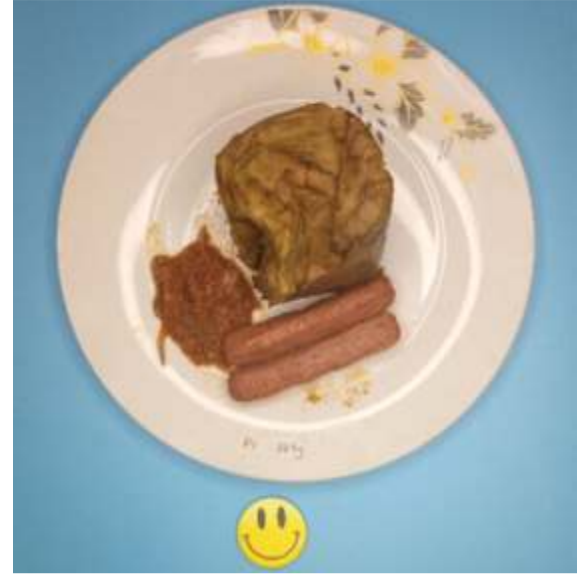
		S	M	L	X
<b>WFKGPEF-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper	1 Teaspoon	370g			
Egg Fried	1 Piece				
Whole Fante Kenkey	2 Ball		581g		
Grounded Pepper	2 Teaspoons				
Egg Fried	1 Piece				
Whole Fante Kenkey	3 Ball				
Grounded Pepper	3 Teaspoons				
Egg Fried	2 Pieces				
Whole Fante Kenkey	4 Ball				620g
Grounded Pepper	4 Teaspoons				
Egg Fried	2 Piece				



WFKGPCF-S



WFKGPFFRF-S



WFKGPS-S



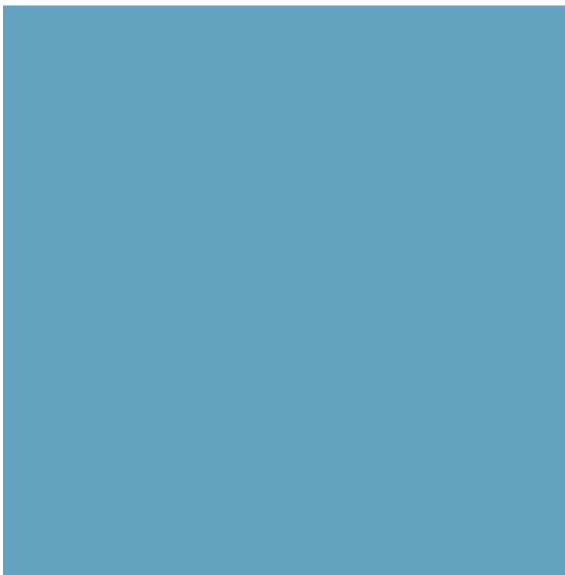
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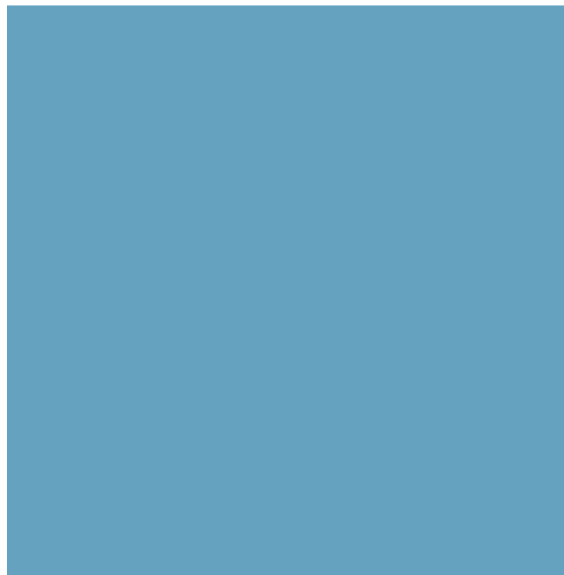
WFKGPFFRF-M



WFKGPS-M



WFKGPCF-L



WFKGPFFRF-L



WFKGPS-L



WFKGPCF-X



WFKGPFFRF-X



WFKGPS-X

		S	M	L	X
<b>WFKGPCF-X</b>					
Whole Fante Kenkey	1 Ball				
Grounded Pepper	1 Teaspoon	374g			
Chicken Fried	1 Piece				
Whole Fante Kenkey	2 Ball		571g		
Grounded Pepper	2 Teaspoons				
Chicken Fried	1 Piece				
Whole Fante Kenkey					
Grounded Pepper					
Chicken Fried					
Whole Fante Kenkey					
Grounded Pepper					
Chicken Fried					

		S	M	L	X
<b>WFKGPFFRF-X</b>					
Whole Fante Kenkey					
Grounded Pepper					
Fish Fried (Red Fish)					
Whole Fante Kenkey	2 Ball		462g		
Grounded Pepper	2 Teaspoons				
Fish Fried (Red Fish)					
Whole Fante Kenkey					
Grounded Pepper					
Fish Fried (Red Fish)					
Whole Fante Kenkey					
Grounded Pepper					
Fish Fried (Red Fish)					

		S	M	L	X
<b>WFKGPS-X</b>					
Whole Fante Kenkey					
Grounded Pepper					
Sausage					
Whole Fante Kenkey	1 Ball	370g			
Grounded Pepper	1 Teaspoon				
Sausage	2 Pieces				
Whole Fante Kenkey	2 Ball		664g		
Grounded Pepper	2 Teaspoons				
Sausage	3 Pieces				
Whole Fante Kenkey	3 Ball			472g	
Grounded Pepper	3 Teaspoons				
Sausage	4 Pieces				
Whole Fante Kenkey					
Grounded Pepper					
Sausage					



WFKGPFFT-S



WFKGPFFT-S



WFGPFFS-S



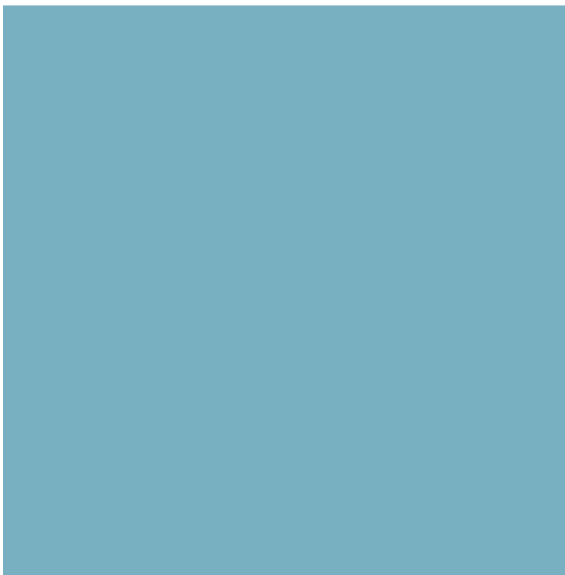
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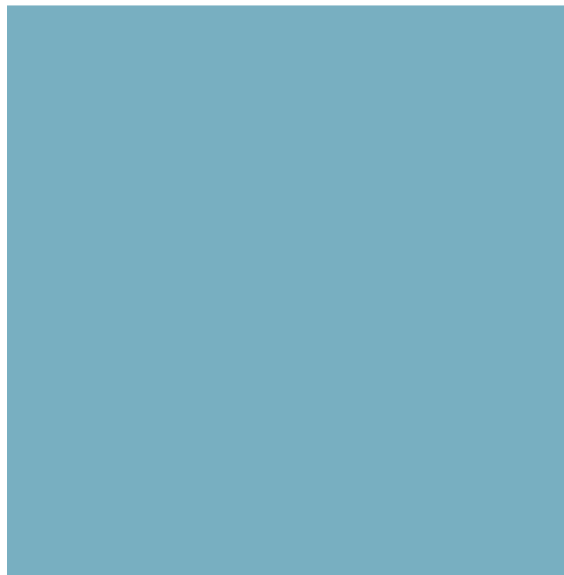
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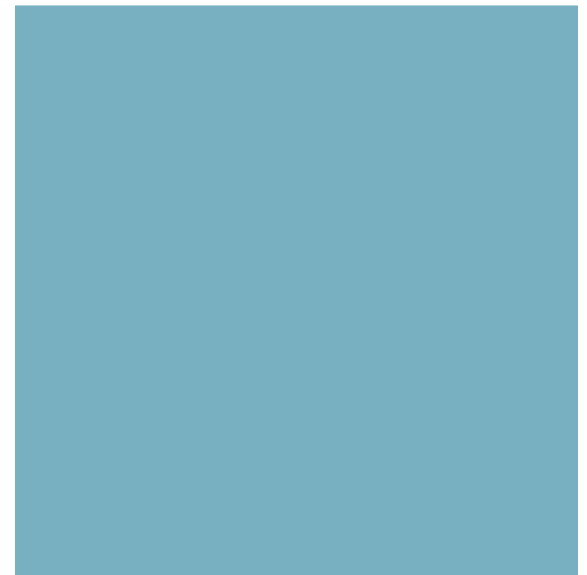
WFGPFFS-M



WFKGPFFT-L



WFKGPFFT-L



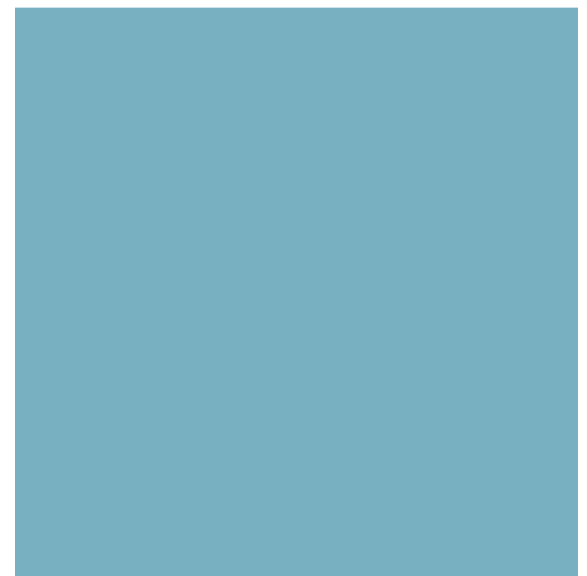
WFGPFFS-L



WFKGPFFT-X



WFKGPFFT-X



WFGPFFS-X

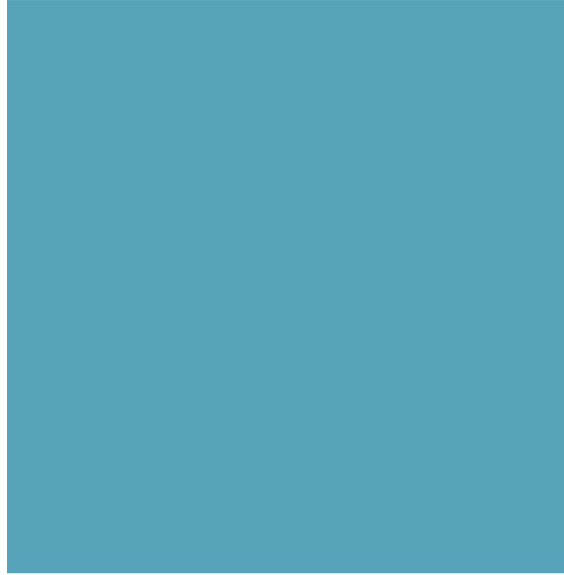
		S	M	L	X
<b>WFKGPFFT-X</b>					
Whole Fante Kenkey Grounded Pepper Fish Fried (Tilapia)	1 Ball 1 Teaspoon 1 Piece	370g			
Whole Fante Kenkey Grounded Pepper Fish Fried (Tilapia)	2 Ball 2 Teaspoons 1 Piece		664g		
Whole Fante Kenkey Grounded Pepper Fish Fried (Tilapia)					
Whole Fante Kenkey Grounded Pepper Fish Fried (Tilapia)					

		S	M	L	X
<b>WFKGPFFT-X</b>					
Whole Fante Kenkey Grounded Pepper Fish Fried (Tekle)	1 Ball 1 Teaspoon	370g			
Whole Fante Kenkey Grounded Pepper Fish Fried (Tekle)	2 Ball 2 Teaspoons		664g		
Whole Fante Kenkey Grounded Pepper Fish Fried (Tekle)					
Whole Fante Kenkey Grounded Pepper Fish Fried (Tekle)					

		S	M	L	X
<b>WFGPFFS-X</b>					
Whole Fante Kenkey Grounded Pepper Fish Fried (Sprat)	1 Ball 1 Teaspoon	370g			
Whole Fante Kenkey Grounded Pepper Fish Fried (Sprat)	2 Ball 2 Teaspoons		664g		
Whole Fante Kenkey Grounded Pepper Fish Fried (Sprat)					
Whole Fante Kenkey Grounded Pepper Fish Fried (Sprat)					



SFKMVS-S



WFKBS-S



WFKSBS-S



SFKMVS-M



WFKBS-M



WFKSBS-M



SFKMVS-L



WFKBS-L



WFKSBS-L



SFKMVS-X



WFKBS-X



WFKSBS-X

		S	M	L	X
<b>SFKMVS-X</b>					
Sliced Fante Kenkey Mixed Vegetable Stew	1/2 Ball 1 Stew Spoon	172g / 108g			
Sliced Fante Kenkey Mixed Vegetable Stew	1 Ball 2 Stew Spoons		134g / 164g		
Sliced Fante Kenkey Mixed Vegetable Stew	1 1/2 Balls 3 Stew Spoons			308g / 258g	
Sliced Fante Kenkey Mixed Vegetable Stew	2 Balls 4 Stew Spoons				444g / 326g

		S	M	L	X
<b>WFKBS-X</b>					
Whole Fante Kenkey Beef Sauce	2 Ball 2 Stew Spoons		150g / 418g		
Whole Fante Kenkey Beef Sauce	3 Balls 3 Stew Spoons			836g / 214g	
Whole Fante Kenkey Beef Sauce	4 Balls 4 Stew Spoons				784g / 270g

		S	M	L	X
<b>WFKSBS-X</b>					
Whole Fante Kenkey Soya Bean Stew	1 Ball 1 Stew Spoon	99g			
Whole Fante Kenkey Soya Bean Stew	2 Balls 2 Stew Spoons		138g / 430g		
Whole Fante Kenkey Soya Bean Stew	3 Balls 3 Stew Spoons			636g / 220g	
Whole Fante Kenkey Soya Bean Stew	4 Balls 4 Stew Spoons				789g / 268g



WFKES-S



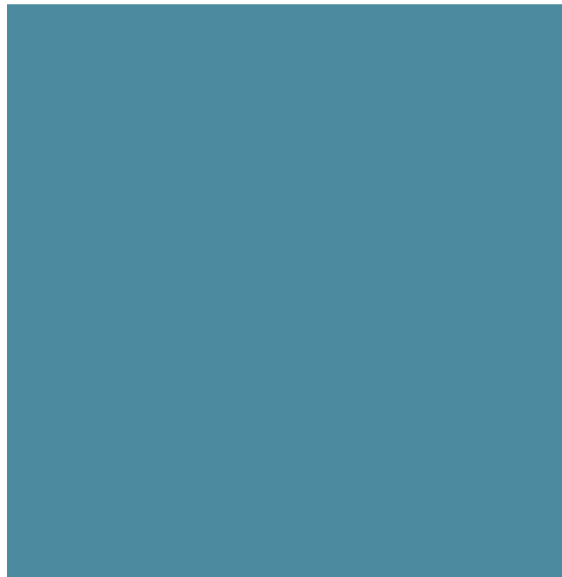
WFKSBSFF-S



WFKMMS-S



WFKES-M



WFKSBSFF-M



WFKMMS-M



WFKES-L



WFKSBSFF-L



WFKMMS-L



WFKES-X



WFKSBSFF-X



WFKMMS-X

		S	M	L	X
<b>WFKES-X</b>					
Whole Fante Kenkey Egg Stew	1 Ball 1 Stew Spoon	99g			
Whole Fante Kenkey Egg Stew	2 Ball 2 Stew Spoons		166g		
Whole Fante Kenkey Egg Stew	3 Balls 3 Stew Spoons			236g	
Whole Fante Kenkey Egg Stew	4 Balls 4 Stew Spoons				284g

		S	M	L	X
<b>WFKSBSFF-X</b>					
Whole Fante Kenkey Soya Bean Stew Fish Fried	1 Ball 1 Stew Spoon 1 Piece	160g/94g			
Whole Fante Kenkey Soya Bean Stew Fish Fried					
Whole Fante Kenkey Soya Bean Stew Fish Fried	3 Ball 3 Stew Spoons 1 Piece			636g/236g	
Whole Fante Kenkey Soya Bean Stew Fish Fried	4 Ball 4 Stew Spoons 1 Piece				784g/324g

		S	M	L	X
<b>WFKMMS-X</b>					
Whole Fante Kenkey Minced Meat Stew	1 Ball 1 Stew Spoon	306g			
Whole Fante Kenkey Minced Meat Stew	2 Balls 2 Stew Spoons		540g		
Whole Fante Kenkey Minced Meat Stew	3 Balls 3 Stew Spoons			748g	
Whole Fante Kenkey Minced Meat Stew	4 Balls 4 Stew Spoons				1022g



FKWGPSFF-S



FKWGPSEF-S



FKWGPSCF-S



FKWGPSFF-M



FKWGPSEF-M



FKWGPSCF-M



FKWGPSFF-L



FKWGPSEF-L



FKWGPSCF-L



FKWGPSFF-X



FKWGPSEF-X



FKWGPSCF-X

	S	M	L	X
<b>FKWGPSFF-X</b>				
Fante Kenkey Whole Grounded Pepper Shito Fish Fried	392g			
Fante Kenkey Whole Grounded Pepper Shito Fish Fried		472g		
Fante Kenkey Whole Grounded Pepper Shito Fish Fried			608g	
Fante Kenkey Whole Grounded Pepper Shito Fish Fried				620g

	S	M	L	X
<b>FKWGPSEF-X</b>				
Fante Kenkey Whole Grounded Pepper Shito Egg Fried	184g			
Fante Kenkey Whole Grounded Pepper Shito Egg Fried		472g		
Fante Kenkey Whole Grounded Pepper Shito Egg Fried			586g	
Fante Kenkey Whole Grounded Pepper Shito Egg Fried				

	S	M	L	X
<b>FKWGPSCF-X</b>				
Fante Kenkey Whole Grounded Pepper Shito Chicken Fried	390g			
Fante Kenkey Whole Grounded Pepper Shito Chicken Fried		472g		
Fante Kenkey Whole Grounded Pepper Shito Chicken Fried				
Fante Kenkey Whole Grounded Pepper Shito Chicken Fried				620g



FKWGPGF-S



SFKES-S



SFKGPS-S



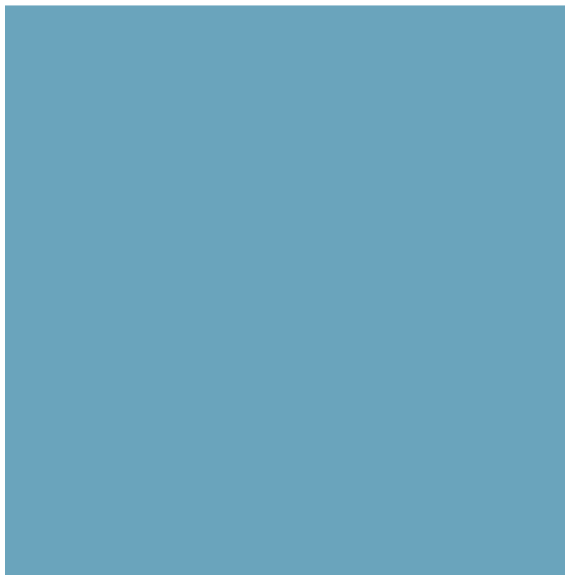
FKWGPGF-M



SFKES-M



SFKGPS-M



FKWGPGF-L



SFKES-L



SFKGPS-L



FKWGPGF-X



SFKES-X



SFKGPS-L

		S	M	L	X
<b>FKWGPGF-X</b>					
Fante Kenkey Whole Grounded Pepper Gizzard Fried	1 Ball 1 Tablespoon 1 Piece	409g			
Fante Kenkey Whole Grounded Pepper Gizzard Fried	2 Balls 2 Tablespoons 2 Pieces		472g		
Fante Kenkey Whole Grounded Pepper Gizzard Fried					
Fante Kenkey Whole Grounded Pepper Gizzard Fried					

		S	M	L	X
<b>SFKES-X</b>					
Slice Fante Kenkey Egg Stew	1 Ball 1 Stew Spoon	94g			
Slice Fante Kenkey Egg Stew	2 Balls 2 Stew Spoons		430g/166g		
Slice Fante Kenkey Egg Stew	3 Balls 3 Stew Spoons			642g/236g	
Slice Fante Kenkey Egg Stew	4 Balls 4 Stew Spoons				790g/284g

		S	M	L	X
<b>SFKGPS-X</b>					
Sliced Fante Kenkey Grounded Pepper Shito	1 Ball 1 Teaspoon 1 Tablespoon	162g			
Sliced Fante Kenkey Grounded Pepper Shito	2 Ball 2 Teaspoons 1 Tablespoon		294g		
Sliced Fante Kenkey Grounded Pepper Shito					
Sliced Fante Kenkey Grounded Pepper Shito	4 Ball 4 Teaspoons 1 Tablespoon				584g



SFKMMS-S



SFKGPSEF-S



SFKGPSCB-S



SFKMMS-M



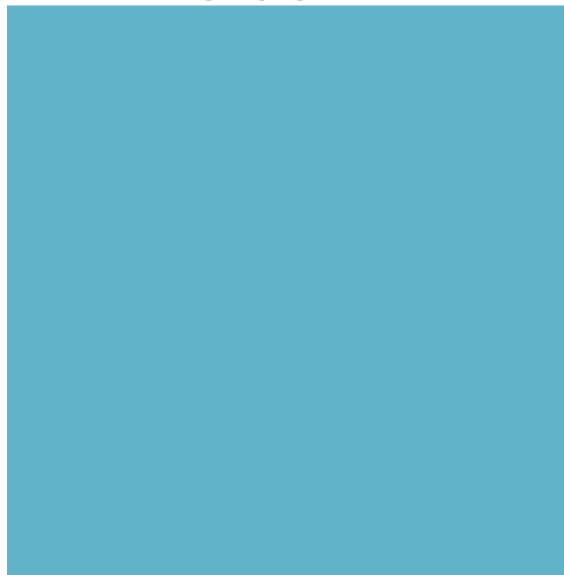
SFKGPSEF-M



SFKGPSCB-M



SFKMMS-L



SFKGPSEF-L



SFKGPSCB-L



SFKMMS-X



SFKGPSEF-X



SFKGPSSF-X

		S	M	L	X
<b>SFKMMS-X</b>					
Sliced Fante Kenkey Minced Meat Stew	1 Ball 1 Stew Spoon	306g			
Sliced Fante Kenkey Minced Meat Stew	2 Balls 2 Stew Spoon		540g		
Sliced Fante Kenkey Minced Meat Stew					
Sliced Fante Kenkey Minced Meat Stew	4 Balls 4 Stew Spoon				1022g/314g

		S	M	L	X
<b>SFKGPSEF-X</b>					
Sliced Fante Kenkey Grounded Pepper Shito, Egg Fried	1 Ball 2 Teaspoons 1 Tablespoon 1 Piece	306g			
Sliced Fante Kenkey Grounded Pepper Shito, Egg Fried	2 Ball 2 Teaspoons 1 Tablespoon 1 Piece		562g		
Sliced Fante Kenkey Grounded Pepper Shito, Egg Fried					
Sliced Fante Kenkey Grounded Pepper Shito, Egg Fried					

		S	M	L	X
<b>SFKGPSSF-X</b>					
Sliced Fante Kenkey Grounded Pepper Shito, Sausage Fried	½ Ball 1 Teaspoon 1 Tablespoon 2 Piece	326g			
Sliced Fante Kenkey Grounded Pepper Shito, Sausage Fried	1 Ball 2 Teaspoons 1 Tablespoon 3 Piece		608g		
Sliced Fante Kenkey Grounded Pepper Shito, Sausage Fried					
Sliced Fante Kenkey Grounded Pepper Shito, Sausage Fried					



SFKGPSS-S



FKSSS-S



FKSFPS-S



SFKGPSS-M



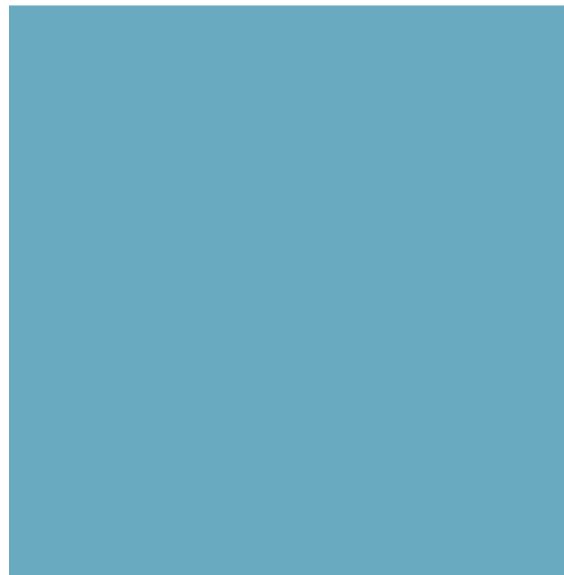
FKSSS-M



FKSFPS-M



SFKGPSS-L



FKSSS-L



FKSFPS-L



SFKGPSS-X



FKSSS-X



FKSGPS-X

		S	M	L	X
<b>SFKGPSS-X</b>					
Sliced Fante Kenkey Grounded Pepper Shito, Sardine	1/2 Ball 1 Teaspoon 1 Tablespoon 1 Piece	308g			
Sliced Fante Kenkey Grounded Pepper Shito, Sardine	1 Ball 2 Teaspoons 1 Tablespoon 2 Pieces		576g		
Sliced Fante Kenkey Grounded Pepper Shito, Sardine	3 Ball 3 Teaspoons 1 Tablespoon 3 Pieces			742g	
Sliced Fante Kenkey Grounded Pepper Shito, Sardine	2 Ball 4 Teaspoons 3 Tablespoons 4 Pieces				620g

		S	M	L	X
<b>FKSSS-X</b>					
Fante Kenkey Sliced Shito Shrimps	1/2 Ball 1 Spoon	272g			
Fante Kenkey Sliced Shito Shrimps	1 Ball 1 Spoon		506g		
Fante Kenkey Sliced Shito Shrimps					
Fante Kenkey Sliced Shito Shrimps					

		S	M	L	X
<b>FKSGPS-X</b>					
Fante Kenkey Sliced Grounded Pepper Shito	1 Ball 1 Teaspoon 1 Tablespoon	266g			
Fante Kenkey Sliced Grounded Pepper Shito	2 Balls 1 Teaspoon 1 Tablespoon		520g		
Fante Kenkey Sliced Grounded Pepper Shito					
Fante Kenkey Sliced Grounded Pepper Shito	4 Balls 1 Teaspoon 1 Tablespoon				756g / 136g



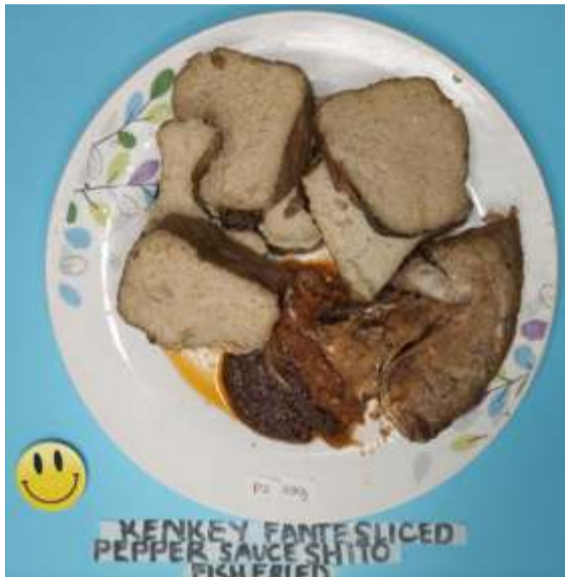
SFKGPSFFRF-S



SFKGPSCB-S



SFKGPSGF-S



SFKGPSFFRF-M



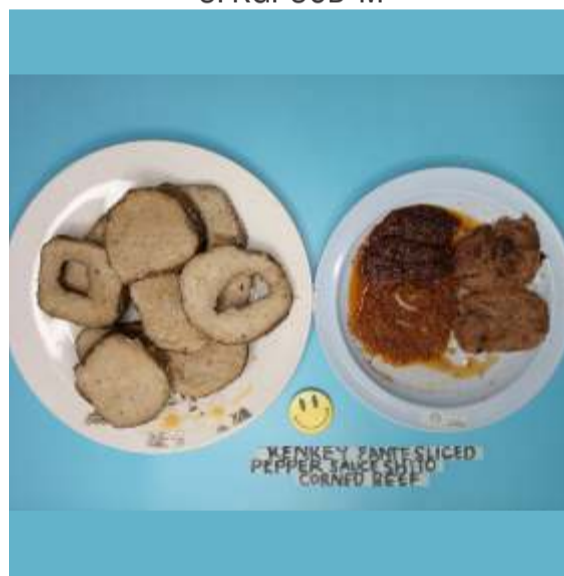
SFKGPSCB-M



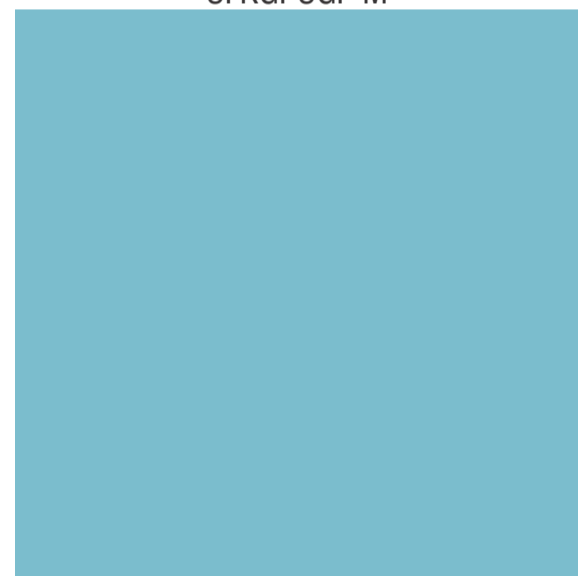
SFKGPSGF-M



SFKGPSFFRF-L



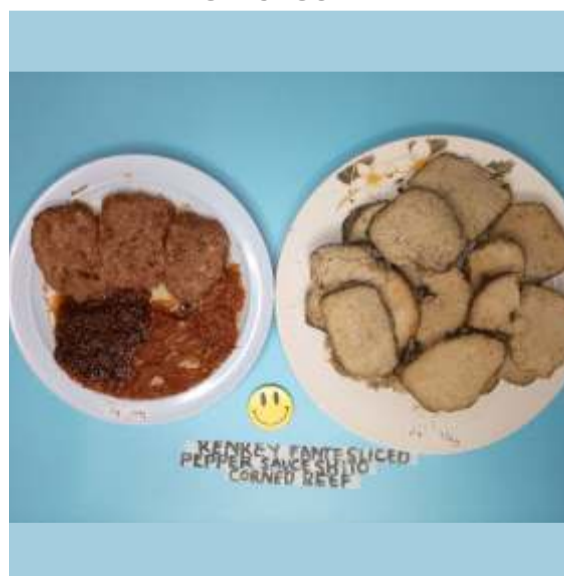
SFKGPSCB-L



SFKGPSGF-L



SFKGPSFFRF-L



SFKGPSCB-X



SFKGPSGF-X

SFKGPSFFRF-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	1 Ball 1 Teaspoon 1 Tablespoon 1 Piece	184g			
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	2 Ball 2 Teaspoons 2 Tablespoons 1 Piece		328g		
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	3 Ball 3 Teaspoons 1 Tablespoon 3 Pieces			320g	
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	2 Ball 4 Teaspoons 4 Tablespoons 1 Piece				756g 370g

SFKGPSCB-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper Shito, Corned Beef	1 Ball 1 Teaspoons 1 Tablespoon 1 Slice	316g			
Sliced Fante Kenkey Grounded Pepper Shito, Corned Beef	1 Ball 2 Teaspoons 2 Tablespoons 2 Slice		584g		
Sliced Fante Kenkey Grounded Pepper Shito, Corned Beef	3 Ball 3 Teaspoons 3 Tablespoons 2 Slice			472g	
Sliced Fante Kenkey Grounded Pepper Shito, Corned Beef	4 Ball 4 Teaspoons 4 Tablespoons 3 Slice				314g / 756g

SFKGPSGF-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper Shito, Gizzard Fried	1/2 Ball 1 Teaspoon 1 Tablespoon 2 Piece	283g			
Sliced Fante Kenkey Grounded Pepper Shito, Gizzard Fried	1 Ball 2 Teaspoons 2 Tablespoons 2 Piece		570.5g		
Sliced Fante Kenkey Grounded Pepper Shito, Gizzard Fried					
Sliced Fante Kenkey Grounded Pepper Shito, Gizzard Fried	2 Ball 4 Teaspoons 4 Tablespoons 5 Piece				756g / 231.5g



SFKGPSCF-S



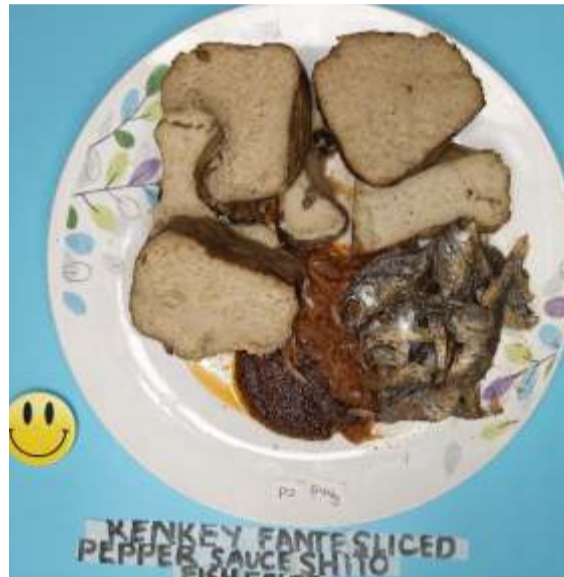
SFKGPSFFRF-S



SFKGPSS-S



SFKGPSCF-M



SFKGPSFFRF-M



SFKGPSS-M



SFKGPSCF-L



SFKGPSFFRF-L



SFKGPSS-L



SFKGPSCF-X



SFKGPSFFRF-X



SFKGPSS-X

		S	M	L	X
<b>SFKGPSCF-X</b>					
Sliced Fante Kenkey Grounded Pepper Shito, Chicken Fried	½ Ball 1 Teaspoons 1 Tablespoon 1 Piece	184g			
Sliced Fante Kenkey Grounded Pepper Shito, Chicken Fried	1 Ball 2 Teaspoons 2 Tablespoons 1 Piece		328g		
Sliced Fante Kenkey Grounded Pepper Shito, Chicken Fried					
Sliced Fante Kenkey Grounded Pepper Shito, Chicken Fried					

		S	M	L	X
<b>SFKGPSFFRF-X</b>					
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	½ Ball 1 Teaspoon 1 Tablespoon 1 Piece	286g			
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	1 Ball 2 Teaspoons 2 Tablespoons 1 Piece		546g		
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	3 Ball 3 Teaspoons 1 Tablespoon 1 Piece			472g	
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	4 Ball 4 Teaspoons 1 Tablespoon 1 Piece				202g / 756g

		S	M	L	X
<b>SFKGPSS-X</b>					
Sliced Fante Kenkey Grounded Pepper, Shito Shrimps	½ Ball 1 Teaspoon 1 Tablespoon	184g			
Sliced Fante Kenkey Grounded Pepper, Shito Shrimps	2 Ball 2 Teaspoons 2 Tablespoons		328g		
Sliced Fante Kenkey Grounded Pepper, Shito Shrimps	3 Ball 3 Teaspoons 1 Tablespoon			320g	
Sliced Fante Kenkey Grounded Pepper, Shito Shrimps	2 Ball 4 Teaspoons 4 Tablespoons				620g



SFKGPSFFSF-S



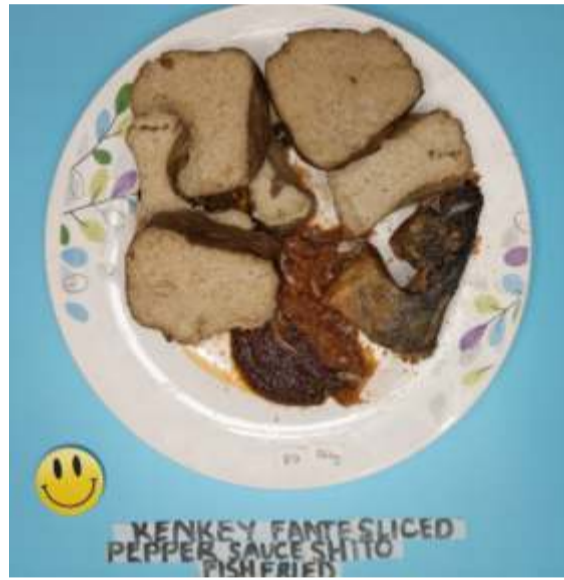
SFKGPSFFK-S



SFKSBS-S



SFKGPSFFSF-M



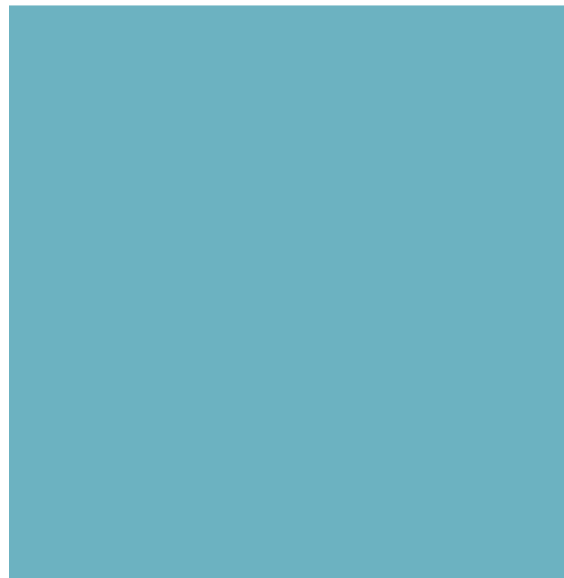
SFKGPSFFK-M



SFKSBS-M



SFKGPSFFSF-L



SFKGPSFFK-L



SFKSBS-L



SFKGPSFFSF-X



SFKGPSFFK-X



SFKSBS-X

SFKGPSFFSF-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Small Fish)	1 Ball 1 Teaspoon 1 Tablespoon	246g			
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Small Fish)	2 Ball 2 Teaspoons 2 Tablespoons		544g		
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Small Fish)	3 Ball 3 Teaspoons 4 Tablespoons			472g	
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Small Fish)	4 Ball 4 Teaspoons 4 Tablespoons				620g

SFKGPSFFK-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Kpania)	1 Ball 1 Teaspoon 1 Tablespoon 1 Piece	312g			
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Kpania)	2 Ball 2 Teaspoons 2 Tablespoons 1 Piece		566g		
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Kpania)					
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Kpania)					

SFKSBS-X		S	M	L	X
Sliced Fante Kenkey Soya Bean Stew	1 Ball 1 Stew Spoon	99g			
Sliced Fante Kenkey Soya Bean Stew	2 Balls 2 Stew Spoons		138g/430g		
Sliced Fante Kenkey Soya Bean Stew	3 Balls 3 Stew Spoons			236g	
Sliced Fante Kenkey Soya Bean Stew	4 Balls 4 Stew Spoons				284g



SFKSBSFF-S



SFKGPSFFRF-S



FKSFPCB-S



SFKSBSFF-M



SFKGPSFFRF-M



FKSFPCB-M



SFKSBSFF-L



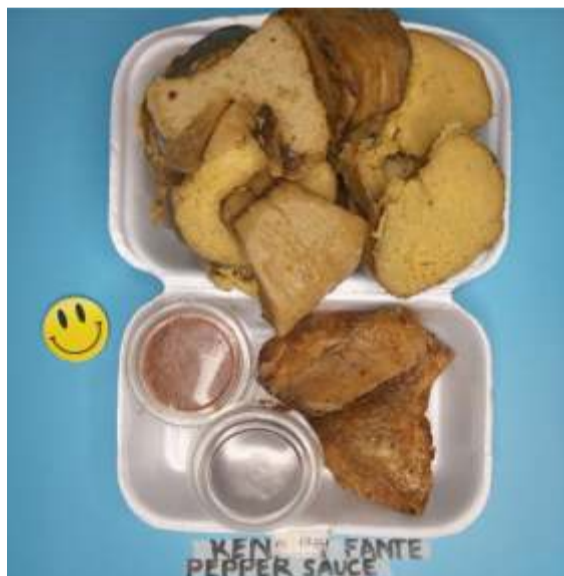
SFKGPSFFRF-L



FKSFPCB-L



SFKSBSFF-X



SFKGPSFFRF-X



FKSFPCB-X

SFKSBSFF-X		S	M	L	X
Sliced Fante Kenkey Soya Bean Stew Fish Fried	1 Ball 1 Stew Spoon 1 Piece	160g/94g			
Sliced Fante Kenkey Soya Bean Stew Fish Fried	2 Ball 2 Stew Spoons 1 Piece		450g/192g		
Sliced Fante Kenkey Soya Bean Stew Fish Fried	3 Ball 3 Stew Spoons 1 Piece			642g/192g	
Sliced Fante Kenkey Soya Bean Stew Fish Fried	4 Ball 4 Stew Spoons 1 Piece				790g/324g

SFKGPSFFRF-X		S	M	L	X
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	1 Ball 1 Teaspoon 1 Tablespoon 1 Piece	370g			
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	2 Ball 2 Teaspoons 1 Tablespoon 1 Piece		664g		
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	3 Ball 3 Teaspoons 1 Tablespoon 2 Pieces			472g	
Sliced Fante Kenkey Grounded Pepper, Shito Fish Fried (Red Fish)	4 Ball 4 Teaspoons 1 Tablespoon 2 Pieces				620g

FKSFPCB-X		S	M	L	X
Fante Kenkey Sliced Fresh Pepper Corned Beef	1 Spoon 1 Piece	270g			
Fante Kenkey Sliced Fresh Pepper Corned Beef	2 Spoon 2 Pieces		580g		
Fante Kenkey Sliced Fresh Pepper Corned Beef	3 Spoon 3 Pieces			904g	
Fante Kenkey Sliced Fresh Pepper Corned Beef	4 Spoon 4 Pieces				1148g



FKSFPS-S



FKSSS-S



FKSSGT-S



FKSFPS-M



FKSSS-M



FKSSGT-M



FKSFPS-L



FKSSS-L



FKSSGT-L



FKSFPS-X



FKSSS-X



FKSSGT-X

		S	M	L	X
<b>FKSFPS-X</b>					
Fante Kenkey Sliced Fresh Pepper Sardine	1 Spoon 1 Piece	270g			
Fante Kenkey Sliced Fresh Pepper Sardine	2 Spoons 2 Pieces		580g		
Fante Kenkey Sliced Fresh Pepper Sardine	3 Spoons 4 Pieces			838g	
Fante Kenkey Sliced Fresh Pepper Sardine	3 Spoons 4 Pieces				1076g

		S	M	L	X
<b>FKSSS-X</b>					
Fante Kenkey Sliced Shito Sardine	1/2 Ball 1 Spoon 1 Piece	276g			
Fante Kenkey Sliced Shito Sardine	1 Ball 2 Spoons 2 Pieces		541g		
Fante Kenkey Sliced Shito Sardine	1 1/2 Balls 3 Spoons 4 Pieces			842g	
Fante Kenkey Sliced Shito Sardine	2 Balls 3 Spoons 4 Pieces				1024g

		S	M	L	X
<b>FKSSGT-X</b>					
Fante Kenkey Sliced Shito Grilled Tilapia	1/2 Ball 1 Spoon 1 Piece	358g			
Fante Kenkey Sliced Shito Grilled Tilapia	1 Ball 2 Spoon 2 Pieces		622g		
Fante Kenkey Sliced Shito Grilled Tilapia	1 1/2 Balls 3 Spoon 3 Pieces			910g	
Fante Kenkey Sliced Shito Grilled Tilapia	2 Ball 4 Spoon 4 Pieces				1194g



FKSS-S



FKSSFF-S



FKSSG-S



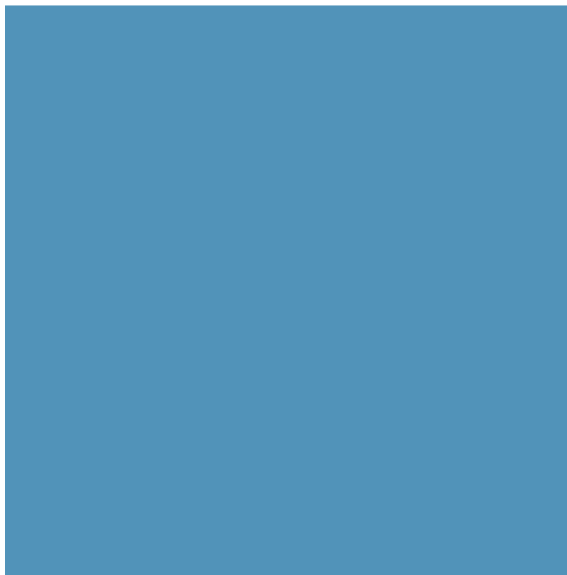
FKSS-M



FKSSFF-M



FKSSG-M



FKSS-L



FKSSFF-L



FKSSG-L



FKSS-X



FKSSFF-X

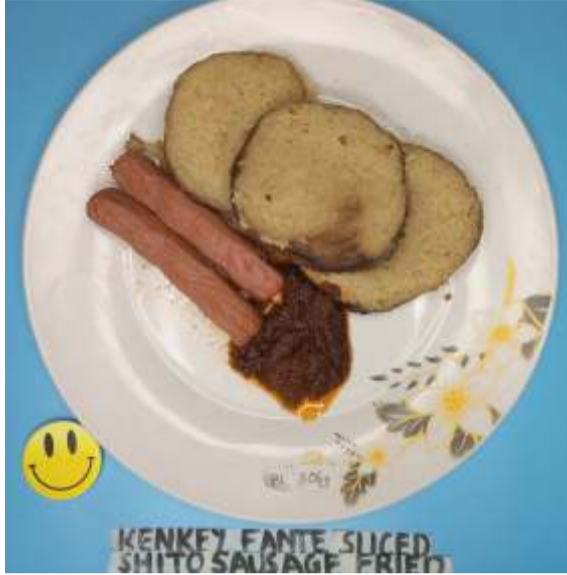


FKSSG-X

		S	M	L	X
<b>FKSS-X</b>					
Fante Kenkey Sliced Shito	1/2 Ball 1 Spoon	176g			
Fante Kenkey Sliced Shito	1 Ball 1 Spoon		324g		
Fante Kenkey Sliced Shito					
Fante Kenkey Sliced Shito	2 Balls 4 Piece				606g

		S	M	L	X
<b>FKSSFF-X</b>					
Fante Kenkey Sliced Shito Fried Fish	1/2 Ball 1 Spoon 1 Piece	330g			
Fante Kenkey Sliced Shito Fried Fish	1 Ball 1 Spoon 1 Piece		582g		
Fante Kenkey Sliced Shito Fried Fish	1 1/2 Balls 2 Spoons 2 Pieces			876g	
Fante Kenkey Sliced Shito Fried Fish	2 Balls 2 Spoon 2 Pieces				1012g

		S	M	L	X
<b>FKSSG-X</b>					
Fante Kenkey Sliced Shito Gizzard	1/2 Ball 1 Spoon 1 Piece	278g			
Fante Kenkey Sliced Shito Gizzard	1 Ball 2 Spoons 2 Pieces		530g		
Fante Kenkey Sliced Shito Gizzard	1 1/2 Balls 3 Spoons 4 Pieces				
Fante Kenkey Sliced Shito Gizzard	2 Balls 3 Spoons 4 Pieces				1005g



FKSSS-S



FKSSF-S



FKSSCB-S



FKSSS-M



FKSSF-M



FKSSCB-M



FKSSS-L



FKSSF-L



FKSSCB-L



FKSSS-X



FKSSF-X



Corned Beef

FKSSCB-X

		S	M	L	X
<b>FKSSS-X</b>					
Fante Kenkey Sliced Shito Sausage	1/2 Ball 1 Spoon 2 Piece	306g			
Fante Kenkey Sliced Shito Sausage	1 Ball 1 Spoon 3 Pieces		566g		
Fante Kenkey Sliced Shito Sausage	1 1/2 Balls 2 Spoons 4 Pieces				
Fante Kenkey Sliced Shito Sausage	2 Balls 2 Spoon 5 Pieces				1048g

		S	M	L	X
<b>FKSSF-X</b>					
Fante Kenkey Sliced Shito Small Fish	1/2 Ball 1 Spoon	272g			
Fante Kenkey Sliced Shito Small Fish	1 Ball 2 Spoons		512g		
Fante Kenkey Sliced Shito Small Fish				802g	
Fante Kenkey Sliced Shito Small Fish	2 Balls 3 Spoons				1048g

		S	M	L	X
<b>FKSSCB-X</b>					
Fante Kenkey Sliced Shito Corned Beef	1/2 Ball 1 Spoon 1 Piece	304g			
Fante Kenkey Sliced Shito Corned Beef	1 Ball 2 Spoon 2 Pieces		542g		
Fante Kenkey Sliced Shito Corned Beef					
Fante Kenkey Sliced Shito Corned Beef					



FKSSFE-S



CF-S



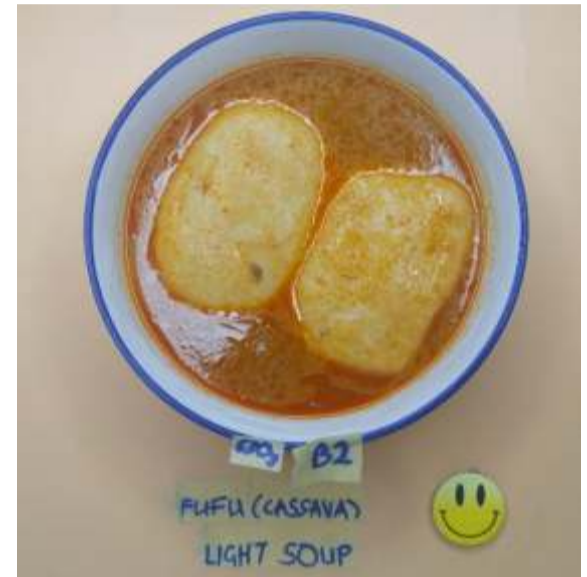
CFLS-S



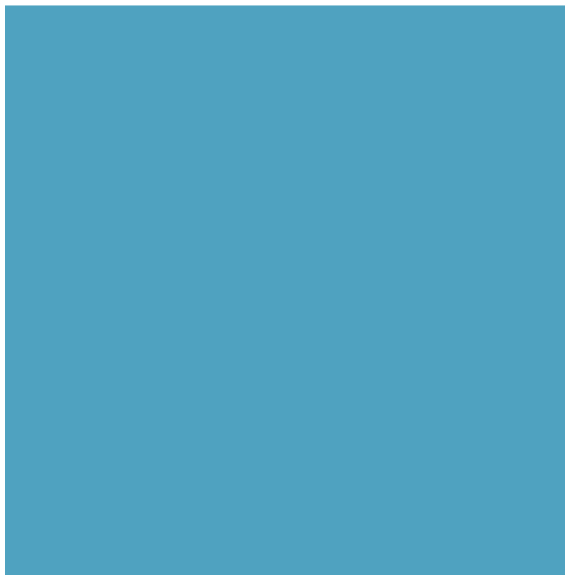
FKSSFE-M



CF-M



CFLS-M



FKSSFE-L



CF-L



CFLS-L



FKSSFE-X



CF-X



CFLS-X

		S	M	L	X
<b>FKSSFE-X</b>					
Fante Kenkey Sliced Shito Fried Egg	1/2 Ball 1 Spoon 1 Piece	270g			
Fante Kenkey Sliced Shito Fried Egg	1 Ball 2 Spoon 2 Pieces		580g		
Fante Kenkey Sliced Shito Fried Egg					
Fante Kenkey Sliced Shito Fried Egg	2 Balls 4 Spoon 4 Pieces				1148g

		S	M	L	X
<b>CF-X</b>					
Cassava Fufu	1 Piece	238g			
Cassava Fufu	2 Pieces		478g		
Cassava Fufu	3 Pieces			698g	
Cassava Fufu	3 Pieces				878g

		S	M	L	X
<b>CFLS-X</b>					
Cassava Fufu Light Soup	1 Piece 1 Ladless	350g			
Cassava Fufu Light Soup	2 Pieces 2 Ladless		630g		
Cassava Fufu Light Soup	3 Pieces 3 Ladless			914g	
Cassava Fufu Light Soup	3 Piece 4 Ladless				1086g



CFPS-S



CFGS-S



CFAS-S



CFPS-M



CFGS-M



CFAS-M



CFPS-L



CFGS-L



CFAS-L



CFPS-X



CFGS-X



CFAS-X

		S	M	L	X
<b>CFPS-X</b>					
Cassava Fufu Palmnut Soup	1 Piece 2 Ladles	366g			
Cassava Fufu Palmnut Soup	2 Pieces 2 Ladles		642g		
Cassava Fufu Palmnut Soup	3 Pieces 3 Ladles			900g	
Cassava Fufu Palmnut Soup	3 Piece 4 Ladles				1594g

		S	M	L	X
<b>CFGS-X</b>					
Cassava Fufu Groundnut Soup	1 Piece 1 Ladle	336g			
Cassava Fufu Groundnut Soup	2 Pieces 2 Ladles		634g		
Cassava Fufu Groundnut Soup	3 Pieces 3 Ladles			994g	
Cassava Fufu Groundnut Soup	3 Pieces 4 Ladles				1304g

		S	M	L	X
<b>CFAS-X</b>					
Cassava Fufu Abunabunu Soup	1 Piece 1 Ladless	328g			
Cassava Fufu Abunabunu Soup	2 Pieces 2 Ladless		618g		
Cassava Fufu Abunabunu Soup	3 Pieces 3 Ladless			862g	
Cassava Fufu Abunabunu Soup	3 Piece 4 Ladless				1024g



CFNS-S



CFLSGM-S



P-S



CFNS-M



CFLSGM-M



CFPSBF-M



CFNS-L



CFLSGM-L



CFPSBF-L



CFNS-X



CFLSGM-X



CFPSBF-X

		S	M	L	X
<b>CFNS-X</b>					
Cassava Fufu Nkatekonto Soup	1 Piece 2 Ladles	328g			
Cassava Fufu Nkatekonto Soup	2 Pieces 2 Ladles		654g		
Cassava Fufu Nkatekonto Soup	3 Pieces 3 Ladles			920g	
Cassava Fufu Nkatekonto Soup	3 Piece 4 Ladles				1024g

		S	M	L	X
<b>CFLSGM-X</b>					
Cassava Fufu Light Soup Goat Meat	1 Piece 1 Ladle 1 Piece	408g			
Cassava Fufu Light Soup Goat Meat	2 Pieces 2 Ladles 1 Piece		720g		
Cassava Fufu Light Soup Goat Meat	3 Pieces 3 Ladles 1 Piece			1026g	
Cassava Fufu Light Soup Goat Meat	3 Pieces 4 Ladles 2 Pieces				1230g

		S	M	L	X
<b>CFPSBF-X</b>					
Cassava Fufu Palmnut Soup Boiled Fish	1 Piece 1 Ladles 1 Piece	422g			
Cassava Fufu Palmnut Soup Boiled Fish	2 Pieces 2 Ladles 1 Piece		748g		
Cassava Fufu Palmnut Soup Boiled Fish	3 Pieces 3 Ladles 1 Piece			1120g	
Cassava Fufu Palmnut Soup Boiled Fish	3 Piece 4 Ladles 3 Pieces				1796g



CFPSDF-S



CFPSGM-S



CFASS-S



CFPSDF-M



CFPSGM-M



CFASS-M



CFPSDF-L



CFPSGM-L



CFASS-L



CFPSDF-X



CFPSGM-X



CFASS-X

		S	M	L	X
<b>CFPSDF-X</b>					
Cassava Fufu Palmnut Soup Dry Fish	1 Piece 2 Ladles 1 Piece	454g			
Cassava Fufu Palmnut Soup Dry Fish	2 Pieces 2 Ladles 1 Piece		766g		
Cassava Fufu Palmnut Soup Dry Fish	3 Pieces 3 Ladles 1 Piece			1114g	
Cassava Fufu Palmnut Soup Dry Fish	4 Pieces 4 Ladles 3 Pieces				1804g

		S	M	L	X
<b>CFPSGM-X</b>					
Cassava Fufu Palmnut Soup Goat Meat	1 Piece 1 Ladle 1 Piece	434g			
Cassava Fufu Palmnut Soup Goat Meat	2 Pieces 2 Ladles 1 Piece		738g		
Cassava Fufu Palmnut Soup Goat Meat	3 Pieces 3 Ladles 1 Piece			1122g	
Cassava Fufu Palmnut Soup Goat Meat	3 Pieces 4 Ladles 2 Pieces				1804g

		S	M	L	X
<b>CFASS-X</b>					
Cassava Fufu Abunabunu Soup Salmon	1 Piece 1 Ladless 1 Piece	418g			
Cassava Fufu Abunabunu Soup Salmon	2 Pieces 2 Ladless 1 Piece		712g		
Cassava Fufu Abunabunu Soup Salmon	3 Pieces 3 Ladless 2 Pieces			970g	
Cassava Fufu Abunabunu Soup Salmon	3 Pieces 4 Ladless 2 Pieces				1256g



CFASI-S



CFLSS-S



CFLSCB-S



CFASI-M



CFLSS-M



CFLSCB-M



CFASI-L



CFLSS-L



CFLSCB-L



CFASI-X



CFLSS-X



CFLSCB-X

		S	M	L	X
<b>CFASI-X</b>					
Cassava Fufu	1 Piece				
Abunabunu Soup	2 Ladles	402g			
Intestine	1 Piece				
Cassava Fufu	2 Pieces		716g		
Abunabunu Soup	2 Ladles				
Intestine	1 Piece				
Cassava Fufu	3 Pieces			716g	
Abunabunu Soup	3 Ladles				
Intestine	1 Piece				
Cassava Fufu	3 Piece				1240g
Abunabunu Soup	4 Ladles				
Intestine	2 Pieces				

		S	M	L	X
<b>CFLSS-X</b>					
Cassava Fufu	1 Piece				
Light Soup	1 Ladle	376g			
Snails	1 Piece				
Cassava Fufu	2 Pieces		712g		
Light Soup	2 Ladles				
Snails	2 Piece				
Cassava Fufu	3 Pieces			1000g	
Light Soup	3 Ladles				
Snails	3 Piece				
Cassava Fufu	3 Pieces				1224g
Light Soup	4 Ladles				
Snails	4 Pieces				

		S	M	L	X
<b>CFLSCB-X</b>					
Cassava Fufu	1 Piece				
Light Soup	1 Ladles	414g			
Chicken Boiled	1 Piece				
Cassava Fufu	2 Pieces		764g		
Light Soup	2 Ladles				
Chicken Boiled	1 Piece				
Cassava Fufu	3 Pieces			1036g	
Light Soup	3 Ladles				
Chicken Boiled	1 Piece				
Cassava Fufu	3 Piece				1252g
Light Soup	4 Ladles				
Chicken Boiled	2 Pieces				



CFGSCB-S



CFGSCB-S



CFNKGM-S



CFGSCB-M



CFGSCB-M



CFNKGM-M



CFGSCB-L



CFGSCB-L



CFNKGM-L



CFGSCB-X



CFGSCB-X



CFNKGM-X

		S	M	L	X
<b>CFGSCB-X</b>					
Cassava Fufu Groundnut Soup Chicken Boiled	1 Piece 2 Ladles 1 Piece	486g			
Cassava Fufu Groundnut Soup Chicken Boiled	2 Pieces 2 Ladles 1 Piece		762g		
Cassava Fufu Groundnut Soup Chicken Boiled	3 Pieces 3 Ladles 1 Piece			1132g	
Cassava Fufu Groundnut Soup Chicken Boiled	3 Piece 4 Ladles 2 Pieces				1716g

		S	M	L	X
<b>CFGSCB-X</b>					
Cassava Fufu Groundnut Soup Chicken Boiled	1 Piece 1 Ladle 1 Piece	486g			
Cassava Fufu Groundnut Soup Chicken Boiled	2 Pieces 2 Ladles 2 Piece		762g		
Cassava Fufu Groundnut Soup Chicken Boiled	3 Pieces 3 Ladles 3 Piece			1132g	
Cassava Fufu Groundnut Soup Chicken Boiled	3 Pieces 4 Ladles 4 Pieces				1716g

		S	M	L	X
<b>CFNKGM-X</b>					
Cassava Fufu Nkate Konto Goat Meat	1 Piece 1 Ladless 1 Piece	452g			
Cassava Fufu Nkate Konto Goat Meat	2 Pieces 2 Ladless 1 Piece		804g		
Cassava Fufu Nkate Konto Goat Meat	3 Pieces 3 Ladless 1 Piece			1044g	
Cassava Fufu Nkate Konto Goat Meat	3 Pieces 4 Ladless 2 Pieces				1404g



CFNKS-S



CFGSDF-S



FCLS-S



CFNKS-M



CFGSDF-M



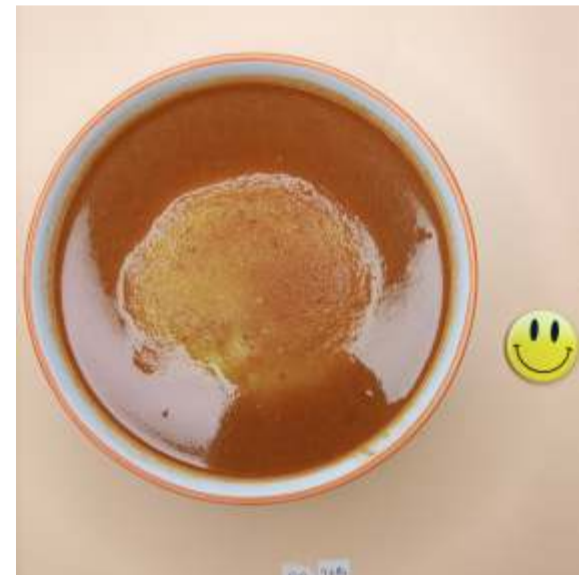
FCLS-M



CFNKS-L



CFGSDF-L



FCLS-L



CFNKS-X



CFGSDF-X



FCLS-X

		S	M	L	X
<b>CFNKS-X</b>					
Cassava Fufu Nkate Konto Salmon	1 Piece 2 Ladles 1 Piece	486g			
Cassava Fufu Nkate Konto Salmon	2 Pieces 2 Ladles 1 Piece		762g		
Cassava Fufu Nkate Konto Salmon	3 Pieces 3 Ladles 1 Piece			1132g	
Cassava Fufu Groundnut Soup Chicken, Boiled	3 Piece 4 Ladles 2 Pieces				1716g

		S	M	L	X
<b>CFGSDF-X</b>					
Cassava Fufu Groundnut Soup Dry Fish	1 Piece 1 Ladle 1 Piece	414g			
Cassava Fufu Groundnut Soup Dry Fish	2 Pieces 2 Ladles 1 Piece		764g		
Cassava Fufu Groundnut Soup Dry Fish	3 Pieces 3 Ladles 1 Piece			1036g	

		S	M	L	X
<b>FCLS-X</b>					
Fufu, Cassava Light Soup	1 Ball 1 Ladle				
Fufu, Cassava Light Soup	1 Ball 2 Ladles		74g		
Fufu, Cassava Light Soup	1 Ball 3 Ladles			968g	
Fufu, Cassava Light Soup	1 Ball 4 Ladles				1130g



FCLSMGB-S



FCLSCB-S



FCLSFTSB-S



FCLSMGB-M



FCLSCB-M



FCLSFTSB-M



FCLSMGB-L



FCLSCB-L



FCLSFTSB-L



FCLSMGB-X



FCLSCB-X



FCLSFTSB-X

		S	M	L	X
<b>FCLSMGB-X</b>					
Fufu, Cassava Light Soup Meat Goat, Boiled	1 Ball 1 Ladle 1 Piece	558g			
Fufu, Cassava Light Soup Meat Goat, Boiled	1 Ball 2 Ladles 1 Piece		814g		
Fufu, Cassava Light Soup Meat Goat, Boiled	1 Ball 3 Ladles 1 Piece			1024g	
Fufu, Cassava Light Soup Meat Goat, Boiled	1 Ball 4 Ladles 2 Pieces				1226g

		S	M	L	X
<b>FCLSCB-X</b>					
Fufu, Cassava Light Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	602g			
Fufu, Cassava Light Soup Chicken, Boiled	1 Ball 2 Ladles 1 Piece		814g		
Fufu, Cassava Light Soup Chicken, Boiled	1 Ball 3 Ladles 1 Piece			1044g	
Fufu, Cassava Light Soup Chicken, Boiled	1 Ball 4 Ladles 2 Pieces				1300g

		S	M	L	X
<b>FCLSFTSB-X</b>					
Fufu, Cassava Light Soup Fish Tilapia Smoked, Boiled	1 Ball 1 Ladle 1 Piece	598g			
Fufu, Cassava Light Soup Fish Tilapia Smoked, Boiled	1 Ball 2 Ladles 1 Piece		898g		
Fufu, Cassava Light Soup Fish Tilapia Smoked, Boiled	1 Ball 3 Ladles 1 Piece			1102g	
Fufu, Cassava Light Soup Fish Tilapia Smoked, Boiled	1 Ball 4 Ladles 2 Pieces				1318g



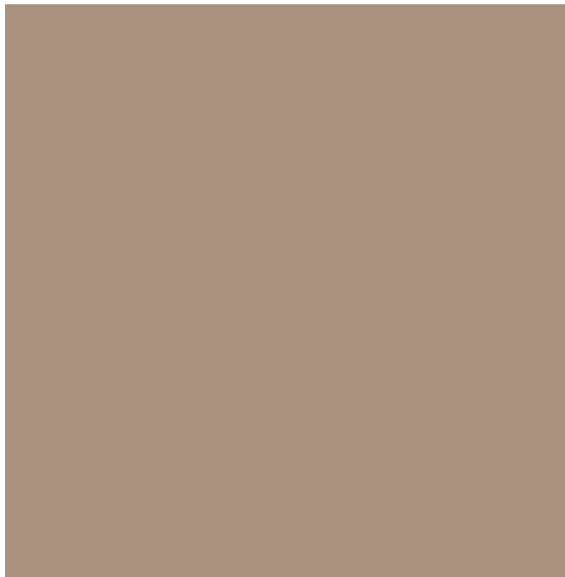
FCGS-S



FCGSFTSB-S



FCLSC-S



FCGS-M



FCGSFTSB-M



FCLSC-M



FCGS-L



FCGSFTSB-L



FCLSC-L



FCGS-X



FCGSFTSB-X



FCLSC-X

		S	M	L	X
<b>FCGS-X</b>					
Fufu, Cassava Groundnut Soup	1 Ball 1 Ladle	468g			
Fufu, Cassava Groundnut Soup					
Fufu, Cassava Groundnut Soup	1 Ball 3 Ladles			976g	
Fufu, Cassava Groundnut Soup	1 Ball 4 Ladles				1094g

		S	M	L	X
<b>FCGSFTSB-X</b>					
Fufu, Cassava Groundnut Soup Fish Tilapia Smoked, Boiled	1 Ball 1 Ladle 1 Piece	578g			
Fufu, Cassava Groundnut Soup Fish Tilapia Smoked, Boiled	1 Ball 2 Ladles 1 Piece		860g		
Fufu, Cassava Groundnut Soup Fish Tilapia Smoked, Boiled	1 Ball 3 Ladles 1 Piece			1124g	
Fufu, Cassava Groundnut Soup Fish Tilapia Smoked, Boiled	1 Ball 4 Ladles 2 Pieces				1418g

		S	M	L	X
<b>FCLSC-X</b>					
Fufu Cassava Light Soup Chicken	1 Ball 1 Ladle 1 Piece	548g			
Fufu Cassava Light Soup Chicken Boiled	1 Ball 2 Ladles 1 Piece		818g		
Fufu Cassava Light Soup Chicken	1 Ball 3 Ladles 1 Piece			1036g	
Fufu Cassava Light Soup Chicken	1 Ball 4 Ladles 2 Pieces				1252g



FCGSMGB-S



FCPS-S



FCPSMGB-S



FCGSMGB-M



FCPS-M



FCPSMGB-M



FCGSMGB-L



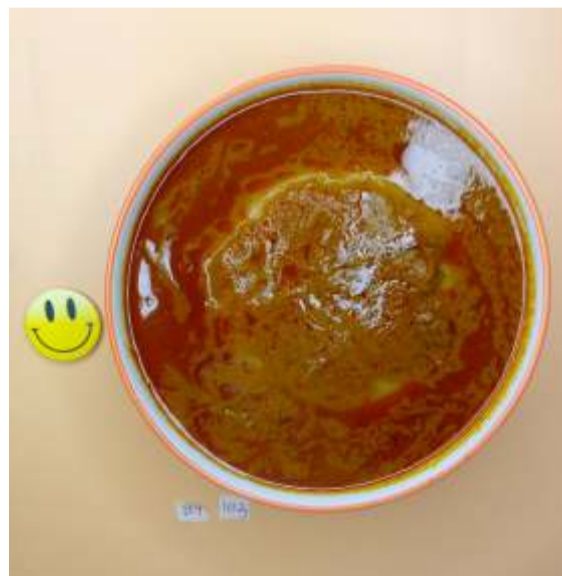
FCPS-L



FCPSMGB-L



FCGSMGB-X



FCPS-X



FCPSMGB-X

		S	M	L	X
<b>FCGSMGB-X</b>					
Fufu, Cassava Groundnut Soup Meat Goat, Boiled	1 Ball 1 Ladle 1 Piece	550g			
Fufu, Cassava Groundnut Soup Meat Goat, Boiled	1 Ball 2 Ladles 1 Piece		800g		
Fufu, Cassava Groundnut Soup Meat Goat, Boiled	1 Ball 3 Ladles 1 Piece			1060g	
Fufu, Cassava Groundnut Soup Meat Goat, Boiled	1 Ball 4 Ladles 2 Pieces				1198g

		S	M	L	X
<b>FCPS-X</b>					
Fufu, Cassava Palmnut Soup	1 Ball 1 Ladle	756g			
Fufu, Cassava Palmnut Soup	1 Ball 2 Ladles		756g		
Fufu, Cassava Palmnut Soup	1 Ball 3 Ladles			980g	
Fufu, Cassava Palmnut Soup	1 Ball 4 Ladles				1112g

		S	M	L	X
<b>FCPSMGB-X</b>					
Fufu, Cassava Palmnut Soup Meat Goat, Boiled	1 Ball 1 Ladle 1 Piece	574g			
Fufu, Cassava Palmnut Soup Meat Goat, Boiled	1 Ball 2 Ladles 1 Piece		816g		
Fufu, Cassava Palmnut Soup Meat Goat, Boiled	1 Ball 3 Ladles 1 Piece			1046g	
Fufu, Cassava Palmnut Soup Meat Goat, Boiled	1 Ball 4 Ladles 2 Pieces				1240g



FCPSCB-S



FCPST-S



FCPSFTSB-S



FCPSCB-M



FCPST-M



FCPSFTSB-M



FCPSCB-L



FCPST-L



FCPSFTSB-L



FCPSCB-X



FCPST-X



FCPSFTSB-X

		S	M	L	X
<b>FCPSCB-X</b>					
Fufu, Cassava Palmnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	596g			
Fufu, Cassava Palmnut Soup Chicken, Boiled	1 Ball 2 Ladles 2 Pieces		840g		
Fufu, Cassava Palmnut Soup Chicken, Boiled	1 Ball 3 Ladles 1 Piece			1066g	
Fufu, Cassava Palmnut Soup Chicken, Boiled	1 Ball 4 Ladles 2 Pieces				1260g

		S	M	L	X
<b>FCPST-X</b>					
Fufu, Cassava Palmnut Soup Tuna	1 Ball 1 Ladle 1 Piece	534g			
Fufu, Cassava Palmnut Soup Tuna	1 Ball 2 Ladles 1 Piece		846g		
Fufu, Cassava Palmnut Soup Tuna	1 Ball 3 Ladles 1 Piece			1056g	
Fufu, Cassava Palmnut Soup Tuna	1 Ball 4 Ladles 2 Pieces				1240g

		S	M	L	X
<b>FCPSFTSB-X</b>					
Fufu, Cassava Palmnut Soup Fish Tilapia Smoked, Boiled	1 Ball 1 Ladle 1 Piece	654g			
Fufu, Cassava Palmnut Soup Fish Tilapia Smoked, Boiled	1 Ball 2 Ladles 1 Piece		946g		
Fufu, Cassava Palmnut Soup Fish Tilapia Smoked, Boiled	1 Ball 3 Ladles 1 Piece			1192g	
Fufu, Cassava Palmnut Soup Fish Tilapia Smoked, Boiled	1 Ball 4 Ladles 2 Pieces				1330g



GKW-S



GKWS-S



GKWFP-S



GKW-M



GKWS-M



GKWFP-M



GKW-L



GKWS-L



GKWFP-L



GKW-X



GKWS-X



GKWFP-X

		S	M	L	X
<b>GKW-X</b>					
Ga Kenkey Whole	1 Ball	186g			
Ga Kenkey Whole	1 Ball		302g		
Ga Kenkey Whole	2 Balls			428g	
Ga Kenkey Whole	2 Balls				582g

		S	M	L	X
<b>GKWS-X</b>					
Ga Kenkey Whole Shito	1 Ball 1 Tablespoon	198g			
Ga Kenkey Whole Shito	1 Balls 1 Tablespoon		320g		
Ga Kenkey Whole Shito	2 Balls 1 Tablespoon			445g	
Ga Kenkey Whole Shito	2 Balls 1 Tablespoon				602g

		S	M	L	X
<b>GKWFP-X</b>					
Ga Kenkey Whole Fresh Pepper	1 Ball 1 Tablespoon	208g			
Ga Kenkey Whole Fresh Pepper	1 Ball 1 Tablespoon		218g		
Ga Kenkey Whole Fresh Peppere	2 Balls 1 Tablespoon			454g	
Ga Kenkey Whole Fresh Pepper	2 Balls 1 Tablespoon				620g



GKWFPS-S



GKWFPSFF-S



GKWFPSS-S



GKWFPS-M



GKWFPSFF-M



GKWFPSS-M



GKWFPS-L



GKWFPSFF-L



GKWFPSS-L



GKWFPS-X



GKWFPSFF-X



GKWFPSS-X

		S	M	L	X
<b>GKWFPS-X</b>					
Ga Kenkey Whole Fresh Pepper Shito	1 Ball 1 Tablespoon 1 Tablespoon	224g			
Ga Kenkey Whole Fresh Pepper Shito	1 Ball 1 Tablespoon 1 Tablespoon				
Ga Kenkey Whole Fresh Pepper Shito	2 Balls 1 Tablespoon 1 Tablespoon			480g	
Ga Kenkey Whole Fresh Pepper Shito	2 Balls 1 Tablespoon 1 Tablespoon				

		S	M	L	X
<b>GKWFPSFF-X</b>					
Ga Kenkey Whole Fresh Pepper Shito Fish, Fried	1 Ball 1 Spoon 1 Spoon 1 Piece	294g			
Ga Kenkey Whole Fresh Pepper Shito Fish, Fried	1 Ball 1 Spoon 1 Spoon 1 Piece		418g		
Ga Kenkey Whole Fresh Pepper Shito Fish, Fried	2 Balls 1 Spoon 1 Spoon 1 Piece			546g	
Ga Kenkey Whole Fresh Pepper Shito Fish, Fried	2 Balls 1 Spoon 1 Spoon 1 Piece				

		S	M	L	X
<b>GKWFPSS-X</b>					
Ga Kenkey Whole Fresh Pepper Shito Sardine	1 Ball 1 Spoon 1 Spoon 1 Piece	296g			
Ga Kenkey Whole Fresh Pepper Shito Sardine	1 Ball 1 Spoon 1 Spoon 2 Pieces		408g		
Ga Kenkey Whole Fresh Pepper Shito Sardine	2 Balls 1 Spoon 1 Spoon 3 Pieces			570g	
Ga Kenkey Whole Fresh Pepper Shito Sardine	2 Balls 1 Spoon 1 Spoon 4 Pieces				756g



GKWFPCB-S



GKWFSSF-S



GKWFPSGF-S



GKWFPCB-M



GKWFSSF-M



GKWFPSGF-M



GKWFPCB-L



GKWFSSF-L



GKWFPSGF-L



GKWFPCB-X



GKWFSSF-X



GKWFPSGF-X

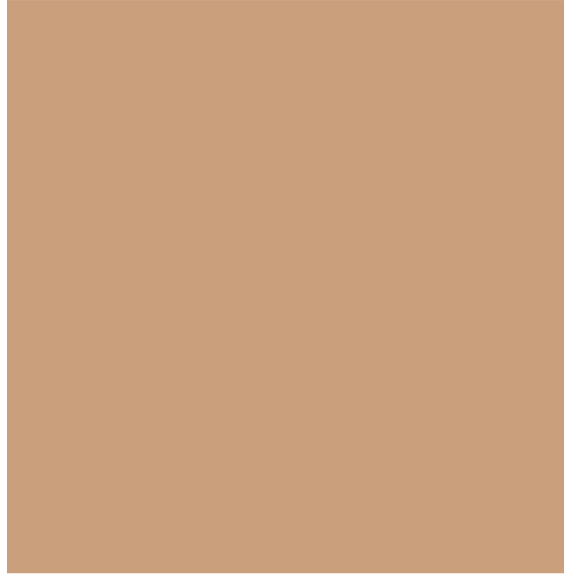
		S	M	L	X
<b>GKWFPCB-X</b>					
Ga Kenkey Whole	1 Ball				
Fresh Pepper	1 Spoon	278g			
Shito	1 Spoon				
Corned Beef	1 Piece				
Ga Kenkey Whole	1 Ball		458g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Corned Beef	2 Pieces				
Ga Kenkey Whole	2 Balls			658g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Corned Beef	3 Pieces				
Ga Kenkey Whole	2 Balls				854g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Corned Beef	4 Pieces				

		S	M	L	X
<b>GKWFSSF-X</b>					
Ga Kenkey Whole	1 Ball				
Fresh Pepper	1 Spoon	246g			
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Whole	1 Ball		378g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Whole	2 Balls			522g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Whole	2 Balls				676g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				

		S	M	L	X
<b>GKWFPSGF-X</b>					
Ga Kenkey Whole	1 Ball				
Fresh Pepper	1 Spoon	304g			
Shito	1 Spoon				
Grilled Fish	1 Piece				
Ga Kenkey Whole	1 Ball		514g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Grilled Fish	1 Piece				
Ga Kenkey Whole	2 Balls			614g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Grilled Fish	1 Piece				
Ga Kenkey Whole	2 Balls				826g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Grilled Fish	1 Piece				



GKWS-S



GKWSFE-S



GKWSG-S



GKWS-M



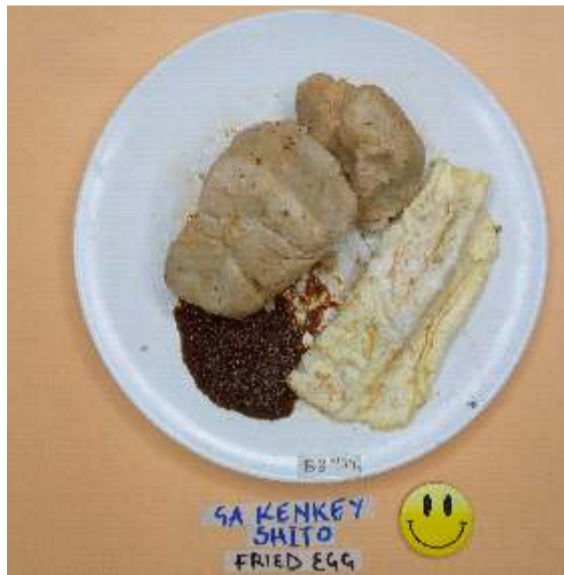
GKWSFE-M



GKWSG-M



GKWS-L



GKWSFE-L



GKWSG-L



GKWS-X



GKWSFE-X



GKWSG-X

		S	M	L	X
<b>FKWA-X</b>					
Ga Kenkey Whole Shito	1/2 Ball 1 Tablespoon	150g			
Ga Kenkey Whole Shito	1 Ball 2 Tablespoons		298g		
Ga Kenkey Whole Shito	1 1/2 Balls 2 Tablespoons			404g	
Ga Kenkey Whole Shito	2 Balls 3 Tablespoons				578g

		S	M	L	X
<b>GKWSFE-X</b>					
Ga Kenkey Whole Shito Fried Egg					
Ga Kenkey Whole Shito Fried Egg	1 Ball 1 Spoon 1 Piece		334g		
Ga Kenkey Whole Shito Fried Egg	1 1/2 Balls 2 Spoon 1 Piece			434g	
Ga Kenkey Whole Shito Fried Egg	2 Balls 1 Spoon 1 Piece				606g

		S	M	L	X
<b>GKWSG-X</b>					
Ga Kenkey Whole Shito Gizzard	1/2 Ball 1 Spoon 1 Piece	162g			
Ga Kenkey Whole Shito Gizzard	1 Ball 1 Spoon 2 Pieces		324g		
Ga Kenkey Whole Shito Gizzard	1 1/2 Balls 2 Spoons 3 Pieces			452g	
Ga Kenkey Whole Shito Gizzard	2 Balls 2 Spoon 4 Piece				646g



GKWSFF-S



GKWSFF-S



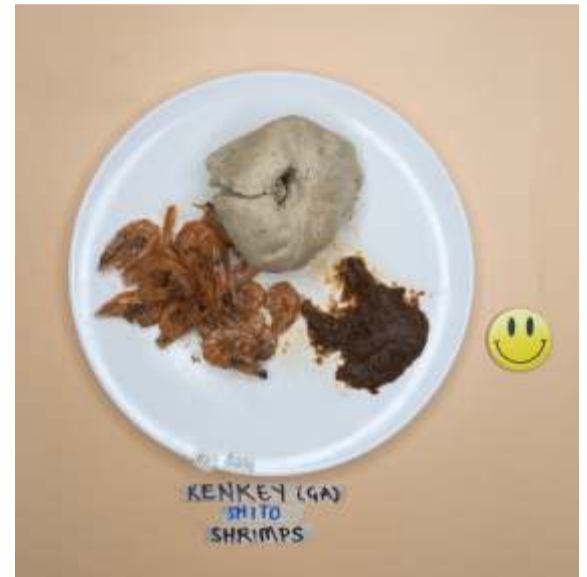
GKWSS-S



GKWSFF-M



GKWSFF-M



GKWSS-M



GKWSFF-L



GKWSFF-L



GKWSS-L



GKWSFF-X



GKWSFF-X



GKWSS-X

		S	M	L	X
<b>GKWSFF-X</b>					
Ga Kenkey Whole Shito Fish, Fried	1/2 Ball 1 Tablespoon	292g			
Ga Kenkey Whole Shito Fish, Fried	1 Ball 2 Tablespoons		410g		
Ga Kenkey Whole Shito Fish, Fried	1 1/2 Balls 2 Tablespoons			536g	
Ga Kenkey Whole Shito Fish, Fried	2 Balls 3 Tablespoons				670g

		S	M	L	X
<b>GKWSFF-X</b>					
Ga Kenkey Whole Shito Fish, Fried	1/2 Ball 1 Spoon 1 Piece	204g			
Ga Kenkey Whole Shito Fish, Fried	1 Ball 1 Spoon 1 Piece		362g		
Ga Kenkey Whole Shito Fish, Fried	1 1/2 Balls 2 Spoon 1 Piece			462g	
Ga Kenkey Whole Shito Fish, Fried	2 Balls 1 Spoon 1 Piece				646g

		S	M	L	X
<b>GKWSS-X</b>					
Ga Kenkey Whole Shito Shrimps	1/2 Ball 1 Spoon	176g			
Ga Kenkey Whole Shito Shrimps	1 Ball 1 Spoon		324g		
Ga Kenkey Whole Shito Shrimps	1 1/2 Balls 2 Spoons			446g	
Ga Kenkey Whole Shito Shrimps	2 Balls 2 Spoon				606g



GKWSSF-S



GKWSS-S



GKWSGF-S



GKWSSF-M



GKWSS-M



GKWSGF-M



GKWSSF-L



GKWSS-L



GKWSGF-L



GKWSSF-X



GKWSS-X



GKWSGF-X

		S	M	L	X
<b>GKWSSF-X</b>					
Ga Kenkey Whole Shito Small Fish	1/2 Ball 1 Spoon	166g			
Ga Kenkey Whole Shito Small Fish	1 Ball 2 Spoons		328g		
Ga Kenkey Whole Shito Small Fish	1 1/2 Balls 2 Spoons			452g	
Ga Kenkey Whole Shito Small Fish	2 Balls 3 Spoons				616g

		S	M	L	X
<b>GKWSS-X</b>					
Ga Kenkey Whole Shito Sardine	1/2 Ball 1 Spoon 1 Piece	180g			
Ga Kenkey Whole Shito Sardine	1 Ball 1 Spoon 2 Pieces		364g		
Ga Kenkey Whole Shito Sardine	1 1/2 Balls 2 Spoon 3 Pieces			486g	
Ga Kenkey Whole Shito Sardine	2 Balls 1 Spoon 4 Pieces				720g

		S	M	L	X
<b>GKWSGF-X</b>					
Ga Kenkey Whole Shito Grilled Fish	1/2 Ball 1 Spoon 1 Piece	176g			
Ga Kenkey Whole Shito Grilled Fish	1 Ball 1 Spoon 1 Piece		324g		
Ga Kenkey Whole Shito Grilled Fish	1 1/2 Balls 2 Spoons 1 Piece			446g	
Ga Kenkey Whole Shito Grilled Fish	2 Balls 2 Spoon 1 Piece				606g



GKWSFC-S



GKWSS-S



GKWSCB-S



GKWSFC-M



GKWSS-M



GKWSCB-M



GKWSFC-L



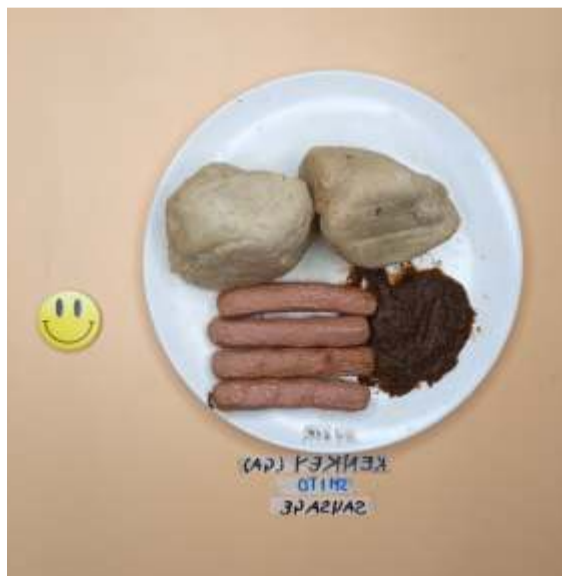
GKWSS-L



GKWSCB-L



GKWSFC-X



GKWSS-X



GKWSCB-X

		S	M	L	X
<b>GKWSFC-X</b>					
Ga Kenkey Whole Shito Fried Chicken					
Ga Kenkey Whole Shito Fried Chicken	1 Ball 2 Spoons 1 Piece		326g		
Ga Kenkey Whole Shito Fried Chicken	1 1/2 Balls 2 Spoons 1 Piece			442g	
Ga Kenkey Whole Shito Fried Chicken	2 Balls 3 Spoons 1 Piece				614g

		S	M	L	X
<b>GKWSS-X</b>					
Ga Kenkey Whole Shito Sausage	1/2 Ball 1 Spoon 1 Piece	180g			
Ga Kenkey Whole Shito Sausage	1 Ball 1 Spoon 2 Pieces		364g		
Ga Kenkey Whole Shito Sausage	1 1/2 Balls 2 Spoons 3 Pieces			486g	
Ga Kenkey Whole Shito Sausage	2 Balls 2 Spoons 4 Pieces				720g

		S	M	L	X
<b>GKWSCB-X</b>					
Ga Kenkey Whole Shito Corned Beef	1/2 Ball 1 Spoon 1 Piece	176g			
Ga Kenkey Whole Shito Corned Beef	1 Ball 1 Spoon 2 Pieces		324g		
Ga Kenkey Whole Shito Corned Beef	1 1/2 Balls 2 Spoons 3 Pieces			446g	
Ga Kenkey Whole Shito Corned Beef	2 Balls 2 Spoons 4 Pieces				606g



GKWFPFE-S



GKWFPS-S



GKWFPFF-S



GKWFPFE-M



GKWFPS-M



GKWFPFF-M



GKWFPFE-L



GKWFPS-L



GKWFPFF-L



GKWFPFE-X



GKWFPS-X



GKWFPFF-X

		S	M	L	X
<b>GKWFPFE-X</b>					
Ga Kenkey Whole Fresh Pepper Fried Egg	1/2 Ball 1 Spoon 1 Piece	192g			
Ga Kenkey Whole Fresh Pepper Fried Egg	1 Ball 1 Spoon 1 Piece		316g		
Ga Kenkey Whole Fresh Pepper Fried Egg	1 1/2 Balls 1 Spoon 1 Piece			420g	
Ga Kenkey Whole Fresh Pepper Fried Egg	2 Balls 1 Spoon 1 Piece				596g

		S	M	L	X
<b>GKWFPS-X</b>					
Ga Kenkey Whole Fresh Pepper Sausage	1/2 Ball 1 Spoon 1 Piece	178g			
Ga Kenkey Whole Fresh Pepper Sausage	1 Ball 1 Spoon 2 Pieces		218g		
Ga Kenkey Whole Fresh Pepper Sausage	1 1/2 Balls 1 Spoon 3 Pieces			472g	
Ga Kenkey Whole Fresh Pepper Sausage	2 Balls 1 Spoon 4 Pieces				672g

		S	M	L	X
<b>GKWFPFF-X</b>					
Ga Kenkey Whole Fresh Pepper Fried Fish	1/2 Ball 1 Spoon 1 Piece	250g			
Ga Kenkey Whole Fresh Pepper Fried Fish					
Ga Kenkey Whole Fresh Pepper Fried Fish	1/2 Balls 1 Spoon 1 Piece			464g	
Ga Kenkey Whole Fresh Pepper Fried Fish	2 Balls 1 Spoon 1 Piece				684g



GKWFPSF-S



GKSFPS-S



GKWFPSF-S



GKWFPSF-M



GKSFPS-M



GKWFPSF-M



GKWFPSF-L



GKSFPS-L



GKWFPSF-L



GKWFPSF-X



GKWFPSF-X



GKWFPSF-X

		S	M	L	X
<b>GKWFPSF-X</b>					
Ga Kenkey Whole Fresh Pepper Small Fish	1/2 Ball 1 Spoon	176g			
Ga Kenkey Whole Fresh Pepper Small Fish	1 Ball 1 Spoon		302g		
Ga Kenkey Whole Fresh Pepper Small Fish	1 1/2 Balls 1 Spoon			416g	
Ga Kenkey Whole Fresh Pepper Small Fish	2 Balls 1 Spoon				600g

		S	M	L	X
<b>GKWFPSF-X</b>					
Ga Kenkey Whole Fresh Pepper Small Fish	1/2 Ball 1 Spoon	184g			
Ga Kenkey Whole Fresh Pepper Small Fish	1 Ball 1 Spoon		308g		
Ga Kenkey Whole Fresh Pepper Small Fish	1 1/2 Balls 1 Spoon			440g	
Ga Kenkey Whole Fresh Pepper Small Fish	2 Balls 1 Spoon				622g

		S	M	L	X
<b>GKWFPSF-X</b>					
Ga Kenkey Whole Fresh Pepper Small Fish	1/2 Ball 1 Spoon	174g			
Ga Kenkey Whole Fresh Pepper Small Fish	1 Ball 1 Spoon		308g		
Ga Kenkey Whole Fresh Pepper Small Fish	1/2 Balls 1 Spoon			420g	
Ga Kenkey Whole Fresh Pepper Small Fish	2 Balls 1 Spoon				592g



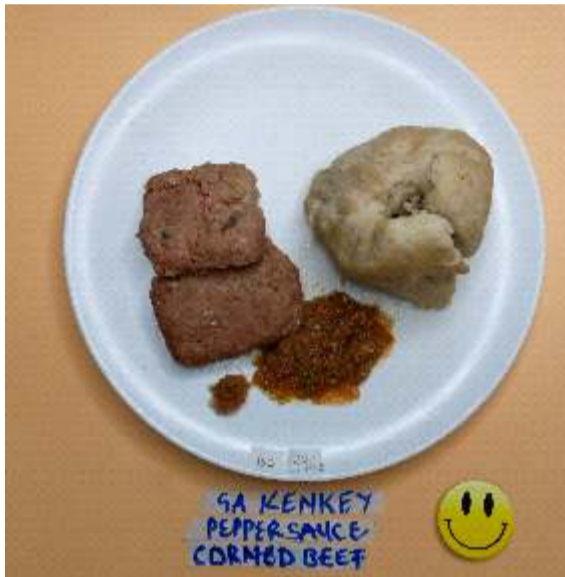
GKSFPCB-S



GKWFPG-S



GKWFPS-S



GKSFPCB-M



GKWFPG-M



GKWFPS-M



GKSFPCB-L



GKWFPG-L



GKWFPS-L



GKSFPCB-X



GKWFPG-X



GKWFPS-X

		S	M	L	X
<b>GKSFPCB-X</b>					
Ga Kenkey Sliced Fresh Pepper Corned Beef	1/2 Ball 1 Spoon 1 Piece	192g			
Ga Kenkey Sliced Fresh Pepper Corned Beef	1 Ball 1 Spoon 2 Pieces		316g		
Ga Kenkey Sliced Fresh Pepper Corned Beef	1 1/2 Balls 1 Spoon 3 Pieces			420g	
Ga Kenkey Sliced Fresh Pepper Corned Beef	2 Balls 1 Spoon 4 Pieces				596g

		S	M	L	X
<b>GKWFPG-X</b>					
Ga Kenkey Whole Fresh Pepper Gizzard	1/2 Ball 1 Spoon 1 Piece	178g			
Ga Kenkey Whole Fresh Pepper Gizzard	1 Ball 1 Spoon 2 Pieces		326g		
Ga Kenkey Whole Fresh Pepper Gizzard	1 1/2 Balls 1 Spoon 3 Pieces			452g	
Ga Kenkey Whole Fresh Pepper Gizzard	2 Balls 1 Spoon 4 Pieces				628g

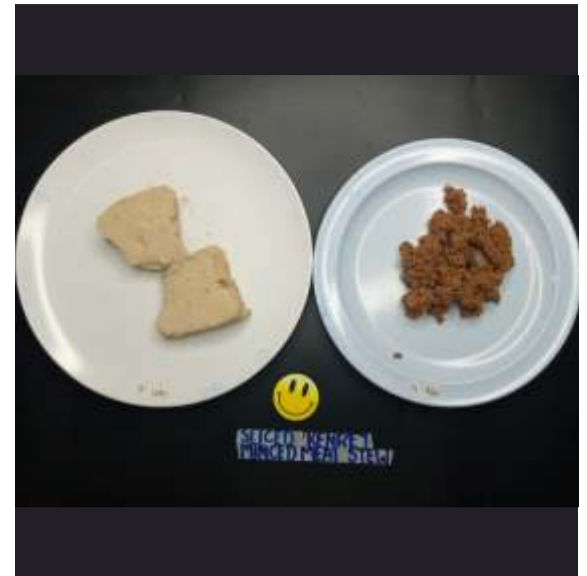
		S	M	L	X
<b>GKWFPS-X</b>					
Ga Kenkey Whole Fresh Pepper Sardine	1/2 Ball 1 Spoon 1 Piece	178g			
Ga Kenkey Whole Fresh Pepper Sardine	1 Ball 1 Spoon 2 Pieces		326g		
Ga Kenkey Whole Fresh Pepper Sardine	1 1/2 Balls 1 Spoon 3 Pieces			452g	
Ga Kenkey Whole Fresh Pepper Sardine	2 Balls 1 Spoon 4 Pieces				628g



GKWFPFC-S



GKWGPS-S



SGKMMS-S



GKWFPFC-M



GKWGPS-M



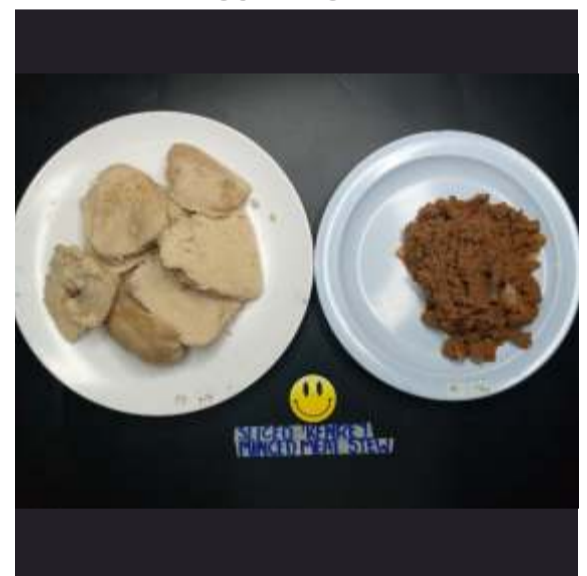
SGKMMS-M



GKWFPFC-L



GKWGPS-L



SGKMMS-L



GKWFPFC-X



GKWGPS-X



SGKMMS-X

		S	M	L	X
<b>GKWFPFC-X</b>					
Ga Kenkey Whole Fresh Pepper Fried Chicken	1/2 Ball 1 Tablespoon 1 Piece	210g			
Ga Kenkey Whole Fresh Pepper Fried Chicken	1 Ball 2 Tablespoons 1 Piece		320g		
Ga Kenkey Whole Fresh Pepper Fried Chicken	1 1/2 Balls 3 Tablespoons 1 Piece			432g	
Ga Kenkey Whole Fresh Pepper Fried Chicken	2 Balls 4 Tablespoons 1 Piece				602g

		S	M	L	X
<b>GKWGPS-X</b>					
Ga Kenkey Whole Grounded Pepper Shrimps	1/2 Ball 1 Tablespoon	184g			
Ga Kenkey Whole Grounded Pepper Shrimps	1 Ball 1 Tablespoons		328g		
Ga Kenkey Whole Grounded Pepper Shrimps	1 1/2 Balls 3 Tablespoons			472g	
Ga Kenkey Whole Grounded Pepper Shrimps	2 Balls 4 Tablespoons				620g

		S	M	L	X
<b>SGKMMS-X</b>					
Sliced Ga Kenkey Minced Meat Stew	1/2 Ball 1 Stew Spoon	96g/146g			
Sliced Ga Kenkey Minced Meat Stew	1 Ball 2 Stew Spoon		300g/154g		
Sliced Ga Kenkey Minced Meat Stew	1 1/2 Ball 3 Stew Spoon				
Sliced Ga Kenkey Minced Meat Stew	2 Ball 4 Stew Spoon				



GKSS-S



GKSSS-S



GKSSSF-S



GKSS-M



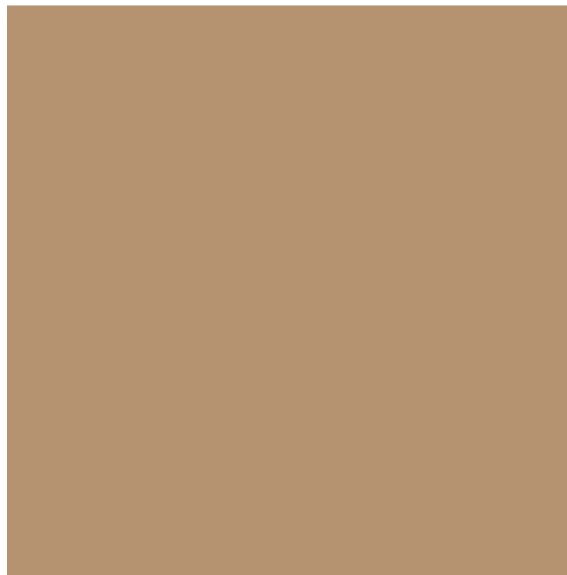
GKSSS-M



GKSSSF-M



GKSS-L



GKSSS-L



GKSSSF-L



GKSS-X



GKSSS-X



GKSSSF-X

		S	M	L	X
<b>GKSS-X</b>					
Ga Kenkey Sliced Shito	1/2 Ball 1 Spoon	196g			
Ga Kenkey Sliced Shito	1 Ball 1 Spoons		330g		
Ga Kenkey Sliced Shito	1 1/2 Balls 2 Spoons			514g	
Ga Kenkey Sliced Shito	2 Balls 2 Spoons				604g

		S	M	L	X
<b>GKSSS-X</b>					
Ga Kenkey Sliced Shito Sardines	1/2 Ball 1 Spoon 1 Piece	304g			
Ga Kenkey Sliced Shito Sardines	1 Ball 2 Spoon 2 Pieces		542g		
Ga Kenkey Sliced Shito Sardines					
Ga Kenkey Sliced Shito Sardines	2 Balls 4 Spoon 4 Pieces				

		S	M	L	X
<b>GKSSSF-X</b>					
Ga Kenkey Sliced Shito Small Fish	1/2 Ball 1 Spoon	238g			
Ga Kenkey Sliced Shito Small Fish	1 Ball 1 Spoon		454g		
Ga Kenkey Sliced Shito Small Fish	1 1/2 Balls 2 Spoons			440g	
Ga Kenkey Sliced Shito Small Fish	2 Balls 2 Spoon				764g



GKSSSF-S



GKSSSF-S



GKSSS-S



GKSSSF-M



GKSSSF-M



GKSSS-M



GKSSSF-L



GKSSSF-L



GKSSS-L



GKSSSF-X



GKSSSF-X



GKSSS-X

		S	M	L	X
<b>GKSSSF-X</b>					
Ga Kenkey Sliced Shito Small Fish	1/2 Ball 1 Spoon	234g			
Ga Kenkey Sliced Shito Small Fish	1 Ball 1 Spoons		454g		
Ga Kenkey Sliced Shito Small Fish	1 1/2 Balls 2 Spoons			476g	
Ga Kenkey Sliced Shito Small Fish	2 Balls 2 Spoons				776g

		S	M	L	X
<b>GKSSSF-X</b>					
Ga Kenkey Sliced Shito Small Fish	1/2 Ball 1 Spoon 1 Piece	218g			
Ga Kenkey Sliced Shito Small Fish	1 Ball 2 Spoon 2 Pieces		378g		
Ga Kenkey Sliced Shito Small Fish	1/2 Balls 3 Spoon 3 Pieces			552g	
Ga Kenkey Sliced Shito Small Fish	2 Balls 4 Spoon 4 Pieces				674g

		S	M	L	X
<b>GKSSS-X</b>					
Ga Kenkey Sliced Shito Shrimps	1/2 Ball 1 Spoon	236g			
Ga Kenkey Sliced Shito Shrimps	1 Ball 1 Spoon		440g		
Ga Kenkey Sliced Shito Shrimps	1 1/2 Balls 2 Spoons			472g	
Ga Kenkey Sliced Shito Shrimps	2 Balls 2 Spoon				766g



GKSSS-S



GKSSFE-S



GKSSG-S



GKSSS-M



GKSSFE-M



GKSSG-M



GKSSS-L



GKSSFE-L



GKSSG-L



GKSSS-X



GKSSFE-X

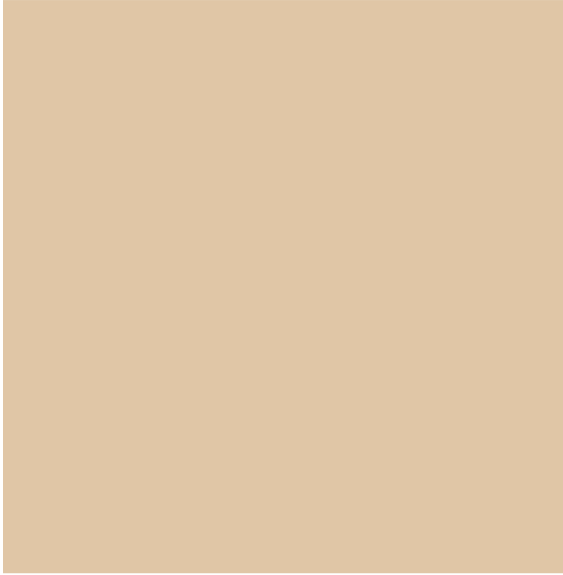


GKSSG-X

		S	M	L	X
<b>GKSSS-X</b>					
Ga Kenkey Sliced Shito Sausage					
Ga Kenkey Sliced Shito Sausage	1 Ball 1 Spoon 2 Pieces		466g		
Ga Kenkey Sliced Shito Sausage	1 1/2 Balls 2 Spoons 3 Pieces			512g	
Ga Kenkey Sliced Shito Sausage	2 Balls 2 Spoons 4 Pieces				806g

		S	M	L	X
<b>GKSSFE-X</b>					
Ga Kenkey Sliced Shito Fried Egg	1/2 Ball 1 Spoon 1 Piece	246g			
Ga Kenkey Sliced Shito Fried Egg	1 Ball 2 Spoon 1 Piece		462g		
Ga Kenkey Sliced Shito Fried Egg	1/2 Balls 3 Spoon 1 Piece			492g	
Ga Kenkey Sliced Shito Fried Egg	2 Balls 4 Spoon 1 Piece				656g

		S	M	L	X
<b>GKSSG-X</b>					
Ga Kenkey Sliced Shito Gizzard	1/2 Ball 1 Spoon 1 Piece	220g			
Ga Kenkey Sliced Shito Gizzard	1 Ball 1 Spoon 2 Pieces		360g		
Ga Kenkey Sliced Shito Gizzard	1 1/2 Balls 2 Spoons 3 Pieces			588g	
Ga Kenkey Sliced Shito Gizzard	2 Balls 2 Spoon 4 Pieces				696g



GKSSCB-S



GKSSFF-S



GKSSFF-S



GKSSCB-M



GKSSFF-M



GKSSFF-M



GKSSCB-L



GKSSFF-L



GKSSFF-L



GKSSCB-X



GKSSFF-X



GKSSFF-X

		S	M	L	X
<b>GKSSCB-X</b>					
Ga Kenkey Sliced Shito Corned Beef					
Ga Kenkey Sliced Shito Corned Beef					
Ga Kenkey Sliced Shito Corned Beef	1 1/2 Balls 2 Spoons 3 Pieces			424g	
Ga Kenkey Sliced Shito Corned Beef	2 Balls 2 Spoons 4 Pieces				604g

		S	M	L	X
<b>GKSSFF-X</b>					
Ga Kenkey Sliced Shito Fish, Fried	1/2 Ball 1 Spoon 1 Piece	264g			
Ga Kenkey Sliced Shito Fish, Fried	1 Ball 2 Spoon 1 Piece		388g		
Ga Kenkey Sliced Shito Fish, Fried	1/2 Balls 3 Spoon 1 Piece			570g	
Ga Kenkey Sliced Shito Fish, Fried	2 Balls 4 Spoon 1 Piece				670g

		S	M	L	X
<b>GKSSFF-X</b>					
Ga Kenkey Sliced Shito Fish, Fried	1/2 Ball 1 Spoon 1 Piece	288g			
Ga Kenkey Sliced Shito Fish, Fried	1 Ball 1 Spoon 1 Piece		440g		
Ga Kenkey Sliced Shito Fish, Fried	1 1/2 Balls 2 Spoons 1 Piece			650g	
Ga Kenkey Sliced Shito Fish, Fried	2 Balls 2 Spoon 1 Piece				748g



GKSSFC-S



GKSSGT-S



GKSFP-S



GKSSFC-M



GKSSGT-M



GKSFP-M



GKSSFC-L



GKSSGT-L



GKSFP-L



GKSSFC-X



GKSSGT-X



GKSFP-X

		S	M	L	X
<b>GKSSFC-X</b>					
Ga Kenkey Sliced Shito	1/2 Ball	238g			
Fried Chicken	1 Spoon 1 Piece				
Ga Kenkey Sliced Shito	1 Ball		372g		
Fried Chicken	1 Spoon 1 Piece				
Ga Kenkey Sliced Shito	1 1/2 Balls			570g	
Fried Chicken	2 Spoon 1 Piece				
Ga Kenkey Sliced Shito	2 Balls				660g
Fried Chicken	2 Spoon 1 Piece				

		S	M	L	X
<b>GKSSGT-X</b>					
Ga Kenkey Sliced Shito	1/2 Ball	358g			
Grilled Tilapia	1 Spoon 1 Piece				
Ga Kenkey Sliced Shito	1 Ball		606g		
Grilled Tilapia	2 Spoon 1 Piece				
Ga Kenkey Sliced Shito	1/2 Balls			556g	
Grilled Tilapia	3 Spoon 1 Piece				
Ga Kenkey Sliced Shito	2 Balls				862g
Grilled Tilapia	4 Spoon 1 Piece				

		S	M	L	X
<b>GKSFP-X</b>					
Ga Kenkey Sliced Fresh Pepper	1/2 Ball 1 Tablespoon	188g			
Ga Kenkey Sliced Fresh Pepper	1 Ball 1 Tablespoon		314g		
Ga Kenkey Sliced Fresh Pepper	1 1/2 Balls 1 Tablespoon			522g	
Ga Kenkey Sliced Fresh Pepper	2 Balls 1 Tablespoon				596g



GKSFPS-S



GKSFPSFE-S



GKSSFPG-S



GKSFPS-M



GKSFPSFE-M



GKSSFPG-M



GKSFPS-L



GKSFPSFE-L



GKSSFPG-L



GKSFPS-X



GKSFPSFE-X



GKSSFPG-X

		S	M	L	X
<b>GKSFPS-X</b>					
Ga Kenkey Sliced Fresh Pepper Shito	1/2 Ball 1 Tablespoon 1 Tablespoon	226g			
Ga Kenkey Sliced Fresh Pepper Shito	1 Ball 1 Tablespoon 1 Tablespoon		452g		
Ga Kenkey Sliced Fresh Pepper Shito	1 1/2 Balls 1 Tablespoon 1 Tablespoon			544g	
Ga Kenkey Sliced Fresh Pepper Shito	2 Balls 1 Tablespoon 1 Tablespoon				630g

		S	M	L	X
<b>GKSFPSFE-X</b>					
Ga Kenkey Sliced Fresh Pepper Shito Fried Egg	1/2 Ball 1 Spoon 1 Spoon 1 Piece	272g			
Ga Kenkey Sliced Fresh Pepper Shito Fried Egg	1 Ball 1 Spoon 1 Spoon 1 Piece		359g		
Ga Kenkey Sliced Fresh Pepper Shito Fried Egg	1 1/2 Balls 1 Spoon 1 Spoon 1 Piece			460g	
Ga Kenkey Sliced Fresh Pepper Shito Fried Egg	2 Balls 1 Spoon 1 Spoon 1 Piece				674g

		S	M	L	X
<b>GKSSFPG-X</b>					
Ga Kenkey Sliced Shito Fresh Pepper Gizzard	1/2 Ball 1 Spoon 1 Spoon 1 Piece	248g			
Ga Kenkey Sliced Shito Fresh Pepper Gizzard	1 Ball 1 Spoon 1 Spoon 2 Piece		398g		
Ga Kenkey Sliced Shito Fresh Pepper Gizzard	1 1/2 Balls 1 Spoon 1 Spoon 3 Piece			610g	
Ga Kenkey Sliced Shito Fresh Pepper Gizzard	2 Balls 1 Spoon 1 Spoon 4 Piece				718g



GA KENKEY  
SHITO PEPPER SAUCE  
CHICKEN

GKSFPSFC-S



GA KENKEY  
SHITO PEPPER SAUCE

GKSFPS-S



GA KENKEY  
SHITO PEPPER SAUCE  
SARDINES

GKSSFPS-S



GA KENKEY  
SHITO PEPPER SAUCE  
CHICKEN

GKSFPSFC-M



GA KENKEY  
SHITO PEPPER SAUCE  
SHRIMPS

GKSFPS-M



GA KENKEY  
SHITO PEPPER SAUCE

GKSSFPS-M



GA KENKEY  
SHITO PEPPER SAUCE  
CHICKEN

GKSFPSFC-L



GA KENKEY  
SHITO PEPPER SAUCE  
SHRIMPS

GKSFPS-L



GA KENKEY  
SHITO PEPPER SAUCE  
SARDINES

GKSSFPS-L



GA KENKEY  
SHITO PEPPER SAUCE  
CHICKEN

GKSFPSFC-X



GA KENKEY  
SHITO PEPPER SAUCE  
SHRIMPS

GKSFPS-X



GA KENKEY  
SHITO PEPPER SAUCE  
SARDINES

GKSSFPS-X

		S	M	L	X
<b>GKSFPSFC-X</b>					
Ga Kenkey Sliced	1/2 Ball				
Fresh Pepper	1 Spoon	264g			
Shito	1 Spoon				
Fried Chicken	1 Piece				
Ga Kenkey Sliced	1 Ball		404g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Chicken	1 Piece				
Ga Kenkey Sliced	1 1/2 Balls			592g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Chicken	1 Piece				
Ga Kenkey Sliced	2 Balls				684g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Chicken	1 Piece				

		S	M	L	X
<b>GKSFPS-S-X</b>					
Ga Kenkey Sliced	1/2 Ball				
Fresh Pepper	1 Spoon	250g			
Shito	1 Spoon				
Shrimps	1 Piece				
Ga Kenkey Sliced	1 Ball		392g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Egg	1 Piece				
Ga Kenkey Sliced	1 1/2 Balls			552g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Egg	1 Piece				
Ga Kenkey Sliced	2 Balls				678g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Fried Egg	1 Piece				

		S	M	L	X
<b>GKSSFPS-S-X</b>					
Ga Kenkey Sliced	1/2 Ball				
Shito	1 Spoon	260g			
Fresh Pepper	1 Spoon				
Sardine	1 Piece				
Ga Kenkey Sliced	1 Ball		418g		
Shito	1 Spoon				
Fresh Pepper	1 Spoon				
Sardine	2 Pieces				
Ga Kenkey Sliced	1 1/2 Balls			664g	
Shito	1 Spoon				
Fresh Pepper	1 Spoon				
Sardine	3 Pieces				
Ga Kenkey Sliced	2 Balls				754g
Shito	1 Spoon				
Fresh Pepper	1 Spoon				
Sardine	4 Pieces				



GKSFPS-S



GKSFPSCB-S



GKSSFPSF-S



GKSFPS-M



GKSFPSCB-M



GKSSFPSF-M



GKSFPS-L



GKSFPSCB-L



GKSSFPSF-L



GKSFPS-X



GKSFPSCB-X



GKSSFPSF-X

		S	M	L	X
<b>GKSFPS-X</b>					
Ga Kenkey Sliced Fresh Pepper Sausage	1/2 Ball 1 Spoon 1 Spoon 1 Piece	264g			
Ga Kenkey Sliced Fresh Pepper Sausage	1 Ball 1 Spoon 1 Spoon 1 Piece		404g		
Ga Kenkey Sliced Fresh Pepper Sausage	1 1/2 Balls 1 Spoon 1 Spoon 1 Piece			592g	
Ga Kenkey Sliced Fresh Pepper Sausage	2 Balls 1 Spoon 1 Spoon 1 Piece				684g

		S	M	L	X
<b>GKSFPSCB-X</b>					
Ga Kenkey Sliced Fresh Pepper Shito Corned Beef	1/2 Ball 1 Spoon 1 Spoon 1 Piece	294g			
Ga Kenkey Sliced Fresh Pepper Shito Corned Beef	1 Ball 1 Spoon 1 Spoon 2 Pieces		460g		
Ga Kenkey Sliced Fresh Pepper Shito Corned Beef	1 1/2 Balls 1 Spoon 1 Spoon 3 Pieces			714g	
Ga Kenkey Sliced Fresh Pepper Shito Corned Beef	2 Balls 1 Spoon 1 Spoon 4 Pieces				862g

		S	M	L	X
<b>GKSSFPSF-X</b>					
Ga Kenkey Sliced Shito Fresh Pepper Small Fish	1/2 Ball 1 Spoon 1 Spoon	260g			
Ga Kenkey Sliced Shito Fresh Pepper Small Fish	1 Ball 1 Spoon 1 Spoon		418g		
Ga Kenkey Sliced Shito Fresh Pepper Small Fish	1 1/2 Balls 1 Spoon 1 Spoon			664g	
Ga Kenkey Sliced Shito Fresh Pepper Small Fish	2 Balls 1 Spoon 1 Spoon				754g



GKSFPSF-S



GKSFPSF-S



SGKFGPFFSF-S



GKSFPSF-M



GKSFPSF-M



SGKFGPFFSF-M



GKSFPSF-L



GKSFPSF-L



SGKFGPFFSF-L



GKSFPSF-X



GKSFPSF-X



SGKFGPFFSF-X

		S	M	L	X
<b>GKSFPSF-X</b>					
Ga Kenkey Sliced	1/2 Ball				
Fresh Pepper	1 Spoon	248g			
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	1 Ball		392g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	1 1/2 Balls			592g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	2 Balls				678g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				

		S	M	L	X
<b>GKSFPSF-X</b>					
Ga Kenkey Sliced	1/2 Ball				
Fresh Pepper	1 Spoon	252g			
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	1 Ball		398g		
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	1/2 Balls			594g	
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				
Ga Kenkey Sliced	2 Balls				704g
Fresh Pepper	1 Spoon				
Shito	1 Spoon				
Small Fish	1 Piece				

		S	M	L	X
<b>SGKFGPFFSF-X</b>					
Sliced Ga Kenkey	1/2 Ball				
Fresh Grounded Pepper	1 Spoon	160g			
Fish Fried (Small Fish)	1 Piece				
Sliced Ga Kenkey	1 Ball		284g		
Fresh Grounded Pepper	2 Teaspoons				
Fish Fried (Small Fish)	1 Piece				
Sliced Ga Kenkey	1 1/2 Balls			474g	
Fresh Grounded Pepper	3 Teaspoons				
Fish Fried (Small Fish)	1 Piece				
Sliced Ga Kenkey	2 Balls				584g
Fresh Grounded Pepper	4 Teaspoons				
Fish Fried (Small Fish)	1 Piece				



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH KPAKLA

SGKFGPFFK-S



GA KENKEY  
FRESH GROUND PEPPER  
SHRIMPS

WGKFGPS-S



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH

SGKFGPFFSF-S



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH KPAKLA

SGKFGPFFK-M



GA KENKEY  
FRESH GROUND PEPPER  
SHRIMPS

WGKFGPS-M



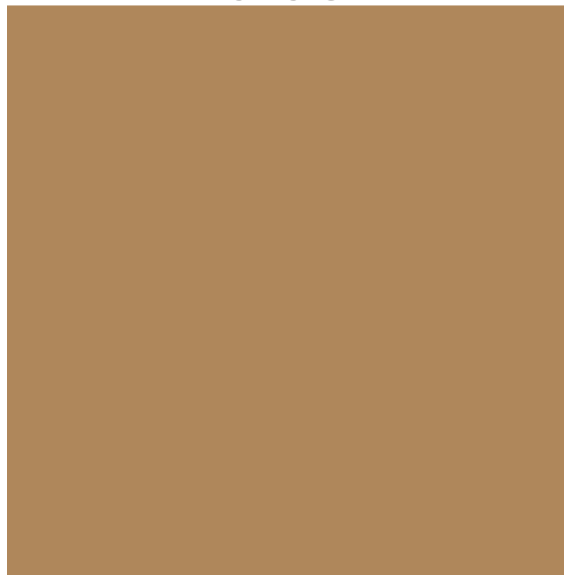
GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH

SGKFGPFFSF-M



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH KPAKLA

SGKFGPFFK-L



WGKFGPS-L



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH

SGKFGPFFSF-L



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH KPAKLA

SGKFGPFFK-X



WGKFGPS-X



GA KENKEY  
FRESH GROUND PEPPER  
FRIED FISH

SGKFGPFFSF-X

		S	M	L	X
<b>SGKFGPFFK-X</b>					
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried Kpanla	1/2 Ball 1 Teaspoon 1 Piece	198g			
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried Kpanla	1 Ball 2 Teaspoons 1 Piece		312g		
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried Kpanla	1 1/2 Ball 3 Teaspoons 1 Piece			478g	
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried Kpanla	2 Ball 4 Teaspoons 1 Piece				584g

		S	M	L	X
<b>SGKFGPS-X</b>					
Whole Ga Kenkey Fresh Grounded Pepper Shrimps	1/2 Ball 1 Teaspoon	184g			
Whole Ga Kenkey Fresh Grounded Pepper Shrimps	1 Ball 2 Teaspoons		328g		
Whole Ga Kenkey Fresh Grounded Pepper Shrimps					
Whole Ga Kenkey Fresh Grounded Pepper Shrimps					

		S	M	L	X
<b>SGKFGPFFSF-X</b>					
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Small Fish)	1/2 Ball 1 Teaspoon	162g			
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Small Fish)	1 Ball 2 Teaspoons		294g		
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Small Fish)	1 1/2 Ball 3 Teaspoons			452g	
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Small Fish)	2 Ball 4 Teaspoons				584g



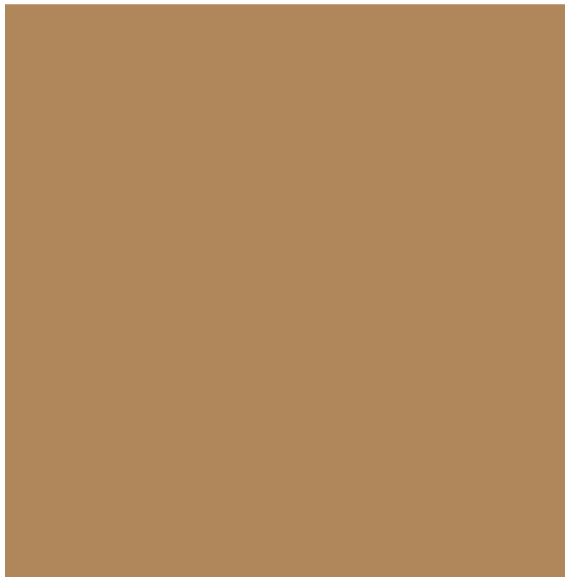
SGKFGPFFRF-S



GKSGPCF-S



GKSGPS-S



SGKFGPFFRF-M



GKSGPCF-M



GKSGPS-M



SGKFGPFFRF-L



GKSGPCF-L



GKSGPS-L



SGKFGPFFRF-X



GKSGPCF-X



GKSGPS-X

		S	M	L	X
<b>SGKFGPFFRF-X</b>					
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Red Fish)	1/2 Ball 1 Teaspoon 1 Piece	184g			
Whole Ga Kenkey Fresh Grounded Pepper Fish Fried (Red Fish)					
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Red Fish)	1 1/2 Ball 3 Teaspoons 1 Piece			472g	
Sliced Ga Kenkey Fresh Grounded Pepper Fish Fried (Red Fish)	2 Ball 4 Teaspoons 1 Piece				620g

		S	M	L	X
<b>GKSGPCF-X</b>					
Ga Kenkey Sliced Grounded Pepper Chicken Fried	1/2 Ball 1 Teaspoon 1 Piece	190g			
Ga Kenkey Sliced Grounded Pepper Chicken Fried	1 Ball 1 Teaspoon 1 Piece		316g		
Ga Kenkey Sliced Grounded Pepper Chicken Fried	1 1/2 Balls 1 Teaspoon 1 Piece			490g	
Ga Kenkey Sliced Grounded Pepper Chicken Fried	2 Balls 1 Teaspoon 1 Piece				590g

		S	M	L	X
<b>GKSGPS-X</b>					
Ga Kenkey Sliced Grounded Pepper Sardine	1/2 Ball 1 Teaspoon 1 Piece	172g			
Ga Kenkey Sliced Grounded Pepper Sardine	1 Ball 1 Teaspoon 2 Pieces		322g		
Ga Kenkey Sliced Grounded Pepper Sardine	1 1/2 Balls 1 Teaspoon 3 Pieces			488g	
Ga Kenkey Sliced Grounded Pepper Sardine	2 Balls 1 Teaspoon 4 Pieces				644g



GKSGPCB-S



GKSGPG-S



GKSGPFFK-S



GKSGPCB-M



GKSGPG-M



GKSGPFFK-M



GKSGPCB-L



GKSGPG-L



GKSGPFFK-L



GKSGPCB-X



GKSGPG-X



GKSGPFFK-X

		S	M	L	X
<b>GKSGPCB-X</b>					
Ga Kenkey Sliced Grounded Pepper Corned Beef	1/2 Ball 1 Teaspoon 1 Piece	198g			
Ga Kenkey Sliced Grounded Pepper Corned Beef	1 Ball 1 Teaspoon 1 Piece		392g		
Ga Kenkey Sliced Grounded Pepper Corned Beef	1/2 Balls 1 Teaspoon 1 Piece			472g	
Ga Kenkey Sliced Grounded Pepper Corned Beef	2 Balls 1 Teaspoon 1 Piece				620g

		S	M	L	X
<b>GKSGPG-X</b>					
Ga Kenkey Sliced Grounded Pepper Gizzard	1/2 Ball 1 Teaspoon 1 Piece	162g			
Ga Kenkey Sliced Grounded Pepper Gizzard	1 Ball 1 Teaspoon 2 Pieces		302g		
Ga Kenkey Sliced Grounded Pepper Gizzard	1 1/2 Balls 1 Teaspoon 3 Pieces			482g	
Ga Kenkey Sliced Grounded Pepper Gizzard	2 Balls 1 Teaspoon 4 Pieces				640g

		S	M	L	X
<b>GKSGPFFK-X</b>					
Ga Kenkey Sliced Grounded Pepper Fish Fried (Kpanla)	1/2 Ball 1 Teaspoon 1 Piece	198g			
Ga Kenkey Sliced Grounded Pepper Fish Fried (Kpanla)	1 Ball 1 Teaspoon 2 Pieces		312g		
Ga K Ga Kenkey Sliced Grounded Pepper Fish Fried (Kpanla)	1 1/2 Balls 1 Teaspoon 3 Pieces			478g	
Ga Kenkey Sliced Grounded Pepper Fish Fried (Kpanla)	2 Balls 1 Teaspoon 4 Pieces				584g



GKSGPFRF-S



GKSGPFSF-S



GKSGPFSF-S



GKSGPFRF-M



GKSGPFSF-M



GKSGPFSF-M



GKSGPFRF-L



GKSGPFSF-L



GKSGPFSF-L



GKSGPFRF-X



GKSGPFSF-X



GKSGPFSF-X

		S	M	L	X
<b>GKSGPFRF-X</b>					
Ga Kenkey Sliced Grounded Pepper Fish Fried (Red Fish)	1/2 Ball 1 Teaspoon 1 Piece	184g			
Ga Kenkey Sliced Grounded Pepper Fish Fried (Red Fish)	1 Ball 1 Teaspoon 1 Piece		328g		
Ga Kenkey Sliced Grounded Pepper Fish Fried (Red Fish)	1/2 Balls 1 Teaspoon 1 Piece			508g	
Ga Kenkey Sliced Grounded Pepper Fish Fried (Red Fish)	2 Balls 1 Teaspoon 1 Piece				644g

		S	M	L	X
<b>GKSGPFSF-X</b>					
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1/2 Ball 1 Teaspoon	162g			
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1 Ball 1 Teaspoon		294g		
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1 1/2 Balls 1 Teaspoon			452g	
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	2 Balls 1 Teaspoon				584g

		S	M	L	X
<b>GKSGPFSF-X</b>					
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1/2 Ball 1 Teaspoon	158g			
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1 Ball 1 Teaspoon		298g		
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	1 1/2 Balls 1 Teaspoon			478g	
Ga Kenkey Sliced Grounded Pepper Fish Fried (Small Fish)	2 Balls 1 Teaspoon				602g



GKSGFFSF-S



GKSMVS-S



GKWMVS-S



GKSGFFSF-M



GKSMVS-M



GKWMVS-M



GKSGFFSF-L



GKSMVS-L



GKWMVS-L



GKSGFFSF-X



GKSMVS-X



GKWMVS-X

		S	M	L	X
<b>GKSGFFSF-X</b>					
Ga Kenkey Sliced Grounded Pepper Fried Fish (Small Fish)	1/2 Ball 1 Spoon	160g			
Ga Kenkey Sliced Grounded Pepper Fried Fish (Small Fish)	1 Ball 1 Spoon		284g		
Ga Kenkey Sliced Grounded Pepper Fried Fish (Small Fish)	1/2 Balls 1 Spoon			474g	
Ga Kenkey Sliced Grounded Pepper Fried Fish (Small Fish)	2 Balls 1 Spoon				584g

		S	M	L	X
<b>GKSMVS-X</b>					
Ga Kenkey Sliced Mixed Vegetable Stew	1/2 Ball 1 Stew Spoon	172g 108g			
Ga Kenkey Sliced Mixed Vegetable Stew	1 Ball 2 Stew Spoons		134g 164g		
Ga Kenkey Sliced Mixed Vegetable Stew	1 1/2 Balls 3 Stew Spoons			308g 258g	
Ga Kenkey Sliced Mixed Vegetable Stew	2 Balls 4 Stew Spoons				444g 326g

		S	M	L	X
<b>GKWMVS-X</b>					
Ga Kenkey Whole Mixed Vegetable Stew	1/2 Ball 1 Stew Spoon	172g 108g			
Ga Kenkey Whole Mixed Vegetable Stew	1 Ball 1 Stew Spoon		138g 430g		
Ga Kenkey Whole Mixed Vegetable Stew	1/2 Balls 1 Stew Spoons			236g	
Ga Kenkey Whole Mixed Vegetable Stew	2 Balls 1 Stew Spoons				558g 326g



GKWBS-S



GKSSBS-S



GKWES-S



GKWBS-M



GKSSBS-M



GKWES-M



GKWBS-L



GKSSBS-L



GKWES-L



GKWBS-X



GKSSBS-X



GKWES-X

		S	M	L	X
<b>GKWBS-X</b>					
Ga Kenkey Whole Beef Sauce	1/2 Ball 1 Stew Spoon	172g 80g			
Ga Kenkey Whole Beef Sauce	1 Ball 2 Stew Spoons		336g 120g		
Ga Kenkey Whole Beef Sauce	1 1/2 Balls 3 Stew Spoons			364g 214g	
Ga Kenkey Whole Beef Sauce	2 Balls 4 Stew Spoons				558g 270g

		S	M	L	X
<b>GKSSBS-X</b>					
Ga Kenkey Sliced Soya Bean Stew	1/2 Ball 1 Stew Spoon	114g 96g			
Ga Kenkey Sliced Soya Bean Stew	1 Ball 2 Stew Spoons		134g 138g		
Ga Kenkey Sliced Soya Bean Stew	1/2 Balls 3 Stew Spoons			308g 220g	
Ga Kenkey Sliced Soya Bean Stew	2 Balls 4 Stew Spoons				444g 268g

		S	M	L	X
<b>GKWES-X</b>					
Ga Kenkey Whole Egg Stew	1/2 Ball 1 Stew Spoon	172g 94g			
Ga Kenkey Whole Egg Stew	1 Ball 2 Stew Spoons		336g 166g		
Ga Kenkey Whole Egg Stew	1 1/2 Balls 3 Stew Spoons			364g 236g	
Ga Kenkey Whole Egg Stew	2 Balls 4 Stew Spoons				596g 284g



GKSES-S



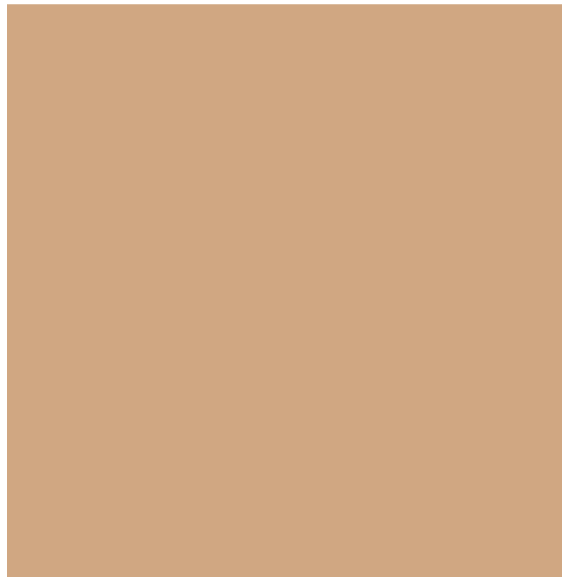
GKWSBSFF-S



GKWMVSFF-S



GKSES-M



GKWSBSFF-M



GKWMVSFF-M



GKSES-L



GKWSBSFF-L



GKWMVSFF-L



GKSES-X



GKWSBSFF-X



GKWMVSFF-X

		S	M	L	X
<b>GKSES-X</b>					
Ga Kenkey Sliced Egg Stew	1/2 Ball 1 Stew Spoon	114g 94g			
Ga Kenkey Sliced Egg Stew	1 Ball 2 Stew Spoons		134g 166g		
Ga Kenkey Sliced Egg Stew	1 1/2 Balls 3 Stew Spoons			308g 236g	
Ga Kenkey Sliced Egg Stew	2 Balls 4 Stew Spoons				444g 284g

		S	M	L	X
<b>GKWSBSFF-X</b>					
Ga Kenkey Whole Soya Bean Stew Fish Fried	1/2 Ball 1 Stew Spoon 1 Piece	172g 145g			
Ga Kenkey Whole Soya Bean Stew Fish Fried					
Ga Kenkey Whole Soya Bean Stew Fish Fried	3 Balls 3 Stew Spoons 1 Piece			364g 236g	
Ga Kenkey Whole Soya Bean Stew Fish Fried					

		S	M	L	X
<b>GKSMVSFF-X</b>					
Ga Kenkey Sliced Mixed Vegetable Stew Fish Fried	1/2 Ball 1 Stew Spoon 1 Piece	172g			
Ga Kenkey Sliced Mixed Vegetable Stew Fish Fried	1 Ball 2 Stew Spoons 1 Piece		234g 228g		
Ga Kenkey Sliced Mixed Vegetable Stew Fish Fried	1 1/2 Balls 3 Stew Spoons 1 Piece			308g 316g	
Ga Kenkey Whole Mixed Vegetable Stew Fish Fried	2 Balls 4 Stew Spoons 2 Pieces				558g 394g



GKFSGPS-S



GKFSGPFE-S



GKFSGPS-S



GKFSGPS-M



GKFSGPFE-M



GKFSGPS-M



GKFSGPS-L



GKFSGPFE-L



GKFSGPS-L



GKFSGPS-X



GKFSGPFE-X



GKFSGPS-X

		S	M	L	X
<b>GKFSGPS-X</b>					
Ga Kenkey Sliced Fresh Grounded Pepper Shrimps	1/2 Ball 1 Teaspoon	158g			
Ga Kenkey Sliced Fresh Grounded Pepper Shrimps	1 Ball 1 Teaspoon		298g		
Ga Kenkey Sliced Fresh Grounded Pepper Shrimps	1 1/2 Balls 1 Teaspoon			472g	
Ga Kenkey Sliced Fresh Grounded Pepper Shrimps	2 Balls 1 Teaspoon				588g

		S	M	L	X
<b>GKSGPFE-X</b>					
Ga Kenkey Sliced Fresh Grounded Pepper Fried Egg	1/2 Ball 1 Teaspoon 1 Piece	184g			
Ga Kenkey Sliced Fresh Grounded Pepper Fried Egg	1 Ball 1 Teaspoon 2 Pieces		304g		
Ga Kenkey Sliced Fresh Grounded Pepper Fried Egg	1 1/2 Balls 1 Teaspoon 3 Pieces			474g	
Ga Kenkey Sliced Fresh Grounded Pepper Fried Egg	2 Balls 1 Teaspoon 4 Pieces				590g

		S	M	L	X
<b>GKSGPS-X</b>					
Ga Kenkey Sliced Fresh Grounded Pepper Sausage	1/2 Ball 1 Teaspoon 1 Piece	170g			
Ga Kenkey Sliced Fresh Grounded Pepper Sausage	1 Ball 1 Teaspoon 2 Pieces		324g		
Ga Kenkey Sliced Fresh Grounded Pepper Sausage	1 1/2 Balls 1 Teaspoon 3 Pieces			520g	
Ga Kenkey Sliced Fresh Grounded Pepper Sausage	2 Balls 1 Teaspoon 4 Pieces				660g



GKSMVSE-S



GKWSBSFF-S



GKFSGP-S



GKSMVSE-M



GKWSBSFF-M



GKFSGP-M



GKSMVSE-L



GKWSBSFF-L



GKFSGP-L



GKSMVSE-X



GKWSBSFF-X



GKFSGP-X

		S	M	L	X
<b>GKSMVSE-X</b>					
Ga Kenkey Sliced Mixed Vegetable Stew	1/2 Ball 1 Stew Spoon 1 Piece	114g 156g			
Ga Kenkey Sliced Mixed Vegetable Stew Egg	1 Ball 2 Stew Spoons 1 Piece		234g 204g		
Ga Kenkey Sliced Mixed Vegetable Stew Egg	1/2 Balls 3 Stew Spoons 1 Piece			308g 304g	
Ga Kenkey Sliced Mixed Vegetable Stew Egg					

		S	M	L	X
<b>GKWSBSFF-X</b>					
Ga Kenkey Whole Soya Bean Stew Fish Fried	1/2 Ball 1 Stew Spoon 1 Piece	172g 145g			
Ga Kenkey Whole Soya Bean Stew Fish Fried	1 Ball 2 Stew Spoons 1 Piece		450g 192g		
Ga Kenkey Whole Soya Bean Stew Fish Fried	1 1/2 Balls 3 Stew Spoons 1 Piece			364g 236g	
Ga Kenkey Whole Soya Bean Stew Fish Fried	2 Balls 4 Stew Spoons 1 Piece				612g 324g

		S	M	L	X
<b>GKFSGP-X</b>					
Ga Kenkey Sliced Fresh Grounded Pepper	1/2 Ball 1 Tablespoon	142g			
Ga Kenkey Sliced Fresh Grounded Pepper	1 Ball 2 Tablespoons		278g		
Ga Kenkey Sliced Fresh Grounded Pepper	1/2 Balls 3 Tablespoons			432g	
Ga Kenkey Sliced Fresh Grounded Pepper	2 Balls 4 Tablespoons				540g



WGKMMS-S



GB-S



GBMMS-S



WGKMMS-M



GB-M



GBMMS-M



WGKMMS-L



GB-L



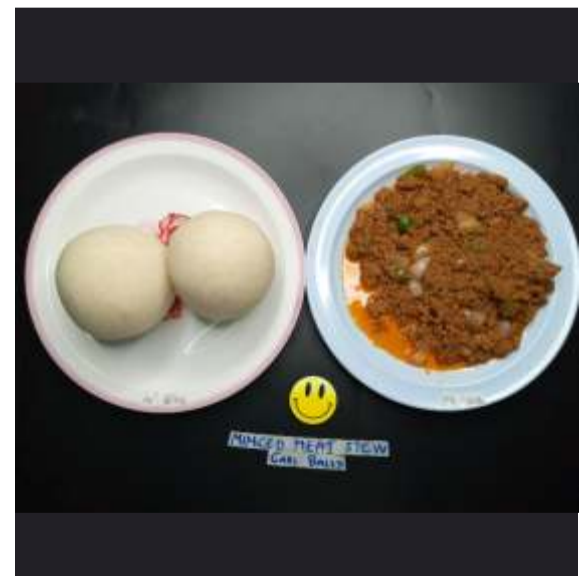
GBMMS-L



WGKMMS-X



GB-X



GBMMS-X

		S	M	L	X
<b>WGKMMS-X</b>					
Whole Ga Kenkey Minced Meat Stew	1/2 Ball 1 Stew Spoon	96g/146g			
Whole Ga Kenkey Minced Meat Stew	1 Ball 2 Stew Spoon		300g/154g		
Whole Ga Kenkey Minced Meat Stew	1 1/2 Ball 3 Stew Spoon				
Whole Ga Kenkey Minced Meat Stew	2 Ball 4 Stew Spoon				

		S	M	L	X
<b>GB-X</b>					
Gari Balls	1/2 Ball	160g			
Gari Balls	1 Ball		288g		
Gari Balls	1 1/2 Balls			424g	
Gari Balls	2 Balls				612g

		S	M	L	X
<b>GBMMS-X</b>					
Gari Balls Minced Meat Stew	1/2 Ball 1 Stew Spoon	166g/92g			
Gari Balls Minced Meat Stew	1 Ball 2 Stew Spoon		310g/188g		
Gari Balls Minced Meat Stew	1 1/2 Balls 3 Stew Spoon			394g/240g	
Gari Balls Minced Meat Stew	2 Balls 4 Stew Spoon				640g/268g



GBMVS-S



GBSBS-S



GBES-S



GBMVS-M



GBSBS-M



GBES-M



GBMVS-L



GBSBS-L



GBES-L



GBMVS-X



GBSBS-X



GBES-X

		S	M	L	X
<b>GBMVS-X</b>					
Gari Balls Mixed Vegetable Stew	1/2 Ball 1 Stew Spoon	160g 108g			
Gari Balls Mixed Vegetable Stew	1 Ball 2 Stew Spoons		288g 164g		
Gari Balls Mixed Vegetable Stew	1 1/2 Balls 3 Stew Spoons			424g 258g	
Gari Balls Mixed Vegetable Stew	2 Balls 4 Stew Spoons				612g 326g

		S	M	L	X
<b>GBSBS-X</b>					
Gari Balls Soya Bean Stew	1/2 Ball 1 Stew Spoon	160g 96g			
Gari Balls Soya Bean Stew	1 Ball 2 Stew Spoons		288g 138g		
Gari Balls Soya Bean Stew	1 1/2 Balls 2 Stew Spoons			424g 220g	
Gari Balls Soya Bean Stew	2 Balls 4 Stew Spoons				612g 268g

		S	M	L	X
<b>GBES-X</b>					
Gari Balls Egg Stew	1/2 Ball 1 Stew Spoon	160g 94g			
Gari Balls Egg Stew	1 Ball 2 Stew Spoons		286g 166g		
Gari Balls Egg Stew	1 1/2 Balls 3 Stew Spoons			424g 236g	
Gari Balls Egg Stew	2 Balls 4 Stew Spoons				612g 284g



GBSBSFF-S



K-S



KG-S



GBSBSFF-M



K-M



KG-M



GBSBSFF-L



K-L



KG-L



GBSBSFF-X



K-X



KG-X

	S	M	L	X
<b>GBSBSFF-X</b>				
Garri Balls	1/2 Ball			
Soya Bean Stew	1 Stew Spoon	160g		
Fish Fried	1 Piece	94g		
Garri Balls	1 Ball	450g		
Soya Bean Stew	2 Stew Spoons	192g		
Fish Fried	1 Piece		424g	
Garri Balls	1 1/2 Balls		424g	
Soya Bean Stew	3 Stew Spoons		236g	
Fish Fried	1 Piece			
Garri Balls	4 Balls			612g
Soya Bean Stew	4 Stew Spoons			324g
Fish Fried	1 Piece			

		S	M	L	X
<b>K-X</b>					
Kokonte	1 Ball	350g			
Kokonte	2 Ball		476g		
Kokonted	3 Ball			604g	
Kokonte	4 Ball				742g

		S	M	L	X
<b>KG-X</b>					
Kokonte Groundnut	1 Bal 1 Ladle	468g			
Kokonte Groundnut	2 Ball 2 Ladles		748g		
Kokonte Groundnut	3 Ball 3 Ladles			976g	
Kokonte Groundnut	4 Ball 4 Ladles				1094g



KGSCB-S



KGST-S



KPS-S



KGSCB-M



KGST-M



KPS-M



KGSCB-L



KGST-L



KPS-L



KGSCB-X



KGST-X



KPS-X

		S	M	L	X
<b>KGSCB-X</b>					
Kokonte Groundnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	394g			
Kokonte Groundnut Soup Chicken, Boiled	2 Ball 2 Ladles 1 Piece		614g		
Kokonte Groundnut Soup Chicken, Boiled	3 Ball 3 Ladles 1 Piece			1026g	
Kokonte Groundnut Soup Chicken, Boiled	4 Ball 4 Ladles 2 Pieces				1414g

		S	M	L	X
<b>KGST-X</b>					
Kokonte Groundnut Soup Tuna	1 Ball 1 Ladle 1 Piece	598g			
Kokonte Groundnut Soup Tuna	2 Ball 2 Ladles 1 Piece		826g		
Kokonte Groundnut Soup Tuna	3 Ball 3 Ladles 1 Piece			938g	
Kokonte Groundnut Soup Tuna	4 Ball 3 Ladles 1 Piece				1072g

		S	M	L	X
<b>KPS-X</b>					
Kokonte Palmnut Soup	1 Ball 1 Ladle	554g			
Kokonte Palmnut Soup	2 Ball 2 Ladles		728g		
Kokonte Palmnut Soup	3 Ball 3 Ladles			890g	
Kokonte Palmnut Soup	4 Ball 4 Ladles				1026g



KPST-S



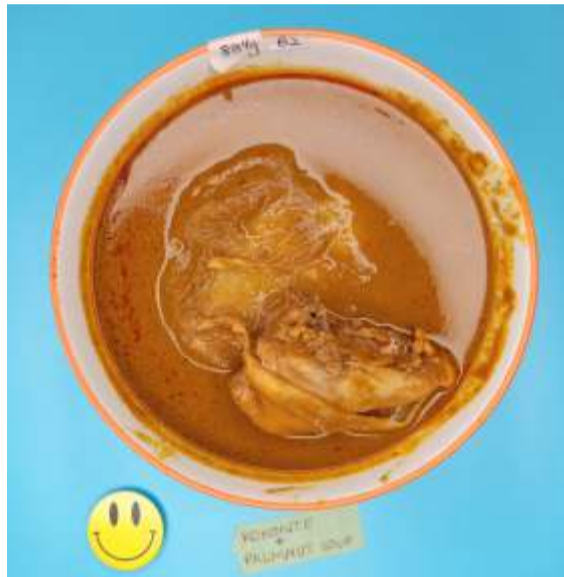
KPSCB-S



M-S



KPST-M



KPSCB-M



M-M



KPST-L



KPSCB-L



M-L



KPST-X



KPSCB-X



M-X

		S	M	L	X
<b>KPST-X</b>					
Kokonte Palmnut Soup Tuna	1 Ball 1 Ladle 1 Piece	394g			
Kokonte Palmnut Soup Tuna	2 Ball 2 Ladles 1 Piece		614g		
Kokonte Palmnut Soup Tuna	3 Ball 3 Ladles 1 Piece			1026g	
Kokonte Palmnut Soup Tuna	4 Ball 4 Ladles 1 Pieces				1414g

		S	M	L	X
<b>KPSCB-X</b>					
Kokonte Palmnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	634g			
Kokonte Palmnut Soup Chicken, Boiled	1 Ball 2 Ladles 1 Piece		884g		
Kokonte Palmnut Soup Chicken, Boiled	1 Ball 3 Ladles 1 Piece			996g	
Kokonte Palmnut Soup Chicken, Boiled	1 Ball 3 Ladles 1 Piece				1102g

		S	M	L	X
<b>M-X</b>					
Mpotompoto	1 Ladle	224g			
Mpotompoto					
Mpotompoto	3 Ladles			440g	
Mpotompoto	4 Ladles				570g



RB-S



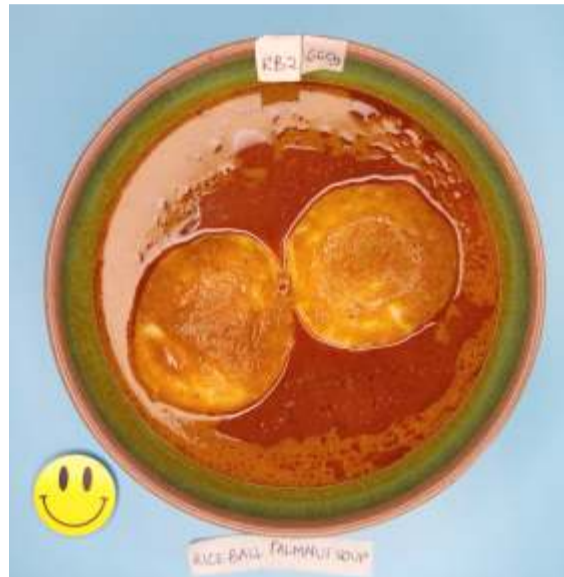
RBPS-S



RBPSTSSB-S



RB-M



RBPS-M



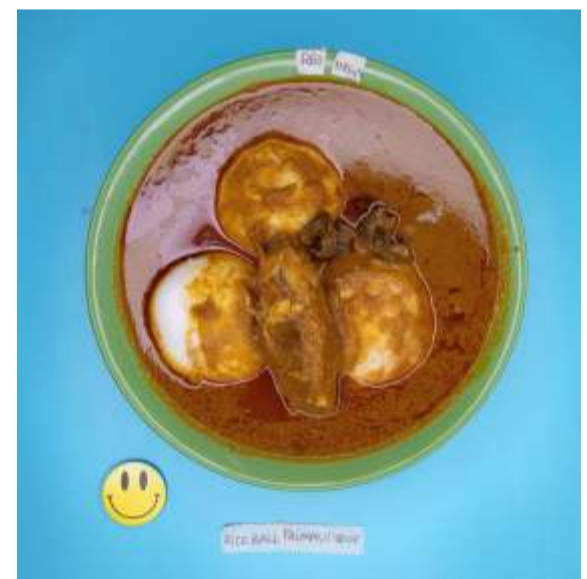
RBPSTSSB-M



RB-L



RBPS-L



RBPSTSSB-L



RB-X



RBPS-X

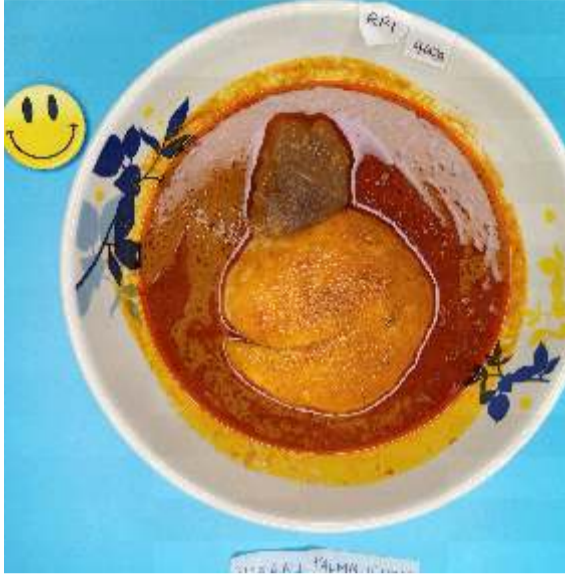


RBPSTSSB-X

		S	M	L	X
<b>RB-X</b>					
Rice Ball	1 Ball	228g			
Rice Ball	2 Ball		350g		
Rice Ball	3 Ball			650g	
Rice Ball	4 Ball				786g

		S	M	L	X
<b>RBPS-X</b>					
Rice Ball Palmnut Soup	1 Ball 1 Ladle	442g			
Rice Ball Palmnut Soup	2 Ball 2 Ladles		660g		
Rice Ball Palmnut Soup	3 Ball 3 Ladles			980g	
Rice Ball Palmnut Soup	4 Ball 4 Ladles				1156g

		S	M	L	X
<b>RBPSTSSB-X</b>					
Rice Ball Palmnut Soup Tuna Snail Smoked Boiled	1 Ball 1 Ladle 1 Piece 1 Piece	516g			
Rice Ball Palmnut Soup Tuna Snail Smoked Boiled	2 Ball 2 Ladles 1 Piece 1 Piece		754g		
Rice Ball Palmnut Soup Tuna Snail Smoked Boiled	3 Ball 3 Ladles 1 Piece 1 Piece			1186g	
Rice Ball Palmnut Soup Tuna Snail Smoked Boiled	4 Ball 4 Ladles 2 Pieces 1 Piece				1346g



RBPSMGB-S



RBGS-S



RBGSMGB-S



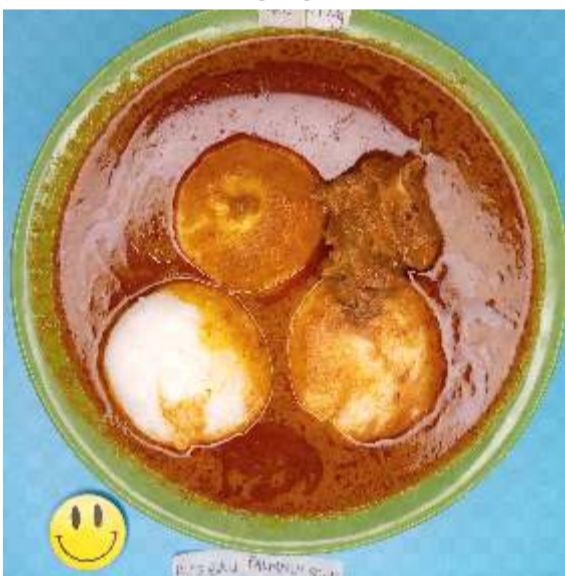
RBPSMGB-M



RBGS-M



RBGSMGB-M



RBPSMGB-L



RBGS-L



RBGSMGB-L



RBPSMGB-X



RBGS-X



RBGSMGB-X

		S	M	L	X
<b>RBPSMGB-X</b>					
Rice Ball	1 Ball				
Palmnut Soup	1 Ladle	460g			
Meat Goat, Boiled	1 Piece				
Rice Ball	2 Ball		688g		
Palmnut Soup	2 Ladles				
Meat Goat, Boiled	1 Piece				
Rice Ball	3 Ball			1172g	
Palmnut Soup	3 Ladles				
Meat Goat, Boiled	1 Piece				
Rice Ball	4 Ball				1352g
Palmnut Soup	4 Ladles				
Meat Goat, Boiled	2 Pieces				

		S	M	L	X
<b>RBGS-X</b>					
Rice Ball	1 Ball				
Groundnut Soup	1 Ladle	320g			
Rice Ball	2 Ball		540g		
Groundnut Soup	2 Ladles				
Rice Ball	3 Ball			940g	
Groundnut Soup	3 Ladles				
Rice Ball	4 Ball				1256g
Groundnut Soup	4 Ladles				

		S	M	L	X
<b>RBGSMGB-X</b>					
Rice Ball	1 Ball				
Groundnut Soup	1 Ladle	470g			
Meat Goat, Boiled	1 Piece				
Rice Ball	2 Ball		598g		
Groundnut Soup	2 Ladles				
Meat Goat, Boiled	1 Piece				
Rice Ball	3 Ball			1114g	
Groundnut Soup	3 Ladles				
Meat Goat, Boiled	1 Piece				
Rice Ball	4 Ball				1324g
Groundnut Soup	4 Ladles				
Meat Goat, Boiled	2 Pieces				



RBGST-S



RBGSCB-S



TZ-S



RBGST-M



RBGSCB-M



TZ-M



RBGST-L



RBGSCB-L



TZ-L



RBGST-X



RBGSCB-X



TZ-X

		S	M	L	X
<b>RBGST-X</b>					
Rice Ball Groundnut Soup Tuna	1 Ball 1 Ladle 1 Piece	472g			
Rice Ball Groundnut Soup Tuna	2 Ball 2 Ladles 1 Piece		648g		
Rice Ball Groundnut Soup Tuna	3 Ball 3 Ladles 1 Piece			998g	
Rice Ball Groundnut Soup Tuna	4 Ball 4 Ladles 2 Pieces				1378g

		S	M	L	X
<b>RBGSCB-X</b>					
Rice Ball Groundnut Soup Chicken, Boiled	1 Ball 1 Ladle 1 Piece	394g			
Rice Ball Groundnut Soup Chicken, Boiled	2 Ball 2 Ladles 1 Piece		614g		
Rice Ball Groundnut Soup Chicken, Boiled	3 Ball 3 Ladles 1 Piece			1026g	
Rice Ball Groundnut Soup Chicken, Boiled	4 Ball 4 Ladles 2 Pieces				1414g

		S	M	L	X
<b>TZ-X</b>					
Tuo Zaafi	1 Ball	184g			
Tuo Zaafi	2 Balls		338g		
Tuo Zaafi	3 Balls			578g	
Tuo Zaafi	4 Balls				682g



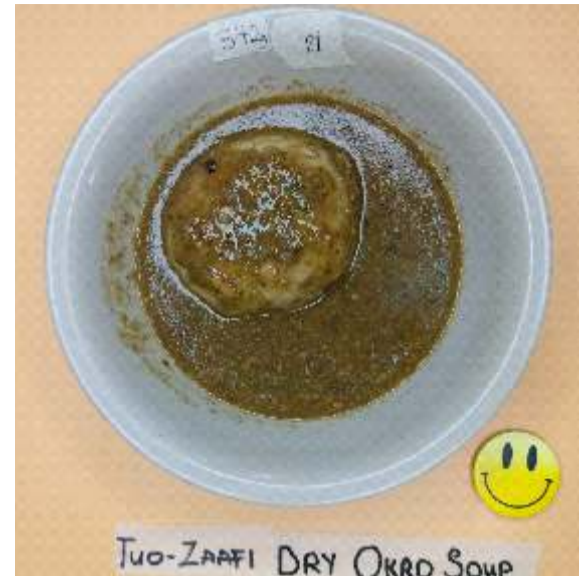
Tuo-Zaafi DRY KUKU SOUP

TZDKS-S



Tuo-Zaafi DRY KUKU SOUP

TZDKST-S



Tuo-Zaafi DRY OKRO SOUP

TZDOS-S



Tuo-Zaafi DRY KUKU SOUP

TZDKS-M



Tuo-Zaafi DRY KUKU SOUP

TZDKST-M



Tuo-Zaafi DRY OKRO SOUP

TZDOS-M



Tuo-Zaafi DRY KUKU SOUP

TZDKS-L



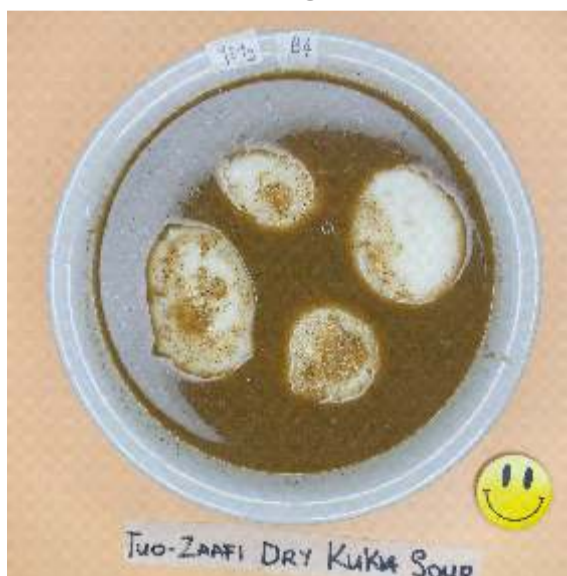
Tuo-Zaafi DRY KUKU SOUP

TZDKST-L



Tuo-Zaafi DRY OKRO SOUP

TZDOS-L



Tuo-Zaafi DRY KUKU SOUP

TZDKS-X



Tuo-Zaafi DRY KUKU SOUP

TZDKST-X



Tuo-Zaafi DRY OKRO SOUP

TZDOS-X

		S	M	L	X
<b>TZDKS-X</b>					
Tuo-Zaafi Dry Kuku Soup	1 Ball 1 Ladle	362g			
Tuo-Zaafi Dry Kuku Soup	2 Balls 2 Ladles		582g		
Tuo-Zaafi Dry Kuku Soup	3 Balls 3 Ladles			782g	
Tuo-Zaafi Dry Kuku Soup	4 Balls 4 Ladles				934g

		S	M	L	X
<b>TZDKST-X</b>					
Tuo-Zaafi Dry Kuku Soup Tuna	1 Ball 1 Ladle 1 Piece	448g			
Tuo-Zaafi Dry Kuku Soup Tuna	2 Balls 2 Ladles 1 Piece		678g		
Tuo-Zaafi Dry Kuku Soup Tuna	3 Balls 3 Ladles 1 Piece			916g	
Tuo-Zaafi Dry Kuku Soup Tunap	4 Balls 4 Ladles 2 Piece				1044g

		S	M	L	X
<b>TZDOS-X</b>					
Tuo-Zaafi Dry Okro Soup	1 Ball 1 Ladle	342g			
Tuo-Zaafi Dry Okro Soup	2 Balls 2 Ladle		562g		
Tuo-Zaafi Dry Okro Soup	3 Balls 3 Ladle			724g	
Tuo-Zaafi Dry Okro Soup	4 Balls 4 Ladle				920g



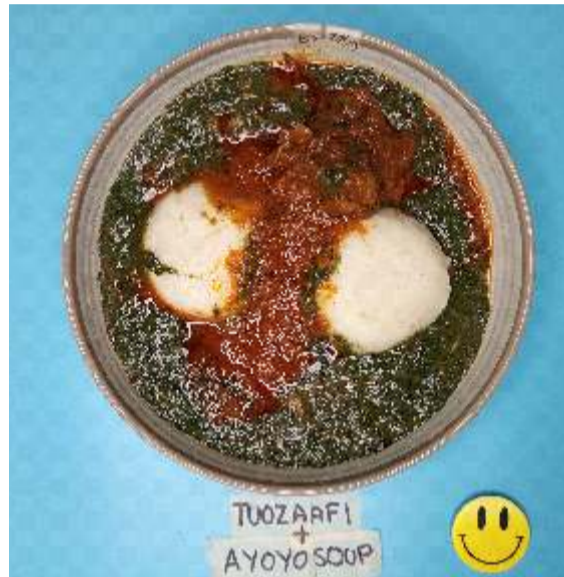
Tuo-ZAAFI DRY OKRO SOUP  
TZDOST-S



TUOZAAFI +  
AYOYO SOUP  
TZASAGMBB-S



Tuo-ZAAFI DRY OKRO SOUP  
TZDOST-M



TUOZAAFI +  
AYOYO SOUP  
TZASAGMBB-M



Tuo-ZAAFI DRY OKRO SOUP  
TZDOST-L



TUOZAAFI +  
AYOYO SOUP  
TZASAGMBB-L



Tuo-ZAAFI DRY OKRO SOUP  
TZDOST-X



TUOZAAFI +  
AYOYO SOUP  
TZASAGMBB-X

		S	M	L	X
<b>TZDOST-X</b>					
Tuo-Zaafi Dry Okro Soup Tuna	1 Ball 1 Ladle 1 Piece	406g			
Tuo-Zaafi Dry Okro Soup Tuna	2 Balls 2 Ladles 1 Piece		666g		
Tuo-Zaafi Dry Okro Soup Tuna	3 Balls 3 Ladles 1 Piece			806g	
Tuo-Zaafi Dry Okro Soup Tuna	4 Balls 4 Ladles 2 Pieces				1052g

		S	M	L	X
<b>TZASAGMBB-X</b>					
Tuo-Zaafi Ayoyo Soup Ayoyo Gravy Meat Beef, Boiled	1 Ball 1 Ladle 1 Piece	460g			
Tuo-Zaafi Ayoyo Soup Ayoyo Gravy Meat Beef, Boiled	2 Balls 2 Ladles 1 Ladle 1 Piece		786g		
Tuo-Zaafi Ayoyo Soup Ayoyo Gravy Meat Beef, Boiled	3 Balls 3 Ladles 1 Ladle 1 Piece			1116g	
Tuo-Zaafi Ayoyo Soup Ayoyo Gravy Meat Beef, Boiled	4 Balls 4 Ladles 1 Ladle 2 Pieces				1262g



CF-S



CB-S



FTG-S



CF-M



CB-M



FTG-M



CF-L



CB-L



FTG-L



CF-X



CB-X



FTG-X

		S	M	L	X
<b>CF-X</b>					
Chicken Fried	1 Piece	74g			
Chicken Fried	2 Pieces		92g		
Chicken Fried	3 Pieces			180g	
Chicken Fried	4 Pieces				244g

		S	M	L	X
<b>CB-X</b>					
Chicken, Boiled	1 Piece	76g			
Chicken, Boiled	1 Piece		82g		
Chicken, Boiled					
Chicken, Boiled	9 Pieces				

		S	M	L	X
<b>FTG-X</b>					
Fish Tilapia, Grilled	1 Piece	160g			
Fish Tilapia, Grilled	1 Piece		168g		
Fish Tilapia, Grilled	1 Piece			312g	
Fish Tilapia, Grilled	1 Piece				446g



FF-S



FTSB-S



GC-S



FF-M



FTSB-M



GC-M



FF-L



FTSB-L



GC-L



FF-X



FTSB-X



GC-X

		S	M	L	X
<b>FF-X</b>					
Fish Fried	1 Piece	68g			
Fish Fried	2 Pieces		140g		
Fish Fried	3 Pieces			202g	
Fish Fried	4 Pieces				262g

		S	M	L	X
<b>FTSB-X</b>					
Fish Tilapia Smoked, Boiled	1 Piece	42g			
Fish Tilapia Smoked, Boiled	2 Piece		126g		
Fish Tilapia Smoked, Boiled	3 Piece			142g	
Fish Tilapia Smoked, Boiled					

		S	M	L	X
<b>GC-X</b>					
Grilled Chicken	1 Piece	112g			
Grilled Chicken	1 Pieces		156g		
Grilled Chicken	1 Pieces			218g	
Grilled Chicken	1 Pieces				286g



MGB-S



SF-S



SF-S



MGB-M



SF-M



SF-M



MGB-L



SF-L



SF-L



MGB-X



SF-X



SF-X

		S	M	L	X
<b>MGB-X</b>					
Meat Goat, Boiled	1 Pieces	60g			
Meat Goat, Boiled	2 Pieces		112g		
Meat Goat, Boiled	3 Piece			172g	
Meat Goat, Boiled					

		S	M	L	X
<b>SF-X</b>					
Small Fish		26g			
Small Fish			34g		
Small Fish				98g	
Small Fish					64g

		S	M	L	X
<b>SF-X</b>					
Small Fish		14g			
Small Fish			22g		
Small Fish				32g	
Small Fish					46g



SF-S



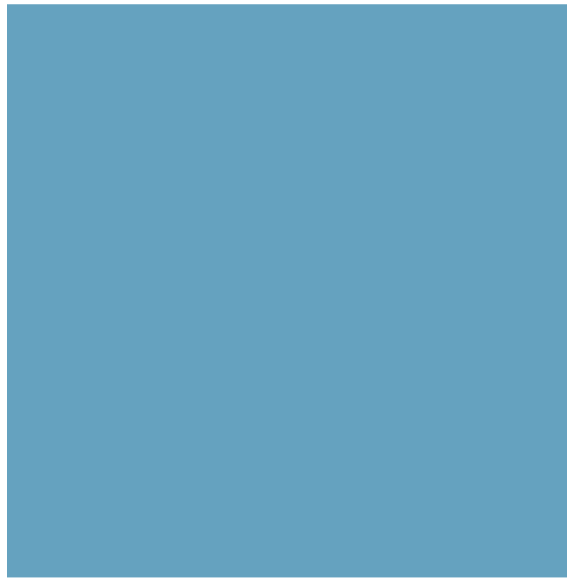
SF-S



S-S



SF-M



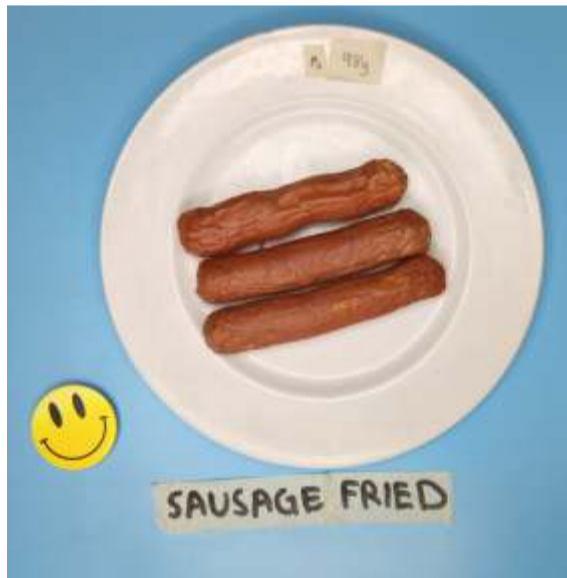
SF-M



S-M



SF-L



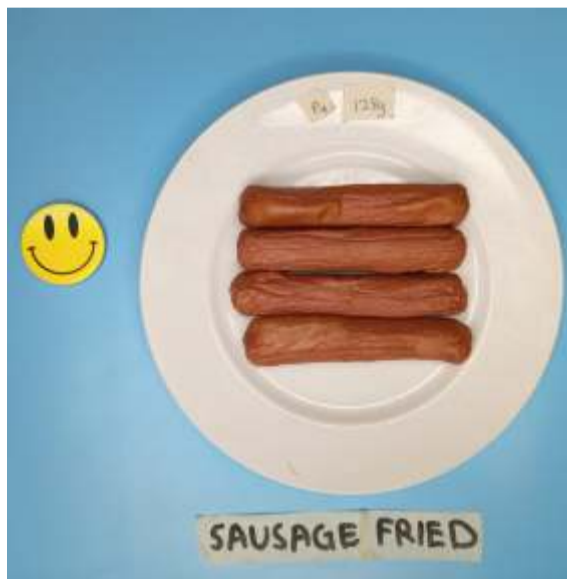
SF-L



S-L



SF-X



SF-X



S-X

	S	M	L	X
SF-X				
Small Fish	20g			
Small Fish		36g		
Small Fish			38g	
Small Fish				54g

	S	M	L	X
SF-X				
Sausage, Fried	1 Piece	32g		
Sausage, Fried				
Sausage, Fried	3 Pieces		98g	
Sausage, Fried	4 Pieces			128g

	S	M	L	X
S-X				
Shrimps	14g			
Shrimps		22g		
Shrimps			32g	
Shrimps				46g



S-S



S-M



S-L



S-X

		S	M	L	X
S-X					
Sardine	1 Piece	44g			
Sardine	2 Pieces		66g		
Sardine	3 Pieces			112g	
Sardine	4 Pieces				144g



AS-S



BS-S



BS-S



AS-M



BS-M



BS-M



AS-L



BS-L



BS-L



AS-X



BS-X



BS-X

		S	M	L	X
<b>AS-X</b>					
Agushie Stew	1 Ladle	102g			
Agushie Stew	2 Ladle		214g		
Agushie Stew	3 Ladle			306g	
Agushie Stew	4 Ladle				388g

		S	M	L	X
<b>BS-X</b>					
Beans Stew	1 Ladle	104g			
Beans Stew	2 Ladles		210g		
Beans Stew	3 Ladle			307g	
Beans Stew	4 Ladle				504g

		S	M	L	X
<b>BS-X:</b>					
Beef Sauce	1 Stew Spoon	80g			
Beef Sauce	2 Stew Spoon		120g		
Beef Sauce	3 Stew Spoon			214g	
Beef Sauce	4 Stew Spoon				270g



FP-S



GPS-S



KBS-S



FP-M



GPS-M



KBS-M



FP-L



GPS-L



KBS-L



FP-X



GPS-X



KBS-X

		S	M	L	X
<b>FP-X</b>					
Fresh Pepper	1 Tablespoon	38g			
Fresh Pepper	2 Tablespoons		56g		
Fresh Pepper	3 Tablespoons			106g	
Fresh Pepper	4 Tablespoons				114g

		S	M	L	X
<b>GPS-X</b>					
Green Pepper Sauce	1 Tablespoon	28g			
Green Pepper Sauce	2 Tablespoons		58g		
Green Pepper Sauce	3 Tablespoons			102g	
Green Pepper Sauce	4 Tablespoons				140g

		S	M	L	X
<b>KBS-X</b>					
Konto Beans Stew	1 Ladle	104g			
Konto Beans Stew	2 Ladle		272g		
Konto Beans Stew	3 Ladle			406g	
Konto Beans Stew	4 Ladle				488g



KS-S



MVS-S



PS-S



KS-M



MVS-M



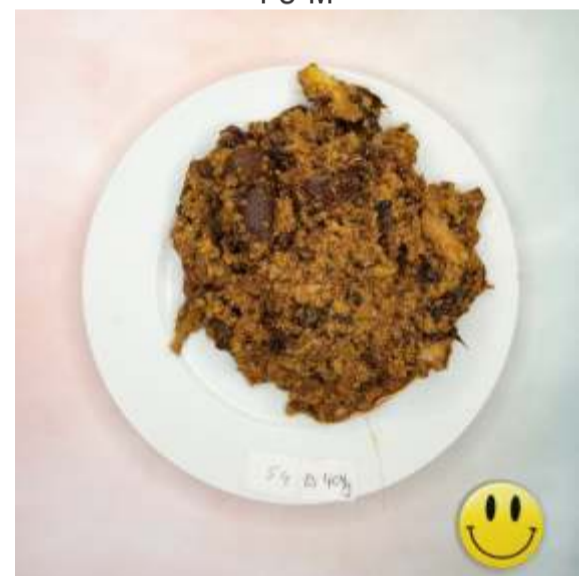
PS-M



KS-L



MVS-L



PS-L



KS-X



MVS-X



PS-X

		S	M	L	X
<b>KS-X</b>					
Kontomire Stew	1 Ladle	126g			
Kontomire Stew	2 Ladle		226g		
Kontomire Stew	3 Ladle			352g	
Kontomire Stew	4 Ladle				372g

		S	M	L	X
<b>MVS-X</b>					
Mixed Vegetable Stew	1 Stew Spoon	158g			
Mixed Vegetable Stew	2 Stew Spoon		330g		
Mixed Vegetable Stew	3 Stew Spoon			330g	
Mixed Vegetable Stew	4 Stew Spoon				606g

		S	M	L	X
<b>PS-X</b>					
Palava Sauce	1 Stew Spoon	148g			
Palava Sauce	2 Stew Spoon		196g		
Palava Sauce	3 Stew Spoon			292g	
Palava Sauce	4 Stew Spoon				404g



S-S



SBS-S



ES-S



S-M



SBS-M



ES-M



S-L



SBS-L



ES-L



S-X



SBS-X



ES-X

		S	M	L	X
<b>S-X</b>					
Shito	1 Tablespoon	40g			
Shito	2 Tablespoons		82g		
Shito	3 Tablespoons			114g	
Shito	4 Tablespoons				154g

		S	M	L	X
<b>SBS-X</b>					
Soya Bean Stew	1 Stew Spoon	100g			
Soya Bean Stew	2 Stew Spoon		200g		
Soya Bean Stew	3 Stew Spoon			280g	
Soya Bean Stew	4 Stew Spoon				606g

		S	M	L	X
<b>ES-X:</b>					
Egg Stew	1 Stew Spoon	99g			
Egg Stew	2 Stew Spoon		166g		
Egg Stew	3 Stew Spoon			236g	
Egg Stew	4 Stew Spoon				284g



ASAG-S



DKS-S



DOS-S



ASAG-M



DKS-M



DOS-M



ASAG-L



DKS-L



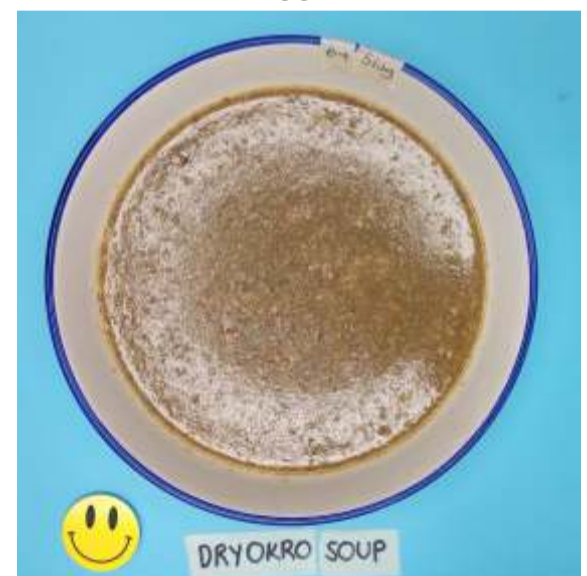
DOS-L



ASAG-X



DKS-X



DOS-X

		S	M	L	X
<b>ASAG-X</b>					
Ayoyo Soup	1 Ladle	210g			
Ayoyo Gravy	1 Ladle				
Ayoyo Soup	2 Ladles		344g		
Ayoyo Gravy	1 Ladle				
Ayoyo Soup	3 Ladles			412g	
Ayoyo Gravy	1 Ladle				
Ayoyo Soup	4 Ladles				570g
Ayoyo Gravy	1 Ladle				

		S	M	L	X
<b>DKS-X</b>					
Dry Kuka Soup	1 Ladle	192g			
Dry Kuka Soup	2 Ladles		250g		
Dry Kuka Soup	3 Ladles			332g	
Dry Kuka Soup	4 Ladles				414g

		S	M	L	X
<b>DOS-X</b>					
Dry Okro Soup	1 Ladle	192g			
Dry Okro Soup	2 Ladles		298g		
Dry Okro Soup	3 Ladles			424g	
Dry Okro Soup	3 Ladles				512g



LS-S



GS-S



PNS-S



LS-M



GS-M



PNS-M



LS-L



GS-L



PNS-L



LS-X



GS-X



PNS-X

		S	M	L	X
<b>LS-X</b>					
Light Soup	1 Ladle	186g			
Light Soup	2 Ladles		274g		
Light Soup	3 Ladles			372g	
Light Soup	4 Ladles				460g

		S	M	L	X
<b>GS-X</b>					
Groundnut Soup	1 Ladle	238g			
Groundnut Soup	2 Ladles		280g		
Groundnut Soup	3 Ladles			350g	
Groundnut Soup	4 Ladles				464g

		S	M	L	X
<b>PNS-X</b>					
Palm Nut Soup	1 Pieces	164g			
Palm Nut Soup	2 Pieces		274g		
Palm Nut Soup	3 Piece			350g	
Palm Nut Soup	20 Piece				398g



B-S



C-S



C-S



B-M



C-M



C-M



B-L



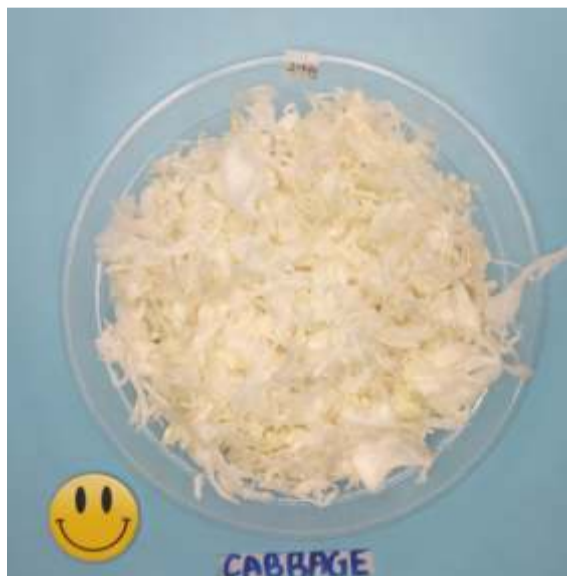
C-L



C-L



B-X



C-X



C-X

	S	M	L	X
<b>B-X</b>				
Broccoli	104g			
Broccoli		134g		
Broccoli			138g	
Broccoli				140g

	S	M	L	X
<b>C-X</b>				
Cabbage	44g			
Cabbage		96g		
Cabbage			100g	
Cabbage				247g

	S	M	L	X
<b>C-X</b>				
Carrot	74g			
Carrot		80g		
Carrot			140g	
Carrot				146g



CL-S



L-S



SO-S



CL-M



L-M



SO-M



CL-L



L-L



SO-L



CL-X



L-X



SO-X

	S	M	L	X
<b>CL-X</b>				
Coles Law	58g			
Coles Law		134g		
Coles Law			158g	
Coles Law				212g

	S	M	L	X
<b>L-X</b>				
Lettuce	48g			
Lettuce		62g		
Lettuce			82g	
Lettuce				90g

	S	M	L	X
<b>SO-X</b>				
Spring Onions	64g			
Spring Onions		100g		
Spring Onions			134g	
Spring Onions				142g



SGP-S



T-S



SGP-M



T-M



SGP-L



T-L



SGP-X



T-X

	S	M	L	X
<b>SGP-X</b>				
Sweet Green Pepper	96g			
Sweet Green Pepper		152g		
Sweet Green Pepper			180g	
Sweet Green Pepper				190g

	S	M	L	X
<b>T-X</b>				
Tomatoes	116g			
Tomatoes		182g		
Tomatoes			282g	
Tomatoes				214g



P-S



P-S



P-M



P-M



P-L



P-L



P-X



P-X

	S	M	L	X
Pawpaw	124g			
Pawpaw		210g		
Pawpaw			212g	
Pawpaw				214g

	S	M	L	X
Pineapple	248g			
Pineapple		300g		
Pineapple			352g	
Pineapple				690g



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International Food Policy Research Institute  
1201 Eye Street, NW  
Washington, DC 20005-3915 USA  
[www.ifpri.org](http://www.ifpri.org)

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